# STATESMAN'S SATURDAY MORNING MARKET PAGE FOR OUR BUSY HOUSEHOLDS

Molasses and Squash Pie of milk, one-fourth cup of sugar, ingredients, mixing the mustard amusement for weeks in bed. Abone-fourth teaspoon of salt, one- with the other dry ingredients. Set solutely happy, she made hats for fourth teaspoon of ginger. And the top part of the boiler over hot all her dolls and trimmed them this to one can of squash mixed but not boiling water. Add the with flowers and paper bows. The with one-third cup of molasses cheese, cook and stir until it is entire cost was little more than and three-fourths teaspoon cinna- melted. Serve on hot toasted 50 cents. firm. This is especially delicious This dish may be varied by addif served with hipped cream.

Apricot Pie Fresh apricots are usually rath- melted and continuing the cook- and it will thicken up and be er insipid so if you would have ing until the egg has thickened ready to serve. a really tasty pie use the canned the mixture. product in the following recipe: Drain the juice from one can of apricots and fit into each halved piece of the fruit a blanched almond. Lay in regular rows in the bottom of pastry-lined tin. sugar and cream. Five-Minute Pie

pen to have in the house a can of and pastries. fresh fruit, a baked pie shell and A diet composed mainly of these some cream. Turn the fruit from foods will eventually result in de- and makes them look like new. which most of the juice has been rangement of the liver and chronic drained into the shell and pile up constipation. A person in this conwith whipped cream and you have dition eventually becomes poisa pie fit for a king.

#### A Cooling Diet for Warm Weather

During the summer a great gain in weight, no matter how hot necessary to perfect health. it becomes.

aspic jelly.

Evaporation from the skin is ex- ferent meals; for instance: cessive and the several pounds of | Breakfast: Cherries, pineapple effort to keep its temperature nor- and bran bread and gems. mal must be supplied.

the moisture required.

garden looks attractive and the grainam bread. tain almost no fat and their starch and sugar content is usually small.

The fresh or canned fruits and vegetables always make excellent salads for summer and winter. But the main essential is that they be fresh, crisp and cold. They at this time of the year.

#### Steps in Cold Pack Canning

1. Use only fresh, ripe products; clean, grade and cut or

2. Blanch by lowering product in cheesecloth bag into boiling strong. water and holding there from 1 to 10 minutes.

cold clean water and drain.

I teaspoon salt to every quart jar. get one of those little Japanese Adjust scalded rubbers and caps leaving clamp on top partial- dow; children love to hear them Sterilize required time ac-

cording to standard time. 7. Tighten clamps or cover. Invert. to cool and test joints. Store in cool dark place.

### Recipes

Orange and Grape Salad cups orange sections tbsp. Grape-Juice L cup Malaga grapes, pecled seeded.

2 tbsp. French dressing Peel fine large oranges and sepparticle of the white inner skin. Peel and seed the grapes and mix with the oranges. Set aside, covered, on ice until very cold. Pour over dressing.

Salmon Au Gratin 1 cup cooked salmon, fresh canned

d cup drawn butter sauce

Sale and pepper 2 thsp. lemon juice Bread crumbs

Flake the cold salmon, mix with the drawn butter, salt, pepper and lemon juice. Fill little earthen dishes with the mixture, cover with fine brend crumbs, and brown.

Prune Whip 12 large prunes 3 egg whites

2 thsp. powdered sugar Soak prunes over night and der. Remove the stones and mash to a smooth pulp. Beat the egg cut out and pasted in place. whites until stiff, fold in the sugar and then the prune pulp. Turn dolls is a most delightful indoors Long, of the extension department bake in a slow oven about twenty

Welsh Rarebit 14 gup milk 1/2 tsp. salt 1 thsp. flour Few grains pepp

Turn into a pie plate lined bread or on saltines. One-half pie crust and bake until cup chopped olives may be added. ing one or two slightly beaten eggs just after the cheese has

### **Bulky Foods** Necessary

It is more common to find sicksprinkle with sugar, and cover ness among people who do little or heavy wire spoon. Then rinse with strips of pastry, laid on cross work than among the working well in clear water. Continue wise. Bake, and serve cold with classes. This, I believe, is due to laying cloth next to where you the fact that the first are more inclined to live on highly concen-When the call comes for a trated food which leave no residue quick dessert your problem can be such as chicken, polished rice, solved in five minutes if you hap- mashed potatoes, fine white bread

oned by his own waste material. Sooner or later the vitality is lowered and disease finds an easy

The diet of laboring man usually consists of simple, plain and, many office workers begin to lose generally, coarse foods, having a large percentage of cellulose maflesh, because of eating unwisely. large percentage of cellulose ma-Others already fleshy continue to terial forming plenty of bulk so

Green vegetables, legumes, fruit The fact is few people eat cor- and some cereals are, owing to rectly during this season of the their cerlulose formation, found to year. Hours of hot cooking can be lexative. Such foods as spinbe avoided by careful planning, ach, carrots, green peas, green Among cold dishes there is noth- beans, sauerkraut, cabbage, either ing more attractive to serve than canned or fresh, whole wheat, fruit, either fresh, canned or Vegetables, too, are cooling, dried, prunes, cherries, grapes, During these long hot days the figs, oranges, etc., may easily be system cries loudly for moisture. worked into the menus of the dif-

water lost every day in the body's orange of fig marmalade, oatmea

Noon-time: Green peas, spin Cooling drinks, ice water, lemo- ach, green beans, sauerkraut nade, grape juice, milk, etc., at cooked fruit such as apricots, and the soda fountain supply much of whole wheat bread may be used For the evening meal, lettuce, Vegetables and fruits do the sliced tomatoes, cucumbers, rarest. In spring and summer the dishes, cress, prunes, pears and

#### Entertaining a Sick Child

Books, of course, are the first suggestion, and some few children would be satisfied almost indefinitely with them. But there is dancontain minerals needed so much ger of eye-strain, headache and fatigue. And some children do not enjoy them at all. Games are good, but not the best, for they need two people, and often a busy mother can not sit down even for an hour a day at the most fascinating game. Puzzles will do for some children for a time, but they often prove irritating and upset a nervous child or one who is not

Keep the room as simple as possible, but have spmething, 3. Cold dip immediately into bulbs or a potted plant, for them to watch growing. You will be 4. Pack into hot sterilized jars amazed how much joy they will add boiling syrup or water using get from this. And if you can,

"wind birds" to hang in the wintinkle as they are stirred by a passing breeze.

For the toys, have a few old shoe boxes in which to store the things. Keep the articles belonging to each occupation separate. and it is an easy matter to gather \$7.50 @ \$8 per ton. Selling prices Bennett, "New Latin Grammar"; producing another. Tie pencils. scissors and ruler with ribbons to within reach and never lost on the floor. A little wooden table that fits over the knees and rests on the bed with two broad wooden legs makes the best workboard. The counterpane gets so crumpled arate the sections, removing every and dirty that quite the nicest thing is to make some of unbleached muslin, and they can be made gay and cheerful with some

> Lollypop Family If they will promise not to eat them, they can have a box of candy lollypops, with the tissue More than forty cars carrying paper in which to dress them. One growers and those interested in little girl dressed a dozen of these, pasted on the wide-eyed piquant made the trip, which was cheduled little faces, and used them as ta- by the Western Nut Growers 'as vors at the party she had to cele- sociation.

roughly appliqued on.

brate her first day up. There are innumerable other suggestions. Blocks of all kinds crop was grown were analyzed for tiny tots, blocks that grow and the problems of culture disup into whole house and garden cussed. Groves were visited that sets, with bricks for building had produced a successful yield roofs, gardens, walls and trees, to and others where the yield had he arranged and rearranged been poor and were the causes of Arica's Chilean inhabitants to There are books of houses done 'n pictures, each room, bare of slew in the same water until ten- furniture, on one page, and opposite a page of furniture, to be

Making tissue paper hats for into a greased baking dish and occupation for a girl of twelve or and C. E. Schuster of the hortimore. Cut three strands of tissue minutes. Serve at once with paper (the color combinations can cream, soft custard or any desired be varied for each hat), erush them gently so as not to tear, and with the ends pinned to the bed. a new piece whenever needed.

Make a white sauce, in the top the brim. This was taught me by a child who had almost no other a musement for weeks in bed. Ab-Beat together one egg, one cup of a double boiler, of the first six a child who had almost no other

### **Household Hints**

When Milk Gravies Curdle If the milk curdles when making milk gravy, put in a little soda

To Clean Rugs To clean a rug on the floor, and without dust, put 2 tablespoons of ammonia in a gallon of water. Books Raised From 10 to 60 Per Take a cloth a yard square, dampen in the water, lay on rug, and beat gently with a carpet beater left off until you have given the whole rug a cleaning. You will be surprised at the results.

For Cleaning Screen Doors It takes off the grease and dust.

To Brighten Steel Steel that is rusty should be put in a dry place.

SALEM MA	
GRAIN	
No. 1 white	\$1.47
No. 1 red, sacked	1.40
PORK, MUTTON	AND BEEF
Top hogs	
Sows	\$9,50@19.50
Top steers	
• Cows	\$9 50@5 0
Bulla	314 @ 4
Spring lambs, 80 lbs	and under 9c@
Heavier	
Veal	
Dressed veal	
POULT	RY
Light hens	.10
Heavy hens	
Old roosters	
Brollers	16@2
EGGS BUTTER AN	D BUTTERFA'
Butterfat	5
Creamery butter	
Eggs	
Standards	
Selects	
Milk, per cwt.	\$2.3

#### General Markets

Dairy Exchan firsts, 46c; firsts, 45c. Eggs, extras. 39c; firsts, 36c;

pullets, 31c: current receipts, 31c. Grain Futures PORTLAND, Aug. 21 .- Wheat, hard white, blue stem and Baart, August, \$1.60; September, \$1.59; October, \$1.58: soft white, August and September, \$1.58; October, \$1.56; hard winter, August and September, \$1.56; October, \$1.55; northern spring, September \$1.55; October, \$1.54; western red, August and September. \$1.54; October, \$1,52; BBB hard white, August. \$1.63: September, \$1.62; Oc-

tober: \$1.60. Oats-No. 2 36-pound white feed, August, September, October. \$31; No. 3, 38-pound gray, Octo-

Barley-No. 2, 46-pound, August and September, \$32; October, \$31; 44-pound, August and September, \$31; October, \$30.

Millrun, standard, August, \$31; September, \$30.50; October, \$30. PORTLAND, Aug. 21 .- Hay-Buying prices: Valley timothy. \$18@ \$10; do eastern Oregon, \$21 @\$24.50; alfalfa, \$19; clover, \$16.50; oat hay, \$15.50; cheat, \$2 a ton more.

#### the bed so that they are always NUT MEN FINISH TOUR Algebra" and "Modern Second GROWERS AND EXPERTS VISIT Arnold, "Plane and Solid Geome-MANY ORCHARDS

growing of nut crops with the Pherson & Henderson, "First same care that they are selected Course in Chemistry'; Millikan & for other crops and it is best that Gale, "First Course in Physics"; ably to the Fraquet, Maylam and Physics"; Conn & Budington, "Ad- greatly relieved. cretonne flowers cut out and Meyett varieties, it was demon- vanced Physiology and Hygiene"; strated on the two-day tour of Robinson, "Commercial Geogra- was in the United States to obgrowers and experts who inspect- phy.' ed six nut groves in this district on Wednesday and Thursday.

the future of the industry here

At each farm where a stop was made conditions under which the were examined.

Several experts from Oregon Agricultural college were on the trip, among them C. V. Rusek, expert on soils, D. C. Mote, of the idence. entomology department, D. L. culture department.

### LOANS SHARKS FLAYED

braid them carefully, splicing in Comptroller Carrol toda yordered immediately visited Augustin Edmembers of his office to honor no wards, head of the Chilean dele-The braid is then rolled into a further assignments of city em- gation and afterward announced 1 cup milk 1 tsp. mustard you go.
1 to I lb. cheese (according to richness desired), shaved or cut fine 6 slices buttered toast.

I that mat and sewed in place as ployers' unearned salaries, to that the Peruvians "will have a "loan sharks." He also sent a perfect right to sell papers or to letter to Corporation Council go anywhere in the city."

The Aricans' hostility to the pace that the Peruvians "will have a perfect right to sell papers or to letter to Corporation Council go anywhere in the city."

The Aricans' hostility to the pace what further action to take.

Commission Fails to Obtain Lower Figures After Two Day Session

Cent Over Figures for 1919; Adoptions Are Listed for Periods

While members of the state textbook commission failed to obgasoline, and go over the screens. periods at the end of their two- the lake. day session Friday the meeting at least served to stabilize prices. With only one exception, that of cleaned with a cut onion and left a history by Gordy, was the price for a day. Afterward it can be lower than that quoted as the lowpolished either with emery powder est current price obtained by the and parafin, or with a paste made so-called "textbook" trust in other with brick dust and turpentine, states upon which basis J. A. Steel articles that are to be stored Churchill, superintendent of pubfor some time should first be lic instruction, proceeded to base his course of study and order

awarded yesterday. By adopting the opening sessions today. cases new books are higher in price than old books. Several books on the list were not adopted by the commission. No dictionaries were adopted for the twoyear period while there were no itations and the danger zone." adoptions in drawing textbooks. domestic science for high schools or commercial arithmetic and general science for junior high

Books adopted by the commission for a two-year period are:

Elementary textbooks-Hamilton's "Essentials of Ar PORTLAND, Aug. 21 .- Butter, metic," books 1 and 2; Gordy. extras, 50c; standards, 48c; prime "Stories of American History" Potter, Jeschke & Gillett; "Oral and Written English." books 1 and 2; Progressive Music Series, books 1 to 4 inclusive: New World Speller, books I to 3 inclusive.

High school textbooks-Miner & Elwell, "Principles of Bookkeeping"; Ward, "Sentence and Theme"; Clippinger, "Written and Spoken English"; Payne, "American Literary Readings with Introductory History of American Literature": "American Literary Readings"; Long, "English Literature"; Waters, "Essentials of Agriculture"; New Rational Type-

Books adopted for a four-year period are:

Elementary textbooks-David, "Productive Farming"; Carpenter, "Storles Pictures Tell Recommended for Teachers,' books 1 to 8 inclusive. Winslow. "Healthy Living." books 1 and 2. High school textbooks-

Gregg, "Shorthand Manual" and "Speed Studies:" Smith, "Elementary Latin': Kelsey, "Caesars Commentaries"; Gunnison & Harley, "Cicero's Orations"; Fair-Wells & Hart, "New High School Algebra"; "Modern First Year Course in Algebra"; Durrell & try"; "New Plane Geometry" and Soils must be selected for the Caldwell, "Practical Botany": Mc-

No adoption was made on household administration, domestic arts or manual training.

## PERSHING STOPS RIOT legislatures.

CHILEANS OFFENDED BY SALE OF PERCUIAN PAPERS

ARICA, Chile, Aug. 21 .- (By Associated Press.) -- Gen. John J. Arica plebiscitery commission, intributed here by the Peruvian delegation to the commission, resulted in disorders in front of his res-

A Chilean crowd this morning frightened newsboys into the doorway of General Pershing's residence where three members of the American delegation intervened. When the general's atten-SEATTLE, Aug. 21 - Cityp tion was called to the incident he

peared August 10.

#### SEVEN HOMES BURNED FOREST BLAZE DESTROYS MANY RANCH BUILDINGS

SPOKANE, Aug. 21 .- (By Associated Press.) - Seven ranch homes were destroyed today by a forest fire which has burned over nearly 10 miles of cut-over land on a two-mile front near Deer COSTS SHOW INCREASE Park, Wash. The fire was nearthe blaze.

The fire started last night a a point about one and one-half in a few hours. The blaze jumped Blake Lake, at a point where tain lower prices for the books late tonight had burned over summer, Have a stiff brush, dip it in adopted for two and four year three miles on the other side of

The property damage to the ranches is estimated at \$50,000.

### STANDARD RATE ASKED BE BASED ON COST, SAID

The matter will be taken up later into Canada. by the association.

J. C. Harrigan of the Colville Examiner talked on "political limthe address of Dean M. Lyle Spencer of the school of journalism. 'how much shall we edit?"

Washington Press association.

# COOLIDGE PARTY BACK low temperatures were being rec-

POSTMASTER GENERAL

SWAMPSCOTT, Mass., Aug. 21. late today to the summer White rica.

Still undecided as to when he in the southern hemisphere. Yet will return to Washington, the the United States obtains complete mass of routine business and a tory. crowded calendar for tomorrow.

### JAPANESE VOICE PLEA ments in southern Greenland only

DISCRIMINATION IS CHARGED

WITH REFERENCE TO QUOTA WASHINGTON, Aug. 19 .- (By Associated Press.) -The Japanese do not object to America's restriction of Immigrants, but to dis-"New Solid Geometry"; Bergen & crimination against their nationals, Motosada Zumoto, editor of the Herald of Asia said here tonight, asserting that if they were placed on a quota basis as Eurovarieties grown be limited, prefer- Millikan, Gale & Pyle, "Practical peans are, the situation would be

Mr. Zumoto explained that he serve public opinion through interviews with influential persons, to ascertain whether anything was being done or contemplated to alter the present law by congressional action or through state

As the representative of the Japanese-American relations committee, wit hheadquarters at Tokyo and comprising influential Japanese leaders in business, education and religion, he declared Pershing, president of the Tacna- feeling over Japanese exclusion was strongest among the "young tervened today when he hostility intellectuals," of his country. He had found that Japanese were the newspaper published and distreated much better in Hawaii than in the Pacific coast states, where "discriminatory" laws ex-

Corner Court and Liberty

# Peruvian transport Ucayali, has increased daily since it first ap-PROBED BY BOARD

Geographic Society Unable to Determine Cause of Complex Conditions

WASHINGTON, Aug. 22-(By ing commercial timber tonight the Associated Press.)-The unand all available men are fighting usual weather conditions in the miles from Deer Park. At 11 pedition's plans to explore the o'clock this morning it was be- polar sea were described by the peared, and the little wife began day night. lieved under control but a strong National Geographic society to to get nervous. When the hour of east wind spread it over six miles night as apparently only one manifestation of nature's comit is a quarter of a mile wide, and plexity in producing the current off to the telegraph office with

"A look at weather records with view to finding whether this is a 'queer summer' as some laymen assert," said a statement issued by the society, "does not show much that is abnormal in the general weather situation, but it does show what a complex clutter a farmer and the derelict husband ADVERTISING PRICE SHOULD of cross currents go to make up drove up to the house, while bethe world's weather.

"MacMillan pushing up the SPOKANE, Aug. 21 .- A stand- coast of Labrador in June found ard advertising rate for all coun- more ice than had been present answer to one of the telegrams, try weeklies was urged by E. P. at that season in the memory of Murphy of the Entiat Times at oldest sealing skippers. At the ers. All of them read: Prices on books purchased this the afternoon session of the 39th same time, however, the temperayear are from 10 to 60 per cent annual meeting of the Washington ture over practically the entire higher than for the same texts in Press association here today. Ap- United States was from one to 1919, according to the contracts proximately 75 editors attended six degrees above normal. Furthermore, since January except books suitable to the current needs Mr. Murphy declared that adduring a part of May, this excess of the schools some savings were vertising space should be sold on of heat had been marked over the effected. An example of this is in the basis of cost of publication in- whole United States. In some rethe adoption of a year book in stead of having circulation set the gions and in some months the mathematics instead of a year advertising rate. He added that average ran as much as 12 degrees and a half book. In nearly all costs of publication were virtually above normal and the areas of the same for country weeklies, excess temperature extended well

"Beginning the latter part o June, there have been inroads of below normal temperatures from the northeast and north, possibly The afternoon session included a reflection of the unusually cold conditions which MacMillan has found in the far north. This is University of Washington, on borne out somewhat by the records from Alaska. Those avail-The night program included a able (for the early months of dinner with talks by Dr. Henry 1925 only) show consistently low-Suzzallo, president of the Univer- er temperatures than normal for sity of Washington and John M. the three typical stations. Juneau

in the northwest; and Eagle in the Yukon valley, near the frontier of Canada. These abnormally orded in Alaska at the time that PRESIDENT TO CONFER WITH abnormally high temperatures were present over the rest of the

United States. "The greatest handicap to stu-(By Associated Press.) - Presi- | dents of weather is the lack of redent and Mrs. Coolidge reutrned ports from a sufficiently large the United States is concerned is week. Their 145 mile afternoon 'brewed' all over the northern automobile ride from Northamp- bemisphere-in fact, it is highly ton, Mass., where they stayed over probable that in its larger phases weather north of the equator is mouth, Vt., was without incident. affected somewhat by conditions

president on his arival, found a reports only from its own terri-"Conditions in a vast area in During the day he will confer with the north are unknown except Postmaster General New, Senator when some expression like Mac-Wadsworth, republican of New Millan's remains there for a time York; Senator Edge republican, and sends out information by New Jersey and State Senator rad's. The whole of northern Whitney, republican, nominee for Canada is uncovered by reports governor in that state and also above the northernmost transcon-Edwin Barclay, secretary of state; tinental railway, which runs 175 miles south of Hudson bay. Data comes from the Danish settle-

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#### in a fragmentary way and the heavy. The old wife was carrying huge areas of European Russian it. As they crossed a street, the Siberia and most of the rest of husband held out his hand and Asia must remain largely blank said. "Gimme that basket, Hanon weather maps. It is such in- nah." complete data available the success of the United States weather ed the basket with a grateful look. bureau in achieving a high percentage of accuracy in its fore- she quavered.

casts is remarkable.

telling her he would be home at trict, will open here tomorrow Arctic which caused abandonment 6 o'clock that evening, got into to 8 p. m. About 150 delegates for this year of the MacMillan ex; his auto and started for town.

midnight arrived she could bear the suspense no longer, so she crop dried prunes shipped out. aroused her father and sent him six telegrams to as many brother Elks living in town, asking each if her husband was stopping with him overnight.

Morning came, and the frantic wife had received no intelligence of the missing man. As dawn appeared, a farm wagon containing hind the wagon trailed the broken down auto. Almost simultaneously came a messenger boy with an followed at intervals by five oth-

"Yes, John is spending the night with me!"

A certain young man's friends thought he was dead, but he was only in a state of coma. When, in ample time to avoid being buried, he showed signs of life, he was asked how it seemed to be dead. "Dead?" he exclaimed. "

wasn't dead. I knew all that was going on. And I knew I wasn't dead, too, because my feet were cold and I was hungry." "But how did that fact make

you think you were still alive?" asked one of the curious. "Well, this way; I knew that if were in heaven I wouldn't be hungry. And if I was in the other

An old couple came in from the country with a big basket of lunch to see the circus. The lunch was

place my feet wouldn't be cold."



The poor old woman surrender-"That's real kind o' ye, Joshua."

"Kind!" grunted the old man. "I wuz afeard ye'd git lost!"

LUTHER LEAGUE MEETS

ASTORIA, Ore., Aug. 21,-The John, suburbanite, kissed his seventeenth annual convention of wife goodby in the morning, and, the Luther league. Portland diswith a business meeting from 6 and visitors are expected for the At 6 o'clock no hubby had ap- session which will end next Sun-

Forest Grove-Last of 1924



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