

CAUTION ON ROAD SPEEDS UP TRAVEL

Survey Shows Best Results Secured by Adopting Precautions

WASHINGTON, D. C.—Intelligent driving rather than occasional spurts at high speed is recommended by the American Automobile Association as a time-saver for long distance motoring.

Speed alone will not get the motorist to reach his destination in the shortest time, a statement issued from AAA headquarters here asserts.

The automobilist who makes long distances with ease is the one who anticipates the turns and the stops ahead of him, it is pointed out by Thomas P. Henry, president of the AAA, whose trans-continental trip with Ernest N. Smith, general manager, in 96 hours, still is fresh in the memory of motorists throughout the country. Mr. Henry contends that the intelligent driver makes time where the shortsighted bungler is merely waiting for a long stretch of perfect road where he can stop hard on the gas. The AAA president believes it is not even necessary to have an exceptionally fast car to get from city to city in the best time.

The American Automobile Association has drafted some definite suggestions which, if followed carefully, should enable the motorist to make long distances in far better time and entail fewer risks than when he depends on speed alone.

"First know where you're going," the AAA advises. "It is quite surprising the number of tourists who travel blindly, depending for guidance upon misdirections handed out to them en route."

"Know ferry schedules so as to be able to make quick connections. Passing one or two cars at an advantageous point often means saving a long wait by the river's edge."

"Learn the importance of quick acceleration and make every effort to keep the engine in such condition that it will help you to save time when starting off from crossings, after having rounded curves and when passing other cars."

"Learn how to make a quick shift into second gear so as to save the brakes when descending hills and to forestall the possibility of having to wait at the bottom of the hill until the brakes cool off."

"Climb more hills in second gear. A great many cars are now built with second gears which enable the driver to climb steep grades easily at twenty-five miles an hour or more as against a struggle at twenty to twenty-five in high gear."

"Drive at an even pace and avoid stopping. A few unnecessary stops cut the speed average considerably."

"Remember that at high speed the chances of tire or engine trouble always are greater."

"Get behind a good driver who is making good time in safety. He is a good man to follow."

"Buy your supplies before you start. It saves slowing down to look for filling stations that serve your favorite gas."

"Before passing through an un-

familiar city it is better to stop and ask if there is a route that avoids traffic. It's the one stop on any tour that may save considerable time."

"Learn to watch the speedometer more. Don't set out with the idea of only seeing the fifties and sixties come up on the dial, but see how often you are driving a little below thirty or thirty-five when you could just as well be going at exactly these speeds."

"Take no chances of any kind. It takes time even to lecture someone who has scratched a fender."

CHRISTIAN SCIENCE SERMON GIVEN HERE

(Continued from page 5.)

made in 1907. On page 318 of "Miscellaneous Writings," in speaking of the spiritual equipment one should have before entering upon the gospel work of teaching Christian Science, Mrs. Eddy says, "Before entering this sacred field of labor, the student must have studied faithfully the latest editions of my works, and be a good Bible scholar and a devout, consecrated Christian." It follows, therefore, that those who would study Mrs. Eddy's writings in conformity with her request, and who desire to gain the greatest possible good, will use the present editions of her writings in all their work.

After organizing The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, Mrs. Eddy's great love for God and humanity led her to write the Manual of The Mother Church, whose tenets, rules, and by-laws are lovingly subscribed to by its members.

As a part of this great movement Mrs. Eddy established the Christian Science periodicals. These are designed to carry the message of salvation to waiting hungry hearts throughout the world.

In 1908, The Christian Science Monitor was founded, an international daily newspaper. Its object the Founder stated was "to injure no man, but to bless all mankind" (Miscellany, p. 353). This paper disseminates only good news of an international character, and is circulated in all parts of the globe. With its able editorial staff, its unexcelled news gathering method, its many feature pages, and dependable advertising, the paper provides a veritable storehouse of helpfulness to all thinking people, and it is invaluable for the home.

The Christian Science Monitor has an especial appeal for children of all ages. It may be given to them with the full assurance that they will not come in contact with unwholesome reading matter. I was once told of a young lad who had been an inveterate reader of daily newspapers, who, after reading The Christian Science Monitor exclusively for one week, exclaimed, "Mother, the world is growing better. There has not been a murder in the whole world for a week."

If you are not familiar with this paper, it will be to your interest to become a reader of it. You will find it on sale at Christian Science Reading Rooms, and on many news stands.

The Mother Church and its branch churches, throughout the world, maintain free Christian Science Reading Rooms. Here the Bible, all Mrs. Eddy's writings, all authorized Christian Science literature may be read, borrowed, or purchased.

Is it any wonder that the Christian Scientists revere this divinely

inspired woman, Mrs. Eddy? Her pure love for God and humanity enabled her to scale the celestial peaks and reveal to this age the way of full salvation, which is but another name for practical Christianity daily lived and demonstrated.

HEALING

Christian Science, the way of full salvation, has come to bring peace, joy, happiness, and success to the whole world. It is the truth that reveals and makes clear to human comprehension the all-mightiness of God, that He is infinite, all-inclusive good, the sole Creator of the universe. Also, it makes clear that man, made in His image and likeness, must and does reflect God's perfection. Therefore it is impossible to add to or take from the perfect likeness of God, because reflection can never be changed without changing its source. Reflection is effect, not cause.

For example, if a beautiful, perfect rose is placed in a room lined with mirrors, the reflections will be countless. Yet, each reflection maintains its individuality, beauty, and perfection. Can these reflections be altered or changed? No, not without changing or destroying the source from which they emanate. Surely, then, the only conclusion to be reached in regard to man is that since God is changeless and will forever remain the source, Cause, and Creator of His perfect spiritual creation, man, His reflection, cannot be touched, changed or destroyed by any belief of mortality. Neither can man lose his perfect, spiritual identity and individuality.

As mortals cling steadfastly to this truth about God and man, the light of spiritual understanding will dawn upon human consciousness and penetrate and destroy the mist of materiality, thus revealing to human apprehension the man of God's creating. However, there must first be a desire for holiness before mortals are willing to do the necessary work to bring it into human experience. The time required, before mortals will perceive, receive, and maintain in thought the perfect likeness of God, will depend upon the amount of darkness, wrong thinking, to be overcome, and their faithfulness in trying to overcome it. It will require constant prayer, work, and watchfulness to overcome, eliminate, and obliterate from human consciousness all that is unlike good.

In eliminating from thought all materiality, one may learn a valuable lesson from the refiners of silver in the olden times. A refiner knew his work of separating the dross from the silver was not complete until he could see his reflection perfectly in the molten mass. Therefore, to experience full salvation it will be necessary for each one of us to continue our work of separating the dross of material wrong thinking from the gold of pure right thinking until the last particle of materiality has been consumed in the furnace of spiritual understanding, thereby gaining the clear spiritual perception that will reveal to us God's perfect creation.

Christian Science teaches that salvation means transformation of thought. Paul explained clearly that this process of regeneration is mental when he said, "Be ye transformed by the renewing of your mind." He also said, "Who is carnally minded is death, but he who is spiritually minded is life and

peace." When a new thought then, knocks at the mental door, it should be analyzed. If it is not good it is not of God, and should not be admitted.

Fear is one of the greatest enemies encountered in our mental journey. Perhaps no one belief in evil causes more suffering or unhappiness. And surely every one in this audience would rejoice to be saved from fear and its dire effects. Fear is the source of many ills of the flesh, of all hate, jealousy, and desire for revenge. Humanity, down through the ages, has been struggling to free from the bondage of fear.

Christian Science declares that in order to master fear, prove its nothingness and cast it out, we must see that it is wholly mental, that it has its seeming origin in the darkness of ignorance and mortality. Therefore it should be brought to the light of spiritual understanding to be destroyed. The Bible gives us an exact and unfailing remedy for fear, John said, "Perfect love casteth out fear."

What is perfect love? Christian Science teaches that God is Love. Therefore fear, which is the fruit of the carnal mind, does not and cannot originate Love, Spirit. Fear is entirely unlike good, God, and brings forth sorrow and unhappiness to all its victims. Should fear present itself to one's thought in the nature of hate, malice, revenge, sin, sickness, limitation, accident, insanity, or death, the remedy is Love. One must know that God gives purity and health to His children, that God supplies all good, that He upholds and protects, that man reflects divine Mind, and that no faculty of Mind can be lost or impaired; and last, to know that man reflects God, who is everlasting Life. If we should meet, master, and destroy every argument of fear as it presents itself to our thought, forbidding it to enter our mental home, we would immediately enjoy greater abundance of health, peace, freedom, and immortality.

Fear is also a great foe to the business man. It prevents one from thinking clearly. It clogs the wheels of progress. It interferes with and delays success, for it argues, always, limitation.

Therefore, one desiring health, happiness, and success cannot afford for a moment to remain passive or neutral in the presence of evil of any kind. One should destroy it mentally at once by knowing that because it is not of God's creating, it has no real life, entity, or power.

One must express alertness and activity to experience and enjoy the blessings bestowed upon him by his heavenly Father, for these cannot be received while manifesting indifference or neutrality, because God is omniscient, that is all action. Therefore, man, to be God's reflection and fulfill His holy purpose, must express divine energy and must actively manifest the glory of infinite, divine Love.

However, should apathy, sin, disease, fear, or unhappiness present itself to our thought in any one of its myriad forms, we should know at once that since discord is not good, it is but externalized wrong thinking, originating in the carnal mind.

Christian Science declares, since God is the only Mind, the only intelligence of man, the carnal mind, being wholly material, is the opposite or counterfeit of divine Mind. The carnal mind has no higher intelligence nor power to think

for or govern man. Man reflects good and is governed by God, by His eternal all-inclusive law of good. Christian Science teaches how to turn to this eternal invisible law of good in every hour of need. This law of God is saving and regenerating the lives of thousands throughout the world to-day. There is, therefore, no room for evil or sickness in a thought filled with good.

The mental home must be cleansed of all debris of the carnal mind, renewed and restored to perfection through spiritual understanding. As an illustration, suppose we have before us a tract of land we wish to use for agricultural purposes. A glance will show it is not yet tillable because upon it we find a growth of large trees, saplings, undergrowth, and brambles. It will be necessary to clear the ground before it is ready for planting. As we set about this task we find it quite easy to uproot the smaller growth, thus preparing at once this part of the soil for seed. With the young saplings, it will require harder work, for their roots are deeper in the earth. But with patience, these too may be cleared away.

For example, I know of a business man who, until he was healed through Christian Science, always started the day burdened with fear. He was afraid of the food he ate, of sickness, germs, of the very air he breathed. He became unhappy and ill worrying about things that never happened. He was fearful he might not reach his office safely, and on time. During the day, he was beset and tormented by many fears. He was afraid to trust his fellow-man, he was afraid of loss, failure, and competition, and that he might not have the judgment to make right decisions about business matters. All these fears lessened his ability to think, and to act quickly and wisely. They also brought about mental and physical suffering. This handicap of fear continued and increased until each year he was becoming more and more incapacitated for business. Then, Christian Science entered his life and he was healed. Through the study of Christian Science, he learned how to trust God at all times, and to know that divine intelligence is continually caring for and supplying all good. This understanding freed him from fear, and brought him to health, peace, freedom, and success in business.

To succeed in business with a thought filled with fear is like trying to drive an automobile with the brake on. It gets along fairly well on the level, but let one try to make a hill or surmount some difficult business problem with the brake set, or the thought filled with fear, and failure and defeat are almost certain. Unless the brake is released entirely, one finds climbing the hill of success a very arduous task. The Psalmist said, "The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid?"

Another way in which the carnal mind tries to delay progress and interfere with our human endeavors is to create mental apathy, to make one more passive, neutral, and indifferent when keenness, alertness, and activity are needed. Again let us use the automobile for an illustration. We know in operating a car, to be in a neutral position means to be detached from power. In this posi-

tion the car either remains stationary or coasts down grade until it reaches the lowest level. To assume a neutral position means to be inactive, lending neither assistance nor resistance.

Finally we come to the larger trees. Temptation may say, "Let us cut these off at the ground, it is really too hard to uproot them." Or better still, "Let us leave them standing, for they have been there so long and are pleasing to the sight." The good tiller will not listen to such arguments. He knows, too well, the time lost in cultivating around these old stumps and trees, the land wasted, the delay occasioned by running into the hidden roots. So we must start to clear the ground completely and to dig down deep into the earth to destroy every particle of root, in order to prevent a second growth from springing up to interfere with cultivation. Some of the old stumps and roots may be so unyielding that will take dynamite to remove them. But it must be done.

At last the laborer is rewarded, for every particle of growth or obstruction has been cleared away. The field lies ready to yield one hundred fold. So when we turn to Christian Science for healing, we are taught how obvious and highly important it is that one examine carefully each thought, and the accumulation of wrong thinking be cleared away, before one can experience health, joy, peace, and salvation.

As the clearing of our mental field progresses, we may find that some of the more stubborn and subtle thoughts of mortal mind are not so easily uprooted. Error may even insist that some of the trees of human pride, power and intellect be left standing; they give us such personal pleasure. Or some lurking sin may try to hide by burying itself down deep into the grossness of materiality. It will take a pure, tender love, spirited discernment, and understanding manifested by our blessed Master to blast, uproot, and destroy the last vestige of human resistance, no matter what its type or form may be. Thus the thought is prepared for the seeds of Truth, that they may germinate, grow, blossom, and bring forth the fruits of the Spirit.

Truly Christian Science is the gospel of full and complete salvation for the whole world. It is proclaiming to all mankind the universality of good. It is the great spiritual light that is penetrating and clearing away the mist of materiality, thus revealing the glory of God's perfect spiritual creation.

In the words of our hymn (Christian Science Hymnal, p. 136):
"Breaking through the clouds of darkness,
Black with error, doubt, and fear;
Lighting up each sombre shadow,
With a radiance soft and clear;
Filling every heart with gladness,
That its holy power feels,
Comes the Christian Science Gospel;
Sin it kills and grief it heals."

FRIGIDAIR CUTS PRICES
Drastic price reductions ranging from \$20 to \$80 on all lines of Frigidaire, the General Motors electric refrigerator, were made public recently.

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