

STATESMAN'S SATURDAY MORNING MARKET PAGE FOR OUR BUSY HOUSEHOLDS

Why Milk? "Every boy should have a quart of milk a day until he has attained his growth; and every girl should have a quart of milk a day until she has weaned her last baby."

These persons are exempt but we cannot help feeling sorry that they go through life nutritionally crippled in this way. Why so much milk? It is the cheapest source of the needed animal muscle-building food.

really the only satisfactory method of cleaning these rugs. And in spite of the general impression, they can be washed just as well and almost as easily without a washing machine as with one.

SALEM MARKETS table with columns for GRAIN, PORK, MUTTON AND BEEF, POULTRY, EGGS, BUTTER AND BUTTERFAT, and MILK.

white November \$1.52; December \$1.51, Hard winter November \$1.49; December \$1.50; January \$1.49.

THANKSGIVING DINNER MENUS: Oyster Cocktail, Roast Turkey Chestnut Stuffing, Scalloped Corn, Baked Potatoes Baked Squash, Hot Rolls Cranberry Jelly, Butter Celery Pickles, Spiced Peaches, Mixed Fruit Salad, Fruit Dressing, Mine Pie Cheese Date Bars, Coffee Nuts.

McDOWELL MARKET advertisement: "We will have a nice lot of Young Turkeys and Geese for Thanksgiving at prices that will be right." Lists items like Pork to Roast, Beef Round or Loin, Pure Pork Sausage, Picnic Shoulders, Breakfast Bacon, Bacon Backs.

KRAFT CHEESE advertisement: "Ask for KRAFT CHEESE At your dealers."

To Wash Rugs: Rugs of the washable type are becoming more and more popular every day. There are the old-fashioned rag rugs, woven, or braided, various other sorts of fabric rugs, and even hooked yarn rugs which have to be cleaned if they are used constantly.

Household Hints: To ship home-made fudge successfully for some distance, pour it while warm into a tin can which has been lined with several thicknesses of waxed paper.

General Markets: PORTLAND, Ore., Nov. 20.—(By Associated Press.)—Portland dairy exchange, Butter, extras 54c; prime firsts 52c; firsts 50c.

THANKSGIVING DAY: "Some have meat and can eat. And some have none who want it. But we have meat and we can eat And see the Lord be thankit."

HOUSEHOLD HINTS: 1. To ship homemade fudge successfully for some distance, pour it while warm into a tin can which has been lined with several thicknesses of waxed paper.

Peerless Bakery advertisement: "170 NORTH COMMERCIAL STREET. Our regular Prices of Bread, 1 1/2 lb. loaf, 13c, 2 for 25c; 1 lb. loaf 9c, 3 for 25c." Lists various breads and pastries.

PORTLAND, Nov. 20.—Hay: buying prices—Valley timothy \$17@19; do eastern Oregon, 54c; alfalfa \$19@19.50; clover \$17; oat hay \$15@16; oat and vetch \$17.50; straw \$7.50 per ton. Selling prices \$2 a ton more.

PORTLAND, Nov. 20.—Grain futures: Wheat, BBB hard white, November \$1.56; December, January \$1.57. Hard white, BS Baart, November, December, January \$1.54. Soft white, November, December, January \$1.51. Western

Thanksgiving day is one of the real "Home Days" and we should really be thankful for our many gifts, not only felt but expressed in true appreciation just as our forefathers set aside this day for giving thanks for their many blessings.

LEHMAN'S advertisement: "190 SOUTH COMMERCIAL. Free Delivery Phone 305. THANKSGIVING ALL THE WEEK PRICES. We have a fine assortment of Apples to offer you at very low prices."

The reckless driver might be cured by being sentenced to lead the life of a pedestrian for a month or two.—Fort Wayne News-Sentinel.

People's Market advertisement: "155 North Liberty. EVERGREEN FRUIT CO. STORE NO. 3. Many of our patrons who live in the east part of the city have expressed their dissatisfaction of walking down to our Commercial street store."

EAT U.S. Government Inspected MEATS advertisement: "Steusloff Bros. Market. Corner Court and Liberty Phone 1528. We have arranged several specials for Saturday selling. When you come in to buy your vegetables step over and see our High Quality Meats."

LEHMAN'S advertisement: "FRUITS: Winter Banana, fine juicy apple, box \$1.25. Well Filled Boxes Ganoes, box \$1.25. Spitzenberg, box \$1.75. Johnathan, box \$1.25. Celery Hearts, large bunches, clean and crisp, 2 for 15c. Lettuce, head 5c and 10c. Sweet Potatoes, 6 lbs. for 25c. Large Grape Fruit, special, 4 for 25c. Onions, No. 1 grade, less than whole-sale price, 100 lbs. \$2.10. Splendid Hard Head Cabbage, lb. 1 1/2c sack \$1.00. Walnuts, Brazils, Filberts and Almonds Lemons, Sunkist, new crop, doz. 40c." Lists various grocery items.

We Have a Larger Stock of Choice Meats and Poultry advertisement: "to offer you during this Thanksgiving season than ever before. Come and see our display. We challenge a comparison of prices and quality. SPECIALS EVERY DAY. midget market. Originators of Low Prices 351 State Street NOT IN THE COMBINE."

PIGGLY WIGGLY advertisement: "Your Health is Your Fortune. It is your duty to yourself and to your family to know that the store you buy your food products from is kept CLEAN. The PIGGLY WIGGLY stores are CLEAN, the goods are clean—come to PIGGLY WIGGLY where you can get fresh, clean groceries at lower prices. Specials for Saturday. FREE Kellogg's Rolled Oats With Each Purchase of 1 Kellogg's All Bran, 1 Kellogg's Pep, 1 Kellogg's Corn Flakes at 47c. WE GIVE 1 Kellogg's Rolled Oats FREE. SUGAR 15 lbs. 89c. Fisher's Blend FLOUR 49 lb. bag \$2.19. Pride Waldo FLOUR 49 lb. bag \$1.79. Market Day RAISINS 4 lb. package 35c. THANKSGIVING SUGGESTIONS: Mince meats, plum puddings, cranberries, sweet potatoes, pumpkin, figs, dates, raisins, oranges, lemons, bananas, apples, nuts, celery, lettuce, hams, bacon, cake flour, pineapples, jams, jellies, salad dressings, cheese, grape juice, citron, lemon and orange peels. Best Creamery BUTTER per lb. 57c. Nucoa Margarine per lb. 27c. Crystal White SOAP 6 bars 24c. Dromedary DATES per package 19c. Van Camp's Tomato Soup Six cans Van Camp's Tomato Soup and one story book for 51c While They Last. 456 State Street Phone 14."