

# MONEY FOR HEALTH AND LONGER LIFE

It Is Good for the Growing Children and for the Grown Folks, Too

(A producer of honey sent the following to the Slogan editor, with the request that it be published; a suggestion that is gladly followed.)

From the very beginning of human events, honey has been held in high esteem. Because it was the sweetest and most delicious food known to them, the writers of the ancient Greek legends, imbibed that their Gods on high Olympus had kept appetites with nectar. As a standard of comparison, honey is often mentioned with high regard in the Bible. "Pleasant as a honey comb, sweet to the soul and health to the bones," or "Hast thou found honey? Eat as much as is sufficient for thee," and "My son, eat thou honey, for it is good."

Because honey was the most easily obtainable sweet until a few centuries ago, honey bees were prized possessions and when a swarm issued from a hive, trumpets and musical instruments were sounded to warn the countryside to watch where the swarms might alight. Walls were built around the apiary to keep out robbers. In feudal times honey was not only used extensively as food, it was the chief ingredient of the universal beverage, mead. Honey was used as a laxative by the doctors, and as a preservative for choice specimens of fruit, modern methods of preserving then being unknown.

Today the nation's sweet tooth requires over 100 pounds of sugar for each person's yearly consumption, while the per capita consumption of honey is less than three pounds yearly. Since the refining process removes the juice of the cane all of flavor giving oils and all of the mineral elements which may have been present, while table sugar is very nearly chemically pure sucrose, valuable as a producer of energy, but worthless for tissue and bone building, in fact all abnormal consumption of sugar may bring on or more of a 1000 list of ailments such as decay of the teeth, especially of children, diabetes, kidney trouble or disorders of the digestive system.

Honey, nature's own sweet delicately flavored with the fragrance of the flowers from which it comes, contains two pre-digested sugars, fruit sugar and grape sugar, and about 18 per cent water.

Honey contains mineral elements valuable to the body, such as calcium for bone building, iron for the blood, phosphorus for the bones and brain and magnesium. Being a most wholesome food, honey is beneficial to children as well as grown folks, and when children have plenty of honey at their meals, their craving for candy between meals is lessened. Nutrition specialists consider this a strong reason for including honey in the child's menu. Although some may feel that honey is a luxury, it is really inexpensive. A pound of honey will go as far as a spread for bread as a pound of butter and at half the cost. There is no waste to honey—every drop is eaten. It will keep indefinitely without spoiling, except in the presence of children. Modern hygienic methods of honey production make it possible to deliver honey to the consumer without being touched by the hands of the beekeeper. Furthermore honey is so sweet that you can't eat too much of it and is therefore used as a remedy for colds. Hot lemonade strongly sweetened with honey is a wonderful first aid for a common cold. A more liberal use of honey in the home as a spread for the children's bread, in place of syrups and molasses in receipts for baked goods, for candy making, to preserve the original color of fruits in canning, as a sweetener for the baby's milk, in fact as a general sweetening agent, would mean healthier families, greater vitality, less sickness from common disorders and very likely, if we may judge from the leading exponents of honey eating, a longer span of years of enjoyable living.

Health & Bulk Electric Shop, 327 Court St. Everything electric, from motors and fixtures and supplies to wiring. Get prices and complete stock.

National Bank, the bank of partnership and helpfulness in need. Interest paid on deposits. Open an account and your money grows.

BECOMING AT CELERY STATE (Continued from page 10.)

ing and trimming. The on its side and celery tightly into the crates, by holds four and a dozen bunches. These about 300 and weigh 4 to 4 1/2 pounds when that is shipped by washed and tied and smaller crates carrying four dozen.

the first two stacks next to the bunkers, which are four high, making sixteen extra crates. The total load is 160 crates.

In order to keep the bottom of the upper crates from injuring the leaves of the lower ones as they stand in the car, two by two inch pieces are used crosswise of the car between the crates instead of regular car stripping. The refrigerator cars have standard being of two and one-half tons of ice in each bunker.

Wide Distribution. Distribution of Oregon celery in 1925 extended over 20 to 25 different states, among which were the following: Nebraska, Iowa, Minnesota, Illinois, California, Texas, Missouri, Kansas, Montana, Wisconsin, Oklahoma, Florida, North Dakota, Colorado, Michigan, Ohio, Maryland, South Dakota and Canada.

Celery has been stored perfectly for 60 days under refrigerator air storage, which in some seasons has been quite profitable.

The yields of celery as grown in the state usually run from 1800 to 2000 dozen bunches per acre, or from one and one-half to two carloads per acre.

The Costs. Approximate production and harvesting cost items are as follows:

Seed	.....	\$15.00
Plant	.....	40.00 to \$80.00
Manure	.....	70.00
Commercial fertilizer	.....	25.00 to 30.00
Fitting ground	.....	20.00
Planting	.....	25.00
Cultivation	.....	8.50
Weeding	.....	8.00
Hoing	.....	8.00
Salt	.....	5.00
Spray materials and labor	.....	10.00
Irrigation	.....	25.00
Blanching	.....	10.00 to 12.00
Preparation for market	.....	30.00 to 45.00
Crates	.....	70.00
Total	.....	\$336.00 to \$452.00

Receipts: 1300 dozen at 65c to 70c, \$1300.00, the average f. o. b. shipping price, being \$3 a crate for the entire season.

A. G. B. BOUQUET. Corvallis, Or., Jan. 25, 1927. Prof. Bouquet is at the head of the department of market gardening at the Oregon Agricultural College. He is the highest and best authority we have in his field in Oregon, and his reputation as a gardening expert extends all over this country.—Ed.)

Buster Brown Shoe Store. High class, stylish looking, comfortable, long wearing shoes for the least money. Come and be convinced. 125 N. Com'l.

## THE OPPEN SHOP IS INTERESTING

The Automobile Owner Will See There a Welding Place That Is Thorough

A most interesting establishment for any automobile owner to visit, whether or not he expects to make use of the special service there, is the shop of C. D. Oppen, 625 Mill street.

The business is welding, both electric and acetylene, or in simpler language, the joining together again of any metal work that has been broken by accident or otherwise.

One advantage of electric welding is that the job can be done without dismantling the machine or engine. The only expense is the actual welding.

One feature of Mr. Oppen's establishment is that much of their apparatus is of their own manufacture. The work it does must be very satisfactory, for they number among their steady patrons such large concerns as the Oregon Linen Mills, Inc., and the Kay Woolen mills.

## Bills Ask Appropriation for University of Oregon

Under the provisions of two bills introduced today by Representative Longgren and Senator Norblad the University of Oregon will be able to construct a library and an infirmary on the campus.

Bill number 249 asks that the state appropriate \$375,000 for the erection of a library and bill number 250 asks \$130,000 for the construction of an infirmary.



## A Healthy New Year

BEGIN life anew. Be rid of those Piles and other Rectal and Colon ailments. A permanent cure is easily and quickly accomplished by my effective treatments. Otherwise, you will go on suffering with health and wasting money for years without relief. No unusual operation or other disagreeable or dangerous method used. No confinement. No loss of business or work. Have your piles cured by mail. Send me your name and address. I will return the value of the cure. I will cure you of Piles. I will cure you of Hemorrhoids. I will cure you of Stricture. I will cure you of Gonorrhea. I will cure you of Syphilis. I will cure you of all other ailments. Write me today. My treatment is FREE for the sufferer.



Harvesting the Lake Labish Celery

## AUTHORIZE INCREASE NOT MUCH TROUBLE BASE OF TAX LEVY TO GROW FEW ROWS

Shortage of Funds for School Purposes Blamed on Six Percent Limitation

The senate approved by unanimous vote a resolution introduced by the Multnomah delegation authorizing school district No. 1, Portland, to increase its base of the levying of taxes for school purposes.

Senator Moser said that approval of this proposed constitutional amendment would eliminate the necessity of calling special elections, and would insure ample funds for the operation of the Portland schools. He said the money raised under the constitutional amendment would be used for maintenance of the schools and not for the construction of new buildings. It was said that the present shortage of funds for school purposes in Portland was due to the six per cent limitation amendment.

Senator Upton declared that a similar condition existed in many school districts outside of Portland, and urged that the proposed constitutional amendment be made more elastic. Senator Hall suggested that the members of the Multnomah delegation should get behind his resolution providing for repeal of the six per cent limitation amendment. He said the approval of this proposed amendment would cure taxation ills now existing in many sections of the state.

Senator Moser replied to Senator Hall that he personally favored the repeal of the six per cent limitation amendment, but that he did not believe the legislature would approve a resolution referring the question to the voters.

A. H. Moore, 233 N. High St., apartments and store where you can get high quality furniture and furnishings for every room in your house.

## OLD LAWS TO DIE

COMMITTEE PLANS REPEAL OUT-OF-DATE STATUTES

The repeal of laws committee is continuing with its good work and had five bills in the legislative hopper yesterday morning. Bill No. 258 repeals sections of

OUCH! BACKACHE! RUB LUMBAGO AWAY

When your back is sore and lame or lumbago, sciatica or rheumatism has you stiffened up, don't suffer! Get a 35 cent bottle of honest Jacobs Oil at any drug store, pour a little in your hand and rub it right on your aching back, and the soreness and lameness is gone.

In use for 65 years, this soothing, penetrating oil takes the pain right out, and ends the misery. It is absolutely harmless and doesn't burn the skin.

Ira W. Jorgensen, 190 E. High St. Parts for all makes of cars. Best equipped auto accessory store in this section. Prompt and reliable service the rule.

## Frozen Cylinders Electric Welded in Place

Why remove frozen cylinder blocks to have them welded when we can guarantee a weld in the car, truck or tractor at a fraction of the cost of removing?

This is the shop that welds the jobs that are so large or so difficult that other shops quit.

## Electric and Acetylene Welding We Weld Forever

C. D. OPPEN

695 Mill Street Telephone 372

## JAPANESE POULTRY BREEDERS COMING

Party Headed by Editor of Poultry Paper to Tour Coast States

W. C. Conner, editor of the Northwest Poultry Journal, published by The Statesman Publishing Company, is in receipt of a letter from the editor of the Nivari-Journal, a Japanese poultry journal which name translated is "Research of Poultry," saying the Japanese editor will head a delegation of prominent Japanese poultry specialists and Japanese students of poultry husbandry in a tour of the Pacific coast states the forthcoming spring and Editor Conner is asked to prepare and submit to this Japanese editor a schedule for their tour or itinerary, for the states of Washington, Oregon and California.

Mr. Conner is now at work on this schedule which, when completed, will include a visit to all of the leading poultry districts of the western parts of these three states, and the inspection of the

the law barring foreigners from employment by the state. This law was passed during the excitement of the late war and is considered unconstitutional. Another bill, No. 259, repeals the law directing the state treasurer to make a quarterly report to the governor and have said report published in the official paper of the state. It was pointed out that there is no official paper and the law cannot be complied with. Funds that were required by law to be turned over to the general fund have been turned over and the law has done its work it is also repealed by bill 260. Insofar that the district attorneys have no funds to turn over to the county treasurers bill No. 261 repeals this law. Bill No. 262 repeals the law which prohibits the issuance of licenses to foreigners by municipalities as unconstitutional. In the afternoon session yesterday this committee came through with another bill amending the law pertaining to billiard tables and providing an annual tax of \$10 for each table.

Only the best! Our patrons will bear this out. We serve only the best in meats and poultry. Hunt & Shallor Market, 263 N. Commercial.

## William Walsh to Head Willamette Senior Class

William Walsh, Jr., of Salem was elected president of the senior class at Willamette university at an election held Wednesday. This is an especial honor, as the senior president the last semester has important duties in connection with graduation. Miss Edna Wentz was elected vice president, Miss Ethel Hardie, secretary, George Rigby, treasurer and Rockerick Blatchford, athletic manager.

These distinguished Japanese visitors wish to acquaint and familiarize themselves with the methods employed by these Pacific coast poultry breeders to produce hens that will lay 300 eggs and better in a year, and also fowls that win in the big shows of the country. Our housing, hatching, brooding, feeding, culling, pedigreeing and marketing methods will also be studied by these visitors. Some very remunerative business in recent years has come to Pacific coast poultry breeders from Japanese poultrymen, and the visit of this delegation of Japan's leading poultrymen this spring will no doubt be the means of greatly stimulating this business. Every effort will be put forth to see that this Japanese delegation is given a cordial reception, and extended every courtesy at every city and town visited on their tour, which will probably be in May or a little later. The party or delegation will comprise 30 members, and the delegation will probably land at Vancouver, B. C., and inspect the poultry farms and poultry experiment station in that district before starting on their trip south.

## Colds

Four helps combined. One tablet does all a cold demands. It combines the four best helps men know. It is so efficient, so quick and complete that we paid \$1,000,000 for it. That way is HILL'S. It stops the cold in 24 hours, checks the fever, opens the bowels, then tones the entire system. Millions have proved it the ideal help for colds. You will be glad to know it. Start it now and watch the change tomorrow. Be Sure It's HILL'S. Price 30c. CASCARA & QUININE. Get Red Box. with portrait.

# THIS is the cheapest Insurance Protection in America

## Broadest and Most Liberal Insurance Protection in America

Day after day, you read the dreadful news of another "Horrible Accident." Perhaps the unfortunate one means nothing to you—perhaps "everything"—then, only then, do you realize that danger is ever present.

Fate is no respecter of persons. At the very time you seem MOST secure the phantom of death steals into your life—snatches your loved ones, smashes your hopes. Grasp this opportunity NOW to liberally insure yourself and protect your dependent loved ones! You are offered the cheapest travel and pedestrian accident insurance in America. The policy is COMPREHENSIVE... including all forms of automobile hazards, burning buildings, falling walls, lightning, storms, covering loss of life, sight, hands and feet, with weekly indemnity for loss of time... all, as fully explained in the policy... By cooperating with a strong insurance firm this newspaper is able to offer you this remarkable service.

### TRAVEL AND PEDESTRIAN ACCIDENT INSURANCE

At the Remarkably Low Rate of \$1

THE POLICY PROTECTS AS FOLLOWS:

- ONE—\$7,500.00 if the insured is killed as a passenger on a street car, railroad train, elevated or underground railroad car, steamship or steamboat.
- TWO—\$1,000.00 if the insured is killed in a private automobile, taxicab, bus, auto stage, horse-drawn vehicle, passenger elevator, or by storm, tornado, lightning or falling walls of a building, or by a fire in a public building.
- THREE—\$1,000 if the insured is killed by being struck by a moving vehicle while walking or standing on the street or public highway.
- \$10.00 a week will be paid the insured for not more than fifteen weeks if injured while traveling in vehicle or injured by a moving vehicle while walking across streets or highways.

WHAT ABOUT THE COMPANY?—The North American Insurance Co. of Chicago, Illinois, is one of the largest and strongest accident insurance companies in the United States.

WHY SO CHEAP?—Because of the tremendous number of policies written, without a large agent's commission, the cost is cut to the net rate. In addition, because the newspaper can use so many policies, the rate is naturally lower in a county than where an agent handled only a comparatively small number.

WHO CAN GET THE POLICY?—While the policy is intended as an incentive for subscribing to The Oregon Statesman, we are offering it to old as well as new readers. The head of a household can take as many policies as he has dependents who wish protection, all residing at same address.

#### APPLICATION (For People Who Receive Papers By Mail)

That I am at present a regular reader of The Daily and Sunday Oregon Statesman. I enclose find \$5.00 to renew my subscription for one year and one year North American Accident Insurance policy.

That I will immediately become a regular reader of The Daily and Sunday Oregon Statesman (at regular mail rate of \$5.00) and will continue as such during the policy period of one year. I enclose find \$5.00 to pay for one year's subscription and one year North American Accident Insurance Policy. (Proper check must be made by applicant in squares above.)

Full Name ..... Age ..... Race .....

Street Address .....

Business Address .....

City or Town ..... State .....

Mail this application or hand to representative of the Circulation Department, Oregon Statesman, Salem, Oregon.

#### APPLICATION (For Residents of the City of Salem)

Statesman Publishing Company, Salem, Oregon.

I hereby apply for the \$7500.00 Accident Policy issued by the North American Accident Insurance Company exclusively to regular members of the Oregon Statesman. I enclose registration fee of \$1.00 and certify

That I am at present a regular reader of The Daily and Sunday Oregon Statesman and will continue as such during the policy period of one year.

That I will immediately become a regular subscriber of The Daily and Sunday Oregon Statesman at the regular rate of 50c a month and will continue as such during the policy period of one year.

Full Name ..... Age ..... Race .....

Street Address .....

Business Address .....

City or Town ..... State .....

Mail this application or hand to representative of the Circulation Department, Oregon Statesman, Salem, Oregon.