HAHAPPY HOUSEWIFE

Mrs. F. B. Lloyd was one woman who attended the Statesman's cooking school Wednesday afternoon who didn't have to rush home and prepare a dinner for her family. For when Mrs. Lloyd left the Elsinore theatre, where the cooking schools are being held, she carried a dinner that included roast leg of lamb, buttered green peas, shoestring carrots and baked potatoes. The dinner, prepared by Miss Dorothy Williams, home economic expert in charge of the school, was the main door prize offered Wednesday afternoon; and Mrs. Lloyd recelved it when her card was drawn from a box containing more than 1200 other cards.

Due to the confusion arising from presenting each of the guests present with scones made by the Fisher Flouring Mills cooks, the door prizes were not distributed in the customary manner. Sev. aral women failed to call for their prizes at the Elsinore stage after the school was disbanded, so new cards were drawn.

Cards were drawn.

Women receiving the 50 door prizes Wednesday were Mrs. W. Radkey, Mrs. A. Krause, Mrs. Byron Lieuallen, Mrs. A. E. Hutchison, Minnie Watson, Miss I. Mundt, Mrs. G. V. Anderson, Mrs. R. P. Hansen, Mrs. W. R. Bowden, Mrs. Fred Thompson, Mrs. Otto H. Goff, Mrs. E. M. Balley, Mrs. W. T. Harrison, Mrs. Stella Lenon, Mrs. Jno. E. Brophy, Mrs. Worth Henry, Mrs. A. N. Brawn, Mrs. A. E. Chaudler, Mrs. Lena Campbell, Mrs. F. W. Webb, Mrs. Merion Perkins, Mrs. O. Chandler, Mrs. Lens Campbell, Mrs. F. W. Webb, Mrs. Marion Perkins, Mrs. O. E. Stadden, Mrs. Effie Hastay, Josephine R. Mrs. C. E. Stadden, Mrs. Effie Hastay, Josephine R. Mrs. H. G. Carl, Mrs. H. C. Petroon, Mrs. Minerva Holcomb, Mrs. Earl Liber, Mrs. Jos. Hamman, Mrs. U. S. Lehman, Mrs. O. N. Sanders, Grace Griffin, Mrs. Gertrude Meyers, Mrs. Stella Lane, Mrs. Eva Gardner, Mrs. J. E. Allison, Lura Pinkston, Mrs. F. E. Hoover. Ann. Lura Pinkston, Mrs. F. E. Hoover, Mrs. Bud Parmenter, Margaret C. Moh-hay, Mrs. J. H. Scott, Mrs. M. E. F. Hul-hert, Laura Carl, Jennie Martin, Mrs. A. C. Crawford, Mrs. W. C. Copley, Mrs. John Bertelson, and Mrs. N. Carl White.

(Continued from page 6) quart bricks of Sunfreeze ice cream and an array of teas, coffees, spices, extracts and the like, donated to the school by A. Schil-

ling & Co., of San Francisco. More than a score of other valuable prizes, including wearing; apparel, household utensils and thing that has not profited by a foodstuffs, in addition to the summer vacation. As a matter of been announced, will be given as over, unless you are unusually forbig baking contest.

Students Coming By Special Train

that a special train carrying 150 the body, and exercise and diet Willamette university eleven Sat-well as your general condition.

coma for the Puget Sound game, prescribed for dry hair, the special perfectly clean, and were given a cordial recep-qualifications which impart a nat-tonic, will quite frequently cor-Puget Sound visitors on their ar- qualities,

Teams Invited See Grid Film

Pootball squads of Willamette university and Salem high school have been invited to attend the first show tonight at the Capitol theatre, as guests of Manager Frank Bligh, to see the football Liture, "Win That Girl."

Take Salts at First Sign of Bladder Irritation or Backache

The American men and women must guard constantly against kidney trouble because we often eat too much rich food. Our blood is filled with acids which the kidneys strive to filter out; they wraken from overwork, become aluggish, the eliminative tissues glog and the result is kidney troufe, bladder weakness and a gen-

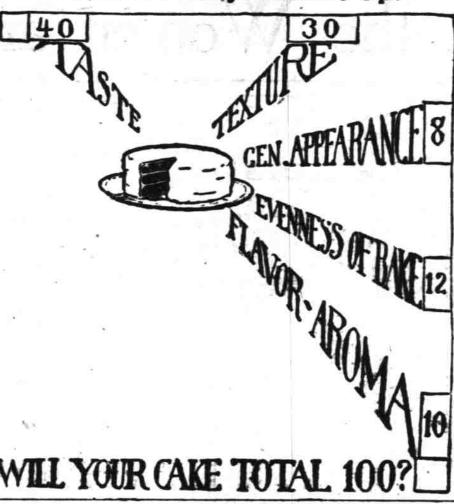
eral decline in health.

When your kidneys feel like lumps of lead; your back hurts or the urine is cloudy, full of sediment, or you are obliged to seek relief two or three times during the night; if you suffer with sick headache, or dizzy, nervous spells, acid stomach, or if you have rheumatism when the weather is bad, begin drinking lots of good soft water and get from your pharmacist about four ounces of Jad Salts, Take a tablespoonful in a glass of water before breakfast for a lew days and your kidneys may

then act fine. This famous salts is made from the acid of grapes and lemon juice combined with lithia, and has been used for years to help flush and stimulate clogged kidneys, to neutralize the acids in the system so they no longer are a source of irritation, thus often relieving blad-

der disorders. Salts is i injure, makes a delightful effervescent lithia-water drink and be-longs in every home, because nohoddy can make a mistake by hav-ing a good kidney flushing any -adv.

How Do They Measure Up?



WILL YOUR CAKE TOTAL 100? GENERAL APPEARANCE 10

TENDERNESS OF CRUSTI40 EVENNESS OF BAKE 12 FLAVOR-AROMA 8

For the benefit of entrants in the big baking contest of the Statesman cooking school today these charts are shown again. They indicate how cakes and pies entered by housewives will be judged Obviously, the judges point out, any entry that can be given full value on each point will be a 100 per cent product.

How * Achieve Beauty

Early Fall Care of the Hair Your hair is probably the one sweepstakes prizes which have fact, although vacation days are prizes late in the afternoon for the tunate, your hair requires special attention. The sun and neglect which usually accompanies a summer vacation, is likely to have tak-

scalp is good circulation. This Word was received Wednesday means, to be sure, an active cirfrom the College of Puget Sound culation of good blood throughout students from that school will ar- may thus be said to be vitally rerive in Salem Saturday forenoon, lated to hair health. Health and The students will accompany their growth of the hair depends upon football team which will meet the the blood supply of the scalp as urday afternoon for the annual Consequently, the value of hair A year ago Willamette students the stimulating properties of their chartered a special train to Taingredients, and secondly, when tonics lies in two things. First,



Brush orris root thoroughly out of hair after dry shampoo Cover brush with cheesecloth, changing cloth until it comes out

tion by the northern students. ural oiliness, or, if prescribed for rect the common scalp troubles of excessively oily hair, their drying dandruff and falling hair. Massage brings the blood to the scalp. Simple massage, when used in tones up the tiny muscles that are company with an efficient hair attached to each hair, thus per

mitting nutrition and general good health of the scalp.

Regular brushing is another important aid in developing beautiful, abundant hair, It is an excellent thing for you to remember, at this season of the year, that if you massage your scalp as thoroughly and regularly as you eat your meals or clean your teeth, you will not have to spend time and money later on in curing scalp conditions that are unhealthy.

Shampoos are important, too, in the care of the hair, but as I have gone so thoroughly and completely into this matter just a little while previous, I am not going to take it up again. I am going to repeat my caution, however, that if you are using hard water, you must use a little borax or lemon juice to neutralize the sticky soap curd that results from the combination of soap and lime in the water. One tablespoonful of lemon juice added to the last rinsing water will do very nicely for this. When it is possible, avoid the

drying machine for your hair. After is has received its final rinsing, wring it out thoroughly and wrap a warm towel around the hair, rubbing well until most of the moisture is absorbed. Then divide the hair into sections, rub each section with a second warm the scalp. Shake your hair well, comb and, if possible, finish your drying operation with a sun bath. For a dry shampoo, and this is

cornmeal, and if your hair is exessively oily, add a little camphor. Put the mixture into a powder box shake a little along the partings. and then rub well into the hair. Brush it out thoroughly until at he end, a brush covered with a to be.-Lebanon Express. thin layer of cheesecloth shows

ORIENT IMPORTANT

Prof. F. R. Franklin of Willamtte university told the Salem Rotarians at their noon luncheon Wednesday of the high points of his trip last summer with the Upon Close student tour to Japan, Korea and China. His eyes were opened regarding

he bigness of the cities of those countries and their progress in he ways of western civilization. Also, he gained new respect for their ancient civilizations, and especially for the avidity of their tudents for learning.

The Upton Close party included college professors and public school teachers and administrators and ministers, men and women. 41 in all

Prof. Franklin had scant time cover so extensive a review, but be interested his hearers intensely in his relation of what he saw of the customs of the people of

College Girl

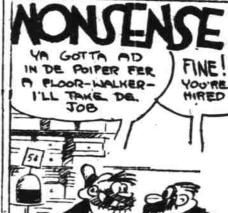


Miss Mercedes Janet Hurst Peru, Indiana, a graduate of the University of Indiana, class of 1924, will organize Hoover clubs among college girls, in the eastern towel. This is an excellent time for can party. She is a daughter of you to use your hair tonic, mas- Mrs. N. E. Hurst and a niece of saging it well into the sections of Circuit Judge J. Hurst, of Peru let it hang loosely over your face from Mrs. Alvin T. Hert, vice while you shake it, then, while it chairman of the Republican Na s still slightly damp, brush and tional Committee, out of whose of fice in Washington she will work.

good thing to know, for this is those countries, and guided them the season of head colds, the fol-lin their conceptions of the vastowing will be quite effective. ness of the populations and pos-First brush out the hair thorough- sessions of the lands across the ly, divide it into sections, part in Pacific, next door neighbors in a he center and then subdivide each world that is becoming more side. Mix together one ounce of neighborly every day through

> Probably the happiest middleaged man of Lebanon is the one who has no more idea than a rabbit what his blood pressure ought

It's the showers that make fall plowing easy and it's the rain that makes the Oregon country the Emerald state. Let's welcome the rain!-Albany Democrat-Herald.



Cooking S



F so, you have your "Sweet Sixteen" Recipe Packet . . - the famous Ghirardelli collection of home-tested prizewinning recipes. Probably "Sweet Sixteen" has amazed you—as it has amazed thousands of women in the West-amazed them with the variety of things they

can do with Ghirardelli's; amased them with the convenience of Ghirardelli's; with the adaptability of Ghirardelli's. The packet is free . . . of course.

Now-try a tin of Chirardelli's. See how easy delicious dishes become; see how milk-rebels become chocolatelovers; see how appetizing your "old-favorite" chocolate recipes become, with this new, flavorful, wholesome ingredient.

See it demonstrated at the Cooking School.



CHOCOLATE

BANKERS OF STATE

The banks of Oregon are not ing a tax in excess of that imposed on competing capital.

This was stressed by John F. State Bankers' association, and other bankers at a conference tives of the various bankers' or-|state.

The conference was called to discuss plans for recovering at

of banks higher than that levied ed in the Portland armory and Daly, president of the Oregon against money capital competing will be followed by a dance. Memwith the banks. here Wednesday attended by that any law enacted should be and will send delegations. The members of the state tax investi- broad enough to affect non-resi- invitation and official notification

least a part of the loss suffered by the state through a recent decicourt which held the law levying a tax on capital stock of national Jasper C. Lent Post, No. 1442. opposed to paying a just and fair banks unconstitutional. It was Veterans of Foreign Wars, Porttax, but they are adverse to pay- set out in the decree that the land, on the night of November state was not permitted to impose a tax on the capital stocks

Governor To Be Member Of Post

tiated as an honorary member of 3. The services will be conduct. bers from the Salem, Oregon City All of the conferees agreed and other posts have been invited gating committee created at the dent financial concerns operating was presented to Governor Patlast legislative session, the state in Oregon as well as concerns or- terson Wednesday by Major banking board and representa- ganized under the laws of this George E. Sandy, Engineer Corps,

Every Woman Knows the Value of a Good Product

Miss Williams is using Marion Butter at the Statesman Cooking school this week because she knows it will assist her and that she can recommend it to all Salem housewives.



At All Grocers

Marion Creamery Company

Now In Use At

Statesman Cooking School

Make your entertaining a joyous job!



GENERAL ELECTRIC Refrigerator

The hostess who has a General Electric Refrigerator has solved one of the hardest problems of entertaining. Now she can have smart delicacies to serve, without much trouble-and without much expense.

If she plans to have guests in the evening, she can prepare a simple mousse or a parfait in the marning-or even the day before. She knows it will be chilled to a point of perfection that only the finest confectioners can rival. She knows that her drinks will be really cold. That her gleaming ice cubes will be piled up-ready.

And for her every-day make she blesses the quiet efficiency of this refrigerator. She is glad it needs no oiling-that it hasn't a drain pipe to clog. She finds it so sanitary, so easy to clean, so roomy and so very economical to operate. She wonders how she ever lived with-

You are cordially invited to come in and study the wide range of models.

Time payments, if you wish. Write for booklet.



GEAR · AR · DELLY

Pumpkin Pie

Because Fall and Winter bring us pumpkin pies we can almost forgive them for their bluster and chill.

The flavor of pumpkin is so delicious that when made into a pie it fully deserves a tender, flaky crust which only a delicate shortening like Crisco can make.

Try the recipe below. See if you don't agree that it's the best ever.

Pustry

11/2 cups pastry flour 1/2 cup Crisco

2 eggs beaten light 11/2 cups stewed pumpkir (not strained) 11/2 cups milk

1 cup sugar 1 teaspoon ginger

1/2 teaspoon salt Sift flour and salt. Cut Crisco in with two knives until the size of small peas. Add water (4 to 6 tablespoons) to make a paste which clears the bowl. Cover deep pie place and pinch with fingers to make fancy edge.

Mix together sugar, spices and salt. Mix thoroughly with pumpkin. Add eggs, mix well. Last add milk. Put in filling and bake in very hot oven (450° F.) until pie crust begins to brown, about 15 minutes. Reduce heat to moderate (350° F.) and bake until filling has set, about 30 minutes longer,

You taste your milk -

You test

NOWtaste your shortening!

Crisco's sweet flavor will delight you!