

### How Much Tobacco Will My Heart Stand

#### A Question Vital to Every Man Who Smokes or Chews

IT MAY COST A PRECIOUS LIFE TO FIND OUT BY EXPERIMENT.

The heart of every user of tobacco bears a double burden. It does its allotted task and then fights nicotine for supremacy. As long as the heart wins he lives; when it loses he dies, but before the final victory of nicotine you pass through many stages of decline and decay and suffer many pangs. Hearts are like human beings—some are stronger than others, therefore some hearts will stand more tobacco than others, but there is a limit to what any heart can stand. The man who puts this additional strain on his heart a dozen times a day by smoking cigarettes, a pipe or cigars—or chewing tobacco—is taking a madman's chance with health and life to lose and nothing to win but the chance that he may not lose them. He is indulging in a costly habit at the expense of precious health. Ask any doctor anywhere, and he will tell you that using tobacco is injurious and that it is far better to quit the habit than to experiment to find out how much tobacco your heart will stand without serious results.

But the thought of quitting is unpleasant to most men—even to those who know that tobacco injures them—and to really quit takes more will power than they have and causes more suffering than they can voluntarily endure. To quit the habit make it easy

## CHURCHES

### St. Paul's Church.

Easter day, 7:30 a. m., early celebration of Holy Communion; 9:45 a. m., children's service; 11 a. m., church celebration and sermon, "Inspirations of Immortality"; 4 p. m., baptism; 7:30 p. m., evening prayer and sermon, "Resurrection Power." The musical program at the morning service will include Spence's anthem, "The Day of Resurrection." Shepherd's setting of "Christ Our Passover." Gloria Tibi by Gounod, Sursum Corda and Sanctus by Camidge, benedictions by Morley, Agnus Dei by Adams, Mr. L. O. Jenkinson will sing a solo, "The Women at the Tomb," at the evening service. Every-body welcome. Chas. H. Powell, rector.

### Services at the state institutions

Sunday will be held as follows: 9:30 a. m., State hospital, by E. Sherwood; 2:30 p. m., Cottage farm, by A. Wells; 3:00 p. m., Girls' Training school, by I. G. Lee; 3:15 p. m., Tuberculosis hospital, by T. S. Anderson.

### Presbyterian Church.

Thomas S. Anderson, minister. The Easter spirit will prevail in all the services of this church. The church school will meet in the main auditorium at 9:45. All departments joining together. At the 11 o'clock service will occur baptism of infants, reception of men members and communion of Lord's Supper, with a brief Easter sermon. Intermediate Endeavor at 5 o'clock. Young people's meeting at 6:30 and evening song service at 7:30. Old familiar hymns at the evening service that all may enjoy. The church will be appropriately decorated with beautiful flowers and filled with sweet music. A welcome for every one.

### First Methodist Episcopal.

Dr. Richard N. Avison, minister, corner Church and State streets. 7 a. m., prayer meeting, under the auspices of the Epworth league, led by Mrs. C. A. Bowen. All, both old and young, are invited. Start the Easter day aright by spending the hour with us, communing with God. 9:15, old-time class meeting, room 4 downstairs. W. L. Cummings, leader. 9:45, Sunday school, Albert J. Gillette, superintendent, assisted by Robbin Fisher. Today, the hour will be given over to an Easter program. Come and see what it is. 11 a. m., sermon, "Church Membership." 2 p. m., Brother Rosebraugh will lead devotional exercises at the Old People's home, Twelfth and Ferry streets. 4 p. m., an Easter program, rendered by the church choir, will take the place of the usual evening service. 6:30, Epworth league. Thursday, 7:30 p. m., prayer and praise service. We might have as our slogan, "Come and bring another." Intermediate league in Epworth hall; Junior league upstairs.

### Central Congregational.

South Nineteenth and Ferry. H. C. Stover, minister. Sunday school at 10 a. m., in charge of Mrs. B. E. Edwards; an Easter program from the Sunday school at 11 a. m.; Christian Endeavor sunrise meeting at 7 a. m., Easter cantata, "Our Living Lord," will be given by the choir at 7:30 p. m.

### First United Brethren.

Yew Park. Sabbath school at 10. At 11 a. m., an Easter program will be given by the Sunday school; Christian Endeavor at 7. Praise singing at 8. Mid-week prayer meeting on Wednesday evening at 7:30. All are cordially invited. C. W. Corby, pastor.

### First Baptist.

At 11 o'clock Sunday morning Dr. James A. Franklin of Boston will preach. Dr. Franklin is one of the secretaries of the Baptist Foreign Missionary society and a very able man, and he will tell about the needs of the mission fields both home and foreign. The aim of the "New World Movement" will be explained. Every member of the church should hear him, and others are invited as the talk will be of interest to all. Rev. Loughridge will preach in the evening.

### St. Paul's Church.

At 11 o'clock Sunday morning Dr. James A. Franklin of Boston will preach. Dr. Franklin is one of the secretaries of the Baptist Foreign Missionary society and a very able man, and he will tell about the needs of the mission fields both home and foreign. The aim of the "New World Movement" will be explained. Every member of the church should hear him, and others are invited as the talk will be of interest to all. Rev. Loughridge will preach in the evening.

### St. Paul's Church.

At 11 o'clock Sunday morning Dr. James A. Franklin of Boston will preach. Dr. Franklin is one of the secretaries of the Baptist Foreign Missionary society and a very able man, and he will tell about the needs of the mission fields both home and foreign. The aim of the "New World Movement" will be explained. Every member of the church should hear him, and others are invited as the talk will be of interest to all. Rev. Loughridge will preach in the evening.

### St. Paul's Church.

At 11 o'clock Sunday morning Dr. James A. Franklin of Boston will preach. Dr. Franklin is one of the secretaries of the Baptist Foreign Missionary society and a very able man, and he will tell about the needs of the mission fields both home and foreign. The aim of the "New World Movement" will be explained. Every member of the church should hear him, and others are invited as the talk will be of interest to all. Rev. Loughridge will preach in the evening.

### MESSAGES OF EASTER SPOKEN BY PASTORS

(Continued from page 1)

who rose today and he should work with Him to make the world the place Christ wants it to be.

A devout and spiritual approach to the Easter day is the appeal of Rev. Charles H. Powell of St. Paul's church, who says:

"Resurrection is the final proof of immortality. Therefore, on this one day, dedicated to the immortal hope, we ought at least to join with our fellows throughout the world in its celebration. Spiritual vision and exaltation alone can save the world from chaos in our times. Shall we not, then, lay aside gross materialism for this day and unitedly seek inspiration and communion with God, Slumbering Humanity Deplored."

That man who does not attend upon the divine services on Easter day does not believe in the Easter message. "The Lord is Risen," according to Rev. George Koehler, the Lutheran pastor.

"The resurrection has not yet begun in his soul," he says. "He has not risen from the sleep of sin to bask in the Easter light of forgiveness. He should begin at once to seek the risen Lord."

Reverend F. W. Launes, pastor of the evangelical church, emphasizes the fact that the risen Christ is Lord of the rich and of the poor. "He shines into the palace of the great who love His light. But he also shines into the poor man's hut, whose only cause of joy is his thus shining." Rev. Mr. Launes sees in this "Light of the World" the hope for restoring

man in the world as again "the Image of God."

All the preachers emphasize that phase of Easter which is a promise of future life.

"Through Jesus' resurrection our own resurrection being assured, death is not a terminus; it is a thoroughfare. Life does not finish in endless night; it goes forward to bright morning and endless day," says Rev. G. F. Liening, Sr., of the Evangelical association church.

### Heritage is For All.

The Easter-tide reminds us of our common heritage. It sounds a note which vibrates harmoniously in every human heart. All adore Christian purity, symbolized in the Easter lily. All have an undying desire for immortality—the message of this great day are the words of Rev. Anthony F. Lind, of the Scandinavian Methodist church. "You desire immortality and a blissful eternal existence and yet you turn your back upon Christ and His church—the only foundation of such eternal life, the only reasonable foundation upon which an eternal home of love and peace can be built."

### Rev. Horace N. Aldrich, pastor of Leslie Methodist church, summarizes the necessity for the resurrection and the Easter message in the Christian economy of things.

"As certain as man's greatest curse is sin, as certain as man's greatest need is salvation from sin, so certain will be that Jesus Christ, the Savior, will be more precious to man than any one else," Mr. Aldrich says. "Rob the world of Him and its moral and spiritual sun is blotted out. Take Christ away from the Christian and he is stripped of all that is most dear."

"To commit this awful robbery, taking away the Christian's Lord, they are making preparation who seek to destroy devout and trustful faith in Him, in His sinless life and character, in His atoning mission to the lost world, in His divine nature, in His transcendent worth, in His revelation of God, in His spiritual works, in His matchless words, in His sacrificial death and in His victorious resurrection. If Christ be not raised your faith is vain. In raising His Son from the grave God put the seal of His approval upon the whole life and work of His annointed, overwhelmed His enemies with defeat, and laid a firm foundation for the faith of all ages."

### SITUATION VERY TENSE IN IRELAND

(Continued from page 1)

who was killed in the street fighting at the time of the rebellion, was searched and Mrs. Humphrey's son-in-law, a student, was arrested.

Armored Cars at Hand.

An armored car is stationed at the entrance to Kingston pier to reinforce the military guard there. Soldiers unloaded fresh supplies of ammunition at Northwall and conveyed it in motor cars, protected by armored cars through the city.

Dispatches from various parts of the country indicate a similar state of affairs at Derry, Tipperary, Newry, Limerick and other places.

The Freeman's Journal publishes a significant article headed "Peaceful Eastertide," in which it says:

"Let the young men of Ireland remember that the main chance the enemy has to complete his triumph of destroying the Irish is made up in the sinister and savage advance which is going the round of the clubs of the militarists and die-hards — get them into the streets." The paper appeals to the people for restraint and self control.

Feeling Runs High in Cork.

The feeling in Cork, it is understood, is so embittered by the murder of Lord Mayor MacCurtain that anything may happen there. But so far as Dublin is concerned, it is believed that Viscount French, the viceroy, will have to report as did Lord Wimborne a couple years ago on the occasion of a similar scare—not a dog barked.

The military police halted every pedestrian entering Dublin and searched them for arms but found none. The Associated Press automobile was held up by a soldier who emphasized his demand for a search by placing his bayonet uncomfortably near. The troops expect to maintain this guard against arms for three or four days.

Dublin Castle does not take seriously the reports of an outbreak.

### Latest Census Reports Show Fluctuations

WASHINGTON, April 3.—	Sheir dan, Wyo., 9,175, increase 767 or 9.1 per cent.
Carthage, Mo., 10,053, increase 570, or 6.0 per cent.	Frankfort, Ky., 9,105, decrease 660, or 6.3 per cent.
Steelton, Pa., 13,428, decrease 818 or 5.7 per cent.	Natchez, Miss., 12,608, increase 815, or 6.9 per cent.
Staunton, Va., 10,617, increase 13, or 0.1 per cent.	Fort Smith, Ark., 28,811, increase 4,836 or 20.2 per cent.
Leavenworth, Kas., 16,901, decrease 2,462, or 12.7 per cent.	Springfield, Mo., 39,629, increase 4,419, or 12.6 per cent per cent.

### Are Your Teeth Bothering You?

WHEN your teeth are bothering you, the first step is to find out what the trouble is. You must go to a dentist, get him to examine your mouth and give you advice.


A mistake in advice leads to all sorts of trouble, so it is highly important to get good advice in the beginning.

Registered Dentists using the E. R. Parker System examine and treat so many patients that the advice they give is founded upon much experience. The man who does things over and over many times becomes very skillful, and you can depend upon what he says and does.

If your teeth are bothering you, go to any E. R. Parker System office and have them examined without charge. You will find prices moderate for any work you need. Good advice, if followed, always leads to good results.

Registered Dentists Using the E. R. PARKER SYSTEM

Dr. D. M. Ogden Dr. R. B. Miller  
Dr. F. V. Greif  
State and Commercial Streets



### W. D. Gorsline's Public Auction

Tuesday, April 6, 1:30 p. m.

Located 4 miles north of Salem, 1/2 mile west of the Wallace Road, known as the James K. Sears place; go through the Calder place or by the Winslow Road. Consisting of

20 HEAD OF DAIRY COWS 20  
Fresh and Coming Fresh. All Good Milkers, 2 to 8 Years Old.

6 HEAD OF HORSES 6  
One Pair Matched Mares, Weight 2200 Pounds. One Mare 1500 Pounds, 9 Years Old. One Mare 1400 Pounds, 5 Years Old. One Mare 1400 Pounds, 4 Years Old. One Mare 1350 Pounds, 5 Years Old.

19 HEAD GOATS 19  
3, 5 and 10 gallon Cream Cans. One Galloway Cream Separator

TERMS OF SALE WILL BE CASH  
NOTE—I am selling my Dairy on account of Labor

W. D. Gorsline, Owner F. N. Woody, Auctioneer  
Phone 64F11 Phone 510 or 511, Salem, Oregon

NOTE: Woody conducts stock and farm auctions everywhere. List your sales with him for RESULTS

### Will Not be One Day Without PE-RU-NA

This Lady TELLS Her FRIENDS



Mrs. Mary Fricke, 507 Borman St., Belleville, Ill., is just one of the many thousands of ladies throughout the country who, after an agony of years, have at last found health, strength and vigor in PE-RU-NA.

Her own words tell of her suffering and recovery better than we can do it: "I suffered with my stomach, had awful cramps and headaches so I often could not lay on a pillow. Saw your book, tried PE-RU-NA and got good results from the first bottle. To be sure of a cure I took twelve bottles. I have recommended PE-RU-NA to my friends and all are well pleased with results. I will not be one day without PE-RU-NA. Have not had a doctor since I started with PE-RU-NA, which was about fifteen years ago. I am now sixty-three years old, hale, hearty and well. Can do as much work as my daughters. I feel strong and healthy and weigh near two hundred pounds. Before, I weighed as little as one hundred. I hope lots of people use PE-RU-NA and get the results I did." An experience like that of Mrs. Fricke is an inspiration to every sick and suffering woman.

If you have catarrh, whether it be of the nose, throat, stomach, bowels, or other organs, PE-RU-NA is the remedy. It is not new; it is not an experiment. PE-RU-NA has been used by thousands who once were sick and are now well. To prevent coughs, colds, grip and influenza and to hasten recovery there is nothing better.

PE-RU-NA will improve the appetite and digestion, purify the blood, soothe the irritated mucous linings, eradicate the waste material and corruption from the system. It will tone up the nerves, give you health, strength, vigor and the joy of living. Do what Mrs. Mary Fricke and thousands more have done—try PE-RU-NA. You will be glad, happy, thankful.

Tablet or Liquid. Sold Everywhere.

### REAL ECONOMY IN MEN'S SUITS!

A good suit is a good investment; a poor suit is money thrown away. When suits were cheap a man buying a cheap ready-made suit did not lose much. He loses heavily on such a purchase nowadays. Bring any sample of the average ready-made suit and we will show you woollens in our stock which will give twice the service for but little more money.

For fourteen years we have clothed the most prominent of Salem's business men. Join our ranks of satisfied customers. Once a customer always a booster.

### D. H. Mosher

Merchant Tailor to Men and Women  
Court Street Salem, Oregon

### YOUR VEGETABLE GARDEN

Your Vegetable Garden carefully planned and planted will produce through a long season a big supply of delicious fresh vegetables for the table and canning of a quality that you cannot buy, and will prove a most interesting and healthful diversion.

Our seeds are grown by reliable seed growers and are selected for their purity and germination.

When you plant our seeds at the proper time and in the proper way you are sure of a good crop.

### D. A. White & Sons

Seedsmen  
255 State Street Salem, Oregon

### WILLAMETTE VALLEY FARMS ARE LOW IN PRICE

COMPARISON of selling prices of our farm lands with those in other sections of the country, where returns are not even equal, indicates that inflation has not struck this territory. Ultimate values will increase substantially, however, rather than speculatively, by keeping production at the maximum point.

### United States National Bank

Salem Oregon

### Im going to quit letting My Money slip through my fingers



### Im going to BANK it—it pays

Put a check on yourself. You'll be glad some day. If your money is in our bank instead of in your pocket, you can't let it slip through your fingers.


If you put some money in the bank every pay day you'll have enough some day to go into business for yourself.

Star a fortune.

Put Your Money In Our Bank  
You Will Receive 3 Per Cent Interest

### Salem Bank of Commerce

### The Merry Miles of Motorcycling—



Be motor merry without the money worry. You'll enjoy low first-cost and little up-keep if you buy a

### Harley-Davidson

Motorcycle, with chummy sidecar if you like. The hardy Harley-Davidson will take you all the miles that are motorable—the little money it costs you'll never miss. Make up your mind to motorcycle between work and home, and far away into the country and back on Sundays. Get the merry motor miles the Harley-Davidson gives. Come here and see the 1920 model—The World's Champion.

HARRY W. SCOTT  
147 South Commercial Street  
Phone 68

40 to 60 miles on a gallon of gasoline