

# Fine Homes is a Feature of Independence

## Small Thriving City is Located on West Bank of Willamette River About Fifteen Miles Above Salem—Many Industries Makes Prosperity

A Little City of Many Industries  
ON the west bank of the Willamette about 15 miles above Salem is located the active little city of Independence. It has all modern conveniences, railway, electric light, water works, practically all the conveniences and conditions of a large city, except slums. Independence is a city of homes—real homes, fine houses, well kept lawns, walks, paved streets and located in a land where food is produced in abundance and living conditions are more pleasant than in many of the larger towns.

There are four industries centered in Independence which are entitled to more than usual notice in writing up a town of its size. They are the cannery, the creamery, the mill, and the poultry yards of Dr. Duganne.

**The Walker Canning Company**  
This institution employs during the busy season 110 to 120 people. It pays out \$5,000.00 annually for wages and places on the market \$175,000.00 worth of fruits and vegetables grown by farmers around Independence. The past season it canned of gooseberries, 60 tons; loganberries, 100 tons; raspberries 10 tons; strawberries, 25 tons; blackberries, 85 tons; prunes 50 tons; royal Anne cherries, 125 tons; black cherries, 75 tons. Besides these large quantities of fruits and berries, it canned many tons of beets, beans and carrots. It started work first in May, 1923, so it is but slightly over a year old and has just closed its second season. Its business for 1924 was about five times that for 1923. In the spring of 1924 it put up a \$60,000 tile brick warehouse. Its box shooks are purchased at Bend, Oregon and its cans at Portland. So it is easily seen that the Independence canning company believes in the "Made in Oregon" slogan. Mr. Walker, the owner of this splendid plant is mayor of Independence and is largely interested in other lines which are to build up the town to the size of its resources. Mr. E. E. Hill, superintendent of the plant, says the market for their product is not only along the coast but their "Walker" brand is called for in the large eastern cities. This industry indicates the line of profitable diversified agricultural prospective settlers may desire to follow. The large quantities of the various berries, fruits and vegetables used here with the market still demand-

ing more Independence goods, and the record of as much as \$599 per acre being received by growers for blackberries alone should be an inducement to others to engage in these lines with success assured, if the grower is adapted to the line he attempts to grow.

**The Creamery**  
The Independence Creamery was organized in 1909, being one of the oldest creameries in the Willamette valley. From Mr. W. F. Hicks, the manager it was learned that this plant occupies an unusually prominent position in creamery circles of the valley. It manufactures three well-known brands of butter, "Independence," "Dairy Maid," and "Lake Park." The output for the year 1924 was about 800,000 pounds of butter, besides a large output of ice cream. Its ice plant supplies the local Independence market with a high grade of artificial ice. By reason of its market connections this plant was not only able to dispose of its own output at good prices during the year but it purchased large quantities of butter from other valley creameries which enabled it to ship in car load lots to the advantage of itself as well as its neighboring creameries. Its ability to meet world markets has a strong tendency to stabilize the local market for cream and butter and thus react favorably on the producers of the valley. This company also buys and ships eggs produced in the Independence territory. It reports that if the production of eggs in the vicinity was increased sufficiently to enable it to ship in car lots to eastern markets a stabilizing effect on the local market would be produced which would bring greater profits to the producers. Inability to supply the demand of the larger market has a tendency to reduce the market possibilities to local markets which fluctuate widely and are easily overstocked until no market exists.

**The Poultry Business**  
Dr. R. E. Duganne has been collecting interesting and inside information on the poultry business for several years. He now operates one of the largest incubators in the west—70,000 eggs at a setting. His first setting for the present season was November 17, 1924. This was a special order—only 10,000 egg the machine. Dr. Duganne is a scientific breeder of what might be called "high powered" chicks. Robust healthy fellows. Selection of the eggs is

one factor but another very important one is regulating the ventilation of the incubator and providing the proper amount of cubic air space per chick. In order to procure eggs for setting his great machine, and be certain of the quality as well as the sufficient supply he contracts with farmers for their entire supply from flocks that have been tested and in some instances roosters furnished by Dr. Duganne. One such poultryman has a flock of 2000 laying hens.

Dr. Duganne insists that the Willamette valley is the best poultry country on earth. He estimates three factors in his decision. First, the equitable and mild climate, free from extremes of cold or heat and producing large quantities of succulent green feed at the time of year when egg production other places is low and prices are high. Second, market facilities. A case of eggs can be transported from here to New York City for 4c, which places the Willamette valley within 50 miles of the greatest market in the world. Third, the Oregon Agricultural college is in this valley where any and every poultryman is free to bring his poultry problems to the best experts to be found in the world for solution and assistance.

**The Independence Mill**  
This is so much more than just a building filled with milling machinery that it attracts unusual attention when once you find out what it is. The big thing in this mill is the proprietor, L. L. Hershberger with a head full of big practical ideas for the development of the country, and incidentally his mill. Before coming to Independence and purchasing this plant from the Oregon Milling and Warehouse company Mr. Hershberger was located at Hubbard and engaged in the feed and seed business. His experience has convinced him that the Willamette valley especially that part of it around Independence, is adapted to the profitable growing of seeds, beans, peas, clover, vetch, turnip, corn, and other vegetable and grass seed. He says that we import 25,000,000 pounds of clover seed into this country and we can grow it better right here at home, and at a handsome profit. He plans to fit his mill with re-cleaning machinery and exert himself to his utmost to encourage the growing of seed in the valley.

This section can easily develop into an important seed center if it will get busy and not be caught napping while other communities are getting a strangle hold on the industry. Mr. Hershberger is also installing in his mill apparatus for grinding and mixing feed for dairy and poultrymen and thus expanding his business along a most useful line.

**More About Independence**  
You were told in the beginning of this article that Independence is a thriving Willamette valley town with modern conveniences etc. Now that its four leading industries have been described you will see that it is no ordinary town. Its banks and business houses, its churches and schools are the kind that attract such institutions as the one we have described. It has paved streets. It has paved roads leading into town, one of which connects it with the Pacific highway. Some of its stores compare favorably with the best in the larger cities of the west. It has one of the finest hotels to be found in any small town on the coast. It has less than the usual proportion of citizens who prefer stepping on the brake rather than on the gas when it comes to matters of interest to the city. Its school is a part of the training department of the Oregon Normal school and as such stands far above the average school in towns of its size.

If the reader of this article is looking for a new location it will pay you to give Independence a once-over before deciding upon a new location.

# Historical Firsts of the Oregon Manufacturers

(Continued from page 1)  
The first boat building was done on Sauvie Island, and the first cargo of Oregon "pine," as our fir was called, was cut at the Biddle place east of Vancouver, Wash., and shipped to the Hawaiian islands.

The first salmon packing was done on the lower river near Pilot Rock in the early 70's.

The first nursery was transplanted from New England to Milwaukie, Ore., via the hold of a sailing vessel, around Cape Horn.

**A HEALTHY COUNTRY**  
Oregon and especially the Willamette valley is one of the most healthy sections of the United States, and official health statistics prove this to be a fact. You will feel better and you will sleep better in the ozone of the Willamette valley. The mildness of the climate is one of the great factors in making the Willamette valley a desirable country from the health standpoint alone, in which to live. There is no malaria in the Salem district of the Willamette valley. Nor is there any book worm or cholera. There is one of the lowest typhoid rates in the United States. Oregon has one of the lowest death rates of any of the states. For children, statistics show that the Salem district of the Willamette valley is one of the most healthful in the entire United States.

Marion county is undertaking special work in the way of a county nurse and other health work that will assure each school child proper instructions as to health matters. One of the national child health experimental tests, to last for five years, will be carried out in Marion county. Schools in the rural districts are many of them providing hot lunches. Parent-teacher associations and local community organizations are looking after the welfare of the children of the various communities.

When you come to the Willamette valley of Oregon you drink the best water you ever had in your life. Measures are being taken to safeguard the water supplies of all cities in the Willamette valley.

# Doctor Here For 20 Years

## Dr. B. H. White Great Believer in School of Osteopathy and Abrams' Electronic Reactions

(By Edward T. Barber)  
Dr. B. H. White, whose offices are in the U. S. national Bank building, is a stickler for satisfactory results whether the method is considered "regular" or not. The patient who has been healed of a malady is but little concerned as to the name of the method or "pathy" of the physician. Dr. White, early in his professional career, observed many successes and many failures resulting from

practices it evolved. Acting on this conclusion he prepared himself by graduating from several different schools of medicine and surgery. This qualified him to use the title of "Physician and Surgeon" in the largest sense.

Dr. White located in Salem some 20 years ago where he has been an important factor in the professional, business and social life of the city ever since. During this time he has taken post-gradu-

ate work in various schools of medicine. Among those he considers the most valuable and helpful are the school of Osteopathy and the school of Electronic Reactions of Abrams, at San Francisco.

Dr. White gives a brief outline of the origin and fundamental principles upon which the two schools are founded.

"The American School of Osteopathy was founded at Kirksville, Mo., in 1892 by Dr. A. T. Still. This was the first school of Osteopathy. Today there are eight such schools in the United States, and thousands of graduates have gone out from them to combat disease from the osteopathic standpoint.

Dr. Still was a graduate M. D., with wide experience and an almost uncanny disposition to investigate causes. Not only causes of disease but causes of failure of the medical profession to combat disease more successfully. Physicians know that certain drugs produced certain results, in most people. Just why the drug did that, or how it did it, no one knew, then or now. The "why" of disease was almost as obscure. Dr. Still conceived that diseased conditions arose from restriction of the activities of the nerves governing the parts diseased and that these constrictions were due to mal-adjustment of the bones forming the framework of the body, very much as an electric wire is short-circuited by being pinched or frayed until the insulation is worn through. The spine being the portion of the framework most intimately connected with the entire nervous system Dr. Still looked there for confirmation of his theory. The structure of the spine of so many irregular parts more readily lent itself to the injury of nerve trunks connected with it. Dr. Still reasoned that a re-adjustment of these spinal sections to their normal positions would relieve the pressure on the nerve affected and that with the nerve restored to its full normal function the organ controlled by that nerve would also be restored to normal health again.

Dr. Still put this theory into practice and his efforts were followed by such remarkable results he soon had a host of followers who were equally successful in alleviating human suffering. The

new Salem product "PRESTO" SOOT DESTROYER. Howsoever and building owners will be glad to learn that they may now clean Kitchen Ranges, Furnaces, Boilers, Chimneys, etc., in the most convenient way by just placing a package or two of "PRESTO" Chimney Cleaner in a good hot fire and have all their troubles over within about eight minutes. "PRESTO" will do a most satisfactory job, and it will cause not the slightest mess about the premises. To prevent indiscriminations against the public, the Salem price has been set at 30 cents by the manufacturers. Because of this popular price everybody should get the habit of using "PRESTO" regularly, and in that way save a good part of the yearly fuel bill, because a stove, kitchen range, furnace or boiler can function properly only when clean. "PRESTO" is manufactured in Salem, Ore., by the "PRESTO" MANUFACTURING CO., of which the inventor, Mr. J. C. Formick, is the president. Mr. Formick is a steam-engineer of 22 years of experience, and it was during his experience with steam-boilers that he conceived the idea of using chemicals to do what otherwise was hard and dirty work. This new Salem made product deserves the whole-hearted support of everybody.

laws then regulating the practice of healing all applied to regular medical doctors, Fakirs and charlatans, profiting by the reputation and work of Dr. Still, and his students, grew up and flourished in great abundance. Their activities cast the work of the real Osteopath into disrepute which seriously handicapped the work of Dr. Still in public opinion. But in time Osteopathy was recognized as entitled to a high place among the healing arts. Laws were passed protecting the public and the practitioner. The Osteopathic schools, under the protection of these laws, have strengthened their requirements both for matriculation and graduation until they stand at least the equal of the most renowned schools of medicine.

The following is a comparison of the requirements of the Osteopathic schools with other schools of the west:

Subject	Osteopa- Medicine	th Hrs.	Hrs.
Histology	198	192	
Anatomy	756	640	
Embryology	90		
Chemistry	206	272	
Pathology	288	432	
Bacteriology	130	170	
Diagnosis	162	128	
Hygiene	150	150	
Gynecology	210	112	
Genito-Urinary	45	16	
Surgery	624	512	
Jurisprudence	32	32	
Obstetrics	160	160	
Eye and Ear	120	128	
Pediatrics	144	150	
Dermatology	45	48	
Orthopedics	45	48	
Psychiatry	234	118	
Symptomatology	234	432	
Pharmacology	126	96	
Materia Medica	90	48	
Therapeutics	410	64	
Thesis Tech.	270	592	
Total	5353	4870	

**The "ERA" System**  
The letters "ERA" are used to designate the electronic system of diagnosis and treatment of disease as propounded by Dr. Abrams. They stand for the terms "Electronic Reactions of Abrams."

Dr. Abrams was born in San Francisco some 60 years ago. He was graduated at 19 from the Heidelberg university. Later took post-graduate work at London, Berlin, Paris and Vienna. At 26 he was vice president of the California State Medical Society, accepted a professorship in the medical department of Leland Stanford university and at 30 became president of the Emanuel Polyclinic. During these years he was a great student. He wrote several books on disease and diagnosis. It was during this time that he was also discovering the facts which form the basis of his electronic theory. But before making public his findings he spent many years in private verification of his theories and performed thousands of experiments to make certain his conclusions.

His theory is based upon the deductions of the entire scientific world as to the atomic and electronic composition of all matter. The discovery of radium was the event which dispelled the universally accepted theory up to that time, that the atom was the smallest particle of matter in existence. Science has broken up the atom and found inside it still smaller bodies which science has termed "electrons." Science has discovered that these electrons are in constant motion within the atom and that their motion is imparted to the atom, giving it a vibratory motion. The degree, or rapidity of these vibrations, gives up the phenomena of heat, light, sound, power, gravitation. In fact practically all the phenomena of matter are merely results depending upon the vibratory rate of these atoms and their electrons. In the field of vibratory investigation we have developed the

From this theory Dr. Abrams reasoned that any influence which destroyed the normal vibrations of the body in any of the organs of the body would set up counter-vibrations which would produce results which we call "disease." If this be true then to cure the disease it is only necessary to restore the normal vibratory rate to the affected part. He devised instruments for doing this. These instruments are the factors entering into the treatment or cure of disease.

His system, therefore, consists of two sets of instruments. First, instruments which measure and record the normal vibratory rate of the patient and also the vibratory rate of the disease. For each disease has its individual rate of vibration. These instruments also locate the seat of the disturbed vibrations, or the diseased point in the body.

It will be observed that Dr. Abrams and Dr. Still were each searching for the real cause of the disease with the idea of eradicating the real cause. The two systems are complements of each other. The medical doctor diagnoses the symptoms and forms his judgment. It may be right or it may be wrong. Much depends upon his ability to translate symptoms into judgment. He knows that if his diagnosis is correct that certain drugs will probably bring the liver back to normal condition and a cure is effected. Why the drugs do it he does not know. He knows that the same drugs do not always produce the same effect in different individuals. The Osteopath diagnoses the same case. He knows the liver is controlled by certain nerves and that these nerves emerge from the spine at certain places. He examines this place and discovers a mal-adjustment which pinches the nerves. He adjusts to normal position and, if his judgment and treatment have been correct, the patient gets well. Thousands of cases of success have followed the treatment. But occasionally a failure is met. Fallible human judgment entered into the diagnosis and also the treatment. Dr. Abrams takes a similar patient and records with mechanical exactness the vibratory rate of the disease, which determines the nature or name of the disease. It also locates the affected portion of the body showing exactly where to apply the remedy. The diagnosis records the name of the disease and this of itself records the nature of the treatment. That is, the vibratory rate of that disease is shown with less of the human element of fallibility in it than any other system of diagnosis so far known to mankind.

This is the pear paradise. The pear has fewer enemies and more friends here than elsewhere.

### MIXED FEEDS WE MAKE OR SELL IT

**SQUARE DEAL QUALITY SEEDS**

We have complete line of poultry and dairy feeds, Egg mash, grit, scratch, shell-bone, charcoal, oil-meal, Molasses-meal, calfmeal, oats, wheat. Clover seed re-cleaning, buying and selling a specialty.

17 years experience in this line. We want to made Independence the largest seed center in the valley.

Established 1908

**Lee Hershberger**  
Successor to Oregon Milling & Warehouse Co.  
Independence, Oregon

### WALKER CANNING CO.

Canners of Highest Quality Fruits and Vegetables. Growers of Quality Fruits and Vegetables will find a ready market here.

Independence, Oregon

### Independence Creamery

W. F. Hicks, Manager.

Manufactures the following brands of butter—**"INDEPENDENCE"** **"DAIRY MAID"** **"LAKE PARK"**

Shippers of eggs and produce. Manufacture Crystal Artificial Ice

Independence, Oregon

Something over five years ago, when the Slogan editor of The Statesman had received the expert information of a couple of friends that the Oregon variety of gooseberry very prolific here, was the best canning gooseberry in the world, when produced in the Salem district, he commenced procuring its virtues—boosting it. Some of the Slogan man's friends thought he had a pipe-dream; that he had picked a gooseberry tree and thought of an uncommercial product. They had been

### Commercial Hatchery

70,000 egg capacity  
Eggs from Pure Bred Stock  
Correspondence solicited

**Dr. R. E. Duganne,**  
Proprietor  
Independence, Oregon

regarded in terms of a few bushes let grow as they listed in the garden. But the growers began to sit up and take notice. Supplies to our canneries increased each year. The gooseberry pack of our canners had reached 7000 cases in 1922. The pack of 1923 was 29,784 cases. The pack of last year was much larger; how much larger will not be known till the figures are made up a few weeks hence. There is money in gooseberries. This is the gooseberry center. It is capable of being made a gigantic

mer location having been at 558 State street. This is an organization of thirty poultrymen living in the Willamette valley, the majority of these members living within three miles of Salem. In 1918, the first year, 15,000 day-old

chicks were sold. Business has shown a substantial increase every year. The past season (1924) 190,000 day old chicks were sold through the Salem Chickeries, the success of the enterprise being due to the splendid cooperation of its members, Mr. Needham states.

### LOW CHICK PRICES BEST WILLAMETTE VALLEY STOCK

White Leghorns, \$140.00 thousand, \$15.00 hundred—  
R. I. Reds, Banded Rocks, Anconas, \$175.00 thousand,  
\$18.00 hundred—Black Minors, Buff Orpingtons, White Rocks, \$20.00 per hundred.

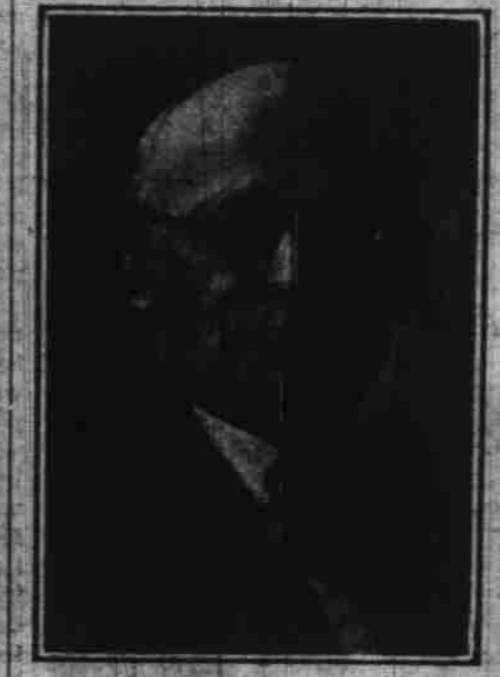
We will appreciate your business, and we know you will be delighted with our chicks.

**LET US BOOK YOUR ORDER TODAY**

**The Salem Chickeries**  
262-264 North Cottage Street  
Salem, Oregon  
Telephone 400



Dr. B. H. White



The Late Dr. Albert Abrams

# Salem Chickeries is Popular

## Nearly 200,000 Day-Old Baby Chicks Shipped Over Country in 1924 by Mr. C. N. Needham

C. N. Needham, proprietor Salem Chickeries, Salem, Oregon, who has secured a new "downtown" location of his own at 262-264 North Cottage street, the for-



C. N. Needham

chicks were sold. Business has shown a substantial increase every year. The past season (1924) 190,000 day old chicks were sold through the Salem Chickeries, the success of the enterprise being due to the splendid cooperation of its members, Mr. Needham states.

Chicks are shipped as far east as Montana and south to Arizona, the bulk of the season's shipments, however, going to Oregon, Washington, Idaho, California and Utah. Mr. Needham puts forth every effort to please his many patrons through carefully selected stock, prompt shipments and courteous business methods. The fact that he receives scores of repeat orders every season from pleased patrons is evidence that both the stock and business methods of the Salem Chickeries are meritorious and perfectly satisfactory. Six of the leading varieties are made a specialty by the Salem Chickeries: White Leghorns, Rhode Island Reds, Black Minors, Anconas, Banded and White Plymouth Rocks.

A corner of the Washbone Mammoth incubator hatchery where the Salem Chickeries' Rhode Island Reds and several other breeds of chickens are hatched. This Washbone Mammoth has a capacity of 12,000 eggs and is owned and operated by a member of the Salem Chickeries, Salem, Oregon.

### Look No More DIRTY BUGS DIRTY HANDS DIRTY ROOMS SMOKE Chimney Fires

**It Saves Wood and Coal Turpentine Sandpaper Temper And Money**

One package will clean a chimney. Costs 30 cents per package.

Information through the following firms selling "PRESTO":  
Pure Food Grocery, Gliese-Powers Co., H. L. Siff Co.

Gahlsdorf's, Roth Grocery, Sheffer's Drug Store, Dano's, Damon's, Padde & Krueger, Gruetinger.

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J. C. FORMICK, 245 Bush Street