SATURDAY MORNING

SATURDAY AFTERNOON

12:30-1:00-KFWV. Studio program.

2:30-1:30 KOW, Noon concert. :30-3:00 KFJR. Music for.

event fight at Armory. 5:00-6:00-KFWV. Twilite hour.

:00-8:00-Amusement guide.

loists; 11-1 a. m., frolic.

studio program.

7:30-7:45-KGW. Utility service. 9:00-f6:00—KGW. String quartet. 9:00-12:00—KFWV. Studio program.

from KFOA.

5:15-6:00-KOIN. Topsy Turvy Time.

6:00-7:00—KGW (491). Concert. 6:00-6:30—KTBR (263). Tourist guide.

6:00-7:00-KOIN (319). Organ recital.

8:00-7:00-KFWV (212). Twilite hour.

6:30-7:30-KXL, (400). Music. 7:00-7:30-KGW. Children's program

9:00-10:00—KGW. String quartet. 9:00-12:00—KFWV. Studio program. 10:00-12:00—KGW. Orchestra and solos. 10:00-11:00—KOIN. Orchestra. KGO—Oakland (361). 8-9:15, sports, or

gan recital: 9:15-1 a. m., orchestra. KFWM-Oakland (326). 8-10, studio

program. KFI-Los Angeles (467). 5:30-6, orches-

tra; 6-6:30 nightly doings; 6:35-7, or-chestra; 7-9, studio program; 9-10, clas-

sical program; 10-11, radio club, so-

KFSD—San Diege (245). 6:30-7, musi-cal review; 7-10, mixed program; 11-

1 a. m., orchestra.

KHJ—Los Angeles (405). 6-6:30, quartet: 6:30-7:30, children's program;
7:30, Scripture reading: 8-10, news,

KPO-San Francisco (428), 6:30-7:30,

9-11, orchestra. KFSG-Los Angeles (275). 6:30-7:30,

Angelus hour: 7:30, healing service. KHQ—Spokane (394). 6:30-7. studio pro-

gram: 7-7:30, children's program from KFOA: 10-12, dance music.
KFWB—Hollywood (252). 6-7. orchestra: 7-8, music; 8-9, soloists; 9-10,

KFQZ-Hollywood (226), 6-7, Hawaiian

chestra and soloists. KFON—Long Beach (232). 6-6:20,

organ recital; 11-12, orchestra. KOA-Denver (322), 9:30, orchestra. KNRC-Santa Monica (238), 6:30-7:30

trie: 7-8, music: 8-9, soleists: 9-11, or-

piano recital; 6:20-8, orchestra; 8-9,

band 'concert: 9-10, orchestra; 10:11,

organ recital; 7:30, dog talk; 8-9, band

cancert; 9-10, studio program; 10-11, orchestra; 11-12, frolie.

KFWI-San Francisco (250), 8-12, stu-

KMTR-Hollywood (370). 7:30, movie

club; 7:40-9, studio program; 9-10, or

chestrs: 16-12, orchestrs.

KNX-Hollywood, (337), 5:30-6, orchestrs: 6, Town Tattler: 6:30-4, orchestrs: 7-10, studio program: 10-11, orchestrs: 10-11, orches

A chemist of Dunedin, New

Zealand, has discovered a process

for cleaning wool badly stained by

branding. Hitherto such stains

CFCT-Vietoria (329), 10, orchestra.

tra: 7-10, studio prochestra; 11-12, frolic

hour: .10-12, orchestra

have been ineradicable

dio program. KPSN—Pasadena (316). 6, news; 8-9

orchestra; 8-9, simultaneous with KFI;

science talks and muste.

Recipes from Our Readers

From time to time we will devote our Table Talks to the reipes which are sent in by you. All of us are hungry for new ones, so I am inviting you to send me your favorites to be printed in this column. I hope you will be generous and let others share the good things you make at home. iddress me in care of Statesman Publishing company or the Royal Milling Co., Great Falls, Montana,

Cordially yours, JEANETTE BEYER

Apple Roll This is one of my favorite re-

1 qt, apples

2 cups water Peel, core and chop apples fine.

Cook sugar and water in a baking pan over a slow fire. Dough:

2 cups Rex flour

1 egg

2 tosp. sugar 4 level tps. baking powder

3 thep, shortening 1/2 tsp. salt

1/2 cup milk Sift dry ingredients, cut in shortening, beaten egg and milk to make a soft dough. Roll out 1/2 inch thick and spread with apples, cut into pieces about 2 inches long and place with cut side down in hot syrup. Bake in hot oven until done and the

crust a golden brown. Serve with

plain or whipped cream. Peaches

or other fruit may be used instead

of apples. MRS. CHAS, FULTON.

Ever Ready Biscuit Dough

1 quart milk

1 cup mashed potato 2 ½ tsp. salt

1 cup melted fat 1 cake compressed yeast 1/2 cup lukewarm water

2 tsp. baking powder 1 tsp. soda 5 cups Rex flour

Scald sweet milk let cool, add potatoes, salt, baking powder, soda, fat and yeast, which has been dissolved in the warm water. Add about five cups flour or enough to make soft sponge: let

stand until small bubbles appear. Cut in enough flour to make a stiff dough, knead and place in ice box for 24 hours. Shape into rolls as desired, place on greased pans, let rise and bake in hot oven. This will make a variety such as: cheese rolls, cloverleaf rolls, fruit

MRS. KEMPER.

Lima Bean Loaf With Bacon 14 1b. thinly sliced bacon

3 cupfuls of lima beans tsp. salt 1-8 tap. pepper 19bsp. grated onion

1 thep, parsley 2 thsp. bread crumbs

1 cupful of cream sauce Wash and soak the beans over night; drain; cover with boiling water; cook until tender; drain. mash through coarse strainer. Add

seasonings; egg well beaten and cream sauce; (keep one teaspoon of beaten egg for top of loaf). Brush a pan with drippings; fill with the mixture; brush top with heaten egg and sprinkle with bread crumbs. Bake in a moderate oven 40 minutes. Turn on a

platter and garnish with bacon curls and parsley. MRS. T. H. McDOWELL

Cheese Salad

16 lb. of American cheese grated pint of whipped cream

Salt and paprika 1 thsp. powdered gelatin 4 thsp. bolling water

Boiled salad dressing Dissolve the gelatin in the boiling water, Strain, cool and add the cheese and whipped cream and seasoning of salt and paprika. Pour into a wet mold and allow it to become firm, turn out, cut

Crumb Cookies 5 cups ground crumbs (cake crumbs are best) cups sugar cup shortening 1 cup molasses 1 cup water

3 eggs 1 tosp, cloves 2 tsp. cinnamon

Salem Markets PAR MUTTON AN DEEPing lambs, under 86 lbs. .... S, BUTTER, BUTTERFAT-

2 tsp. soda 5 cups Rex flour, sifted Cream the shortening with the sugar, add well beaten eggs and molasses, then the dry ingredients alternately with the water. Drop from spoon on greased baking sheet and bake in quick oven.

Date Bars

\*NORA LANCASTER

3 eggs 1 eup sugar 1 cup walnut meats 2 cups dates stoned and cut in

2 cups Rex flour 2tsp. baking powder 2 tsp. vanilla Few grains salt

pieces

Mix in order given. Bake in two square cake tins. When cold cut in bars and put in sack with powdered sugar and shake well. Will make 42 bars.

ADA E. GRAHAM

Tuna Fish Salad 1/2 lb. can tuna fish

1 cup diced celery 1 cup finely shredded cabbage 2 sweet pickles, chopped fine Pinch salt

Paprika Mix all ingredients together lightly, with boiled dressing. Arrange salad on lettuce. Sprinkle with paprika and garnish with sliced stuffed olives.

MRS. W. E. O'DELL

Custard Pie

4 beaten eggs 3-4 cup sugar

1 pint cold milk Mix eggs, sugar and milk. Pour in unbaked pie shell and sprinkle top with nutmeg. Bake about 5 minutes in hot oven then lower temperature and bake slowly until custard is well set and nicely browned on top.

MRS. W. E. O'DELL

Plain Butter Cake 2 cups Rex flour 2 1/2 tsp. baking powder

1 cup sugar 1/2 cup butter 2 eggs whole

1/2 cup sweet milk Method of mixing: Sift together all dry ingredients. Set cup containing butter in hot water until butter is soft, but not oily. Slightly beat eggs. Mix together milk, eggs, butter. Make hole in center of dry ingredients, and stir into it the liquid ingredients. Bake in moderate oven. Serve fresh with

Brown Sugar Frosting: 1 1/2 cups brown sugar

Whites of two eggs Put 6 tbsp. of hot water over the sugar; let boil until it threads then pour over very stiffly beaten whites of eggs; beat till thick; spread on cool cake.

ROSALIE A. BLANCHARD

General Markets

LIVESTOCK PORTLAND, Dec. 31 .- (AP) -Cattle calves, hogs, sheep and lambs nominally

steady; no receipts PORTLAND, Dec. 31,—(AP)—Milk steady; best churning cream 51@52c per pound net shippers' track in zone 1 Cream delivered Portland 54@55c per pound. Raw milk (4 per cent) \$2.60 cwt. f. o. b. Portland.

Poultry steady; heavy hens 26c; light 20c; springs 21c@ 22c; broilers 26@ 28c; pekin white ducks 25c; colored 20@21c; turkeys live 35c; dressed 45@48c. Onions steady; local \$1.50@1.75; po

GRAIN PORTLAND, Dec. 21.—(AP)—Wheat bids: BBB hard white, HW, BS, Baart Jan. Feb. \$1.33; federation Jan. Feb. \$1.32; soft white Jan. Feb. \$1.32½; western white Jan. \$1.32½; Feb. \$1.31½; hard winter Jan. Feb. \$1.30; northern spring Jan. Feb. \$1.31; western red Jan. Feb. \$1.28.

Outs No. 2, 36 pound white feed Jan. Feb. \$34.50; No. 2, 36 pound gray Jan. Feb. \$34.50; No. 2, 36 pound gray Jan.

Feb. \$34.50; No. 2, 36 pound gray Jan. Feb. \$35.50. Barley No. 2, 45 pound BW Jan. Feb. \$31.50. \*\*Corn. No. 2 EY shipment Jan. Feb. \*\*34.50; No. 3 ditto Jan. Feb. \*\*Millrun, standard Jan., Feb. \*\*28.

PORTLAND, Dec. 31,—(AP)—Hay buying prices: Eastern Oregon timothy \$20@22; ditto valley \$17@17.50; cheat \$13; alfalfa \$17.50@18; oat hay \$15; oat and vetch \$14.50@15; straw. \$7@7.50 per ton. Selling prices \$2 a ton more.

PORTLAND, Dec. 31.—(AP)—Dairy Exchange, net prices: Butter extras 46c; standards 45 %c; prime firsts 44%c;

Eggs extras 41c; firsts 38c; pullets 16c; current receipts 36c; undersized 30c. WHEAT UNSETTLED CHICAGO, Dec. 3I.—(AP)—Last min-ife attempts to get rid of December deldings of wheat tumbled quotations for that month down quickly today to 6 3-8c under yesterday's finish. The loss fell on owners who apparently had over-reached themselves expecting wheat to score an advance instead of a down-turn as the year same to an

turn as the year came to an end.
Taken as a whole, wheat values closed unsettled, 5-8 to 6 5-8c net lower, corn 5-8c to 2 1-4c down, and outs unchanged to a shade off.

Dinner Hosts at Their Home West of Silverton

SILVERTON(, Ore., Dec. 31 .-(Special) Mr. and Mrs. Carl Benson were dinner hosts at their attractive home west of Silverton Thursday evening. Guests were: Mr. and Mrs. W. C. Larson, Merl Larson; Orval Larson, Mr. and Mrs. Glenn Howe, Mrs. C. I. Benson, Mr. and Mrs. Alvin Legard of Salem, Ben Desart, Mr. and Mrs. Melvin Bakkom and Archibald Seaburgh.

Mrs. Stanley Baldwin, wife of he British Prime Minister, confessed that her greatest ambition is someday to mark all her household linen with an appropriate

Continues Weak While Potato Demand Remains Dull

PORTLAND, Dec. 31 .- (AP)-A few tomatoes are arriving from Mexico and selling for \$4.75 per box in the iringal, \$5.25 repacked. Lettuce continues weak with considerable soft stock offered at any price the buyer will pay. The potato market is dull but some demand for seed stock is in prospect after the first of the year. Prices are practically unchanged from yesterday in all lines.

## HOUSEHOLD NOTES

"Sharp and Sweet" "Between these two extremes of sharp and sweet lies the relish and flavor of the Pine." So wrote the Englishman, Richard Ligon, speaking of pineapple in his book "The True and Exact History of the Island of Barbados." The book was published in 1657. His oddly phrased tribute to the peculiar pungency and sweetness of pineapple might be as well said today when Hawaiian pineapple is an even more popular delicacy. Ligon was the second person to write of pineapple. Research has produced the comment of Jean de Lery, a French explorer who, in 1586,

fruits in America."

went to Brazil "otherwise called

America" and wrote to France of

"the most beautiful of all the

Pineapple Fritters Pineapple and lamb chops is celebrated among those who would reduce. But those who don't have to watch the scales may enjoy it as well in a more delicious form. Grilled pineapple is even more delightful than uncooked. Season a little flour with salt and pepper. Dip six slices of Hawaiian canned pineapple into the flour and cover both sides. Brown in a little shortening and serve with chops.

An Economy Hit For pies, pudding, sherbets and drinks, use crushed pineapple. It is better for the purpose than sugar. Many delicacies and refreshing drinks may be made with

punch is complete without it.

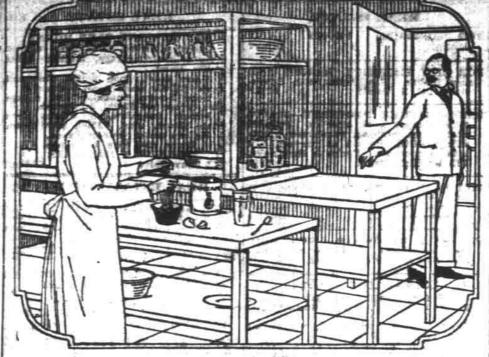
Ham Baked With Pineapple Virginia ham is never better than when baked with Hawaiian pineapple. Use slices of ham one inch thick. They must be soaked in warm water for at least an hour before using. Then drain them and sprinkle with flour. Melt a little fat in the baking pan and brown the ham in it. Then pour a cup of crushed or grated pineapple and a half cup of water over each slice of ham and bake slowly until tender, probably an hour. Remove to platter and pour the remainder of the pineapple

A Well Balanced Food Did you know that Hawaiian pineapple is as rich in proteins and carbohydrates as many vegetables? It contains more protein per pound than any vegetable, except lima beans, brussels sprouts, onions and peas. It has too, as much carbohydrates, if not more than most vegetables, since the syrup which it is canned is com-

Eating Ice Cream Means More Vitamins in Use

posed of the juice of the fruit and

In a diary written soon after the Revolutionary war, one Monsleur Brillat-Savarin remarks at some length on the astonishment and pleasure of ladies eating frozen ices and creams. Like many accepted and necessary part of the monia.



## DIETETIC IMPORTANCE OF CANNED PINEAPPLE

interest is being shown by scien- aiding the digestion of meats. tists and physicians in the role

which pineapple plays in dietetics. Canned pineapple, rather than the fresh fruit, is the subject of a great deal of the scientific investigation, since the fresh pineapple which we get in this country has been picked green, and therefore contains less food value than the canned product which has been picked at maturity.

Experiments at the Hawaiian agricultural experiment station have shown that during the growth of the fruit relatively small amounts of sugar are stored in it, but within the short peiod of normal ripening there is a rapid accumulation of sugar. Therefore pineapples gathered green do not

develop a normal sugar content. Vitamins A, B, and C are found to a marked extent in pineapple, these investigations showed, and further experiments made at Columbia university, New York City, proved that all three of these vitamins were retained in the process of canning. Besides being a pineapple contains thirty-six percent of carbohydrate and several of the most important mineral lar place in the daily menu.

menus of today. The prudent sliced pineapple and cheaper. It in bewilderment upon the fact on Astoria run. is made of the best portions of the that she can serve ice cream to pineapple next to the skin, and is her family several times a week. sweetened with pure granulated She merely serves it, knowing that when she uses this dairy food as crushed pineapple and no fruit a dessert she is adding stores of vitamins, proteins, and minerals find it necessary to provide so many heavy protein foods, for ice cream supplies the same bodybuilding elements for which milk

> Ice Cream Still Considered Luxury Although Cheap

Economic rather than dietetic wisdom is the reason which prompt our grandmothers to refuse ice cream to their families except on holiday occasions. So asserts Milo Hastings, director of Physical Culture food research laboratory. An added reason originated in the old puritanical doctrine that all pleasure is sinful. But Mr. Hastings proceeds to knock the props from under both these slim arguments as far as ice cream is concerned. For now he says. "Ice cream is not more that makes up a meal though we an extra we can only afford when we feel extravagant and reckless." Mr. Hastings along with many other authorities considers ice cream a nutritious food, and its increasing use on the family dinner table proves that folks in less authoritative positions agree with

PNEUMONIA THREATENS LADY

SILVERTON, Ore., Dec. 31 .other commodities which Revolu- ly ill at her home on High street, tionary dames considered as lux- Mrs. Lott contracted a serious uries, ice cream has become an cold which now theatens pneu-

**NOBLE ANDREWS** 

And His Sales Room

Now Located At

With E. Tallman

The place where you can get the big

sweet Noble French prune trees which

will bring you the big sweet prune

like the ones which Mr. Andrews has

exhibited for three years at the State

THE PRICES OF THE TREES

217 S. High St.

With almost seven million cases | salts. Its juice contains "bromeof canned pineapple exported an- fin." a highly digestive juice nually from Hawaii, an increased which is especially beneficial in

> Physicians, realizing the value of these elements contained in pineapple, have found certain specific uses for it, notably diphtheria cases where the juices have proved very soothing to the throat. Owing to the digestive properties in pineapple, it is also used in many hospitals for invalids and convalescents. It not only aids in the digestion of other foods, but

is a spur to the appetite. Certain grades of "crushed" pineapple and a small quantity of sliced are packed especially for diabetic patients without sugar. With the exception of these few cases packed for medicinal purposes, all other pinapple contains the rich syrup made from refined pineapple juice and pure cane

Housewives who are using the largest part of the seven million cases of pineapple exported every year from Hawail, will find in this product not only the delicious tropical tang which lends itself to rich source of vitamins, canned a variety of uses in the meal, but valuable nutritive and digestive KOWW-Walla Walla (285), 7-8, service qualities which should give a regu-

Portland-New, fast river mother does not stop to comment steamer will replace old 'Lurline.'

Sawyer to Give Lecture on Curative Properties

Ionaco, declared to be an electro 10:00-11:30-KGW (191). Town Crier, masic, household helps. magnetic therapeutic device with curative properties, caused by the San Francisco office of the Ionaco 10:00-11:00, KFWV (212). Housewife's action of magnetism on the iron in 11:00-12:00-KOIN (319). Domestic the human body, will be explained by Dr. H. H. Sawyer, lecturer, fol-12:00-KFEC (282). Weather reports.

2:00-3:00—KNIr (400). Music. 2:30-3:30—KFWV. Studio program. 2:00-4:00—KOIN. Orenestra and main Dr. Sawyer will give his lecture here at 3 o'clock and 7:30 o'clock Tuesday. He has been giving his

lowing the opening of offices next

Tuesday by G. S. King and E. L.

Wyckoff on the third floor of the

new First National bank build-

FAT Government MEA'I

Steusloff Bros. Marke

Corner Court and Liberty

lectures Mondays and Thursdays

tirough the Portland Telegram's

come to Salem recently from the

Mr. King and Mr. Wyckoff have.

radio station KTBR.

NFLUENZA



Happy New Year



May the Happiness and Prosperity Last Year Be Doubled a Thousand Fold

THIS IS OUR NEW YEAR WISH TO OUR FRIENDS AND PATRONS



