

WOMEN LEAD ALL IN ARTS, CULTURE

LONDON—(AP)—British business women get more out of life than their American sisters, says Miss Lena Madest Phillips, New York attorney and president of the National Federation of Business and Professional Women's clubs, who is heading the group of 50 American professional and business women now touring Europe.

"The British business woman is as high a type as can be found anywhere in the world," said Miss Phillips. "She has a much broader culture, and leads a far more balanced life than do our American business women, because she is content to earn less and to leave herself more time for sports, art and other cultural pursuits.

"At the same time, she has not achieved so much as have our women. She is still circumscribed by tradition and custom. In short, the difference between British and American business women is just the difference between England and America."

The fact that there are no business women's clubs in England, and that the clubs for women which do exist never "get together," surprised the visitors.

"The British women's clubs are ready for internal organization, however," declares Miss Phillips, "and are reaching out for international affiliations as well. In time, I am confident that business and professional women all over the world will be affiliated in a great international federation, but each country must first create its own organizations from within."

They've got a tractor now that plows unattended. That's our idea of farm relief.—Dallas News.

Be specific. When you say you abominate religion in politics, say which religion.—Anahelm (Cal.) Plain Dealer.

Sea, Sun and Air Seen as Sources for Good Food to Tickle Palates of Future Peoples

Menu Made From Sea Water Held a Possibility by Science Study

CHICAGO, Ill.—(AP)—Possible menu for a day—ages in the future.

Breakfast—Products from sunlight sources.
Luncheon—Products of the air.
Dinner—Food from sea water.
The possible evolution of foods pleasing to the palate which would give such an imaginary menu a basis in real fact is sketched in a paper prepared by Dr. H. E. Barnard, of Indianapolis, for the American Chemical Society.

Conditions Change
"Any discussion of the world's food supply must be confined to definite limits," says Dr. Barnard. "If, by the future we mean the few hundred or thousand years in which the human family, as we now know it, will continue to eat the types of animal and vegetable food on which it has been nourished during the counted years of man's history, the problem assumes one form; but if we project this human race hundreds of thousands of years into the future, the discussion will necessarily deal with different sets of conditions productive of vastly different results, who, for instance, can assume that a million years from now man will be the same kind of an organism that he is today? He may live differently; he will certainly eat differently.

But One Stomach
The taste of good bread and meat may have been forgotten for ages, and yet his metabolic processes will go on converting elementary substances into body heat and human energy just as satisfactorily as now. Today he has but one stomach with but limited capacity for particular foods, although some animals have three



Dr. H. E. Barnard

stomachs and easily find sustenance in foods man has not yet learned to metabolize.

Long before the day when man may rely on synthetic foods, Dr. Barnard predicts the opening of the "food frontiers," such places as the Amazon river valley and great swamps and forests of other tropical areas, capable of supplying sustenance. Brazil alone can support a population two-thirds of the present world population, and Africa can feed more millions than now inhabits the globe.

Two Possibilities
Then there is the possibility of opening the food reservoirs of the sea. Sketching possibilities which science can consider in the sea, he says: "A little of warm water taken from the Atlantic at a depth of 500 meters contains about 5,000 cells and under favorable circumstances this number might reach 250,000. All this huge mass of living matter is food. It supports the animal life of the sea.

"We have two possibilities

Synthetic Foods To Save Generations to Come From Starvation

which may satisfy the carbohydrate needs of those who come after us; One, the possibility of tremendously increasing soil productivity by developing new types of vegetation which will store up solar energies in quantities comparable with those laid down in coal seams in the carboniferous ages; the other, the possibility that science, having unlocked the mystery of the atom, will find a way to set solar energy to work in a vastly more efficient form than growing grain or forest.

"Edible foods can be made from shale oil, but not in economic competition with the cotton seed or the hog. Carbonaceous material of almost every sort—coal, sawdust, petroleum—can be metamorphosed into food in the chemical laboratory. The fact that their taste may be problematical is but an incident. Who, but a few years ago, found any pleasure in the flavor of avocados. How surprised must have been the palate of the man who first tasted a tomato.

"There is no doubt about the possibility of making fats and oils. Nor is it difficult on paper to combine carbon, hydrogen and oxygen to form starches and sugars. "In every discussion of synthetic foods the economic factor becomes more prominent. To say we can never compete with the growing plant matter, in the light of our present status, is a logical statement. To think the world must starve because the plant cannot produce enough food for the billions who will crowd the earth, is to discredit the courage of the people who come after us, and their ability to control far more effectively than today the natural forces waiting for release by the research laboratories."

Helping the Homemaker

By Louise Bennett Weaver

Dinner Menu
Broiled Steak Buttered Potatoes
Creamed Carrots
Bread Apple Butter
Olive Oil Pickles
Sliced Oranges, Chocolate Cookies
Coffee

Creamed Carrots, Serving Four
2 cups sliced cooked carrots
3 tablespoons butter
4 tablespoons flour
1/2 teaspoon salt
1/2 teaspoon pepper
2 cups milk
Melt the butter and add the flour, salt and pepper. Blend well and add the milk. Cook slowly and stir frequently until a thick creamy sauce forms. Add the carrots and cook for two minutes.

Olive Oil Pickles, Uncooked
(Make now for serving later)
4 dozen 4 inch green cucumbers (sliced 1/4 inch thick)
2 cups sliced white onions (1 1/2 inches in diameter)
1/2 cup salt
1/2 cup sugar
2 tablespoons black mustard seed
2 tablespoons celery seed
2 tablespoons white mustard seed
1 cup olive oil
4 cups vinegar
1 cup water
Mix the ingredients and let stand over night in a covered crock. In the morning stir thoroughly and pour into sterilized jars and seal.

Chocolate Cookies
(These are moist cookies)
1 cup fat
2 cups light brown sugar
1-3 cup milk
2 eggs
1 teaspoon vanilla
1/2 teaspoon salt
1 1/2 teaspoons vanilla
3 squares chocolate melted
3 1/2 cups flour
2 teaspoons baking powder

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