Year First in Decade American Athletes Have Not Been Reviewed

Little Business Is Ahead for International Athletic Federation

NEW YORK, Feb. 3 .- The effect 1917 season. This is the first year

countries which in normal times de-vote considerable attention to track BAD SPRAINS OR and field sports. So far as is known there were but two athletes whose records, made during 1917 appear entitled to acceptance by the I. A. A. F. These are Zander, the Swednor, the javelin thrower, both of whom trained under Ernie Hjert-

During the past year eight American athletic records were equalled or surpassed but in no case did the performance reach a world's record standard. In sharp contrast to this was the work of the American swimmers for both in natatorium and in open water the exponents of the OTHER COUNTRIES ALIKE crawl, trudgeon and other stropes clipped sizable slices for the best previous figures in various events. No less than five new records were made under the rules of the International Swimming Federation and these will be duly accepted when a meeting of that organization is held after the declaration of peace has restorred conditions.

One Conference Held.

for the past year is awaiting the ac- sprain, strain, bruise or swelling. of the present war upon American tion of the International Amateur track and field athletics can be ac- Athletic Federation. There has been curately gauged by the fact that for but one formal conference of this the first time in some years there organization, which followed imme-lorganization. was not a single claimant for a new diately after the formation of the world's record at the close of the federation. At that meeting a long countries which subscribed to the list of worlds' amateur records was organization of the I. A. A. F., howin a decade that one or more per- pasesed upon and accepted and a list ever, have kept careful record of all formances by American athletes of regulations drawn up for the hand athletic performances which merit have not been reviewd and prepared ling of any records established in the consideration of the federation for acceptance by the International the future. This gathering was held and these will be submitted to that Amateur Athletic Federation. The early in 1914 in France. Within a body at its first meeting following same situation pervails in other few months the European war broke the close of the war. At the pres-

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# MUSCLE STRAIN

ish middle distance runner and Hack Rub pain, ache, soreness and swelling right out with "St. Jacobs Liniment"

> Rub it on a sprained ankle, wrist. shoulder, back or a sprain or strain anywhere, that's when you realize the magic in old, honest "St. Jacobs applied, out comes the pain, ache. bones, and relief comes instantly. and heals the injury so a quick recovery is effected.

Get a small trial bottle of "St. Jacobs Liniment" right now at any drug store and stop suffering. Nothing else sets things straight so quickly-so thoroughly. It is the No such string of track records only application to rub on a bad

out and ended the activity of the

The athletic associations of the

ent time the American Amateur Athletic Union has fifteen records which equal or surpass existing figures and these, having been accepted by the American organization, will in turn, be presented to the international group for it sanction and stamp of

Records Not Approached. Four of these performances were made in 1914 and an equal number the following season. In 1916 the number increased to seven but, as stated before the past year saw no track or field record approaching those already on the books. Since 1900 American athletes have established 45 records which have been Linkment" because the moment it is or eventually will be accepted by the I. A. A. F. during this period there soreness and swelling. It penetrates have been but six years in which right into the injured muscles, the nation's star performers have nerves, ligaments, tendons and failed to equal or better existing rcords. In 1907 was the last blank It not merely kills pain, but soothes year, previous to 1917, and if anothrecordless period recurs it is apparent that few of the events which American athletes specialize in can escape the making of new and better marks.

The absence of a National interscholastic athletic association recently produced a peculiar mix-up. A Newark, New Jersey, high school track meets upon a big scale, desired to hold a set of indoor national interscholastic championships. School athletes in many sections expressed a desire to compete and it was decided to stage such a series. A committe was selected to arrange with the governing body for a championship sanction. No such organization could be discovered and finally the committee turned to the Amateur Athletic Union. The A. A. U. officials explained that they were powerless to grant a sanction as they did not hold the jurisdiction over scholastic athletics and were not aware of any organization which did. Under the circumstances the best that the A. A. U. could do was to give the school athletic authorities a statement encouraging them in their sible to give their names. efforts and vouching for their ability to successfully conduct such a meet.

Whole Suits of Material Sold Men-Berlin Collars Are Costly

AMSTERDAM, Feb. 2. - Paper trousers are now being worn by a large proportion of the male population of Germany. Whole suits for en are being sold which contain practically no fabric but paper, but the demand for paper fabric far exceeds the supply. Collars are now selling in Berlin for 75 cents each, and shoe laces of paper yarn are 15 cents a pair.

Leather is becoming almost unobtainable. Boots with wooden soles are worn even by the better class, flight he had been up fighting with and fr"y 40 per cent of the soldiers at the front are wearing woodensoled sh' s. The "standard" shoes that are sold contain only 10 per cent leather. In many cases the uppers are made out of old ship's sails, tent awnings, and impregnated burlap. Paper for ordinary purposes has become so searce that some provincial newspapers are using low grade colored papers.

SOME PHILOSOPHIES.

The grave is a narrow escape from

All married women travel under assumed names.

Some people know too much to beieve anything. God calls to the busy men. Satan

alls to the idle. Courage is knowledge of what we

ought to fear. Notions are of little use unless

translated into motions. It's the lazy man who prays fo-

#### **GLASS OF SALTS CLEANS KIDNEYS**

If your Back hurts or Bladder bothers you, drink lots of

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salts which removes the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 21 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of water-you can't drink too much; also get from any pharmacist about four ounces of Jad Salts: take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia. and has been used for generations to clean and stimulate clogged kidneys: also to neutralize the acids in urine so it no longer is a source of irritation, thus ending bladder weakness. Jad Salts is inexpensive: cannot injure; makes a delightful effervescent lithia-water drink which ev-

trouble and backache.

eryone should take now and then to keep their kidneys clean and active. Try this, also keep up the water drinking, and no doubt you will wonder what became of your kidney

#### LONDON DEFENSE IS INSPECTED BY CORRESPONDENT

Roads Outside of Great City Are Camouflaged for Protection

FLIGHTS ARE HIGH UP

er nine years should clapse before a Machines Move at High Rate of Speed—Defense Highly Efficient

LONDON, Jan. 26 .- (Correspondence of Associated Press.)-Flying athletic association noted for its pro- at a speed of 80 to 140 miles an gressive spirit and ability to stage hour and at a height of 2000 to 8000 feet in one of the latest and fastest British battleplanes, a correspondent of the Associated Press inspected the outer air defenses of London a crisp morning recently.

Few Americans have any adequate idea of the magnitude of there defenses and their present high state of efficiency Millions of pounds have been spent on them and an army is constantly employed in manning and maintaining them.

A motor car took the correspondent to "somewhere in the outskirts of London," where it passed through roads camouflaged by shrubbery to a great aerodrome, one of the finest in England. This aerodrome boasts several Americans among its most efficient flyers, but it is not permis-

Upon the party's arrival England's crack daredevile flyer put on a "show." This man, who looks more like a meek, mild-mannered drygoods clerk than a wizard of the air, put the machine through a series of performances that made even those of the veteran flyers who watched from below hold their breath. Looping the loop, nose diving, banking, volplaning to withi na few feet of the earth and then pointing the nose of the machine skyward for a rise at express train speed were but a few of the moves this pilot went through with his observer. When he came down the correspondent was taken up in the same machine, but with another pilot, for a ride through the clouds and a bird's eye view of the outer defenses of this particular part of London.

This type of machine mounting a synchronized machine gun, has earned the reputation of being perhaps the most reliable of the fighting planes turned out by the British manufacturers. The pilot on the trip was a young member of the Royal Flying (Prps who was to ge to France next week. The night before the German Gothas at a height of between 11,000 and 12,000 feet.

The machine rose to 8000 feet in ten minutes. It started off the ground with a tremendous rush the instant it was released. As it rose smoohtly, higher and higher, the sensation was rather of the earth moving away from the machine, than the machine moving away from the earth. There was a brisk wind-the pilot said it was blowing between 25 and 30 miles an hour-and the

sky was full of fast moving clouds. The best view of things below was had at 2,000 feet. Aerodromes with battleplanes ever ready for the German raiders could be seen dotting the landscape. Batteries of anti-aircraft guns could be discerned here

and there. The flight around the outer city was made at an average speed of 80 miles an hour, over factories and suburbs, a great arsenal, a famous school and a town best known for its American colony. Up aloft the weather was typical of the New York autumnal day. There was just a hint of frost on the roof tops which made them show up more plaintly than usual through the light mist. All was quiet and peaceful in an area which the presence of the Gothas would in an instant transform into a battlefront, encircled by the barrage from the anti-aircraft guns thousands of feet below.

After completing the circle of the metropolis, the fighting plane slanted back to earth at 140 miles an hour. "That's not really fast," re-marked the pilot. "In actual fighting we often have to make 300 miles an hour and the plane is built to stand that speed without the slightest danger."

SILK INDUSTRY IN CALIFORNIA.

Experiments have demonstrated hat California can produce a finer and stronger silk than either Japan or China, and there is a movement o establish a thousand-acre project near Wyandotte, Butte county, for the purpose of a mulberry plantation for feeding silkworms. The first unit of 160 acres is being planted to mulberry cutting and if the initial planting realizes the success it promises there will be from 10,000 to 20,000 acres in that state devoted to the growing of mulberry trees for the silk industry.

In a talk on the industry, a stockholder in the company that is promoting the work declared that there is no fear of scarcity of labor in the development of the silk industry, as children 8 years old can attend to the cocoons. The ideal way is the planting of small acreage of mulberry trees, and the silk worms could be fed and gathered by the members of the farmer's family. A man and wife can care for ten acres of mulberries, from which they expect to

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Two stars in my window hang, Two stars in a field of white: Two sons have offered all For liberty and right.

Proud of these sons was I; Proud of their bright career. Two stars in my window hang.

. Two stars my heart to cheer.

Each fondly by name I call,

Proud of these sons am I; Proud that they stood the test; Proud that they offered all, God help me bear the rest -Eva H. Thornburg.

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novelties, to close out, wholesale price \$9.95 **BOYS AND** CHILDRENS

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