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SPINACH INDUSTRY MAY BE MADE BIG
But Must Be Specialized and Only High Quality Stuff Must Be Produced

Spinach is a cool, wet weather crop. It is grown in the early spring months or late summer and autumn. It requires under favorable conditions, from 45 to 60 days to mature.

It requires rich garden soil to produce a profitable crop for commercial purposes.

If the soil is poor it produces only small leaves and shoots to seed.

Since it is the leaves which are used for food, a luxuriant, rapid growth is desired.

Spinach is a very wholesome food and should be eaten freely by all.

It contains a large percentage of iron, and for this reason is used and recommended by hospital physicians.

In the dehydrated form it is convenient to keep the year round in any climate.

The spring crop may be used for canning and dehydrating, but no doubt the fall crop will also be in demand.

The fall crop may be planted after many of the summer crops have been harvested.

In fact, it will be possible to produce three crops in one year on the same soil by growing both a spring and an autumn spinach crop. Such a cropping scheme, however, would require the application of the most intensive methods of cultivation and the intelligent use of fertilizers. In other words, it would require the application of the best business methods of farming.

While three crops in one year are possible on certain soils under favorable conditions, it is not expected in general. It should be the aim, however, of every farmer to keep his capital working to its fullest capacity, as his net returns are thereby increased.

There are growers here who are making a success of spinach every year. The Wrights, the market gardeners of Independence for instance. They use very rich garden soil, and plenty of fertilizer.

It is the opinion of good farmers that the spinach industry on a commercial scale may be developed here to a profitable basis—but that it will require specialization and experimentation. Haphazard methods and haphazard men are likely to suffer disappointments.

No doubt there will be further experiments, and our growers will learn the game fully as applied to special localities and soils and conditions, and the proper treatment of the soils in the matter of fertilization. Also, there is a prospect that spinach growing may become a greenhouse proposition on a large scale here.

HEALTH IS MAN'S NORMAL CONDITION
Naturopathic Methods are Based Upon Giving Scientific Aid to Nature

The laws of nature provide for the perfect working of our bodies. Health is the normal condition. Disease is the result of some violation of the laws of Nature. Pain is the signal of distress which Nature gives to a violation of Her laws.

If everyone thoroughly understood the laws of Nature, and obeyed them, there would be no sickness. Ignorance of these laws, and the indifference with which those known are violated, is the foundation of all disease. The healing arts, of whatever school, are all based upon a profound and scientific study of these laws of health, and the best methods of restoring the body to its normal condition when suffering the penalty of a violated law. Diagnosis is the science of determining what laws have been violated, or locating the real cause of the disease. Treatment is the art of restoring the body to normal. If the diagnosis be faulty, the treatment will be of small or no value.

What should be more logical in the healing art than the system founded upon a direct study of Nature and her laws, and applying treatment in accord with those laws. That is the basic principle of the Naturopathic system as practiced in Salem by Dr. F. S. Schutz, 325 Oregon Building. Dr. Schutz has supplemented his professional knowledge and skill with the latest scientific laboratory devices in applying electricity to the diagnosis and treatment of disease. He has specialized on chronic diseases, especially prostatic and bladder troubles. His eight years successful practice in Salem is an indication of the esteem in which he is held by his patients and the public.

All schools of the healing arts are rapidly calling to their aid the forces of Nature expressed through electric energy. The scientific world is directing its vast energies to the task of determining the best methods of applying its discoveries to the relief of human suffering. Dr. Schutz has equipped his office with the latest and best of these appliances.

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"OREGON QUALITY" BUILDS BUSINESS
Salem Wicker Furniture Co. Makes Remarkable Growth Its First Year
The Salem Wicker Furniture company is running a craft shop of high order. It celebrated its first anniversary yesterday. Beginning a year ago with one workman, it now employs four. Its product is all hand work, using the very best materials. Oregon hard wood for its frames with oriental reeds and rattan. Substantial construction along artistic lines has been the basis of the enterprise. The company now makes only inside furniture but is planning to add a line of porch furniture. They sell direct to the consumer, and their rapid growth shows that Salem people appreciate artistic work of this kind.

Wicker work never grows out of style. It adapts itself to so many different conditions and requirements. This company specializes on making designs to harmonize with room decorations and color schemes.

Its repair department works wonderful results on old and disabled wicker furniture of all kinds.

So much interest has been shown in this line of art work that Mr. Dunsmore has arranged to open classes in basket weaving to begin March 1.

OREGON FRUITS FORM BASIS OF INDUSTRIES
(Continued from page 5)
patches. To such persons the rewards are satisfactory to an eminent degree. Phenomenal crops are occasionally grown, but the average for a series of years is the surest basis of sound judgment. From that standpoint Oregon fruit growers as a class are among the most prosperous people of the state.

The fruit markets are becoming stabilized and the demand for Oregon fruits is rapidly growing near to the limit of present production which indicates that more fruit acreage is to be required. This presents the opportunity for new people coming to Oregon to enter a profitable field.

Such people will find reliable information and assistance in selecting the best locations rela-

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Salem Wicker Furniture Manufacturing Co.
—We Sell Direct—
Genuine Rattan Bead Quality
Furniture
Repairing, Refinishing, Upholstering
1855 State St., Salem, Oregon

Water transportation is the cheapest in the world. The fruit sections of Oregon are so near the sea as to greatly simplify the freight question in transporting fruit by ship load or train load. Refrigerator cars and ships are now successfully carrying Oregon fruits to the great markets of the nation and of the world.

DAMAGE TO EXCEED THREE MILLION DOLLARS
(Continued from page 5)
stimulate a better stooling and more rapid early growth of the thin stands of grain. Where clover is to be planted in these thin stands the sulfate of ammonia is recommended.

KIDNEY TROUBLE
has caused untold HUMAN SUFFERING
Pains in the back are symptoms you should not allow to continue unheeded. Kidney troubles are dangerous when they reach final stages. Let us examine you. Our corrective methods will rid you of kidney worries.
Phone for appointment
O. L. Scott
Chiropractor
416 U. S. Natl. Bank Bldg. Phone 87

SPINACH GROWING IS DIRECTED BY COLLEGE
(Continued from page 5)
tices in a greenhouse, have shown that this is one of the best vegetables that can be produced during the fall, winter, and early part of the spring. It makes a rapid growth of fine, vigorous, dark green leaves and sells readily on the market during the seasons above mentioned at an average price of 10 cents a pound.

10 WOMEN LEGISLATORS
There are ten women in the new Ohio legislature and it is said that not one of them ever bobbed her hair. Yet they call the capital Columbus after a man who is supposed to have discovered something. Ohio seems to be still in the keeping of the long-haired women and the short-haired men, but the rest of the country has been going the other way. The hero of an ancient comedy was one Solon Shingle, but the lady solons in Ohio do not shingle their beans to a perceptible point.—Los Angeles Times.

We can grow the best spinach in the world, and we must not grow any lower quality if we expect to make celery growing and shipping and canning and drying an industry of size here.

Next week the Slogan editor is going to put forth a very strong effort to prove that we grow the best onions in the world. It will be the annual Onion Slogan number.

The industrial center of the United States is rapidly gravitating to Oregon because of the marvelously favorable conditions and prodigality of resources. World markets are opening before us like the first pink of an opening rosebud. Every dollar spent for "OREGON QUALITY" products stimulates it into full and refulgent bloom.

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