

# Hints From a House-Wife's Kitchen Diary



Good Food for Children and Adults

### A PRACTICAL ANSWER TO A QUESTIONNAIRE

Some time ago a questionnaire was sent out to housewives in an endeavor to find out how they spent their time. It is to be confessed that in the great majority of cases the inquiry aroused only amused exasperation. Busy! Of course they were busy. Every woman was occupied and they would not take time to answer questions which seemed to lead nowhere.

One woman, however, did take the trouble to fill out the blanks as well as she could and in the space left "observations" said: "As I suppose your object in this investigation is to help women to more leisure by systematizing their work, I wonder you have not asked them what means they have taken to simplify the cleaning-up process after meals. For myself, I am sure I save much time and effort by a judicious choice of cooking utensils."

She was asked for more information on the point she mentioned. Her answer was "enameled ware." This, as easily washed as crockery and practically unbreakable with any kind of care, she had found, she could keep spotless and daintily attractive with a minimum of effort. So for once a questionnaire got a practical answer!

### A SUBSTANTIAL VEGETABLE DISH THAT'S GOOD

An excellent dish for supper is baked eggplant. Pare the eggplant and cut into small cubes. Put in an enameled ware saucepan with a small quantity of hot water. Cover closely and cook for about twenty minutes. Meanwhile, slice a small onion, very thin, and fry in another saucepan until brown.

When the eggplant is tender, remove from the fire and add to it the browned onions, half a teaspoonful of salt, and the juice of a lemon. Then butter an enameled ware bake dish; put in a layer of the eggplant and then one of either cracker dust or breadcrumbs until the dish is full, having the cracker dust on top. Add a few dabs of butter to the top and bake in a moderate oven.

Serve in the enameled ware bake dish, which is not only useful in the kitchen but ornamental on your table. Eggplant cooked this way affords a substantial item for your menu.

### FOR THE KIDDIES' SUPPER

Children who take cold luncheons to school need hot and hearty food at night. Care, however, should be taken to see that the food is digestible as well as substantial. One mother, whose three thriving children show her good care, contributes this hint.

Try a vegetable soup made with milk. Cook carrots, potatoes, a little onion and a little turnip all together in an enameled ware saucepan until all are very soft. Rub through a colander. Put milk into an enameled ware double boiler. Heat just short of the boiling point and then stir in the pureed vegetables. Cook slowly in the milk until all is smooth. The soup will not be discolored if it is cooked in enameled ware.

Served with toast or oyster crackers, this soup makes a meal in itself. It is very nourishing and will never give even a delicate child the nightmare, which can be so easily acquired from food too rich or heavy.

### A HOT DISH FOR A COLD PICNIC

Skating will always hold its own as king of winter sports. Skating picnics are always popular. With vacuum bottles, drinks can be kept so hot that coffee making over a fire is no longer necessary.

A good point, however, is to provide plenty of enameled ware mugs to drink out of. In very good weather metal cups are anything but pleasant and crockery may easily be broken by dropping from chilled fingers.

Should a hot dish, such as baked hash, be desired, cook it in an enameled ware bake dish, cover closely when first taken from the oven and wrap in several newspapers and then in an old blanket or heavy woolen cloth. Guarded this way, it will keep hot for hours.



## My Secrets

Of Beauty Are Yours Now, If You Wish  
By Edna Wallace Hopper

I made myself a famous beauty, and that beauty brought me glory. I have kept that beauty to a grand old age. After 40 years in the limelight, I still look a girl of 19.

These facts are due to helps I found through years of world-wide searching. They are, I believe, the best beauty helps in existence. No one I know has, in other ways, attained any like results.

So I have had these helps prepared and placed where all may get them. And I hope to see them bring to millions the benefits I got.

### Just Four Will Do

These beauty helps comprise 32 different factors. But great experts have combined them in four preparations. And all are sold at modest prices which every girl and woman can afford.

One is my White Youth Clay. A clean, refined clay, vastly more efficient than ordinary clays. A clay perfected by French experts through 20 years of scientific study.

My White Youth Clay brings a new complexion, rosy, clear and clean. It combats all lines and wrinkles. No woman who once tries it will ever go without it. It costs 50 cents and \$1.

### Youthful Bloom

My Youth Cream is a cold cream like nothing else you know. It contains products of both lemon and strawberry. French experts have

embodied in it the best skin helps they know.

Apply it after the clay. Also use it as a night cream, also daytimes as a powder base. Keep it ever on the skin to feed and whiten, firm, soften and protect. The price is 60 cents.

My Facial Youth is a liquid cleanser, now used by leading beauty experts the world over. It contains no animal, no vegetable fat. The skin cannot absorb it. So it cleans to the depths, then departs. And the dirt and refuse nothing else can reach comes with it. Great beauty experts charge \$3 for it. Mine sells for 75 cents.

### The Hair You Envy

My glorious hair is due to my Hair Youth. It is heavy, silky, lustrous, and grows finer every year. Falling hair, dandruff and grey hairs are unknown to me.

My Hair Youth is applied with an eye dropper, directly to the scalp. It does not muss the hair. It keeps the scalp like a well-kept garden where hair roots can flourish. It costs 50 cents and \$1 with eye dropper.

All druggists and toilet counters supply these preparations, exactly as I use them. My Beauty-book comes with each. They will bring you rich rewards. If you want more beauty, longer youth, these are the best ways science knows to get them. Edna Wallace Hopper, 536 Lake Shore Drive, Chicago.

Dollar Day Items Will Not Be Displayed in Our Windows

**MILLER'S**  
Good Goods.  
COURT AT LIBERTY

Dollar Day Items Will Not Be Displayed in Our Windows

# DOLLAR DAY

## Monday, March 31st

**PILLOW CASES**  
4 for \$1.00

42x36 regulation size pillow cases, our 39c quality will be sold Monday, 4 for \$1.00. This is a staple article that every home should buy—especially at such savings.

**LARGE BATH TOWELS**  
3 for \$1.00

19x38 large heavy weight bath towels, our regular 45c value. Dollar Day specially priced, 3 for \$1.00.

**LARGE HUCK TOWELS**  
5 for \$1.00

18x36 heavy weight Huck Towels, much cheaper than one can make them. These have red and blue borders. Dollar Day 5 for \$1.00.

**IMPORTED JAP CREPE**  
5 yards for \$1.00

Fine quality of imported Jap Crepe (not the sleazy quality) in all the vivid as well as staple shades for spring, 5 yards for \$1.00.

**36 INCH CRETONNES**  
3 yards for \$1.00

These are desirable Cretonnes in both quality and design; colorful spring patterns in yellow, blues, pinks, etc. Regular values 45c. Dollar Day 3 yards for \$1.00.

**TISSUE GINGHAMS**  
3 yards for \$1.00

A few pieces in tissue gingham in this special lot, many of which are conservative stripes. A 59c value. Dollar Day, 3 yards for \$1.00.

**56 INCH WOOL SKIRTINGS—\$1 yard**

This lot of all wool skirtings comprises some wonderful values. Some that formerly sold up to \$5 a yard. Choice of this lot Monday at \$1.00 per yard.

**DRESS WOOLENS**  
\$1.00 yard

An amalgamation of odd pieces of dress wooleens that lends a suggestion for that extra sport dress you've had in mind for outings, picnics, etc. Dollar Day, choice for \$1.00 per yard.

Annual Dollar Day comes on Monday this year—and we've arranged a program of selling events that will make your dollars do extra duty. Dollar Day is an occasion of real thrift here, the many staple articles advertised attest to the fact. Read the lists carefully, note the savings.

**Men's Knitted Ties**  
3 for \$1.00

—A few dozen knitted ties (the guaranteed kind) will be on display Dollar Day at special prices. These come in desirable plain colors or neat stripes and small designs. 3 for \$1.00.

**Men's Lisle Sox**  
Regular 35c Value  
4 pairs for \$1.00

—Blue, grey, brown and black lisle sox of the famous Durham Mills will go on sale Dollar Day at 4 pairs for \$1.

**Women's Vests**  
Values to \$1.00  
2 for \$1.00

—These are odds in white and pink vests that formerly sold at 80c and \$1.00. To clear this lot we offer them Dollar Day at 2 for \$1.00.

**Four-Piece Lunch Sets**  
2 for \$1.00

—A four piece stamped lunch set in a variety of patterns. Values to \$1.00. Dollar Day special 2 for \$1.00.

**ASTOUNDING VALUES IN SUBWAY STORE**

Women's black fibre Silk Stockings, all sizes. Mock seam; extra value; 3 pairs for..... \$1

Children's Ribbed Stockings; fast color, black. These are "Armor Plate." All sizes Dollar Day, 7 pairs for..... \$1

Men's Dress Sox in black and tan; fast color. Sizes 10 to 11½. For one day only we offer 7 pairs for..... \$1

Children's Worsted Finish Hose. Cuff top heather. Mixed colors. A regular \$1.00 value. Dollar Day, 3 pairs for..... \$1

Children's Black Sateen Bloomers, fast color. Small sizes only, 4 to 7 years; 3 for..... \$1

Stratford Cretonnes, new patterns for spring. 36 inch widths. For Dollar Day, 5 yards for..... \$1

Borden's Challies, new patterns, small designs, 36 inch widths. Good range from which to choose, 6 yards for..... \$1

Fancy Outing Flannel, 27 inch heavy weight. For one day only, Dollar Day, 7 yards for..... \$1

Imported Dolls, a very unusual offer. Values \$1.00 to \$2.89. Your choice, 2 for..... \$1

New Enamel Toy Buffets in pink, blue and ivory. Regular \$2.25 value, Dollar Day, each..... \$1

Child's Wash Set No. 156—tub, wash board, wringer and rack. Dollar Day, each..... \$1

Building Blocks in Auto Truck, a real toy special. For one day only each..... \$1

Mechanical Toys, delivery wagon, ambulance, dump cart. Dollar Day, any 2 for..... \$1

Women's small Imported Market Baskets, double handle. Dollar Day only, 2 for..... \$1

**36 INCH PERCALES**  
6 yards for \$1.00  
SUBWAY STORE

Light and dark percales in new fresh crisp patterns. Fast colors. Plaids, checks, stripes and conventional designs. Dollar Day only, 6 yds. for \$1.00.

**WOMEN'S PETTICOATS**  
\$1.00

A few sateen, pleated ruffle, Petticoats, a value that will not be overlooked by the shrewd shopper Dollar Day.

**Broken Sizes in FELT SLIPPERS**  
\$1.00

These are broken sizes of our regular \$1.50 felt slippers. Sizes 4, 4½, 5; also children's sizes 6 to 11.

**CHILDREN'S DRESSES**  
Values to \$2, Monday \$1.00

Children's stamped dresses and rompers in colors and white, extra value giving Dollar Day special, \$1.00 each.

**BOYS' HOLEPROOF HOSE**  
3 pairs for \$1.00

Heavy service stockings in Holeproof quality. Regular 45c value. Dollar Day Monday, 3 pairs for \$1.00.

**Ribbed Top Silk Plaited HOSIERY—\$1.00 pair**

This silk plaited stocking is very serviceable as well as a stylish number. In black, brown and white. Ribbed top. Regular \$1.25 value. Special \$1.00.

**MARCELLE, TRIM AND BOB CURL—\$1.00**  
Beauty Parlor

A trim, marcelle, and bob curl, all for \$1.00, Monday Dollar Day only. No phone appointments. Call at your convenience, we've added facilities for caring for your needs for this special day and will give our usual high grade service.

**ODD LOT OF CORSETS**  
Brassiers, Combination Gowns and Bloomers. Values to \$2.50—Dollar Day \$1

We've collected a lot of good values in corsets, brassieres, gowns, combinations and bloomers, mostly odd sizes but good qualities. Choice Dollar Day at \$1.

Many Unadvertised Dollar Items Throughout the Entire Store