MENU HINT Creamed Dried Beef on Toast Fried Potatoes

Tomato Souffle Berries or Sliced Peaches Milk or Tea Hermits

Lamb Chops Peach Salad Wafers Coffee

TODAY'S RECIPES

Creamed Dried Beet-Cut drain off the water. Make a white sauce by melting two tablespoons cream on top and serve very cold. of butter in a pan, thoroughly blending two tablespoons of flour, fore serving.

Tomato Souffle-Melt two tableually pour in one cup of seasoned, in a medium oven. stewed tomatoes. (Use a bit of onion and bay leaf, a teaspoon of

#### COOKING VEGETABLES

Have the water boiling before you put the vegetables in to cook. Let it come again to a brisk boil when they are in, then salt to taste. Use as little water as possible and let it cook down toward the end of the cooking time and use it as a sauce with or without the addition of milk. If green vegeta-bles are cooked according to hese directions, uncovered, they will retain their fresh green color. Do not form the habit of adding even a suggestion of soda to the vegetable for this purpose, for it is not necessary and it is possible that soda may have a detrimental effect on the vitamin content of he vegetable. Cabbage, onions, cauliflower and other vegetables of rather strong flavor are best cooked uncovered.

Remember never to cook vegetables any longer than is nec-

Hermits - One and one-half cinnamon, one-half cup sour milk, any other omelet. one-half teaspoon salt, one cup raisins, one cup currants, one cup

teaspoon sods, flour enough to make a rather stiff batter (about three cups). Drop from spoon on greased tins and bake in moderate oven. Dates, stoned and cut in pieces or figs may be used in place Bran Bread of the other fruit and peanuts or other nuts in place of English walnuts.

Delicious Peach Salad-Pare and cut in half large yellow peaches. Prepare two halves for each plate. ing pulled a "lead" in many a Drop haives into ice water to chill and prevent turning brown. Chop one-half cup mixed nuts, one-half ic, is at last taken from the workuarter of a pound of dried beef cup fresh or maraschino cherries; ing ranks and made a performer. nto pieces with scissors, pour hot mix with mayonnaise. Fill peachwater over it. After ten minutes es, which have been placed on lettuce, place a puff of thick whipped

one-quarter teaspoon of salt and a of buttermilk, one cup brown su- them. Yet opportunity knocks few grains of pepper, then grad- gar, a beaten egg, two rounded now and then. And when it does ually adding one cup milk. Stir teaspoons soda, a scant teaspoon Tom Lynch, boss of all the bagconstantly. Boil two minutes, salt. Stir to a thick batter with gage stock, will tell you that ex-Place the sauce and the meat in whole wheat flour, making batter pectancy actually seems to be in a double boiler for ten minutes be- thick enough that it drops from a the air as Jim Dial, of the ring

Cobbler - Sweeten blackberries from their number. spoons of savory dripping, blend in in pudding dish liberally and covfour tablespoons of flour and grad- er with a rich biscuit dough. Bake

Where worn door sills, splint- hind the scenes" that he may sugar and salt and paprika to taste ered boards, or warped places in grow used to the color, the romp when cooking the tomato.) Stir the floor show themselves, attend and the blare of the band. Then until the mixture is very thick and to the repair as soon as possible. his education begins in the rings. add the beaten yolks of two eggs. Mark the warped places with a But always between shows. This Remove from the fire, fold in the small lead pencil mark as to training will go on for a month, stiffly whipped egg whites and where nailing is necessary. To perhaps. He will be "gaited," turn into a buttered souffle dish. nail when the warping is present taught the "stope" and the naford-troupe, "Phil the Marvel," Bake in a moderate oven until well will nearly always break the "starts"—everything that a fine risen and browned. tongue of the board or split in the rider's mount must know. Then, middle. When the heating plant finally, there comes the day when is going the floor will dry out, the 'ie is to make his first appearance belong, and then the pencil marks master or mistress cheers him on the famous Greer family, Miss will indicate just where the nail- with a smile. And its a tradition Florence Mardo and others are ing should be done. Replace worn that just before entering the "big a teature, while the menage numor broken boards at once. A top' the tyro must have a pat and skilliful carpenter or even a handy a word from a clown. Briefly, of the "high school" type.

> MENU HINT Ready to Eat Cereal Special Omelet

Coffee Cheese Dreams Lettuce with Mayonnaise Conkles Dinner Radishes and Olives Roast Young Chicken with

Dressing Oven French Fried Potatoes Sweet and Sour Lima Beans Lettuce and Tomato Salad Butter

TODAY'S RECIPES Special Omelet-Three eggs well beaten, one-half cup bits of ham caps brown sugar, three-fourths or bacon, one tablespoon chopped cup butter, two eggs, one teaspoon Bermuda onion, salt to taste. Beat all-spice, one teaspoon nutmeg, a all well together, then turn into little ground cloves, two teaspoons | the frying pan and proceed as with

Circus Dapple Grays in Line for Promotion

Many Mounts in Big Combined Show Recruited From Ranks of Working Horses

"Promoted." That in a word tells the story of the fine dappled grey, who, havteam hitched to many a red wagon from the Penobscot to the Pacif-

With the mammoth Ringling Brothers and Barnum & Bailey shows the chances are not great. There are more than 600 working horses but it is not often that Whole Wheat Bread-Four cups, a "rosin-back" is recruited from stock stable, walks among the veterans bent upon picking one

When the selection is made the

recruit is led away to his new quarters. For the first few days he is merely allowed to stand "beare "kept up." Splendid eques- Bailey will exhibit here Saturday, Church and Chemeketa streets. trianism is a marked feature with August 29.

Boje was injured in a class

with melted butter, then place one the insertion on either side with thin slice of York state cheese on fine stitches. This gives a strong, each round, add a dash of paprika neat finish. on the cheese. Place in oven until cheese is melted. These dreams are delicious and are very good when served with a fruit salad in place of crackers.

Sweet and Sour Beans-Boll one quart of Lima beans shelled in salted boiling water until tender. Drain and reserve one cup of bean water for the sauce; melt one tablespoon butter, add one tablespoon flour, and then add the bean rumbs, mushrooms or other water. Then stir in two table- suitable things to the desired spoons granulated sugar, two tablespoons vinegar and salt and pepper to taste. Serve hot, String beans may also be prepared in this manner.

SUGGESTION When you wish to trim children's dainty dresses with insertion, first have a line of hemstitching Cheese Dreams Cut rounds of done where the face is to go. Cut English walnut meats, broken, one bread three inches wide; saturate through the hemstitching and sew

SALEM MAN IN BUSINESS HERE OVER 43 YEARS

Dan J. Fry, Sr., for 43 years in the drug business in Salem, yesterday announced his withdrawal from the firm which will be continued by his two sons, Dan J., Jr., and Orris J. Fry. The senior Mr. Fry will devote his time at the First National bank, of which he is president, and to the manufacture of peppermint and crude drug products.

The retail business which he established here will be continued under the name of the Daniel J. Fry Drug company and will be extended into the fields of jobbing and the manufacture of pharmaceuticals and family medicines.

Mr. Fry declared yesterday that there was not a man in business here now who was similarly engaged when he began 43 years

## WEEK-END TOLL IS FOUR NINE AUTOMOBILE ACCIDENTS

REPORTED HERE

Four persons were injured and an unestimated amount of property damage was done in nine automobile accidents reported to police that occurred in Salem and vicinity over the week-end.

The injured are Herman Boje of Route 4 whose left arm was injured and several teeth broken: Harry Muzzy of 1885 North Winter, severe cuts about the head; Mrs. Muzzy, cuts about the body; and Mrs. A. A. Graber of 1191 North Winter, bruises and-minor

the Greatest Show on Earth this

season. Fully 70 riders number-

ing May Wirth, the George Han-

USING UP THE LEFTOVERS

Individual dainties cooked in

ramekins of glass or pottery of-

fer wide possibilities to the

home cook, for almost every

course may be prepared in this'

way. This is an excellent way

to use up leftovers that are in

small quantity, but that may be

built up by the use of a few

Boiled fish that is left #

be flaked, have the drawn but-

ter that is left added, a grated

onion, a few crumbs of season-

ing and a minced hard boiled

egg, then put in a buttered

ramekin and baked ten or

twelve minutes, will make a

DAY BUT IS SUBDUED

trol of it within a short time.

experienced here this season.

COMMISSION REDUCES ELEC

TRIC RATES TO INDUSTRY

PORTLAND, Ore., Aug. 10 .-

low industrial power rate of \$27

annually for each horse power to

Portland indutries requiring 4,000

horse power or more.

the two companies affected.

FLAGSHIP ANCHORS

WELLINGTON, N. Z., Aug. 11. (By Associated Press.) — The USS Seattle, flagship of Admiral

Robert E. Coonts, commander in chief of the United States fleet with the Pennsylvania, Oklahoma

Nevada, Richmond, Trenton, Mar-blehead, Memphis and Relief en-

tered the harbor shortly after 11

WOMAN IS APPOINTED

HONOLULU, Aug. 10. - (By he Associated Press).—Mrs. Mar on Harrott, a civil service et re in the office of the federal

ibition director here, toda

eceived a radiogram from Wash

ington appointing her actin rector to succeed John Wise wiresigned effective August 1.

o'clock this morning.

SILVERTON, Aug. 10 .- (Spe-

nice little fish course.

and Wirth family,

The accident in which the last named three persons were injured Troupes of leaping, hurdling. was followed by the arrest of Paul boards will come back where they before an audience. Always his and high jump horses ridden by Ehmer of 1775 Court on a charge of speeding and reckless driving filed by Traffic Officer Edwards who investigated the clash. Ehmer bers include more than 30 artists was the driver of a machine which struck a car driven by A. A. man can cut these out and replace that is the way the riding horses Ringling Bros. and Barnum & Graber at the intersection of

Boje was injured in a clash with a car driven by T. E. Cowdell

## HOP PICKERS PLENTIFUL SHORTAGE OF PRUNE CROP

ADVANCED AS REASON

Lane Morley, who has been signing pickers for the Williams hop yard at Eola, reports that pickers are more plentiful than they have been since the war.

One reason is the shortage of great many more people heretofore than it will this year to pick the fruit. Another important item that will affect the labor. situation is the large number of tourists in the camp grounds near Salem who are planning on an extended vacation so they can pick hops during the fall before settling down for the winter

#### RATE HEARING IS ON FIRES UNDER CONTROL IDAHO WATER PRICES DEBAT. ED IN FEDERAL COURT NOTHER FIRE BREAKS SUN

PORTLAND, Aug. 10. - Three federal judges, C. E. Wolverton of Portland, Frank S. Dietrich of ial to The Statesman.)-"Fires Idaho, and Wallace McCammant in the woods east of Silverton are of the circuit court of appeals, whipped. They are pretty well San Francisco setting en banc in Portland today heard the motion out," were the statements made by Silver Falls Timber company of the Boise, Idaho, water comofficials at Silverton Monday. A pany for an injunction prohibiting resident near Camp 10 reported the public utilities commission of Monday morning at Silverton that Idaho from fixing rates which the there had been a fire there Sun- company maintains are too low. The day was taken up with a moday but fire fighters gained contion made by the public utilities Smoke has been uncomfortably counsel for dismissal of the indense at Silverton during the past junction motion on the grounds that the case already is in the few days, Sunday being the worst

#### state courts in Idaho. INCREASE IS ASKED

POWER RATE LOWERED SEATTLE, Aug. 10 .- (By The associated Press) .-- An estimate was filed with King County Auditor Ferguson here today asking for \$135,250 for superior courts Following a hearing here today in the county for 1926. This is an by the Oregon public service com- increase of approximately \$10,000 over this year. mission, that body granted a new

COLDEGE RECEIVES BEQUEST

CHICAGO, Aug. 10 .- (By The sted Press) .- Bequests ag-The new rate was granted on petition sponsored by the Portland sregating more than \$2,300,000 to w university at Green Caschamber of commerce and was not tle, Ind., were provided in the will of the late Edward Rector. opposed by the Portland Electric Power company and the Northnt patent attorney of western Electric Power company,

## FRY LEAVES DRUG STORE Lives Immigrant Life to Refute Stories of Abuse



Lord Apsley, heir of the Earl of Bathurst, is back in London from Australia, where he went incognito as an immigrant and worked as a field laborer, to study reports of alleged abuse of immigrants. He says the stories are exaggerated.

## DEPICTING GOLD RUSH

DEADWOOD TO STAGE "DAYS OF '76" PAGEANT

DEADWOOD, S. D .- A reproduction of the early gold rush in the Black Hills of South Dakota will be staged here in Deadwood's annual celebration of "The Days of '76" on August 12, 13 and 14. A duplicate of the mining settlement that existed in the 78's at Deadwood Gulch has been fashof Route 2, the accident occurred foned and it is a pageant, typifyat the crossing of Leslie and Oak. ing the characters and life of the frontier days, will be presented.

The reproduced mining settlement will include dance halls, saloons, and gambling dens, while persons, representing the leading characters of the frontier mining town, Wild Bill, Calamity Jane, Colorado Charley and California Joe.

TO THE POLICYHOLDERS OF THE PRUDENTIAL INSURANCE COMPANY OF AMERICA NOTICE is bereby given that a meeting of the policyholders of THE PRUDENTIAL INSURANCE COMPANY OF AMERICA

EDWARD D. DUFFIELD, President.

## OUR LABEL

the sign of prescription perfection

Our label on any prescription package guarantees the contents absolutely correct in every way, shape and manner. Beginning with the purity and potency of the drugs determined -these being tested for your protection-followed by the employment of an equipment in compounding, modern and complete, and then the exercising of long experience and extreme knowledge in compounding with a care to attention, these all forbid the possibility of a mistake. Bring all prescriptions to us for better quality and better service, or at least as good as man can give in this important

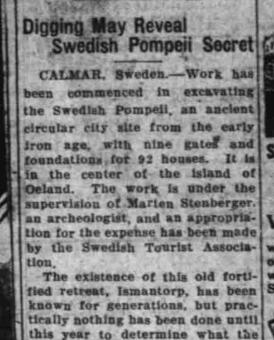
J. H. WULLETT

## The Capital Drug Store

403 State Street, corner Liberty



# reproduction of the life of that



The circular outer wall, formed of magnificent limestone blocks. joined with admirable skill without the use of mortar, is about 1200 feet long, 12 feet high and

will figure prominently in the 18 feet thick. It is not likely, Pioneers of the frontier days Prof. Stenberger believes that the will assist the directors of the wall was even much aigher than celebration in making an accurate it is today.



Suffered 18 years--Cured in 21

WHAT this woman writes is typical of by the Swedish Tourist Associa- which my celebrated non-surgical meth-The existence of this old fortitied retreat, Ismantorp, has been Specialist, who will GUARANTEE to

Successful Men---

CARE FOR THEIR EYES FIRST They realize the necessity for com-fortable, accurate vision at all times COUNT THE BIG MEN WHO WEAR GLASSES!

STAPLES OPTICAL COMPANY

PORTLAND SALEM Salem, Oregon

Corner State and High Streets

Nait--for details of the latest Oldsmo-

bile Six in next Sunday's papers. A new standard of values will be established, the result of-Greater Beauty
Finer Performance
Lower Price

Last Times Today High in the Alps-a hidden inn-

and hidden within two youthful hearts-hidden here from a storm that raged without-and now a greater storm threatens themfor the boy sees the girl as he has never seen her before-and the girl moves near him electrifying with her beauty.

> This is Enticement! Don't miss it

From the novel that a nation has read by CLIVE ARDEN

Today Only Comedy - News

OREGON

## "I'm too busy"

FRIEND of mine was worn out shopping around-trying to buy a particular something-or-other.

Hours had been spent, also strength and temper-and the desired articles had not been found.

I asked if she had read the advertisements to see where it could be found-before wasting hours in fruitless search.

The answer was "No, I never have time to read advertisements. I'm too busy."

Yet, in the first paper we picked up, the article she wanted was advertised; its price and merit told; also where to get it.

Reading advertisements is a time-saver. It's a good, safe investment in information concerning the best things the market offers you and where to get them.

Take time to read advertisements and you'll save time and money in buying the kind of product you want