

**BLIGH THEATRE**

Big Special Show TODAY and TOMORROW

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IN

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A trip to Alaska and a thrilling love story—  
All in one.

**CHARLIE CHAPLIN**

in  
**"THE MUSICAL TRAMP"**

**F. E. Kersey, Returned Veteran, Buys Store**

DALLAS, Or., June 3.—(Special to The Statesman)—F. E. Kersey, a veteran of the recent German war who returned from France with the Dallas company a few months ago yesterday purchased the W. R. Ellis confectionery store on Main street

**Start Tomorrow and Keep It Up Every Morning**

Get in the habit of drinking a glass of hot water before breakfast.

We're not here long, so let's make our stay agreeable. Let us live well, eat well, digest well, work well, sleep well, and look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver and bowels, the previous day's indigestible waste, sour bile and poisonous toxins. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast.

The millions of people who are bothered with constipation, bilious spells, stomach trouble; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store. This will cost very little, but is sufficient to make anyone a pronounced crank on the subject of inside-bathing before breakfast.

and today assumed possession. Mr. Kersey has been employed in a wholesale confectionery concern in Portland for the past month and he conducted a store here for several years prior to the world war when he disposed of his business and entered the army to fight for the freedom of the world.

**TURNER ITEMS**

TURNER, Or., June 2.—Mrs. Roy Mollet (Elizabeth Small) of Portland visited Miss Hazel Bear and Mrs. O. P. Given Friday and Saturday.

Mrs. R. O. Thomas and daughters, Ada and Hallie, were up from Portland for Memorial day exercises Friday.

Mr. and Mrs. George Ford and sons of Portland were guests at the Baker hotel last week.

The Misses Evelyn Martin and Hazel Bear entertained about 20 children of their Sunday school classes, with a picnic Saturday.

Miss Jeanette Gray is visiting in Washington.

Arthur Salisbury spent the weekend at his home.

Mr. and Mrs. J. F. Lyle have returned from Portland to live in Turner.

It is reported that Eugene McVicker, a former Turner boy, has recently been advanced to the rank of second lieutenant. He is with the army of occupation.

Miss Gay Davis returned from Dallas Sunday, her school having closed Friday.

**CLOVERDALE PERSONALS**

Mrs. W. J. Hadley and son, Ivan, drove to Marion Tuesday.

Mrs. J. D. Craig had Lois Cary and Miss Ethel Craig for her week end guests.

Mrs. Jessie Moores and daughter Hene of Salem have been visiting at the home of Mrs. J. D. Craig.

Walter Blaco and family spent Sunday with Mr. and Mrs. John Girardin.

Miss Loretta McCormick of Florence is visiting with Mrs. G. W. Faris for a few weeks.

The Cloverdale school closed June 2. The children were given a picnic in the woods for a day with a basket dinner and a wienie roast.

Gus Drager and family were in Salem shopping Saturday.

Mr. and Mrs. J. E. Whitehead of Turner spent Sunday here with Mr. and Mrs. Arthur Kunke.

Mrs. George Weatherill left Saturday for the east to visit with her daughter for two months.

**They're Overalls In Dear Old London But No U.S. Plumber Would Dare Wear 'Em**



No self-respecting farmer, even on the loneliest farm in the whole U.S.A., could be nagged into putting them on. A truck driver who appeared in such a rig would be mobbed. Tenants would call for the police at sight of a janitor togged out in a set decorated with roses and forget-me-nots. It may be true that pigs are pigs anywhere, but American boys in London have found that overalls are something else again.

They got their first overall shock at the American Officers' Inn that

the Y.M.C.A. runs in London. The group of girls in the photograph are a part of the big staff of volunteer workers on duty there. These girls, several of whom have titles to their names, run elevators, answer the door, operate phones, mend clothes, wait on table and wash dishes.

It is one of the rules at the "Y" hotel that waitresses cannot talk to the men. But there is nothing that says the men cannot talk to the waitresses, and there is nothing in the book that forbids a

waitress to whisper back—providing she doesn't get caught. So when a young officer asked one what she called the uniform she wore, she said, "Why, that's my overalls, of course."

Though the overalls are the same, the head-dresses are different in color and design according to the job of the worker. The girls with the bandeaux are waitresses, those with the caps are elevator operators, and the one with the black bow runs the phone switch-board.

**THE MODERN BREAKFAST.**

Breakfast is a much simpler repast in most American homes than it once was. This is due partly to more study of foods, and partly to greater variety of available fruits and cereal products.

Fruit, bread or cereals and some beverages are the essentials for this meal, and if more is demanded, eggs and bacon seem to have established themselves as the favorite breakfast dish.

But there is never a better time to serve a choice vegetable than for breakfast.

In summer asparagus on toast is very satisfactory, and when there is a bed of these delicious stalks in the garden half an hour will serve to cut, wash and cook them. Summer squash sliced and browned in a little butter is another delicacy.

In cold weather, sliced apples cooked in sausage-fat may fill the place of both fruit and vegetable. Potatoes are much used for break-

fast by those who have hard manual work to do, and may take the place of bread. Potatoes with a little fish or meat often are preferred to larger portions of meat.

As a rule, highly flavored dishes are less popular at this meal than later in the day, though the sausage seems to be an exception.

When the man of the house has but a light luncheon his breakfast should be different from that of the children, who come home to a hot meal in the middle of the day. Fruit, plenty of cereal and much milk is ample for them. Coffee and griddle-cakes are a poor preparation for the child's day in school.

The day should be past, not to return, when either mother or maid must rise long enough before the rest of the household to shape, let rise and bake hot yeast-rolls.

Baked potatoes and hot muffins and griddle-cakes may well be reserved for luncheon dishes. Bread reheated properly may be as acceptable as fresh and is suitable for

breakfast. Toasted muffins and Boston brown bread are an agreeable change from toasted white bread.

Through the cold weather, we may depend on hot cereals and even hot stewed fruits. Marmalades and jellies should be available for variety. The ready-to-eat cereals are usually much better if heated or crisped, which may be accomplished by placing them in a paper bag on the shelf above a range overnight.

**Got Into "Y," Now Can't Get Out, So Girl Turns Home Into Canteen**

Miss Josephine Hernon, with Help of Four Sisters and Two Brothers, is making New York a Joyous Place for Members of Her "Irish House Party."



Some doughboys, after a year in the trenches, want to sleep, eat and otherwise live in the open air; sailors miss the roll and pitch of the boat, and artillerymen feel at home in the din of their batteries. Miss Josephine Hernon, a returned Y.M.C.A. worker, so enjoyed her canteen work abroad that now she cannot stop. Though she has doffed her "Y" uniform, and there is no "Y" sign on her door, to all intents and purposes her New York home has become a canteen.

Miss Hernon went overseas as secretary to the Y.M.C.A. movie director in London. A temporary lapse in her work gave her the chance to go to Ireland, and for six weeks she served in a "Y" canteen in Queenstown. Dances, teas, amateur shows, musicales, more dances,—one after the other the New York girl turned them out, and in such a bewildering series that the worst case of "blues" had no chance at all in her domain. She became the idol of every homesick "gob" on the south Irish coast.

Then the crash came. In the midst of the fun, Miss Hernon was whisked back to London, leaving behind her a crowd of heartbroken boys. But there was a great farewell, and some dozens of sailor lads insisted that at least she could write to them once in a while, which she promised to do.

She kept her promise, and at the present time, though she is no longer a Y.M.C.A. girl, Miss Hernon is corresponding with twenty-five of her boys. Also, every returning boat that brings any of her old "house party" in Ireland, sends

some hopeful gob rushing uptown to her New York home to pay his respects to his former hostess. And there, to his amazement, he finds a canteen de luxe that puts even the Queenstown one in the shade. Miss Hernon has four sisters, ranging in age from sixteen to twenty-three. She also has two brothers, and they have entered into the spirit of the lark of entertaining all that part of the navy that sets foot in the Hernon home. There is a piano for jangling and singing, plenty of floor space, and partners enough for a crowd of any ordinary size. There are also homemade candy, sandwiches and cake that make the lucky visitors careless of whether they ever go to sea again. The result is that Miss Hernon is the most successful "Y" canteen-worker-without-a-canteen in the world.

**Girls' Summer Dresses**

In white Voiles and Organdies. A large and choice assortment for your choosing, ages 2 to 16. Also a splendid line of girl's gingham dresses from 98c to \$3.98 EACH

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Whenever possible, cook enough cereal for two meals. Corn-mush may be eaten like oatmeal, or part of it packed in a pan to fry a few days later. One way to reheat cooked cereal is to put it into cups after the first breakfast, and the next time set the cups in water until the contents is hot. Turn from the cup into the cereal saucer that the shape may be retained. Dates or raisins may be added before putting into the cups.

Few recipes are required for the preparation of breakfast. This seems to be the meal of all others for the light housekeeper, the amateur cook, the man or woman who takes other meals at the restaurant or club. Since much of its preparation may be left to the individual, the wise housekeeper gives herself a good breakfast as soon as she reaches the kitchen and at once begins the preparation of the food for the day, before any one else appears. Then she is free to guide the rest of the family through breakfast.

An early start assures the firm gelatin dessert, the tender stew, the smooth custard or salad-dressings, which are seldom secured when made in a hurry. From a well-stored pantry early in the summer morning, many a woman has concocted at little expense for either materials or labor the dainties for a picnic or an afternoon tea, which would have been a heavy burden later in the day. Therefore in all our planning for

food as well as for raiment, we are sure to get more enjoyment out of the preparation if we start it at least twenty-four hours ahead.—Delimitor.

He—Like most men, I suppose I have my shortcomings.

She—Oh, it isn't your shortcomings—it's your long-staying that I object to.—Utica Globe.

**Tobacco Habit Dangerous**

Thousands of men suffering from fatal diseases would be in perfect health today were it not for the deadly drug nicotine. Stop the habit now before it's too late. It's a simple process to rid yourself of the tobacco habit in any form. Just go to any up to date drug store and get some Nicotol tablets; take them as directed and let the pernicious habit quickly vanish. Druggists refund the money if they fail. Be sure to read large and interesting announcement soon to appear in this paper. It tells of the danger of nicotine poisoning and how to avoid it. In the meantime try Nicotol tablets; you will be surprised at the results. D. J. Fry.

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These flags are of a high quality of durable stripe-sewn bunting and would regularly sell for \$1.50. However, to accommodate our readers whose subscriptions may be already paid well in advance, we will make a special price of \$1.25.

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