

Nicotine Poisoning

Its Cause and Cure

(By C. Barton Connor, M. D.)

New York: Nicotine is the most active ingredient of tobacco and is a deadly poison even in small doses. Fortunately in the use of tobacco we get very minute doses to which the system seemingly becomes accustomed, but it acts as a slow poison just the same, and as such it does great injury to the human system without making itself apparent to the average individual. Many say "Tobacco has no bad effect upon me." Yet these same people could not under any circumstances be induced to take even the smallest dose of other well-known poisons not nearly so dangerous in their action. You have often heard the expression, "He has a tobacco cough." This is an irritation of the mucous membrane caused by nicotine, and exposes the throat and lungs to aching which in many cases prove fatal. Inflamed passages frequently lead to infections such as rheumatism, scarlet fever, diphtheria, tuberculosis, and many other diseases. Continued irritation of the throat through the use of tobacco has been held responsible for cancer of the tongue, throat and stomach. There is no question but that the continued use of Nicotine as found in tobacco effects the optic nerve, and weakens the eyesight and many cases of total blindness may be traced to this subtle poison. Nicotine also causes a thickening of and contraction of the blood vessels which brings on high blood pressure, and with it sooner or later apoplexy, cerebral hemorrhage and paralysis. This is not a pleasant picture to the users of tobacco. Some who use tobacco may go through life without experiencing any of these symptoms, but these cases are comparatively rare. Frequently we find those who will not admit that they feel any evil effects because they hesitate to confess that they lack the will power to stop the use of this poison, and they always lay the blame for any illness caused by the excessive use of tobacco to some other cause, when down deep in their hearts they know the real reason is "tobacco." Diseases commonly known as heart trouble, kidney trouble, eye troubles, nervousness, loss of memory, general debility, loss of vigor, premature old age, stomach troubles and many other diseases may be greatly benefited and often cured by the elimination of Nicotine from the system. I am frequently asked, "what is the remedy?" "How can I get rid of the Nicotine in my system?" The answer is, "cut down on your tobacco or stop it entirely." "Is there anything I can take to stop the craving for tobacco?" is another question I am asked. Yes, is the answer. I have had remarkable success with a simple tablet known as Nicotol. It is absolutely harmless and contains no habit-forming drug. This remedy seems to quickly overcome all desire for tobacco and it does not cost a fortune either. Should you wish to know positively if tobacco is injuring you, just make the following test: Take Nicotol tablets for a week or so and note how much better you will feel. You will need no further evidence to convince you that tobacco is not necessary for your health or happiness and you will be astonished and surprised at how easy it was to overcome this injurious and useless habit. Try it today before you forget it and I know you will thank me for writing this article.

NOTE: When asked about Nicotol tablets, one of our leading druggists said: "They are simply wonderful for the tobacco habit, away ahead of anything we have ever sold before and we would not permit the use of our name unless the remedy possessed unusual merit." The manufacturers authorize every druggist to refund the money to anybody who is dissatisfied and Nicotol is sold in this city under an iron-clad money-back guarantee by all up-to-date druggists, including D. J. Fry.

SHORTHORN SALE

DICK KIGER

CORVALLIS, OREGON

Saturday, April 17th, 1920

5 cows with heifer calves at foot
1 cow with bull calf at foot
9 cows safe in calf
4 two-year-old heifers safe in calf
4 yearling bulls
1 three-year-old herd bull "Royal Dale," a straight bull

All good, clean stuff in pasture condition.

The sale will be held at the farm three miles south of Corvallis on Kiger Island, 1:30 p. m.

COL. AL STEVENSON, Auctioneer

EASY WAYS to LOSE Your MONEY:

KEEP IT IN YOUR HOUSE
(SUPPOSE YOUR HOUSE BURNED)
HIDE IT, LEND IT, or SPEND IT.
THE EASIEST WAY IS TO

INVEST IT IN A
GET-RICH-QUICK
SCHEME

IT IS SAFE IN
OUR BANK.

If you have not yet begun saving, start today and put some money in the bank each week from your earnings and you soon will have money.

Beware of the smooth strangers who peddle pretty sounding schemes for "Getting-Rich-Quick."
It can't be done.

Put your money in our bank
You will receive 3 per cent interest

Salem Bank of Commerce

404 State Street, Salem, Oregon



Sold everywhere by furniture dealers and department stores
ENGLANDER
PRODUCTIONS CO.
ENGLANDER SPRING BED CO.
New York - Brooklyn - Chicago



CAPUDINE
TRY IT
DEPENDABLE ABSOLUTELY
FOR HEADACHES
10-30-60-A Bottle or by Date

STRIKERS STRIKE AT HEART OF NATION

(Continued from Page 1.)

eral Managers said. If the strikers want contracts they have only to return to their unions. We will recognize no outlaw organization." Plans for the senate investigation of the strike were completed by Chairman Cummings of the senate interstate commerce committee. The inquiry will begin in Chicago on Tuesday and will be conducted by the full committee with John Granau, A. F. Whitney, vice-president of the Brotherhood of Railroad Trainmen and officers of the Chicago, Milwaukee and St. Paul railroad, on which the strike originated, as the first witnesses.

Freight Moves in Chicago.

Two railroads entering Chicago lifted all freight restrictions and promised 100 per cent operation in the next 48 hours. B. D. Greer, vice-president of the Chicago, Milwaukee and St. Paul, said that the road would have full crews working before Sunday night and that switchmen at work would have the congestion fairly relieved within 12 hours.

The first general movement back to work, was announced after a conference between A. L. Lloyd, superintendent of the New York Central Lines; W. W. Kirsch, general chairman of the Brotherhood of Railroad Trainmen and W. Bannister, general chairman of the Brotherhood of Locomotive Engineers.

The freight embargo was ordered lifted at all depots of the New York Central lines.

List of Men Out.

Reports tonight indicated the following situation throughout the country:

Chicago—8,000 idle.
St. Louis—5,000.
Toledo—5,000, an increase of 1000 today.
New York and Jersey City—3,500.
Youngstown—3,000.
Buffalo—2,000.
Kansas City—1,300. Several hundred returned to work.
Los Angeles—1,100. Three hundred returned to work in California.
Detroit—2,000, an increase of 500.
Pittsburgh—1,000.
Columbus—2,000, a gain of 1,500.
Indianapolis—700; a gain of 350.
Fort Worth—650; a gain of 350.
San Francisco—400.
Gary—300.
Salt Lake—485; an increase of 175.
Syracuse—250.
Saginaw, Mich.—200.
Ogden, Utah—150.
Pueblo, Colo.—150.
Decatur, Ill.—240; an increase of 130.
Milwaukee—150; an increase of 50.
Pocatello, Idaho—100.
Springfield, Ill.—150; an increase of 100.
Joliet, Ill.—50.
Scranton, Pa.—50.
Bloomington, Ill.—75.
Port Wayne, Ind.—35.
Dayton, Ohio—250.
Canton, Ohio—150.
Jackson, Mich.—150.
Kalamazoo, Mich.—200.
Sparks, Nev.—75.
Niles, Mich.—700.
Saginaw, Mich.—200.
Flint, Mich.—100.
Battle Creek, Mich.—100.
Connellsville, Pa.—200.
Coffeyville, Kans.—45.
Houston, Tex.—30.
Springfield, Mo.—100.
Cleveland—1,000.

Switchmen also went out in Portland, Ore., Akron, Ohio, Warren, Ohio, Hornell, N. Y., Salamanca, N. Y., Niagara Falls and Sharon, Pa., and Sharpville, Pa., but no estimates of the number of men on strike were made.

One hundred strikers at Champaign, Ill., returned to work.

New Union Claims 25000.

F. W. Whelan, president of the International Order of Railroad Yardmasters, today reports that the yardmasters would strike. Five locals in the Chicago switching district, Racine, Waukegan, Elgin, Joliet and Chicago voted to remain at work.

Insurgent leaders declared tonight that 95 per cent of the switchmen were out in Chicago and that 20 chapters in the new union had been issued, enrolling a membership of 25,000.

H. E. Reading, president of the United Engineers' association, another of the outlaw unions, said that "from all indications the 'Big Four' brotherhoods are through."

"I have ordered 15,000 membership cards for the new organization," Reading declared. "and we are now starting on our twelfth thousand."

There were 124 cars of livestock received at the stockyards today over the direct trunk lines of four railroads.

A. F. Whitney, vice-president of the Brotherhood of Trainmen, said that a large number of strikers had returned in the Chicago area.

COLUMBUS, O., April 10.—A telegram to John Granau, president of the Chicago yardmen's association, asking that a charter be sent to a branch of that organization was sent tonight by representatives of 3,000 striking trainmen employed by the six railroads entering here.

A press committee, appointed at a crowded meeting of the men said they were "through with Bill Lee."

had withdrawn from the various locals and were forming "One Big Union" composed of representatives from all roads.

WASHINGTON, April 10.—Orders went out today to United States district attorneys to investigate the "unauthorized" railroad strikes in their districts to determine whether there has been any "joint action" designed to interfere with the distribution of the necessities of life or whether such interference was contemplated.

Attorney General Palmer, who is at Savannah, Ga., in making this announcement, said that "such joint action" would be unlawful. He added that the federal government would take no steps until a careful inquiry had been made to ascertain the facts. Mr. Palmer will be in the south for several days and has instructed Assistant Attorney General Ames to act on his own judgment should the situation be found to warrant it.

Although the strike apparently was spreading rapidly, particularly in the midwest, administration officials believed the authorized leaders of the railroad unions would be able to control the situation without government interference. Samuel Gompers has gone to Cleveland, headquarters of the trainmen's union, to discuss the general situation with the brotherhood chiefs.

LEE IS OPTIMISTIC.
CLEVELAND, O., April 10.—W. G. Lee, president of the Brotherhood of Railroad Trainmen today issued the following statement regarding the nation-wide strike of railroad yardmen and switchmen:

"The situation at Chicago is constantly improving and those in charge of the five brotherhoods there report daily gains, and hope that more of the thinking members of the organizations will return to their former positions very soon."

"It is believed the members will recognize that the only hope of securing additional increase in pay, to which they are entitled, and which we are confident will be granted by the labor board recently created by federal law, just as soon as that board is appointed by President Wilson, is for them to return to work immediately. The fifteen railroad labor organizations have entered into and signed an agreement to present their wage demands to such board."

"According to the law, and it is unreasonable to expect that any increase will be granted except by the board, and in accordance with the federal law, it is equally certain that whatever benefits are secured

will come through the authorized committee of the established labor organizations."

FOOD SITUATION CRITICAL.

WASHINGTON, April 10.—Reserve supplies of foodstuffs at the principal distributing centers already have been depleted a substantial result of the railroad strike, the department of agriculture today announced. Large shipments of meat, livestock and produce were in transit today but arrivals will be more or less affected by local strikes at junction points, an official summary by the department said.

"The strike situation was reported serious at New York," and the announcement continued "very little produce was lightered across from New Jersey Friday or Saturday."

"At Chicago, the supply of various commodities was reduced about 50 per cent with the possible exception of potatoes."

"In St. Louis and East St. Louis an embargo was placed on practically all express and freight."

"At Kansas City 75 per cent of the railroad facilities were reported unavailable. Car lot dealers reported inability to distribute many cars of perishable produce in the railroad yards. Others are being unloaded into trucks and the contents placed in warehouses."

"The Pittsburgh market is reported not yet affected but railroads are not accepting billings west."

"Dealers in Omaha are reported not anticipating that the strike will affect conditions."

OHIO INDUSTRY PARALYZED.

COLUMBUS, O., April 10.—With approximately 14,000 men on strike in various railroad centers in the state, according to unofficial figures, Ohio tonight is facing a critical situation. Foodstuffs in cities are becoming low, it is reported by food distributors. Many industrial plants are closing down, throwing thousands out of work.

Reports from Ohio cities early tonight, all of which are unofficial, show the following number of men on strike:

Columbus, 2,000; Youngstown, 3,500; Akron, 100; Warren, 40; Dayton, 300; Canton, 300; Toledo, 5,000; Alliance, 250; Cleveland, 2,000 and Springfield 65.

Youngstown reported that the steel plants are virtually paralyzed. Over 3,000 workmen are idle.

KANSAS CITY, Kans., April 10.—The first legal action in the "outlaw" strike of switchmen in Kansas City, Kans., was taken late tonight when four complaints, charging violation of the Kansas industrial court law, were issued at the request of Attorney General Hopkins against striking members of the switchmen's union. The charges in each complaint were three: including men to quit their employment; conspiracy to induce men to quit work and thereby hinder and stop operation of railroads and inducing employees to quit work and stop operation of railroads.



We Make Young Men's Suits

We are makers of young men's clothes as well as those of more conservative styles. We are prepared to give you a suit in ANY STYLE and you may be sure that it will be MADE RIGHT. Young men of high school and college age who have not visited our store—it will pay you to compare values between our tailored clothes and those that are ready made.

Our prices are no higher and in many cases not so high as ready-mades. Remember—we use only high class wools—no cotton mixtures—in our suits. Once a customer always a customer.

Look Us Up

D. H. MOSHER MERCHANT TAILOR
TO MEN AND WOMEN

474 Court Street, SALEM, OREGON

The Samson

THE ALL YEAR TRACTOR

When you buy a Tractor, you want one that will take the place of and do the work of a barn full of horses, without costing you a fortune or a big part of your crop to buy and maintain.

You want a Tractor with more drawbar capacity, with less weight—a tractor that will give you an unlimited range of steady power on the pulley. You want one that hugs the ground and pulls, pulls, pulls.

That is exactly the kind of a Tractor you get when you buy a SAMSON—the last word in modern tractor construction.

Every working part is enclosed and protected against mud, dust and rain. It has no lost motion, for it is built and lubricated throughout like the finest automobile. The SAMSON is a long-lived tractor, and every part is guaranteed for twelve months against defects of any kind.

And the most important part of all—the price—is within the reach of every farmer. When you buy a SAMSON, you buy a complete tractor—fenders, platform, belt pulley, governor and brake—all for one price.

PUBLIC NOTICE

Owing to illness of F. N. Woodry, the Auctioneer, the furniture auction of Mrs. O. W. Headrick, 1561 North Front St. which was to be held Tuesday, April 13, is cancelled.

The furniture, etc., will be moved to Woodry's store at 270 North Commercial street for private sale.

F. N. WOODRY

VICK BROTHERS

Salesroom at Pohle & Son's

Office, 503 Bank of Commerce Building