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so many years



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Golden West Coffee



The Home Garden
What is Home without a Garden?

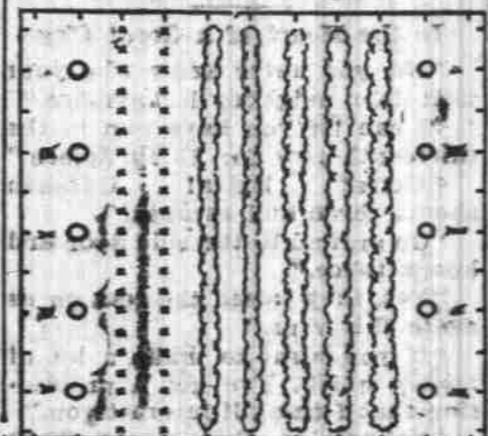
A TEN-FOOT KITCHEN GARDEN

A ten-foot sunny corner of a back yard will furnish a considerable quantity of vegetables during the course of a year, of properly handled. It will supply sufficient tomatoes to eat raw all summer and for canning for the winter supply. Before it is time to put in the tomato plants it will give a liberal supply of early radishes, leaf lettuce, young onions or spinach.

Among the tomatoes during the year a few plants of Swiss chard will give a supply of greens all summer.

The same plot, after the early spring harvest may be used for beans all summer, planting at intervals in succession. It may furnish a supply of green peas planted early and followed by turnips, cabbage, cauliflower or a few stalks of Brussels sprouts to furnish a delicacy for the Thanksgiving and Christmas tables. This vegetable is always expensive, but as easy to grow as cabbage.

The small plot, after the radishes and young unions, may be planted to eggplants and green peppers. It might also be put into a few cucumber vines if that vegetable is specially relished. There is the widest variety of choice to which a small plot may be put to furnish vegetables of



PLAN FOR A VEGETABLE GARDEN 10' X 10'

quality for the home table. Even so small a plot would furnish several messes of delicious Golden Bantam corn, the real quality of which is never found in the market.

A plot of only ten feet square

tends itself to intensive culture. It can be so early and heavily fertilized that it will produce greatly increased crops, and it is an easy matter to keep so small a plot well watered during dry periods. "It is too small to do anything with it" is not a good excuse for neglecting to plant a few vegetables this year. It is a simple matter to sit down with a pencil and paper and figure out the possibilities of a small plot and look over the catalogues and order a few packets of seed to plant it.

THE GARDEN FOR HEALTH

Humanity lives upon the vegetation which clothes the earth, whether it be directly upon the roots, leaves or fruits of the field or upon the flesh of animals nourished upon vegetation. The earth yields us our food. Every little garden, if it be no more than five feet square, is an addition to the world's food supply and a consequent lowering of the price of living.

The economy of the home garden and the necessity of providing for ourselves as far as possible, brought directly home to us during the World War, still endures and is recognized in the hundreds of gardens which now flourish where none flourished before. There is a place for a garden in every back yard where the sun penetrates. The only place unsuitable is the yard in continual shade, for plants must have sun to flourish.

In the very small plot it is best to grow only one or two favorite vegetables and to secure a supply of them rather than a few samples of a greater number. The health-giving and preserving qualities of a freer use of vegetables in the diet is now widely recognized. There has been a wide-spread reform in our habits of feeding since these facts have become thoroughly proved and demonstrated, particularly in the frequent use of green vegetables.

The discovery of the important part played by vitamins, mysterious substances necessary to health and growth, particularly to children, has led to a greater care of vegetables and much greater care is now taken to secure fresh vegetables than ever before. The surest supply and the only guarantee of first quality is in the home garden. Numerous vegetables must be eaten freshly gathered to be at their best, and this, of course, is impossible in the market, where they must be held over night at the least.

No one can have real peas unless he grows them himself. The same is true of sweet corn. These two vegetables cannot be kept more than four hours after gathering and maintain their quality. With the disappearance of the quality of freshness some of the health-giving properties of the plants disappear. So the spring slogan should be "Garden for Health." In addition to the benefits to be secured by eating fresh vegetables, the exercise of caring for a garden is not an inconsiderable factor. The man or woman who cannot find the time of the opportunity to swing a golf club can get the same results with a hoe, and produce something besides a score. The home garden gives both food and exercise, both conducive to better health and strength.

KEEPING UP FERTILITY

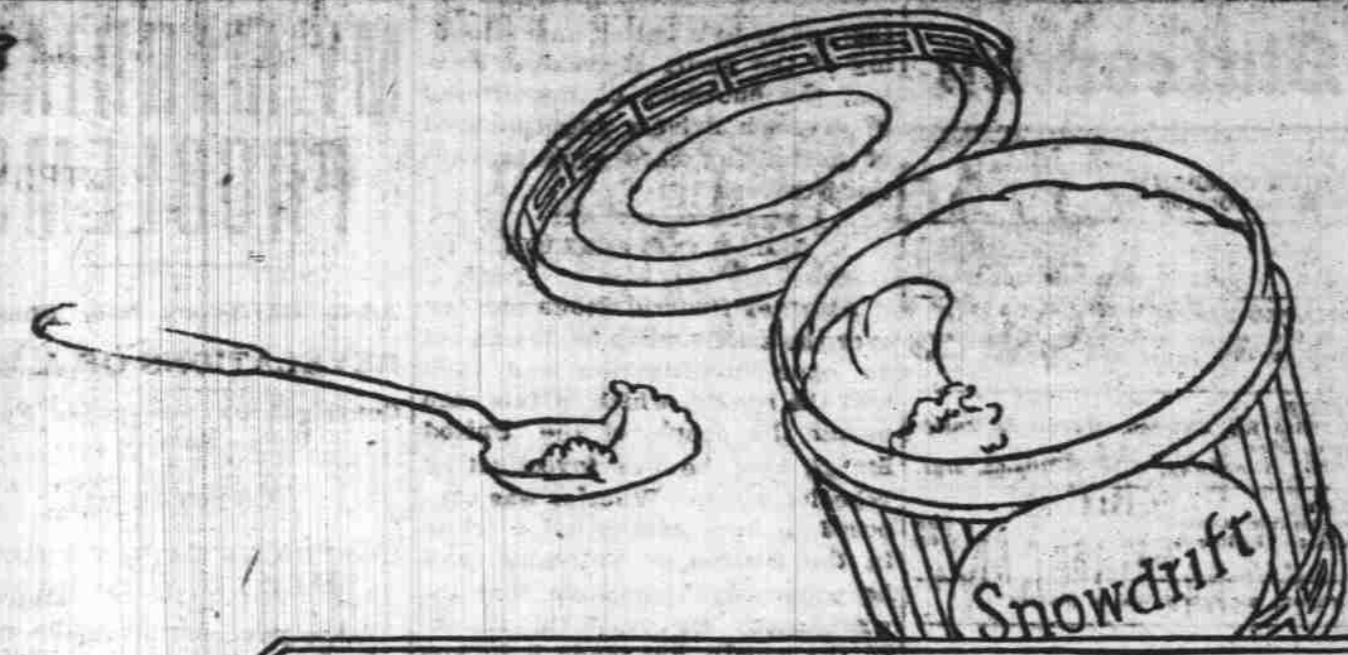
There is nothing that quite takes the place of animal manure in preparing soil for the garden, so it is a good plan to be on the lookout for a supply and store it, if necessary, or spread it upon the soil as soon as it can be procured, even if the ground is frozen, to spade in when spring opens.

We are nearing a period of intensive culture. The same space of ground in a French or German garden, horticultural experts tell us, will yield often double as the same space in an American garden because of its intensive culture and constant fertilization and tillage. Fertilizer and humus should be added to the ground for the vegetables each year.

The compost heap is becoming a regular institution. Grass clippings, weeds that have been hoed or pulled up, autumn leaves, tops of vegetables, old pea and bean vines; in short, all of the vegetable of the premises should be stacked up and wet down from time to time during the summer to form humus, which is merely decayed vegetable matter, but the finest fertilizer we have. In addition to the plant food it contains, it is especially valuable in adding to the quality of the soil, and because it holds moisture like a sponge.

Humus is now sold by the barrel or by the hundred-weight, and gardens of clay or sandy soil, which need it, can be furnished very readily. But spading in decayed and half-decayed leaves each year is much the better method and will soon bring the soil to a tilth and fertility that will be surprising.

The annual spading does much for the quality of the soil, admitting the air and sweetening it. It should be spaded in the spring and fall. With the application annually of fertilizer, preferably stable manure or home-made compost, with some commercial fertilizers during the growing season,



In any weather

Snowdrift never gets too hard or too soft, no matter what the weather. It is always creamy. When you start to "cream" Snowdrift with sugar, you find most of the hard work already done. It saves much time and trouble to have Snowdrift the right creamy consistency itself.

Snowdrift is never too hard or too soft

It will only be a short time before the yield will show the results of the work and the growth of the vegetables will be so luxuriant that the owner will feel well rewarded for his toil. Autumn leaves in many garden clubs last fall were not a premium, the members cleaning up the neighborhood for their compost heaps and taking the supply from neighbors who did not have gardens.

Mulch from the garden should be stacked up this spring to start a compost heap. It is best to make the pile flat topped, with a depression in the center to catch the rain and cause it to seep into the center of the pile to hasten rotting. Sods and table scraps may also be thrown upon the pile with good advantage, as moisture is necessary to produce compost.

ANNUALS—FLOWERS FOR EVERYONE

Many a nana is indispensable for cut flowers and giving a great

one of these. While there is no annual that gives more beauty and a greater wealth of bloom when well grown, the bed it occupies will be flowerless for the first half of the summer, as the finest asters do not bloom until August and September.

Cosmos is another late-blooming annual. Bachelor's buttons or centaureas are early bloomers, but of short season.

Cutting gardens in conjunction with the vegetable are the best place for plants of this nature where they can be grown lawns and cultivated as effectively as vegetables. It is also undesirable to strip beds in the flower garden of bloom for bouquets when the display is desired to ornament the garden and surplus rows of plants for cutting can be grown in the cutting garden.

Plants for cutting which will flourish better with constant cultivation and fertilizing such as the vegetables receive include asters, stocks, scabiosa, or mourning brides, the marigolds, calendulas, a nana, a chrysanthemum, sweet peas and gladiolus bulbs.

Gardens of large extent now have a cutting patch devoted exclusively to annuals, perennials and bulbs to furnish bouquets, while the plants in the flower are left to give their display and only the fading bloom is cut to maintain the plant in blooming condition. It is a practical idea, and one well worth practicing. As the cutting garden is not intended for display there is no compunction about cutting the bloom with lavish hands.

It furnishes a supply of bloom to give away to guests when the generous gardener would hesitate to cut the bloom from beds in

the garden and ruin the display, but would probably do so. Intensive culture all season with the application of fertilizer is much more practical when flowers for cutting are grown in a reserve garden, as are the vegetables.

OUR PROGRESS IN GARDENING

Although dependent upon plants for food and clothing, there is no subject upon which humanity in general is so ignorant and of which it is so heedless as plant life. Knowledge of plants which are passed by every day is strangely lacking. People will pass under the same trees every day who couldn't for the life of them tell kind of trees they were. The apathy towards growing things, however, is being dispersed by a remarkable growth of gardening.

(Continued on page 9)

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SATURDAY PRODUCE FEATURES

APPLES—Rome Beauty, medium size, faced and filled, box	98c	GRAPE FRUIT—Large, fancy, heavy with juice, 3 for	25c
BANANAS—Fancy ripe fruit, 3 pound	25c	EGGS—Strictly Fresh, one dozen	29c

All Week Prices	Saturday Features	All Week Prices
ROYAL CLUB De Luxe Plums, No. 2 size, 3 tins	Sugar—Pure "Berry" Cane, 10 lbs.	BIG K FLOUR—Fancy Patent Hard-wheat, 49-lb. bag
55c	68c	\$2.49
MINCED CLAMS—"Royal Chef" Brand, No. 1 size, 3 tins	100 lb. sack	CRACKERS—Freshly made, 3 lbs. each
79c	\$6.73	49c
DEL MONTE CATSUP—Pint bottles, 2 bottles	Wesson or Mazola Oil—quart tin	FARINA—Milled from Hardwheat, 9 8-10 lb. bags
45c	47c	65c
PINEAPPLES—Broken slices, No. 2 1/2 size, 2 tins	Half gallon tins	MACARONI—NOODLES—SEA SHELLS—Spaghetti made from the best Durham Semolina, 3 pounds
49c	89c	35c
WHE-TA-LON—The whole wheat breakfast food, made in Salem, 2 packages	Citrus Washing Powder—large, 2 for	BREAD—Baked fresh, double loaves, 2 doubles
45c	45c	25c
ROLLED OATS—9 lb. bags	Butter—Skaggs Best, lb.	LUX or RINSO—Large package, 2 for
49c	45c	49c
CORN MEAL—9 lb. bag	2 pounds	CROWN KERNELS OF WHEAT, package
39c	89c	29c
CHEESE—Full Cream, Oregon made, 2 lbs.	Crown Oats—3 lb. pkg.	
55c	25c	

SATURDAY MARKET FEATURES

ARMOUR'S STAR HAMS—"The Ham What Am," half or whole, pound	29c	SPARE RIBS—From Young Pigs, pound	14c
PICNIC SHOULDER—Sugar Cured, medium size, pound	18c	BACON—Fancy light sugar cured, pound	30c

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An Arrangement of Annuals

show of bloom have such a short season or one so late in the season that they are not desirable for the flower garden. The aster is



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CEREALS	Del Monte Crush Pineapple No. 2 1/2 29c
Cream Wheat 23c	Del Monte Sliced Pineapple, No. 2 1/2 32c
Grape Nuts 18c	Del Monte Peaches, Melba Halves, No. 1/2 29c
Corn Flakes or Post Toasties 11c	Del Monte Apricots, No. 2 1/2 29c
Rolled Oats, No. 10 bag 55c	Del Monte Crosby Corn, No. 2 13c
SOAPS	Tendersweet Corn, No. 2 16c
Guest Ivory, per carton 50c	Del Monte Medium Peas, No. 2 19c
Crystal White, 6 bars 25c	Lakeview Peas, No. 2 14c
Sunny Monday, 7 bars 25c	Del Monte Pumpkin, No. 2 1/2 17c
Citrus Powder, large size 25c	Del Monte Tiny Beets, No. 2 29c
Fels Naptha, 10 bars 69c	Del Monte Brussel Sprouts, No. 2 23c
Old Dutch Cleanser, 3 cans 25c	Dunbar Okra, No. 2 25c
Palmolive, per bar 8c	Del Monte Hominy, No. 2 1/2 15c
COFFEE	Del Monte Pimentos, 4 oz. tin 10c
Maxwell House, 1 lb. 55c	Del Monte Tomatoes, solid pack No. 2 1/2 19c
Hill Bros., Red Can, 1 lb. 57c	Palace Car Corn, No. 2 18c
M. J. B., 1 lb. 57c	Value Cut Beans, No. 2 14c
Hills Bros., blue can, 1 lb. 52c	Festival Cut Beans, No. 2 23c
Hills Bros., bulk, 1 lb. 48c	Van Camps Pork & Beans, small 9c
Golden West, 1 lb. 37c	Van Camps Pork & Beans, medium 11c
SOAP DEAL	Heinz Baked Beans, medium 18c
—6 P. & G. Naptha,	MISCELLANEOUS
—5 medium Ivory,	Seedless Raisins, 2 lbs. 19c
—1 Chipso Powder, large,	Best Creamery Butter, 1 lb. 14c
—All for 79c	Tillamook Cheese, per lb. 12c
	Bread, Krammels, 2 lb. loaf 15c

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