

Pure Food For the Home

FAVORITE RECEIPTS

Cocunut Cream Pie
Add beaten yolks of two eggs, a pinch of salt and two level table-

spoons cornstarch to one large cup of cocunut milk or milk. Add one-half cup sugar. Place over slow fire and add about two-thirds cup of the cocunut. Pour into a baked crust and cover with stiffly

beaten whites of two eggs to which two or three tablespoons of powdered or granulated sugar have been added. Sprinkle one-third cup of cocunut on top and brown quickly in oven.

cuts that go almost all over the country.

The West Salem company is going ahead with its installation of sufficient engine and boiler equipment to run the plant by steam generated from the waste products of the factory. The demand for handles and other turned wood products has grown so steadily that the shortage of wood is a rather serious business matter.

Christian Callings Conference to Meet

A Christian callings conference, devoted to the fixing of ideals of service along helpful religious lines, is to be held today and Sunday at the Salem Y. M. C. A. It opens this afternoon at 3 o'clock with the registry and assignments and then the delegates go to the Presbyterian church to hold the meeting proper.

After a program of devotionals, song, and one or two addresses, a banquet is to be served in the hall and Rev. H. J. Beebe, Presbyterian. An evening program is to follow, addressed by L. P. Putnam, missionary to Siam.

Another meeting is called for Sunday morning at 9 o'clock, to hear addresses until 10:45, when the delegates go to the Presbyterian church to listen to a ser-

mon. Lunch is to be served at the Argo hotel. The delegates assemble at the Y at 2 o'clock for the last services of the convention.

The meetings are for the Y. M. C. A. and other Christian workers who are planning to devote their lives to humanitarian service. Salem speakers are Rev. Ward Willis Long, Rev. W. H. Hertzog, C. A. Kells, Edwin Socofsky of the Marion County Y. M. C. A., and John H. Rudd, secretary for county work for the Interstate Y. M. C. A.

DID HIM MORE GOOD

Many men and women suffer from backache, rheumatic pains, stiff joints, sore muscles and other results of kidney trouble because they neglected the first warning symptoms. Foley Kidney Pills aid the kidneys to throw out poisonous waste matter that causes pain and misery. Stephen Lewis, Eldridge, Ky., writes: Foley Kidney Pills did me more good than all other medicine I ever took. I had kidney trouble ten years. I don't have any pain like I had before I took them." Sold everywhere.—Adv.

Foundation Laid, Walls Rise for Postoffice Annex

All the concrete foundation is laid, and the hollow tile walls are almost half laid, for the new Salem postoffice annex. The annex has no basement or sub-floor. The concrete for the foundation was poured directly on the old concrete driveway floor, up to the level so that the floor joists and the flooring would make a new

floor on a level with the old post office floor. Above this height, the walls are of hollow tile, with steel framing for the doors, and a steel-protected loading platform at the back door.

The old driveway has been enlarged to make room for the rural delivery cars and the regular mail haulers of every kind. The addition gives 100 square feet of new working floor for the office, which is none too much for its fast-growing needs.

There must be a lot of money in the lecturing business for our English visitors. They're all doing it.

MONITOR
BALL BEATING
is made from pure greenish ultramarine and is best. Free from acids and dyes.

Three times a day
and always
Just Right



GOLDEN WEST COFFEE

Quality Meats

—AT—
McDOWELL MARKET

Be among the thrifty by trading with us; you can cut your meat bill in half.

We have a choice lot of dressed chickens at reasonable price, for Saturday.

Choice Corn Beef.....12½c and 15c
Choice Pork to Roast.....18c
Freshly Ground Hamburg.....12½c

Bring your empty pails and have them filled with our freshly rendered lard, it costs you less to buy lard this way.

It Costs Less to Trade at the
McDOWELL MARKET
173 South Commercial St. Phone 1421



BAKE-RITE BREAD FOR THRIFT

Bread is the food that persuades a dollar to yield biggest returns.

Every dollar you spend for Bake-Rite brings to your table highest nutritive value.

Invest the same amount in steak, chops, eggs or milk. And in comparison you'll find yourself short both in quantity and food value.

Bread assists at every meal to knock out the High Cost of Living.

Our window-baked Bread is so delicious that not a single crumb is wasted. So it's true Economy Food.

We bake our loaves to a crispy golden-brownness, right while you look on. Every morning a new batch of crusty, sweet-flavored loaves.

Take home an extra loaf today.

BAKE-RITE SANITARY BAKERY

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457 State Street Salem, Ore.



Baked in the Sunshine

"NO SUBSTITUTES USED IN OUR BAKERY"

HOUSEHOLD HINTS

Paraffined bread wrappers make good cleaners and polishers for the range. When a stove is warm enough of the paraffine melts to make a nice polish.

To save reaching under the drain board to hang up the dishpan have shelf put under the drain board just high enough to set the dish pan on as well as the rinsing pan and drainer.

A small screw in each of the legs of cots to which tapes on the blankets or quilts may be looped will prevent the annoyance of them slipping off during the night.

A small basket with a tall handle over which a scrubbing cloth can be hung to dry may contain a can of scouring powder and a brush for cleaning the bathtub. A small bottle of kerosene may be added by those who have tried this easy and sanitary cleanser. Kerosene cleans like magic, without hard rubbing, and quickly evaporates. In most bathrooms there is a little corner where such a basket can be set on the floor, and it will be found a real convenience for all concerned.

After adding extra leaves to the dining room table, all housekeepers know the inconvenience of having to open one tablecloth after another to find one of the right length for the extended table. To obviate this, mark the length of each cloth on the narrow hem, making very small letters and using white embroidery cotton.

CUT THIS OUT—IT IS WORTH MONEY

Cut out this slip, enclose with 5c and mail it to Foley & Co., 2835 Sheffield Ave., Chicago, Ill., writing your name and address clearly. You will receive in return a trial package containing Foley's Honey and Tar Compound for coughs, colds and droup; Foley Kidney Pills for pains in sides and back; rheumatism, backache, kidney and bladder ailments; and Foley Cathartic Tablets, a wholesome and thoroughly cleansing cathartic for constipation, biliousness, headaches, and sluggish bowels. Sold everywhere.—Adv.

WINTER SNOWS HANDICAP PLANT

Wood Working Institution in West Salem in Need of Proper Material

The winter snows, just over, have worked havoc with the Oregon Wood Working company factory in West Salem, in curtailing the material from which they have hoped to make broom handles and other similar wooden goods for the world. The company has been getting its slab wood from Falls City, where there is no lath mill and so have excellent waste that exactly fills the bill for the handle factory. The heavy snows had shut off the Falls City mills, and so the Salem supply failed.

The company has utilized some material from other mills, the Spaulding company, the Silverton and the Mill City mills, but these companies have lath saws, and sort their material down to the point that it leaves little handle wood for the broomeries. The opening of the Falls City mill will soon give them a supply of material, when they hope to catch up on a few of the many carload orders that are still being held up for wood.

The company is making an enormous order of spools for both adding machine and for regular wrapping paper rolls for the Salem paper mill. An increasing number of wood novelties has been added to the occasional line, until they are making many interesting and unsuspected prod-



SETTLE the breakfast question with OLYMPIC Wheat Hearts—a porridge.

OLYMPIC
FLOUR CEREALS FEED

Milk-fed VEAL

Prime LEGS OF VEAL 20c lb.
Pure VEAL SAUSAGE 20c lb.
Choice VEAL STEAK 18c lb.
Sugar Cured SLICED BACON 30c lb.
Best Creamery BUTTER 35c lb.
For Seasoning JOWL BACON 15c lb.
Something Different BONELESS PICNICS 25c lb.
Fresh Northern HALIBUT 20c lb.
Sliced LING COD 12 1/2 c lb.

"Where Salem Meats"
Originators of Low Prices

MIDGET MARKET
351 State Street
Not in the Combine

SELLERS DEMONSTRATION CONTINUED

Owing to the fact that the factory representative, J. C. Hunt, was a day late in arriving for this demonstration, he has consented to remain another day and will be at our store

All Day To-day

Special Factory Demonstration **SELLERS' KITCHEN CABINET** FREE

\$1.00 Down Delivers It To Your Home

Seven Piece set of Guaranteed Pure Aluminum Cooking Ware with every Cabinet sold during demonstration.



Sellers Mastercraft

You may never have another opportunity to secure the world's best Kitchen Cabinet on such easy terms. There is no necessity for further delay. Come in and learn for yourself the many special features of this wonderful cabinet.

Mr. Hunt will personally tell you of the dozens of superior points of the Sellers—which today stands in a class entirely by itself from a viewpoint of quality, construction and exclusive features not possessed by any other cabinet on the market.

In addition to this remarkable dollar-down offer, we will give with each Sellers purchased during these three days—a set of Aluminum Ware ABSOLUTELY FREE. This special offer alone should prompt you to an immediate investigation—to say nothing at all of the fact that you may avail yourself of this offer by paying only a dollar down and having any Sellers' Kitchen Cabinet in our stock delivered to your home.

If you are building, Mr. Hunt will gladly help plan your kitchen

The Sellers has more worth while special features than any other kitchen cabinet on the market.

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