

**There is a Remedy,
Man, for Your
Trouble**

TRY IT

You hawk and spit and have a hacking cough. Your breath is foul, digestion is bad, appetite poor, nothing tastes right, sour stomach, belch gas, bowels constipated, pains in the back, sides and loins, ringing in the ears, brain not clear and you feel generally rotten. It is catarrh. The poison is working through your system and sooner or later some of the many complications will put you down. Do not wait. You need a reliable remedy and you need it now.

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Regulates the digestion, aids elimination, purifies the blood, soothes the diseased and inflamed mucous membranes and stimulates every organ to do its work. The nerve centers revive under the invigorating influence of PE-RU-NA. Health and vigor displace the old lassitude and misery. PE-RU-NA instantly breaks up coughs and colds, wards off the Grip and Spanish Flu and hastens ones recovery from an attack.

As Dr. J. H. Wagner of Skate, Ky., says: "PE-RU-NA has proven a success with old and young, men and women. It is the best of all tonics."

Tablets or Liquid. Sold Everywhere.

**CANTATA TO BE
BIG ATTRACTION**

**High School Glee Club Will
Probably Give Musical Con-
cert This Spring**

Music classes of the Salem high school are having another semester of splendid work under the direction of Miss Lena Belle Tartar. Twice a week work is given in harmony. The study of intervals, chords and chord relations, with simple exercises in four-part form have thus far been interesting to the students. It is the aim of the department to correlate the school work in music with that of private teachers who have charge of many of the pupils outside of school hours and thus assist the student in establishing a broad musical foundation.

A number of new Victrola records were purchased with the money the glee club earned by singing at the Salem auto show in February. These and other records serve as a happy medium for work in musical appreciation. The selections are chiefly from operas and oratorios by such artists as Evan Williams, Olive Kline, Clarence Whitehill, Galli-Curci and others.

Several new choruses have been ordered for study. Practice on the cantata, "The Lady of Shalott" by Bendall was begun this week. This cantata is a beautiful musical setting in three-part form of Tennyson's poem and is delicate in its melody and rhythm. Miss Tartar hopes to present the classes in a program later in the year with this number, the major attraction. It is probable that an art's troupe from Portland will be invited to assist on the program either with vocal or instrumental selections. With the material at hand, the good voices with their characteristic youthful quality and the diligent work of the individual students, she believes a splendid showing can be made.

**FINAL CONTESTS
AT S. H. S. BEGUN**

**Adalai Esteb and Marian
Emmons Given First Place
for Speeches**

Adalai Esteb, a senior, and Marian Emmons, a junior, won first mention in the two contests held Friday morning at the Salem high school. This was the first set of finals in the interclass rivalry series and included impromptu and extemporaneous speaking. Honors in preliminaries held earlier in the week went to Ralph Bailey and Walker, sophomores; Willard Marshall and Wayne Allen, juniors; Herbert Darby and Adalai Esteb, seniors. Miss Esteb scored five points in the finals in impromptu speaking, Allen, three and Marshall, one.

Those successful in the extemporaneous tryouts were Ralph Emmons and Kenneth Wilson, sophomores; Edward Edmondson and Marian Emmons, juniors; Dora Arnold and Herbert Booth, seniors. Maria Emmons scored five; Edmondson, one and Arnold, three in the finals.

Both upper classes now have a standing of 17 points toward the silver cup awarded each year. The seniors are credited with five basketball and four football points while the juniors have three for basketball and four for football.

**MAY EXHIBITION
BEING PLANNED**

**Girls Gymnasium Classes
Probably to Appear in
Big Program**

An exhibition of folk dancing and gymnastic drills will probably be given this year by the Salem schools, if plans now being talked are perfected.

In all of the elementary grades and junior high posture tests are now being given in the girls' classes to replace the usual track work and baseball. These tests consist in having the child stand in a correct posture three minutes then march in the proper position three minutes and go through a number of exercises. Three consecutive tests must be completed successfully before a child is entitled to the pin given as an award.

New activities in drills of this nature will be introduced, culminating with the exhibition, the object being to interest the parents in voting appropriations for the construction of gymnasium. At present the senior high has the only school gymnasium in the city.

**GLENN GREGG IS
CHOSEN CAPTAIN**

**Salem High Baseball Season
Will Open With Game
at Chemawa**

Glenn H. Gregg was elected captain of the 1919 baseball team at Salem high at a meeting of the letter men Friday afternoon.

The first game of the season is to be next Saturday at Chemawa. Coach Murdock has been unable to forecast the line-up on account of the rainy weather interfering with practice. Following is a schedule for the coming season.

At Chemawa with Chemawa, April



**The Cream of Quality
Pretty Pumps for Stylish wear**

In Patent Kid, made on new shape lasts, French heels, \$6.00 to \$7.00

The newest Kid, on the low or military heel last, very fine at \$7.00

Fine black or brown Kid, 8 1/2 inch lace shoes, French, Cuban or Military heels, at from \$13.50 down to \$6.00.



The Height of Elegance in true Spring Styles.

The Greatest Variety and Most Beautiful Pump Buckles in the County.

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Our new shoes in Harmonized Spring Styles to suit the new modes and fashionable wear. Our show windows are veritable style exhibits of newest seasonable footwear designs. Nothing omitted that would make for better style, better fit, higher quality service or perfect satisfaction.

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Oxfords

Patent, Black or Brown Kids, French, Military or School heels. Prices ranging from \$8.00 down to \$3.95.

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**Dame Simplicity's Offerings
Natty Spring Pumps**

In the lower heel, more comfortable lasts, heels in Military, Cuban or school style. Prices very attractive considering quality and style.

Dressy High Boots

Will also be much worn the earlier part of this season and we are showing some very elegant ones. See them.



Stylish in Design—Perfect in Fit.

GRANT SCHOOL NOTES

The school has just purchased out of a special fund a new American flag four by six feet in diameter, which is to be used for interior decoration and to display at celebra-

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CLEANING
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tions or carry in parades. Six penmanship diplomas have just been awarded at Grant school to Dorothy Kappahna, Loraine Fletcher, Alice Roth, Leona Weber, Ruth Williams and Geraldine Collins.

A few days ago a framed picture of last year's baseball team was hung in the downstairs hall of the building. The frame is a product of the manual training shop at the school.

Miss Wilda Solomon, instructor in the domestic science department, remained away from her classes Friday on account of the illness of her mother, who is to undergo an operation. More pupils are in attendance at Grant than at this time last year, the records show. Some who went away to live have returned and a large number are in the city for the first time. Enrollment, as a rule, however, does not come up to that of 1918.

**Seventh Grade Music
Class Gives Program**

The 7A class in music at the Washington junior high school gave a program during the recitation period on Friday. A number of the pupils are pursuing musical or dramatic studies outside of school and it was a revelation to their fellow-students to see how much has been accomplished. This program proved to be superior in quality of the several rendered thus for this year. The numbers were as follows:

- Piano duet.....Alumni reunion
- Eugenia Sage, Elizabeth Taft
- Reading.....The Missionary Lady
- Ethelwynne Kelley
- Piano solo.....The Souvenir
- Florence Austin
- Vocal solo, When the Great Red Dawn is Shining
- Miss Tartar
- Piano solo.....Le Caprice
- Eugenia Savage
- Reading.....The Little Love-Story
- Bernice Mulvey
- Vocal duet.....Till We Meet Again
- Dorothy Lewis, Iris Page
- Piano solo.....The Storm
- Thusaelda Koehler

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126 South Commercial St.

With our transportation facilities we are able to pay the highest cash price for

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You Cannot be Constipated and Happy

A Remedy That Makes Life Worth Living

Small Price



ABSENCE of iron in the blood is the reason for many colorless faces, but

CARTER'S IRON PILLS

the Armenian drive during the past week. Earlwood has raised \$30.55, an amount which will keep six children for one month. Highland has not completed its collections, but has turned over \$20. Richmond collected \$20.12. Park school will start this week to raise its share.

TO VOTE ON CHANGE

In 10 days the student body of the high school will be given an opportunity to vote on an amendment to the constitution, which would give the entire school, instead of the two upper classes, the right to pick members of the student council. This was the decision reached by the council at a meeting this week.

BAND NOW MARCHES

For the first time the Salem high school band made a public appearance Wednesday when it marched in the parade to the trophy train. The musicians have been out on the streets around the building during the good weather and are now ready to drill with the cadet companies.

**Mothers Club to Discuss
Health of Boys and Girls**

Health of the children will be the main topic taken up Thursday afternoon when the Mother's club of the Highland school will hold a meeting at the building. The youngsters are to take part in two numbers on the program. Officers of the club this year are Mrs. H. A. Smart, president;

Mrs. John Nicholson, vice-president; Mrs. Margaret Smith, secretary and Mrs. La Moine Clark, treasurer.

MAY BRING SINGERS

An effort will be made by the senior class of the high school to bring the University of Oregon men's glee club to this city for a concert during the spring. The object of the entertainment would be to raise money for the class annual.

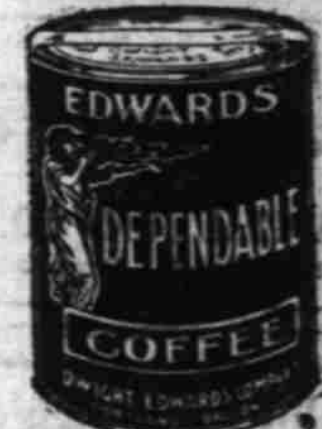
SCOTCH THRIFT

A poor but thrifty Scotswoman had been promised a gift of a new bonnet by a wealthy summer resident.

One morning, as the woman was about to motor to the city for some shopping, she stopped at the home of the Scotswoman and asked: "Would you rather have a felt or a straw hat, Mrs. MacVean?" "Well," said Mrs. MacVean, "I think I'll tak' a straw one, if you please, ma'am. It'll maybe make a good mouthful to the cow when I'm done wi' it!"—Everybody's Magazine.

**NEW TODAY
TOO LATE TO CLASSIFY**

JANITOR WANTED—APPLY IN PERSON to Elmo S. White, manager Masonic Temple. References required. WANTED TO LEASE 5 TO 7 ROOM house by June 1. East part of city preferred. Phone 1462M. No children.



FOR SALE BY—Lebold & Co., L. E. Goodman, R. D. Gilbert & Co., Reddaway's Cash Store, J. D. Cooley, J. D. Giddings, A. W. Schrank, J. L. Busick, W. B. Gerth, W. K. Richardson, Gibson and Birch, Liberty.

M. V. Johnson, Mays & Goode, Donald, Ore.

J. C. Savage, Waconda, Ore.

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Read the Classified Ads.

**MEN'S SUMMER SUITS
NEWEST MATERIALS AND STYLES**

We have a large assortment of woolsens, made since the armistice was signed. The quality of these suitings is superior in material and pattern to those made during the war. At a very reasonable price we will fashion you a suit from these new woolsens—a suit of a style and snap which will be readily recognized as an accomplishment in men's tailoring.

BLUE SERGE SUITS—PURE WOOL—Superb quality—16, 17 and 18 oz. weights, made with high grade trimmings, unexcelled workmanship. Exceptional values, \$40, \$45, \$48.

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Salem, Oregon

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**Good Program Given by
Association at Turner**

Friday night a big meeting of the Parent Teachers' association was held at Turner, where nearly 100 children took part in the program. Miss Gladys Humphrey and Miss Ruth Cady gave a piano duet, Mrs. Moore, a vocal solo, Sybil and Helen Peetz, a vocal duet and Miss Florence Smith's pupils, a fancy dance. The primary grades appeared in a "Sandman" song and a Mother Hubbard dramatization. Mrs. M. L. Fulkerson gave a talk on primary work and county Superintendent W. N. Smith spoke on high schools.

ASSOCIATION TO MEET

Next Tuesday evening at 7:30 o'clock occurs the April meeting of the Lincoln Parent-Teacher association. An unusually artistic program will be given. All parents and friends are cordially invited to be present. Among the numbers will be a reading by Miss Lucille Elliott, songs by Miss Agnes Halgell and music by the second grade pupils.

MUCH MONEY COLLECTED

Various schools have turned in the sums collected by the children for