Chec Creqou gitatasmane


 nirnoin $\stackrel{n}{2}$ , numborn



## A NOTE OF OPTMMSM

The reader no doubt heard a good deal of criticism, saw the Fourth of July
And perhaps he would be glad to have a note of optim i im , to hear a word of approval, to have a presentation of $t$ is given in the leading editorial if given in the leading editorial of the New York Commercia
uly 7, as. follows:
"July 4th, 1925,
"July 4th, 1925, will stand forth as the MOST REMARK THE UNITED STATES. On that in every state and com munity, loyal citizens took nart in the Defense Day Test, a showing of
generations.
"Defense Day was not a military gesture. It was exactly the opposite. The United States is not a militaristic country. It has an exceptionally small standing army. It never seeks to impress its mandates by force. For nearly 150 years it has
been the outstanding example among, nations seeking peace been the outstanding example among, nations seeking peace
with all. But a nation should be protected against outside ngression, or inside disruption. That it might ascertain how many stood ready to so defend, July 4th was designated as preparedness day.
"Twenty million people, according to the press reports took part. Could there be more complete and convincing evi-
denice that the bulk of the people are loyal? . While little truggling bands of men and women, more misled than disloyal, were harping against preparedness on the theory that
to be prepared means war, nearly twenty per cent of the total opulation gathered at centres-some in the cities and some the country-to express their willingness to defend the ideals and institutions of that land which affords them reater opportunity, greater protection, better wages, more huxaries, than any other nation on the face of the globe. The time for preparation for Defense Day this year was hort, but the showing was magnificent. It is an argument against radicalism that can not be met. The American peo ple, ever liberal in their views and actions, have but to be often when they hurry to answer the call of country, for call Country in the United States means the call of civilization and Ghristianity

The people of Salem have been disposed to furnish their res : especially with a good equipment with which to fort ment was so manned and organized as to be worthy of the best. In handling the flouring mill fire on Sunday evening all members of the department showed themselves worthy of the public confidence. There is a demand that the departmen be still better equipped. This demand is worthy of the serious
attention of the members of the city governmant. Within the bounds of reason, the city can afford to be extravaggn in providing for the proper fire fighting apparatus, and the city officials will be upheld in such extravagance, for no one greatest possible economy.

## THE SLUGGARD'S CLAIM

The poor creature who directs his life on the theory that the world owes him a living, without his putting forthreffor in return should be both pitied and punished.
He should be pitied because he is ignorant of the joy dally bread, which work would for him be real punishment. to give in return. And to him who plans to obtain a living only by chicanery, by theft or by begging, the world give less than to any other class of individuals. He gets far les than the honest, persistent worke
work only when forced to do so and to live without regar to the rewards of human toil-gets out of life no more than the animal which he emulates.

It's a dwarfed and diseased mind that cuts its possessor off from the satisfaction of creating To decide to let the world provide the individual with life's necessities without effort on his part is the fool' choice. If even it were not wrong to rob or steal or beg, the
would still be the bondage of the sloth, the chains of idiocy. would still be the bondage of the sloth, the chains of idiocy.

## swimming

During these hot summer days what offers greater pleas ure to the individual on his vacation at the seaside or after the day's work in the mill, store or field than a plunge in the ocean, artificial pool or the "ole swimmin" hole
they deserve. The three-fold values of this sport are pipe. paration for self protection and for service to others in case of grace and beauty of form.

[^0]he rhythm of the swimming stroke sets ap as \&etise of
armony in the mind and this extends to the person's other ings into play practically all of the muscles of the body is an exercise which expands the chest through deep breath g and it is beneficial to the spine through
Altogether it is an exhilirating sport through which dily defects may be corrected and physical health both con

## PRAISEWORTHY EFFORT

Genuine commendation is due the Salem fire departmen which destroyed the Cherry City flour mill Sunday evening With a less efficient organization of firemen the results to nearby buildings and other property would have been fa more disastrous. Money appropriated liberally as needed fo equipment and for compensations for this depa
public safety is a wise ipvestment for the eity.
 Adele Garrson's New Phase of
REVELATIONS OF A WIFE




## BLLE'S UNCLE




[^0]:    is a valuable prepared for rescual acquisition

