

# How to Make Oatmeal Bread

## Healthful to Eat—Saves the Wheat

- 1 cup flour
- 1 1/2 cups corn meal
- 1 teaspoon salt
- 5 teaspoons Royal Baking Powder
- 2 tablespoons sugar
- 1 cup cooked oatmeal or rolled oats
- 2 tablespoons shortening
- 1 1/2 cups milk
- No eggs

Sift together flour, corn meal, salt, baking powder and sugar. Add oatmeal, melted shortening and milk. Bake in greased shallow pan in moderate oven 40 to 45 minutes.

This wholesome bread is easily and quickly made with the aid of

## ROYAL BAKING POWDER

If used three times a week in place of white bread by the 22 million families in the United States, it would save more than 900,000 barrels of flour a month.

Our new Red, White and Blue booklet, "Best War Time Recipes", containing many other recipes for making delicious and wholesome wheat saving foods, mailed free—address

ROYAL BAKING POWDER CO., Dept. H, 135 William St., New York

### FOOD WILL WIN THE WAR

## EDITORIALS OF THE PEOPLE

(The Statesman is pleased to print communications on topics of general interest at any time. There is scarcely any limit to the topics of "general interest." It is asked only that correspondents refrain from personalities and use care that nothing be written of a libelous nature. Letters must have writer's name and address, though not necessarily for publication.—Ed.)

Editor, Statesman:

United States of the World.

Among the many interesting articles appearing in the Statesman in the recent past dealing with world conditions it seems to me that none is more important than the one written by Mr. J. R. Chapman and published in your issue of February 25. That the editor regarded the subject of greatest consequence was evidenced by the prominence given to it. For the publishers simply made it the main editorial of the day. To my mind this production from Mr. Chapman's pen indicates breadth of vision and loftiness of conception to a most remarkable degree. I remember Mr. Roosevelt predicted some months after the war began in Europe that thrones would totter and that there would be formed in their place "A United States of Europe." Since our own and the number of other countries have been drawn into the fray I dare say the would endorse the larger idea of the formation of a world wide federation with a view of placing the nations on a permanent peace basis.

I waited hoping that some discussion would follow after this subject was brought up, but the only one who I have noticed who has offered any criticism friendly or otherwise was an individual who replied through the Peoples' Editorial column a few days afterwards. This individual's method of disposing of the matter was so unsatisfactory to me that I have had it in mind to attempt to reply to both articles, but I have delayed because of lack of time.

To me it seems the most reasonable thing imaginable that such a plan might and will be adopted. I mean the main features advocated might be found feasible and workable. It is said that when the German emperor delivered his parting speech to the soldiers who were going to help quell the Boxer uprising he said in substance: "Take no prisoners and make it so terrible that no one

will dare to raise a hand against the Germans for a thousand years." It is said that the conduct of those troops on that expedition was of the same nature as that manifested since the present conflict has come on. It was reported to the American commander that the Kaiser's men were looting in Peking. An investigation proved that they were removing some astronomical instruments or something of a similar nature from some of the temples or public buildings. Count von Waldsee, the German commandant, and chief of the allied expedition, was greatly incensed and angered when General Chaffee sent an officer to him protesting against such vandalism. He sent a discourteous reply to the American officer and also sent a report of the alleged impudence of our general to his emperor, who it is said made strenuous efforts to oust him. However, General Chaffee's report reached Washington ahead of the German complaint. So our president knew just how to deal with the case. When our country gave back to China fifty million dollar indemnity and said, "Now you celestial people take that money and send your young men over to free democratic America to be educated in our splendid schools," she did a thing which made every star in her glorious banner shine with lustre. More than that, she is enabling those poor people to attain some of the qualifications required to the enjoyment of a celestial country. God surely will bless Christian statesmen who do such deeds as that, and the country's interests are safe against all the assaults of hell when such men are in control.

Now in view of what I have just told you, do you want the world for the next thousand years to be dominated by military autocracy or do you want King Jesus, Prince of Peace, to rule through the spirit of Democracy?

Some one says, what difference does it make what I want or what I do, what is to be will be anyway—fatalism which is most deplorable when such sentiments are expressed by an unbeliever, and it seems to me inexcusable when uttered by one who professes to worship Jehovah.

A few months after the Children of Israel left Egypt they were at the borders of the promised land, and they were directed to select twelve spies to go and view the land. After forty days they returned and reported. They all agreed that it was a goodly land, but ten of the number said the dangers incident to occupation were so great as to make it necessary as a matter of policy that they decline to accept the gift that God had promised to Abraham centuries before. Caleb and Joshua said, "It is true there are giants and walled cities over there, but come on over; we are abundantly able to possess the land." Grand men those were, but they were in the hopeless minority just then. Well, God said to those ungrateful people, "You shall have your own way. You shall go into the desert and wander till your carcasses fall lifeless by the way, and your little ones for whom you profess to be so greatly concerned, lest the enemy over there shall harm them, shall come in after forty years and possess this land flowing with milk and honey." And Jehovah fulfilled His word.

It made some difference that time how much people thought and acted, didn't it? Well, remember the same unchangeable God is on the job today and He has the same foe to confront Him, too. This foe has been trying to usurp the throne of God for centuries.

Can you picture out what the conditions in the world will be in a hundred years if at the close of this struggle there shall be a federation of nations which shall insure permanent peace as a result? I let my mind run out in that direction quite often, and that is what gives me hope and courage to face the fearful demands made to help carry on the war.

If we succeed in establishing peace on a permanent basis, as I believe we will, and the agreement is made that the weak nation shall be protected as well as the one that is strong, is not the reign of our Master established in national affairs and have not all nations bowed before Him? Then should we be free to work our wonderful destiny each under his own vine and fig tree where none dare to molest or make afraid. Everything that man has thus far invented that is for the good of the race to be utilized to the fullest extent to add to human happiness. "And He shall judge between the nations, and shall reprove many and they shall beat their swords into plow shares, and their spears into

pruning hooks; nation shall not lift sword against nation, neither shall they learn war any more."

Come, dear fellow citizens, let us walk in the light of this prophecy.

Some say to me that is idealistic but entirely unattainable. To such let me say: When Venizelos, Greek patriot and premier, was asked as to which side his country should ally herself with he replied unhesitatingly, "With France and England." "But," said his interrogator, "Impossible for France and England to fail," said he. "But," said the other, "Suppose they do fail?" "Impossible," said he. "But, Venizelos, remember Germany is powerful and thoroughly prepared. Suppose you cast your lot in with them and they are beaten?" "Quickly and firmly he made answer, "Better to be with France and England in defeat than to stand with a triumphant Germany."

"So I declare it better to stand with those who advocate this magnificent plan of procedure than to stand with any others." Now as to "More Light." Who wrote criticizing Mr. Chapman's production, I have this to say: We are told that secret diplomacy has been the undoing of Europe, and yet in view of this I believe uncontrovertible fact here is an individual who assays to discuss a political matter of such stupendous proportions over a fictitious signature. What the world (and especially the New World) is demanding is openness and frankness in national and international affairs. I don't think the public in general takes kindly to any thing that is suggestive of darkness in these important issues. Then again it seems to me that he would have treated Mr. Chapman with proper courtesy by signing his true name. Of course I am dealing with the matter on the assumption that "More Light" is not his real name, but should I learn that I am mistaken I may treat it from another angle.

Let us remember what our governor said a short time ago, "that we must depend on a Higher Power to give us success in winning this war." "Not by might nor by power but by spirit, saith the Lord of Hosts." Let us also remember it is written, "Vengeance is Mine, I will repay, saith the Lord of Hosts." Let us fight like the enemy, using shot and shell and poison gas if we must to win, and when we have won let us deal justly and kindly though firmly with the vanquished. No boycotts or trade wars after the struggle is over to those who want permanent peace. In closing, let me exhort all good citizens to hold our president up to the throne of Grace

PORTLAND, Or., April 17.—Commander E. F. Schardt, in charge of the navy recruiting station here, has been notified to enroll men in the naval reserve force to the maximum. Five thousand men can be accommodated in this district at once, he was informed.

The local recruiting station has been limited in its work for several weeks, being permitted to enlist only 25 men per week. This restriction, which held down recruiting in all stations to a total of one thousand men for the whole country, per week, was necessary until congress relieved the situation by legislation. This evidently has been accomplished.

Oregon has furnished approximately five thousand men to the regular and reserve corps of the navy and the raising of 5,000 more will give men of draft age a new opportunity for serving their country. The age limits for this navy recruiting are now from 18 to 35. Men of draft age must have permission from their local boards.

Four mess attendants are needed at once, the recruiting officers announce. All recruits are to be sent to the naval training camp on Pudget Sound. Forty men per month from this training camp will be sent to the navy's new officers' training camp at Chicago.

Paroled Men Are Available for Work on Oregon Farms

Several paroled men from the state penitentiary will be available for employment by farmers in a few days, State Parole Officer Keller said yesterday. The men are experienced farmers. A large number of paroled men are employed in other industries, and because of the present shortage of farm labor it will be the policy of the state prison management to place as many men as possible on farms.

## STRANGE GAME IS INTRODUCED AT CAMP LEWIS

### Quick Footwork Object of Contest Soldiers Must Take Part In

### VARIATIONS SHOWN

### Big Amusement Center Being Put in Readiness—Some Concessions Open

CAMP LEWIS, TACOMA, Wash., April 17.—Quick footwork with a sharp lash from a trouser belt as a penalty for hesitating, is the object of a new game the soldiers at Camp Lewis are playing now and the soldier who can come out of the contest without a blow across the leg must show lightning-like speed on his feet.

The men line up in two opposite rows, leaving just room, enough between them for a man to pass. They remove their trouser belts and use them as whips and every one in the line tries to land a blow on the legs of the man selected to run the gauntlet. It is the old game of medieval times, but it has its usefulness, without any physical suffering, in preparing men to be swift of foot and agile of movement as a part of their military training.

Racing Part of Training. To vary this, one row of men runs a given distance with the men of the opposite row in pursuit, an officer giving the command to start and to halt. The object is for the men behind to land a blow on the person ahead and, at the signal to halt, the procedure is reversed. The pursued become pursuers and return to the original starting point.

Racing a given distance, turning and returning to the starting point after passing around a tree is another agility game that is practiced on the drill grounds near division headquarters. It gives the soldier wind and is healthful and beneficial exercise of the legs that will stand the test of inaction for the required hours' exercise daily.

Workers are busy today planting shrubbery around the parking in front of division headquarters. The ground was level, seeded and fertilized a couple of months ago and a border of cobblestones laid around the plot and on both sides of the horseshoe drive which connects headquarters with Lewis drive. The addition of the shrubbery will give the headquarters building the appearance of an attractive country club with a wooded setting of fir trees.

Religious Work Outlined. Plans for extensive religious work through the eight Y. M. C. A. units here were outlined today at a conference of workers here attended by John R. Voris of San Francisco, religious director of the association for the Pacific coast. Mr. Voris was formerly general secretary at Camp Kearney, Cal., and this was his first visit to Camp Lewis.

The new plans for association work for the bringing to the camp of some of the best speakers available, evangelists and welfare workers, for

## TO ENROLL 5000 NAVAL RESERVES

### Recruiting Officer in Portland Ordered to Take Maximum Number of Enlistments

### PREPAREDNESS

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a two weeks' campaign in the northern cantonments and two weeks in the southern camps. Mr. Voris was pleased with the work of the association along religious lines here. He left tonight for Seattle.

Greene Park is rapidly assuming the appearance of a big amusement center and work on the concessions not yet opened is being pushed to get the place in readiness for the opening, which is expected to be held in the near future.

Bridge Is Completed. The bridge for pedestrians over the railroad tracks, connecting the cantonment proper with the park, has been completed. It is a wooden structure with a concrete and gravel base and eliminates considerable of the danger from railroad accidents. Work on the new hotel is being pushed in line with plans for opening in about two months. A large number of concessions already are open and enjoying a considerable trade from the soldiers' afternoon and evening there are a movie show, pool hall, soft drink parlors, restaurant, popcorn stands and shoe-shining parlors and a skating rink is under construction.

The officers of the 622d field signal corps are to be among the best field officers at Camp Lewis. Joseph Oliver Barker, formerly head chef in the fry department of the St. Francis hotel at San Francisco, arrived today at camp. He enlisted at San Francisco and was assigned to the headquarters company of the battalion as chef in the officers' quarters.

J. C. Goodrich of Spokane arrived

at Camp Lewis today to begin his duties as Y. M. C. A. camp musical director. He will instruct in singing at Y. M. C. A. meetings and entertainments in the Y. huts. Mr. Goodrich formerly was head of the department of philosophy and education in the Spokane high school and leader of the high school glee club.

THOMAS WAS RIGHT.

A chauffeur had applied for a position with a new rich family which aspired to be considered top-notch socially, and was being interviewed by the mistress of the house.

"We call all our servants by their last names," she announced. "What is your last name?"

"You had best call me Thomas, ma'am," replied the applicant.

"No; we insist that you be willing to be called by your last name. Otherwise you won't do at all."

"Oh, I'm willing, ma'am, but I don't think the family would like to use it."

"What is your last name, then?" said his prospective employer somewhat coldly.

"Darling, ma'am—Thomas Darling."—London Opinion.

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