

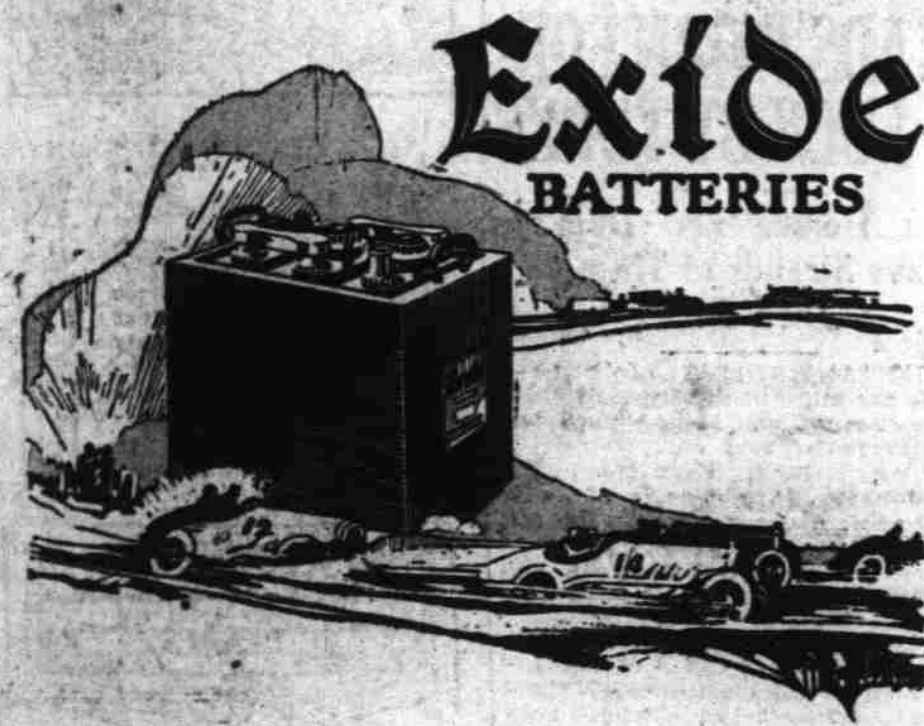
Doctor Tells How to Detect Harmful Effects of Tobacco

Try These SIMPLE TESTS

New York: Doctor Connor, formerly of Johns Hopkins hospital, says: Many men who smoke, chew or snuff incessantly and who are seemingly healthy are suffering from progressive organic ailments. Thousands of them would never have been afflicted had it not been for the use of tobacco, and thousands would soon get well if they would only stop the use of tobacco. The chief habit forming principle of tobacco is nicotine, a deadly poison which, when absorbed by the system, slowly affects the nerves, membranes, tissues and vital organs of the body. The harmful effect of tobacco varies and depends on circumstances. One will be afflicted with general debility, others with catarrh of the throat, indigestion, constipation, extreme nervousness, sleeplessness, loss of memory, lack of will power, mental confusion, etc. Others may suffer from heart disease, bronchial trouble, hardening of the arteries, tuberculosis, blindness or even cancer or the common affliction known as tobacco heart. If you use tobacco in any form you can easily detect the harmful effects by making the following simple tests. Read aloud one full page from a book. If, in the course of reading your voice becomes muffled, hoarse and indistinct, and you must frequently clear your throat, the chances are that your throat is affected by catarrh and it may be the beginning of more serious trouble. Next, in the morning, before taking your usual

smoke, walk up three flights of stairs at a regular pace then stop. If you find that you are out of breath, your heart beat is forced, trembling or irregular, you may be a victim of functional or organic heart trouble. If you feel that you must smoke, chew or snuff to quiet your nerves, you are a slave to the tobacco habit, and are positively poisoning yourself with the deadly drug, nicotine. In either case you have just two alternatives—keep on with the self-poisoning process irrespective of the dangers and suffer the consequences, or give up the habit and escape the dangers. You can overcome the craving and stop the habit in a very short time by using the following inexpensive formula. Go to any drug store and ask for Nicotol tablets, take one tablet after each meal, and in a comparatively short time you will have no desire for tobacco, the craving will have left you. With the nicotine poison out of your system your general health will quickly improve.

Note: When asked about Nicotol tablets, one of our leading druggists said: "It is truly a wonderful remedy for the tobacco habit; away ahead of anything we have ever sold before. We are authorized by the manufacturers to refund the money to every dissatisfied customer, and we would not permit the use of our name unless the remedy possessed unusual merit." Nicotol tablets are sold in this city under an iron-clad money-back guarantee by all up-to-date druggists, including D. J. Fry.



Victor at Indianapolis

Exide Battery performance at the Indianapolis Motor Sweepstakes on Memorial Day will be recorded as "a perfect score." Seven of the ten cars finishing the race, including the winner, used Exide Batteries for ignition.

Exide Service will supply you with a powerful, durable and dependable battery for your car—an Exide. It will also give your present battery unprejudiced, expert attention, and make it last as long as possible, until you are ready to replace it with an Exide—the long-life battery.



R. D. BARTON
171 South Commercial Street.

THE STATESMAN CLASSIFIED ADS. BRING GREAT RESULTS

Fall Woolens

We have just received a new shipment of fall woolens to add to our already large stock. These new goods are the very latest out and represent some of the most predominating patterns which will be worn this fall and winter.

Our 1920 fall display is the most wonderful array of suitings ever shown in Salem. The line represents every type of goods a man would want—from the very extreme patterns for young men to the more plain patterns for older men. The materials are, as usual with Mosher goods, the best that can be had. We let nothing keep us from getting the best, and we buy it with a knowledge of good goods which enable us to get the best at prices lower than ordinary.

We are sure that in this display will be found the very suit you have wanted for this fall. Better see us tomorrow and get the first suit from that piece of goods. The price will be right, and as for the looks of the suit after it is made—those who wear Mosher suits will testify that they are the best for workmanship and fit.

474 Court Street

Salem

D. H. Mosher

High Class Merchant Tailor To Men and Women

Farmer-Labor Party of Utah Being Organized

SALT LAKE CITY, July 24.—Various labor bodies of Utah cities and counties, the labor party of the state of Utah, the committee of forty-eight organizations in this state and a number of representatives of farming interests early tonight completed organization of the farmer-labor party of Utah, which then proceeded to hold its first state convention here. Utah Socialists refused to amalgamate with the new party.

The Socialists' stand was that they could not consistently join with any political group unless the members of that group joined the Socialist party. The other elements declined to do this and, after considerable discussion the Socialist representatives withdrew from the meeting and held a convention of their own.

Both the Socialist group and the farmer-labor party adopted platforms and the Socialists in addition named an entire state ticket.

The farmer-labor platform was devoted almost wholly to an endorsement of the national platform adopted by the new third party in its Chicago-convention.

The convention adjourned late tonight after calling a convention to nominate a state ticket to meet here August 15.

Indian Wins Fame As Long Distance Runner

LAWRENCE, Kas., July 24.—Arsold Patasoni, who at 19 is leading contestant for the honor of representing the United States in the distance races at the Olympic games at Antwerp, is a full-blooded Zuni Indian.

Patasoni weighs 98 pounds at the close of the Chicago Olympic tryouts. He is just five feet tall. At present he is a student at the Haskell Institute.

Long distance runs against his tribal brothers on the desert stretches of New Mexico where his home is located, gave Patasoni first training in the runs. He was trained by his brother, who had achieved local fame as a twenty-five and fifty mile runner. Patasoni has been running in distance races since early boyhood.

Navy to Represent America at Antwerp

LAKE QUINSIGAMOND, Mass., July 24.—The navy will represent the United States in the rowing regatta of the seventh Olympiad on the barge canal at Antwerp. The varsity crew of the naval academy, competing against the most powerful college and club eights of the country, today in the combined Olympic tryouts and national championship regatta, left in its wake after a hard tussle the crack crews of Syracuse university and the Duluth Boat club, which finished in that order.

PEOPLE PAY FOR DIRT

CHICAGO, July 24.—In a report made public director R. J. Poole of the city bureau of foods, states that consumers are paying two cents a pound on potatoes for the dirt found in each sack.

Investigation, he says, showed that before reaching a wagon peddler, potatoes had passed through the hands of five brokers, with each one making a profit of 35 cents a hundred pounds. Bags containing 18, 25 and 26 pounds of dirt were opened by his investigators.

BELFAST BURIES DEAD.

BELFAST, July 24.—Belfast spent tonight, considered the most critical in the present crisis, in inquests on the victims of three nights of rioting, in burying her dead and, in some affected districts, in preparing for another night of disorder.

The funeral of six passed without untoward vent. While the crowds turned out, there was no display of flags or other emblems and the police and military kept in the background.

From the residences of the victims to Milltown cemetery, the streets were lined with people and the atmosphere was charged with tension, but the spark which might set the city ablaze was not forthcoming. Local branches of the United Irish League and the Irish nationalists' veterans' association took a prominent part.

The funeral of Mrs. Noade, only woman victim, was marked by the attendance of a hundred women, while a couple of hundred young men escorted the procession.

WHISTLING FORBIDDEN

AGANA, Guam, July 24.—Whistling is prohibited in the city of Agana under a penalty of a \$5 fine by order of Captain Gilmer, governor of Guam and commandant of the

United States naval station here. His order reads:

"The practice of whistling is on unnecessary and irritating noise which must be discontinued."

"It is therefore ordered and decreed that no person shall whistle the limits of the city of Agana."

"The penalty for a violation of this order shall be an executive fine not to exceed five (\$5) dollars."

"W. W. Gilmer, governor of Guam."

Legion Men to Wear "Arms" at Assembly

CLEVELAND, O., July 24.—In contrast to the khaki which all were wearing two years ago, the 3000 delegates to the second national convention of the American Legion here in September will march in civilian garb. All former service men here

MONUMENTS

If your monumental work is solicited, kindly ask the solicitor for our business card.

We have an unusually attractive stock of these worthy memorials on display.

CAPITAL MONUMENTAL WORKS

J. C. JONES Prop. 2210 South Commercial Street, Salem Phone 689

A New Coat of Paint

Put On Your House Now

Will Save Three Times Its Cost

No man with the real sense of economy can fail to see the necessity of giving his building a new coat of GOOD PAINT before the weather begins to wear on the old paint. Paint is cheap, dirt cheap, when one figures the amount of actual cash it saves by preserving the longevity of your building. Why not look into that paint problem today? Come to us with any question you may have. We are glad to help with what advice we can give. And, don't forget that we can supply you with any make of paint your building should have—and in any grade or color.

Falls City - Salem Lumber Co.

12th and Mill Streets Salem

at the time of the convention will be asked to participate in the procession.

Delegates from all over the United States, Cuba, the Philippines, Hawaii, Mexico, Canada, England, France and Belgium, representing a membership of more than 1,500,000 veterans of the World war are expected.

JOHNSON READY TO FIGHT

TOPEKA, Kas., July 24.—"I'm in the best of condition and I'm open to fight anyone in the world—bar none," declared Jack Johnson, former heavyweight champion on his way to Chicago in charge of federal officers.

Police Dog Give n "Military" Funeral

NEW YORK, July 24.—Lady, a Belgian police dog who successfully dodged shot and shell while serving as a mascot of the second division A. E. F., was struck and killed by an automobile here the other day. Former comrades with whom she was living after having been "discharged" from service, buried her in a soap box casket and with a bugle sounded taps over her grave.

MANY JAPS UNEMPLOYED

TOKIO, July 24.—Unemployment is on the increase in Japan. This is shown by the results of the latest investigations into the movements of factory workers.

Read the Classified Ads.

Money in OUR BANK is a sure foundation for YOUR HOME

Bricks or stones placed one at a time upon each other make a foundation for a house.

Deposits steadily placed one upon another make a foundation for a fortune.

Put your money in our bank

You will receive 3 per cent interest

Salem Bank of Commerce

Salem, Oregon

At The Electric Sign "Shoes"

SPECIAL SHOE VALUES

Delayed Shipment Just Received From the East

Last week we received a large shipment of Shoes which were due here weeks ago, but which were tied up by traffic conditions in the East. We must dispose of these at once, and hence are making these

DELAYED SHIPMENT PRICES

Ladies Pumps and Oxfords

Ladies' Black and Brown Kid lace, Cuban heel Oxford
Delayed Shipment Price \$7.45

Ladies' Black Kid Military heel Pump
Delayed Shipment Price \$4.85

Ladies' Brown Kid Military heel Pump
Delayed Shipment Price \$4.85

Children's Ankle-Strap Pumps
Growing Girls' Black Kid Ankle Strap School heel Pumps, sizes 2½ to 7
Delayed Shipment Price \$4.75
Children's Patent Leather Ankle Strap Pumps, sizes 8½ to 11
Delayed Shipment Price \$2.75

School Heel Pumps and Oxfords
Growing Girls' Patent Leather School heel Pumps, sizes 2½ to 7
Delayed Shipment Price \$4.75
Growing Girls' Black Kid School heel Oxfords, sizes 2½ to 7
Delayed Shipment Price \$4.95

Misses' Ankle-Strap Pumps
Misses' Black Kid Ankle Strap Pump, sizes 11½ to 2
Delayed Shipment Price \$3.75
Misses' Patent Leather Ankle Strap Pumps, sizes 11½ to 2
Delayed Shipment Price \$3.75

Shoeteria

Self-service shoe department. Hundreds of bargains here. You serve yourself and save the clerk's salary.

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