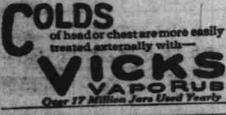
# BICYCLE BUILDS

Local Dealer Finds That Bicycle Not Only Saves Time But Adds Much to Health

"It develops your health." This was the essence of a short talk on



den's acquaintance was one day UP YOUR HEALTH watching the crowds of children going home from school when he was impressed by the number of boys that had skinny underdeveloped legs. This dealer conceived Harry the idea of holding a sort of caucus to find how the boys who rode bicycles compared with the ones who did not. It is interesting to note that in practically every case the boy who rode a bicycle showed much better physical development than the one who did not.

Mr. Ramsden also mentioned out in the elements.

Another thing that Mr. Ramsden especially mentioned was the time saving of the bicycle. Many times that one is in a hurry he can take a bleycle and be there CRUB can take a bicycle and be cranking a car.

Exceptional values for the thrifty housewife... Shop-

ping early in the week has many advantages over week-

end shopping of all fresh fruit and vegetables, selections

made easier, more time in selecting the many suitable

Vim Flour, 49 lb. sk. \$1.69

3 for ......25c

Post Toasties, 3 for ..... 25c

Shredded Wheat, 3 for 29

something new and more

package ...... 29c

large package ......29c

square package ......25c

Syrup, No. 5 pail ....37c

Syrup, No. 5 pail ....35c

in 5 lb. cartons ...... 65c

Crown Rolled Oats, large

MISCELLANEOUS

Viking Hearts of Wheat,

appetizing for your

Viking Pancake Flour,

Staley's Crystal White

Staley's Golden Amber

Red Rose Prunes, packed

5 lbs. .....

Fancy Prunes in bulk,

3 lbs. ....

Folger's Shasta Tea,

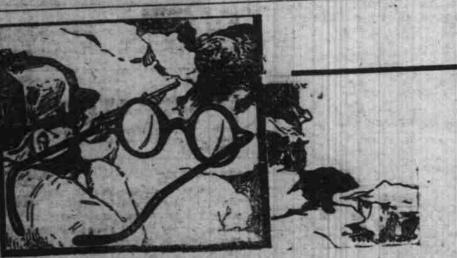
breakfast dish, large

Gold Medal Flour,

49 lb. sack .....

Kellogg's Corn Flakes,

foods for the dinner as well as lunch goods.



with confidence. Men carefully schooled in the science of dometry examine your eyes here. If you do not require sses, we will tell you so frankly.

MORRIS OPTICAL CO.

WOODBURN

Large can broken sliced

Medium sized can silver

Pineapple, 2 for .....45c

Strand sliced pineapple,

2 for ..... 35c

Sifted Peas in glass jars,

regular 35c size, spl. 25c

Beans, regular value 39c

special ...... 30c

New York Sugar Corn.

2 cans ......45c

per can ......16c

olive oil, is by far the

best of any tuna packed,

special this week, 2 cans

FLOUR and CEREALS

Fisher's Blend Flour,

this market.

**TUNA FISH** 

Curtis Tuna packed in pure

Golden Bantam, 2 for 45c

Royal Club Solid Pack

Red Ripe Tomatoes,

Grated Pineapple, can 15c

Lily of the Valley Tender

Lily of Valley fancy

Stringless Supreme

Lily of the Valley fancy

301-2-3-4 Oregon Bldg. Dr. Henry E. Morris - Dr. A. McCulloch

## A certain dealer of Mr. Rams-

Tells Why Office Work-ers Should Ride

The value of bicycling, both of exertion a delight.

"You can save money by riding a bicycle rather than a street car. and in addition to this you are always free to go when you want o," said Mr. Scott, when com-

"More and more thoughtful men are riding bicycles home from their work so that they can take advantage of the long evenings from work. by working in the garden."

#### BICYCLES SAFE

The report of the chief coroner for the city of Toronto, Dr. G. Graham, for accidental and other deaths in the city during 1923 forms strong support for the argument that bicycling is a safe pastime even in a city of good size.

The statistics for the year show plainly how each accident occurred in which a fatality resulted, and the figures give only one death as a fatality with bicycles or motorcycles.

There were 49 automobile fatal-

the previous year. Thirty people lard Machine Tool company, 10 were shot, and 9 died in street proposition, saving steps as well

#### BETTER SERVICE GIVEN FROM AMERICAN MAKES

Consul C. S. Marsh, Progreso, reports to the department of comfrom the standpoint of health and merce that there are something exercise but the easy, free sensa- man makes which are on the mar- will contribute. tion that accompanies the riding ket and also repair parts can be of a good bicycle makes this form secured much more easily. Nickel and the objective is \$4000 as it

#### APPROVES BICYCLES

menting on the virtues of bicycl- al manager of the Delco-Light Holbrook that they will do their

"They find it cheaper more than using street cars," stated Mr. ensign, "and means that suffering Grant. "We approve of it entire- will result in the city by our not ly and are glad to provide sheds having enough to do with." and racks in which they may It is is said of the Salvation arrangements."

#### FEW ACCIDENTS

According to a statement made by President Louis F. Butler of the Travelers' Insurance company, the bicycle is about the safest means of transportation in use today. Says Mr. Butler:

the percentage of accidents due to at \$219,931. cidents due to bicycles are still fewer than these."

#### GOOD EXERCISE

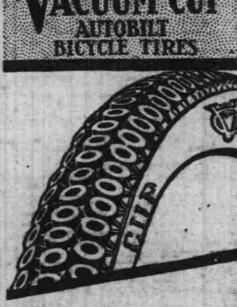
The whole body is more thoroughly exercised in riding a bicycle than in any other form of exercise. Yet the bicycle is so perfectly adapted to bodily needs that the fatigue of a ten-mile ride is less than one would experience in walking a tenth of that distance.

A result or bicycle riding is the strengthening of one's muscles, not only the lower extremities, but of and made her home with Mr. and the abdomen, chest and arms, all Mrs. Andrew Meyer. Both Mr. and of which are constantly excited to

SAVES TIME AND MONEY

"As a company we heartily endorse the use of bicycles for working men and women," says S. H.

Pennsylvania



WHEN you put these bicycle size automobile tires on your wheel, you equip it with the toughest, safest, strongest, longest wearing tires on the market.

Our line of Pennsylvania Bicycle Tires includes types and qualities for every taste and price limitation, always giving you the utmost value at whatever price you pay. Let us show them to you and tell you all about them.



ities, which was six less than for Bullard, vice-president of the Bulwere asphyxiated; 27 died from Bridgeport, Conn., "due to the falls, 20 were burned to death; fact that we consider it a saving car accidents. The one bicycle ac- as money. A number of our men cident occurred at the bottom of find their bleycles, if not an absothe somewhat lengthy list, the lute essential, certainly a very grand total for which was 559 great convenience in getting to and going from their work."

#### Salvation Army Fund Is Short of Expectations

The Salvation army budget campaign up to the present time has economy, is very often underesti- over 3000 bicycles in Yucatan, al- not reached the expectations of mated, according to Harry W. though due to the general pusiness Ensign and Mrs. Holbrook but has a bleycle, which Lloyd Ramsden the fact that a bicycle would in a Scott, local bicycle and motor- depression of the past two years, come a few dollars over the \$2000 short time pay for itself in saving cycle dealer. Many business men, sales of bicycles have been some- mark. The interest that has been depreciation on a cart left setting clerks and office workers ride what curtailed. More than 90 per shown in the work of the Salvastreet cars to their work and do cent of the bicycles sold in Yuca- tion army in the city is most pleasnot stop to consider that their tan are of American origin. This ing. The tag day was considered bodies need a little physical ex- is due to the fact that American a fine testimony as it cleared \$325. ercise. It would not do for peo- makes give better service than the There are a number of people who ple of this type to take strenuous few bicycles of English and Ger- have said that after May 1 they

> This campaign is for the year plated frames are the most popu- takes that much for the needed budget to carry the activities of the organization through that period. There are a great many friends of the Salvation army in According to R. H. Grant, gener- Salem who have assured Ensign Product factory of the Domestic best to see that more be raised as Engineering company, Dayton, O., with the many worthy objects that several hundred of the company's are appealing for support the Saiemployes ride bicycles to and vation army should have the money to carry on its work.

"Not getting our full budget healthful and more convenient will strike at our needs," said the

store their wheels. We believe army officers that they always try that every factory would find it to get along on as little as possito its advantage to make similar ble. But the hopes of Ensign and Mrs. Holbrook are that there will at least be \$3000 received in pledges and cash before the effort closes.

#### SHOWS INCREASE

According to the latest government reports, the exports of bicycles for the 11 months ending "The number of accidents in the November 30, 1923, show a big home is only slightly smaller than increase over the corresponding in the number of automobile acci- period for 1922. In, the latter dents. Those sustained in sports period 12,233 bicycles, valued at and recreation come next in num- \$128,782, were sent out of the ber; and then (a very small per- country, while in 1923 the numcentage) come the accidents sus- ber of bicycles exported more than tained in travel. Still smaller is doubled, totaling 26,663, valued

#### MOTOR FROM PORTLAND

SILVERTON, Or., April 28 .-(Special to The Statesman)-Mr. and Mrs. Axel Anderson and two children, Dorothy and Katherine and Mrs. Anderson's father, C. Christenson, all of Portland, motored to Silverton Sunday and spent the day at the home of Mr. and Mrs. M. J. Madsen. Mrs. Anderson formerly made her home at Silverton. Before her marriage she was Miss Lena Christenson Mrs. Anderson lived at Silverton a few years after their marriage.

WE PAY CASH FOR YOUR **FURNITURE** AND TOOLS

Capital Hardware & Furniture Co. Best Prices Paid



Con. : in and see these good bicycles and choose your favorite on our Easy Terms of Payment.

Lloyd E. Ramsden



"Oh, Boy! — Can You Beat It?"

EVERY day filled with sunshine, fresh air, muscle-building, C man-making. Out with the pals who go places and see and do things that only a bicycle makes possible.

Can you beat it is right! No up-keep to speak of and priced so reasonably that every boy and girl can have one.

The youngster who stays out in the great outdoors constantly grows up strong, clean-minded, clear-eyed, prepared for any mental or physical test demanded of him. He's a regular guy through and through!

Go into your local dealer today and arrange for your new bicycle. Models and prices for everybody in the family. There is no finer sport in the whole wide world than bicycle riding nothing that keeps you so fit, so happy, so glad to be alive and up and doing.

### This is Bicycle Week

## RECORD IS HERE

Lieutenant Oakley Kelly Who Flew From New York to San Diego Comes

air service organized reserves and the state fair Lieutenant Kelly said May 9 by way of Seattle. citizens' military training camps he could have the five planes stato be held at Camp Lewis from tioned here. The aviator was June 19 to July 18, Lieutenant by Mr. Collins before he resumed with Colonel Carle Abrams, Oakley G. Kelly of the United his flight. States army air service, stopped in Salem for a short time yester- ly's remarks, several local, men larily plans for the summer tr day. He was accompanied by who were in the air service during ing camps at Camp Lewis Lieutenant Colonel Jason M. Wal- the war, plan to get together and Fort Worden, Wash. ling, Seventh United States infan- devise some means of getting the

to come to Salem twice a month, lem, Albany, and Corve to come to Salem twice a month, turning later on in the after bringing five army planes with Today he will leave from him. Weed-end trips within easy conver barracks, flying to Me flying distance of Vancouver are returning Wednesday. Frida being made by the planes, but they flight to The Dalles and I are flying at a disadvantage owing to the lack of landing fields within an easy range. Lieutenant Kelly landed at the fair grounds, and looked over the territory. He he will fly to Spokane on M suggested that the field be dragged then on to Yakima the day Flying in the interest of the and otherwise smoothed. During lowing, returning to Val taken to the Illihee Country club onel Walling had a confi

field in shape.

Ex-service aviators will be given Lieutenant Kelly is one of the an opportunity to keep in practise most noted aviators in the country, provided the enclosure at the race having made the only non-stop track at the fair grounds is grad- flight across the United States. ed, Lieutenant Kelly told Fred This record was made in May Collins, assistant manager of the 1923. He has eight years flying Standard Oil company, who is a to his credit and is expected to be sidered effeminate, that's w personal friend. Under the plans retired in another eight years.

outlined to Mr. Collins, Lieutenant, Monday Lieutenant Ka Kelly said that he would be willing to Eugene, making stops at will be made, with Boise the ective on May 5, flying to Walla the following day. visiting several cities in

While Lieutenant Kelly was ing entertained, Lieutenant tive to the federal government As a result of Lieutenant Kel- national defense policy, part

> ium between government rul private business and private ness running the government

Where a cigarette holder is a

### Barrels Of Money

Saved by those who ride bicycles-If you have never ridden a Hicycle you can hardly realize the immesne saving that you can make by doing so-

Street Car Fare

alone will pay for a bicycle in a very short time, besides the many other advantages that you gain in using one.

Enjoy a hot meal at noon time. Ride down to lodge in the eve-Save one hour's time every day. Go and come as you please,

Call in and let us show you-Easy terms can be arranged to suit your pocket book.

HARRY W. SCOTT "The Cycle Man"

147 South Commercial Street

BUY FROM A STORE WITH THE ORANGE COLOR FRONT It's Your Guarantee of Service Plus Quality

49 lb. sack ...... \$1.69 black or green, 1/2 lb. 25c

Watch our windows for Oregon Canned Fruit, pack-

ed by King's Products Co., at prices never equalled in