

A man asked to define the essential characteristics of a gentleman—using the term in its widest sense—would presumably reply, "The will to put himself in the place of others; the horror of forcing others into positions from which he would himself recoil; the power to do what seems to him to be right, without considering what others may say or think."—John Galsworthy.

Hoover and Latin America

OUR troubles with Latin America result from failure to understand one another. Every move upon the part of either is subject to a sinister interpretation. Our southern neighbors feel that we are using the Monroe Doctrine as a giant club to beat down resistance to a dominance demanded by the United States in American affairs. It is also accepted without protest that this position is maintained to protect ruthless exploitation of the resources of the Latin Americas by United States capital.

Large sections of the Latin press have urged intimate commercial and economic relations with Europe as the only means of escape from the grasping Yankee power. A good will visit from our president-elect going with the official backing of his country will open friendly contacts and acquaintance which will do more to kill the suspicion and ill will existing between the United States and her Latin sisters than the work of a generation of publicists and it promises large returns in friendship under the new administration. We feel it to be indicative of the fine handling international relations will receive from the man who upon entering the White House is already known as a world statesman.

"It"

NOT the moving picture actresses and actors only must have what Eleanor Glyn once defined as "it" to forge ahead to success. This over-worked pronoun may denote sex appeal, "menace," personal beauty or grace or what you will in the case of the screen folk—

It may have a different meaning in business, big or little. President Moskovics of a well known automobile manufacturing concern tells Printer's Ink magazine that his company picks for dealers men who have "it," listing the following:

"Ability to absorb and impart enthusiasm; to work constantly and not by spurts; love for his job to the extent of rather doing it than anything else in the world; ability to work up a frenzy of belief and yet remain calm and cool in thinking; and in addition honesty and integrity and a sense of thankful obligation to the customer."

A large order; sounds to one with an inferiority complex like a call for gods or supermen for salesmen—

But the specifications are all needed in the ideal seller of goods. And they are needed in community life. Salem needs them in city building. We might call the "it" of progress for our section and city the California spirit.

Without any question, Salem would grow very rapidly towards 100,000 population, and more, and this valley towards ten millions and more, if all our people could get and keep the "it" complex concerning our potential possibilities; our natural advantages for development above any section of like extent in all the wide world.

Do you get "it"?

Books at the Fireside

A fire on the hearth, an easy chair, and a good book make possible perfect satisfaction. The occasional sound of the driving rain beating against the windows adds the touch of perfection. We feel at such a time that we possess our home in a sense not equalled at any other time. It is our world and exists to minister to our best being. In the full sense of possession we bring the magic of the open book to serve us.

At our fire side we may wish to sail tropic seas or wear our way through Arctic ice, we may choose to live in all but forgotten ages, or we may choose to chat with men who dominate nations or industry, and we do it through the open pages of our book. The book with the library stamp will do anything that the one with our own name scrawled on the fly leaf will do except in becoming a permanent resident at our fireside to stir often the memories of our joy and to be ever ready to share with a friend its magic way to contentment and inspiration.

We need to gather many book friends about our hearth to make it a real home. There can be houses, but not homes, without books. This is national book week, why not pick up the book pages of Forum, or other magazines of its type and select some books so richly offered therein and bring them as ministers of joy to our fireside.

Sumptuary Laws

NEW YORK is establishing an automatic air policeman. It is designed to keep broadcasting stations from deviating from their allotted wave lengths and from sneaking out of bounds. Only 500 cycles of variation will be permitted, and woe to the station that goes beyond that pale. Though somebody is forever saying that we have more laws than we know what to do with, we are doomed for a new code dealing with the air—

And we are due to listen to objections from those who hold to the age-old standard of general anathema for sumptuary laws. If it is wrong to make laws about what we are to wear or eat or drink, or not to wear or eat or drink, there will be those who will defend their right to the freedom of the air.

Theoretically, one objecting to sumptuary laws is right. He would be right if he were the only one to be considered—

But in any place where there is more than one man or woman, each one must give up some of his or her natural rights in the interest of society.

Hoover's Way

THERE is no surprise on the part of any one who has followed the career and habits of thought of Herbert Hoover since he was a boy in Salem, that he would want to see and study at first hand the whole mass of problems concerning the relations of our people with those of the Latin-American republics. You can't hate a man you know, or a country—

And Mr. Hoover will return with knowledge that will be worth millions annually to our nationals doing business in South and Central America and Mexico; to put it on that basis alone—

And the extra cost of his keep on a battle ship will be paid by the extra duty on one consignment of products from those countries that are now putting out of business our southern truck gardeners, who must have the additional protection to live or come back.

Henry Ford is still looking for a "dos a dos," an electrical vehicle made by the Pope Manufacturing company in 1898. The moral is that if you save your car long enough it may be worth a fortune.

Kellygrams

BY FRED C. KELLY

A FRIEND asked me to go deer hunting with him, and I explained that I couldn't derive any more fun from shooting his daughter.

"Ah," he retorted, "but deer and cows and sheep are all put here for us to use. You're not a vegetarian, are you?"

The fallacy in his argument is that a sportsman does not kill a deer for the meat, but uses the venison simply as an excuse for the barbaric pleasure he gets out of taking a beautiful animal's life. Most people like to eat beefsteak, but most people would dislike the job of killing a steer. They are content to leave such slaughter to those who are obliged to do it as a means of making a living.

The same fellow who sees no beauty in a live deer in the forest and enjoys shooting it thinks the stuffed head of a dead deer is a beautiful ornament and proudly hangs it over his fireplace.

The Strong Man Act



Who's Who and Timely Views

By SIR JOHN AIRD
President of the Canadian Bank of Commerce of Toronto.
(Sir John Aird was born at Longueuil, Quebec, Nov. 15, 1853. He was educated at Toronto Model school and engaged in railway work for six years. Entered the Canadian Bank of Commerce in 1878 and has served as its president since 1924. He is married and has two sons and two daughters.)

THE world is gradually lifting its head and commerce to a higher plane, and now frankly discusses in international conferences many of its problems, but continues to deal with the most serious of all—density of population in Europe—in a haphazard manner. Most of the economic troubles that exist today, even those that might bring on war, would disappear if there was a more equitable distribution of population so

that idle people would become productive in countries where undeveloped natural wealth is so abundant that many times the present numbers of workers could be employed, to the benefit of the world as a whole. No one can deny that the welfare of all nations would be greatly enhanced if, for instance, twice the quantity of Canadian wheat, the best grown, could be produced, or if the output of Canadian minerals could be increased, especially of gold, for which fears are held of a shortage in the world's supply. The time has come, it is not long overdue, to deal with the question of population as one of international concern, and unless it can be treated as such the standard of living in Europe, which in recent years has not been as high as in North America, will be lowered, with even greater distress than exists at present.

Great Britain, for example, is said to have a million more people employed than in pre-war days, yet it is now apparent that unemployment in that country, and in several others, is stabilized at a high level. Sympathetic and charitable relief schemes, and such systems as unemployment insurance, entail a heavy and unproductive expenditure. The question arises whether the large amounts expended by the state for the maintenance of workless people or for subsidizing struggling industries would not be more wisely and humanely spent in establishing the surplus population in one of the five great settlement belts that remain available, Canada, Australia, Africa, South America and Siberia.

Bits for Breakfast

By R. J. Hendricks

Reclamation's the thing—
And it holds the boards in Salem, in the meeting of the Oregon congress holding over today and tomorrow.

It includes irrigation, which is as important for the Willamette valley as it is for the dry districts of eastern Oregon, for this section is as dry as theirs in most years in June, July and August.

And the state of Oregon is one state. What helps one part helps all parts. The matter of irrigation and its problems should be worked out on liberal and constructive lines, with a view to the best interests of the whole state.

Even with the lame duck projects, the whole state can afford to be sympathetic and helpful, even to the extent of liberality, even at some losses or risks of losses.

In the far vision that all Oregonians ought to have with regard to every section and interest of this their potentially great state, no one ought to counsel nigardliness or lack of faith.

In asking if this was some "week" the Oregonian overlooked another item. This is both father and son and mother and daughter week, and it is national week of prayer. This includes everybody and every person's needs.

"Lilac Time" with Colleen Moore, four days, beginning tomorrow, at Elsinore. Greatest air spectacle of the age; sweetest love story of this era.

Milt Miller told the Rotary club yesterday that, hard boiled democrat that he is, he is for Hoover in his good will trip to the Latin-American republics. In the bottom of his heart, every one who thinks straight is.

Salem decidedly increases her lead this year as the northwest's cannery center. Will make even a larger advance next year.

It is the best marketing year for canned fruits and vegetables since 1919. Practically everything will be cleaned up by the end of the year; even including gooseberries, which are already all sold. With the exception of loganberries, and they are going very well.

Coolidge's words with the birds off in his Armistice day speech

Old Oregon's Yesterdays

Town Talks from The Statesman

November 15, 1908
The Astor company of players will present "At the Old Cross Roads" here tomorrow night. Estha Williams and James M. Brophy take the leads.

The proposition to put a steamer on the route between Independence and Salem is being pushed quietly but steadily.

Thomas McDonald, a cigar-maker recently in the employ of August Huckestein, left for San Francisco where he expects to follow his trade.

Harry Lucas was in Vancouver and saw the Chemawa-Vancouver game which resulted in a score of 31 to 0 for the Indians.

The Good Roads league which was formed in district three, four miles northeast of Salem, will be reorganized this winter. T. F. Walker is the president.

The Girls' Student association of Willamette university gave a social last night for the manager, coach and members of the Pacific university football team.

Wearry of living, F. Ekstrom attempted to take his life at Klamath Falls by stabbing himself with a pocket knife and cutting a vein in his wrist. His physician says he will recover.

The Way of the World

By GROVE PATTERSON

MAYO ON CANCER
You cannot pick up newspapers from five different cities without finding many news items concerning health. Shrewd editors want news of this type.

If one of the Mayos says that progress against cancer is being made, thanks to surgery and radium, the news is given generous circulation. Normal people devour health news. It concerns themselves, the chief subject in which they are interested.

PROOF
Testimony on how the average person reads health items is given by Dr. George H. Bigelow, Massachusetts health commissioner. Dr. Bigelow says three-fourths of the people who went to Massachusetts' cancer clinics did so because of newspaper articles.

MOVIES
This column is printed in black ink on white paper. Do you realize this is a happy combination of color for eye health? If you don't think so make a practical test. Read colored printed matter, such as bill board or circular advertisements, for an hour. Then read your newspaper for an hour. You will discover that the black newspaper print is much less tiring to your eyes than the loud-colored circulars.

The men who are making movies out in Hollywood have been retaining eye specialists in and in several others, is stabilized at a high level. Sympathetic and charitable relief schemes, and such systems as unemployment insurance, entail a heavy and unproductive expenditure. The question arises whether the large amounts expended by the state for the maintenance of workless people or for subsidizing struggling industries would not be more wisely and humanely spent in establishing the surplus population in one of the five great settlement belts that remain available, Canada, Australia, Africa, South America and Siberia.

GOODBYE DIPPERS
Health is dictating a change in the ice cream industry. More and more, ice cream is being sold in individually wrapped packages and less by the dipper. The public has the notion some soda fountain clerks are not careful to keep the dippers clean.

GROUCHES
Other things disturb our health. Politics, fashion and the nervous excitement under which we live contribute to grouches and headaches. Politics often prevent our health commissions from functioning efficiently. Fashion reacts on the birthrate, and irregular, noisy living hastens death.

Wise is the man who gives attention to his health. It is his choicest possession.

You can take malted milk or cocoa or egg-nogs. Another good gaining food is egg yolks. These are high in iron, and you are undoubtedly anemic and need more iron than you are getting. An egg yolk (50 to 60 C.) in one-half glass of orange juice (50 C.) after each meal, will add over 300 C. to your day's rations. After you are used to taking one yolk after each meal, take two at a time. You can take the whole egg, too, if you like, and if it is more convenient. If you do this, you may have to cut down on your flesh foods, if you are taking a normal supply, because the food principle of egg white is practically pure protein.

Still another good gaining food is nuts. (How we overweighters love 'em!) An ounce of the nut meats is approximately 200 C. You can add two or three ounces of nuts a day to your diet. (Eight walnuts, 20 double peanuts, 20 almonds weigh about an ounce for each lot.) Malted nuts, a Battle Creek product, is delicious. One rounding tablespoonful is 100 C. Make a hot or cold milk drink of this by using two or three table-spoonfuls and adding an egg yolk and some cream. Some calories! Better take some cod liver oil also.

How many calories do you need? It depends upon your activities, and age mostly. From 15 to 20 calories for each pound of normal body weight is the daily need for the adult. But you have to go over your maintenance to gain!

Those of you who are thin are as a rule too active, mentally and physically. You must rest and sleep more. You use a lot of energy and many times you use it unnecessarily. Aren't you a great talker? Talking requires a great deal of energy. Try to delete the details—they're usually uninteresting anyway—and stop talking while you are eating. Pay more attention to your food. You never find your fat friend talking much during mealtime. He can't—he's too busy.

You should know something about the caloric values of foods, so that you can have an intelligent idea of this question. Go to the library or bookstore and get a good book on the subject. There is one that has a key to the Calories. I must say I like it. I'm not through with you. I'll come back tomorrow. EAT.

Next: Too-Too-Thin (Part 3.)

The One-Minute Pulpit

Behold your house is left unto you desolate. For I say unto you, Ye shall not see me henceforth, till ye shall say, Blessed is he that cometh in the name of the Lord.—St. Matthew, xliii, 38, 39.

Chas. G. Dawes to Speak Into Mike On League Plans

CHICAGO, Nov. 14. — Vice President Charles G. Dawes will head a group of conversation speakers who will broadcast from here over the National Broadcasting Co., system under the auspices of the Frank Walton League of America on November 17. It was announced today at headquarters of the conservation organization. The broadcasting will be from a banquet of the Chicago chapter of the league at the Palmer House hotel at 7 p. m., central standard time. Dr. Henry Baldwin Ward, president of the Walton League, will also speak.

"The idea of constructive conservation of the outdoors, and natural resources, the guarding and the upbuilding of those things which must insure the character of the American youth through healthful outdoor play, must be carried to the people as a basic phase of American life," said Mr. Doelner, "and the necessity of

The Grab Bag



Who am I? Where is my home? What is my real profession?

What is the height of the American falls at Niagara?

Who is chairman of the council of Soviet Russia?

Which is the longest single river in the world?

"In God is my salvation and my glory; the rock of my strength and my refuge is in God." Where is this passage found in the Bible?

JIMMY JAMS



Today in the Past
Confidential congress adopted the articles of Confederation on this date, in 1777.

Today's Horoscope
Persons born on this day are affectionate and kind and have many warm friends. They often are scientifically inclined.

A Daily Thought
"Trust that man in nothing who has not a conscience in everything."—Sterne.

Answers to Foregoing Questions
1. Charles G. Dawes; Evanston, Ill., banker.
2. 167 feet.
3. Alexis I. Rykov.
4. The Nile (4,000 miles.)
5. Psalms, lxxii, 7.

This kind of work must be impressed upon all. This is the mission of the Walton League, which not only directs, but acts, toward this end.
This is the first time that conservation has been carried to the people of the nation simultaneously over the air, he pointed out.

Silverton Man Is Admitted to Bar of Oregon

Joseph Gage Howard, Potland, and Fairfield E. Sylvester of Silverton, were permanently admitted to practice law in Oregon by an order of the state supreme court here Tuesday.

Dinnerware Sale

A 42 Pc Set of Genuine "China"

With Beautiful Floral Decorations **\$12.85** Regular \$18.50

"Our Supply of These Sets is Limited"

All Open Stock Dinnerware Reduced 10% to 20%

LARGE BLUE GRANITE ROASTERS **\$2.25** ROUND ALUMINUM ROASTERS **98c**

152 NO. COM'L. Salem **VARIETY** Store NEXT TO BISHOPS