COAST TEAMS SEEKING CZAR

Commissioner to Supervise Conference Games May be Approved

By VICTOR G. SIDLER
Associated Press Sports Writer

LOS ANGELES, Dec. 5.—(AP)—Subterranean rumblings that shook this mecca of the west's football clan tonight as coaches, graduate managers and faculty representatives of the Pacific coast conference prepared to open their annual meeting here tomorrow, indicated that the question of a commissioner for the circuit would come up before the gathering.

Talked about for the last two or three annual meetings, the question never has been brought up on the convention floor. However, it was indicated that there has been a decided trend in favor of such a football head, one who would appoint all officials and settle all matters of eligibility, as Major J. L. Griffiths does in the "big ten."

Right Man Not Found

But one obstacle was reported as standing in the way of the selection and appointment of a commissioner, and that was the man to fill it. With the job a big one, it requires a big man to fill it, and as yet the right one has not been found, it was said.

The football coaches and graduate managers had a play day today, taking part in the annual coaches' golf tournament. Tomorrow, however, they and the faculty representatives, will get down to business. The program for the meeting follows:

Thursday—Appointment of committees. It is probable that the committees will report the same evening.

Friday—Draw up football schedules during the day. Banquet for all in evening.

Saturday—Wind up business and elect officers.

It is in the drawing up of the 1929 schedules that the main interest lies. The members of the "big four," Stanford, California, Washington and Southern California already have announced games with each other. The schedules are expected to be released Friday.

All of the coaches with the ex-

WOMAN RETURNS TO HER FORMER HUBBY

MARTINEZ, Calif., Dec. 5.—(AP)—Return of a woman to her first love after she had married another man caused arrest here today of Lee Downs, 31, a cook, and Mrs. Ruby Viola Downs Smith, 23, formerly of Vancouver, Wash., on complaint of Clarence D. Smith, 26, also of Vancouver, who accused Mrs. Smith of bigamy.

Police said Mrs. Smith admitted the charge, explaining that she had married Smith after receiving a letter from Downs saying he had obtained a divorce. They quoted her as saying she deserted Smith after getting more letters from Downs denying that he had divorced her, and had hiked down the coast to rejoin her first husband. She said she and Downs were married at North Bend, Ore., and that their 4 year old daughter is there with Mrs. Smith's parents. Smith said he married the woman in Vancouver, October 11, 1926. Police said Downs corroborated his wife's statements regarding their marriage, separation and reconciliation.

Police arrested Mrs. Smith as she walked toward the cabin where she and Downs lived.

Florentine Trio To Appear With MacDowell Club

Arthur Johnson, Portland tenor, and the Florentine trio, also of Portland, have been chosen as the visiting artists to assist the Salem MacDowell club in presenting its annual Christmas concert, tonight at the Calvary Baptist church. One of the members of the Florentine trio is Ruth Lorraine Close, internationally noted as a harpist. The trio appeared here last spring at a MacDowell club concert, but Miss Close was not with it at the time.

Other members of the trio are Marie Chapman McDonald, violinist, and Ida Mathews, cellist. The group will play accompaniments for some of the MacDowell club chorus numbers, in addition to special trio and solo numbers.

MUSIC STARS FIND REAL ROMANCE

Culminating a musical romance which began at a studio gathering four years ago, news of the recent marriage of Nanette Guilford, one of the youngest stars of the Metropolitan Opera company, and Max Rosen, celebrated concert violinist, has leaked out. Both are of New York. Photo shows Miss Guilford and Rosen, in inset.

Diet and Health

By Lulu Hunt Peters M.D.
Author of "Diet and Health" and "Diet for Children"

INGREDIENT OF MYRTLE LEAVES USED IN DIABETES EPERIMENT

Myrtillin for Diabetes

LULU HUNT PETERS, M.D.

AMONG the Alpine peasantry (and in some of the rural districts of the United States), a tea made of the blueberry leaf is believed to be good for diabetes.

In 1925 Professor Durig, of the University of Vienna, impressed with the idea that there might be some value in the use of the blueberry leaf for diabetes, decided to test it on dogs that had been made diabetic. It was found that there were two antagonistic ingredients in the leaves—one which seemed to raise the blood sugar and the other to lower it. This lowering factor was particularly purified and given the name myrtillin, because it was obtained from the myrtle family of plants. (This myrtillin probably occurs in all green plants, but it is higher in the blueberry and various myrtles.)

The results from the use of myrtillin were very variable.

Dr. Frederick M. Allen has been trying out myrtillin in his laboratory on diabetic dogs, and has been using it with some of his patients, as it can be taken by mouth and is harmless under all conditions. But his conclusions are that while in some cases it seems to have good effect, and in mild cases may be of benefit, the product is feeble and uncertain, as compared with insulin.

Dr. Allen believes it is best to get rid of the excess sugar in the blood by diet—and insulin, if necessary—and then to give myrtillin to help the patient to tolerate starches and sugars. He thinks that myrtillin plays some part in the use of carbohydrates in the body, and that it will prove valuable as an additional treatment in diabetes.

The work on myrtillin is still in the experimental stage.

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Acid Fruits

K.—Acid fruits and some vegetables do give an acid reaction to litmus paper, and they are acid after eating, until they are digested. Then the acid is burned, leaving an alkaline ash with which it was combined. Those who have inflammatory conditions of the stomach and intestinal tract sometimes have to omit these acid-tasting foods for a while until their condition is improved. The normal diet should contain a pound and a half to two pounds of fruit and vegetables daily for their vitamins, mineral elements and bulk.

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Mrs. E.—The prevention of appendicitis is similar to the prevention of any disease, and that is: a balanced diet, fresh air, sufficient sleep and rest, and some vigorous exercises of the trunk muscles. It is found in most cases of appendicitis that there is a long history of constipation. This usually means a history of diet lacking in sufficient vegetables and fruit and of lack of exercise of the trunk muscles.

If you are interested, we have an article on Constipation, also one on Atonic Abdominal Wall, which gives some splendid exercises for the trunk muscles.

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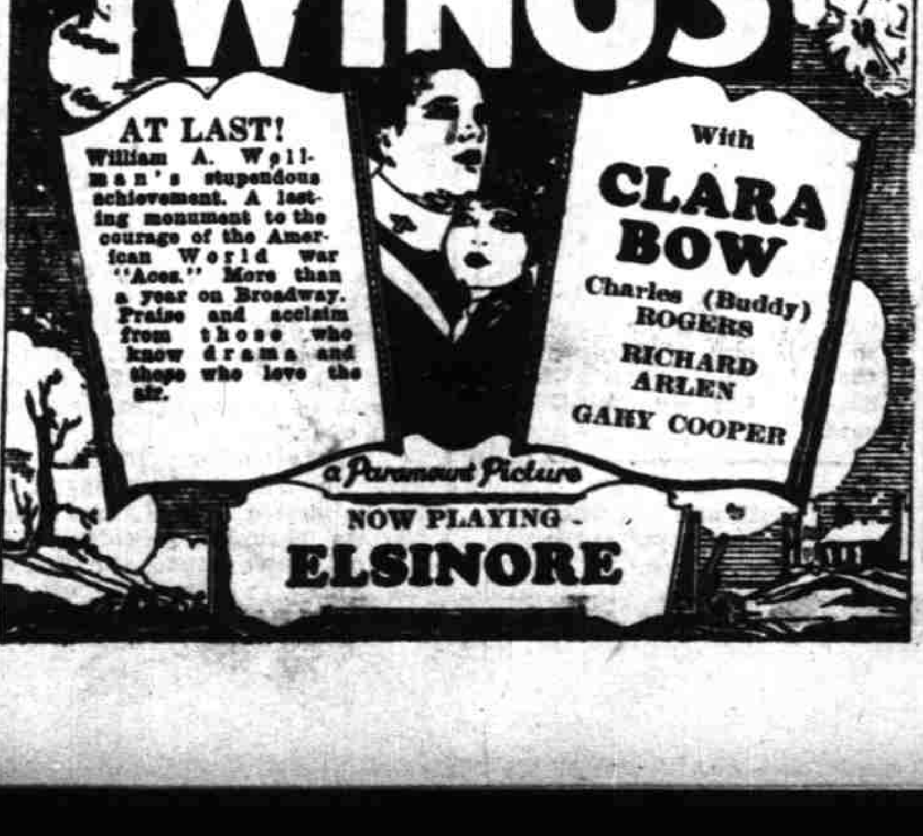
A.—Until you can have a physician give you a thorough examination and advice, get an alarm clock. Empty your bladder before retiring and set an alarm clock to call you at four or five hours after you retire.

No, enuresis is not necessarily due to inflammation of the kidneys or bladder. It may be a nervous habit; there may be some trouble with the sphincter muscles at the neck of the bladder; the urine may be irritating, etc. (This, in time, may cause inflammation of the bladder and kidneys and other organs.) Improper nourishment, resulting in overweight or underweight, frequently is a factor.

Editor's Note: Dr. Peters cannot diagnose, nor give personal advice. Your questions, if of general interest, will be answered in the column, in turn. Requests for articles must be accompanied by a fully self-addressed, stamped envelope and 2 cents in coin for each article, to cover cost of printing and handling. For the pamphlet on reducing and gaining, 10 cents in coin, with fully self-addressed, stamped envelope, must be enclosed. Address Dr. Peters, in care of this paper.

Physician—Your trouble, madam, seems to be due to an excess of adipose tissue.

Mrs. Plumpton—My goodness! I wonder if that is what makes me so awfully fat?
—The Pathfinder.



MOTHER WON'T BELIEVE GUILT

"They're All Lies," She Says When Asked About Confession

(Contniued from Page 1.)

"Why ask me about the murders? I don't know anything about them," she shrieked out. "Lies! All lies!" she hurled back when asked about her son's reported confessions. "Stuart never made any of them statements, I don't believe he made a confession at all and I'll continue not to believe it until he tells me so himself. The whole thing has been invented by your newspapers.

"The newspapers will do anything to make up news. They're tired of writing about Aimee Semple McPherson so now they have picked on me and Stuart. I think they're going one better with me. With all the publicity I've got I could sign a good vaudeville contract now."

RECORD BREAKING SPREE CONTINUED

The club league carried on the "break a record" campaign which seems to have the concerted support of all bowling leagues performing at the Winter Garden, Wednesday night when the Druggists set a new team series mark of 2520, and then the Elks Cubs stole the honors from the pill rollers by chalking up a still higher record, 2577. Van Patten of the Elks did his part by boosting the individual series record to 619.

The Elks Cubs won three games from the Western Auto Supply company; the Druggists beat the Associated Oil quintet two out of three, and the Lions took two out of three from the Wolverines.

In a special doubles match, Kantola and Steinbock beat Allison and Coe 1855 to 1666.

League scores were:

Druggists				
Bates	189	189	126	504
Lynch	163	195	164	522
Self	173	146	151	470
Mennis	145	165	171	481
Nelson	155	210	178	543
Totals	825	905	790	2520
Associated Oil				
Patterson	138	161	147	446
King	183	198	123	504
Wickert	160	196	142	498
Kumler	170	223	155	548
Endicott	169	158	194	521
Totals	810	936	761	2507
Western Auto				
Nathman	178	183	196	557
Barr	132	195	171	498
Ostrin	170	173	121	464
Roth	143	96	141	380
Lane	146	141	148	485
Totals	769	808	777	2254
Elks Cubs				
Phillips	160	179	167	506
Spears	159	156	197	512
Van Patten	197	212	210	619
Gabrielson	177	169	172	518
George	150	123	149	422
Totals	843	839	895	2577
Lions				
Hudkins	157	170	176	503
Grote	145	171	141	457
Swope	160	189	152	501
Haag	141	96	128	365
Fitzgerald	159	142	188	489
Totals	762	768	785	2315
Wolverines				
O. White	160	192	127	479
Brown	166	145	182	493
Jaeger	145	96	137	378
Finley	141	149	126	416
L. White	186	179	163	528
Totals	798	761	785	2294

Breaking Seal On Freight Car Charged to Five

Five Salem boys were turned over to the county juvenile officer Wednesday by Chief of Police Frank Minto on complaint of Inspector Steward of the Southern Pacific. At least two of the boys are implicated in the breaking of a seal on one of the freight trains at the local yards.

All the boys are just through the eighth grade, although all but one is old for his school rank.

Salem Markets

Fresh Fruits
(Wholesale quotations)

Apples, f. and f.—	
Jonathans	1.25
Delicious	1.75@3.50
Spitzenberg	1.25
Winter Bananas, Wn.	1.25
Northern Spy	1.25
Bananas, lb.	.08½
Cranberries, Western, box	6.00
Dates—	
Dromedary, 36, 10-oz pkgs.	6.75
Bulk Hallowai, lb	.13
Grapes—	
Cornichons	.06
Emperor, lb	.07
Grapefruit, Ariz., case	5.75
Florida, case	6.00@6.25
Comb honey, new crop	4.75@5.50
Lemons, Cal.	7.50@8.00
Oranges, Navels—	
100's	4.50
176's	5.50
Cone's Pitted, case	4.75
150's	5.25
176's	5.75
200's	6.00
216's and smaller	6.50
Pears, local lb.	.03
Pomegranates, lb.	.08
Quinces, lb.	.04

Vegetables
(Wholesale quotations)

Artichokes, doz.	1.40
Beans, Calif., lb.	.20
Pumpkins, lb.	.03
Celery, L. Labish, doz.	.90
Crate, Calif., style	4.00
Hearts, doz, bunches	1.15
Spinach, local box	1.25
Squash—	
Banana	.02½
Golden Delicious	.02½
Danish, lb.	.04
Hubbard, lb.	.02½
Marblehead	.03
Cucumbers, hot house, doz.	2.00
Carrots, local, sack, lb.	.02½
Cabbage, local, lb.	.03
Cauliflower, local crate	1.75
Eggplant, Calif., lb.	.12
Bunched vegetables, per doz. bunches—	
Carrots	40@ .80
Beets	40@ 80
Turnips	.90
Onions	40@ .80
Radishes	.60
Brussel Sprouts, local	1.50
Potatoes—	
Yakima, Gems, No. 1	1.50
Local, Burbanks	1.10
Yak. Gems No. 2	1.10
Klamath Falls	1.35
Sweet Potatoes	.04½@.05
Garlic, lb.	.25
Peppers, Florida, green, lb.	.30
Tomatoes, Calif., lug	3.00
Onions—	
No. 1's	4.00
No. 2's	3.00
Boiling, local	.03
Lettuce, local	1.50
Lettuce, Calif.	3.50@4.00

Feeds
(Retail quotations)

Calf meal, 25 lbs.	1.25
Dairy feed, ton	48.00
Scratch, ton	50.00
Corn, whole, ton	44.50
Cracked and ground	48.50
Mill run, ton	35.50
Bran, ton	38.00
Egg mash	50.00
With milk	55.00

Eggs
(Buying Price)

Standards	.45
Mediums	.37

Vegetables
(Buying Price)

Potatoes, cwt.	1.00
New beets, doz. bunches	.60
Spinach, box	1.00
Turnips, cwt.	1.50
Cabbage, cwt.	1.50
Pumpkin, cwt.	1.25
Squash, cwt.	1.25
Hubbard squash, cwt.	1.25
Celery, doz.	.60
Cauliflower, crate	1.00
Onions, lb.	.03½
Parsnips, lb.	.02
New carrots, doz. bunches	50@ .60
Lettuce, crate,	1.00
Radishes, doz. bunches	.40
Spinach, box	.75

Fruits
(Buying prices)

Quinces, lb.	.08
Apples, face and filled	1.00

Poultry
(Buying Price)

Medium	15@.17
Lights	14@.15
Leghorn broilers, under 2 lbs.	.25
Springers, large	.22
Broilers	24@.25
Roosters, old	.07
Turkeys	.22

Butterfat
(Wholesale)

Butterfat	.52
Prints	.51
Carton	.51

Grain
(Buying price)

Wheat, Western Red, bu.	1.00½
Soft, White	1.05
Oats, gray, bu.	.55
White, bu.	.48
Barley, ton	35.00

Wool and Mohair
(Buying prices)

Fall clip and lambs	.35
Mohair and Kids	.51@.61

Livestock
(Buying Prices)

Cows, good	.05@.07
Veal, good	.10@.12
Steers	.05@.09
Bulls, good	.06@.07
Hogs, top	.08 3-4@.09
Heavy Sows	.06@.06½
Spring Lambs	.09@.10
Wethers	.06@.08
Ewes, top	.04½@.05½

Dressed Stock
(Buying Price)

Veal, top	.13
Hogs, top	.12