

FOOD SLACKERS ARE NUMEROUS IN THIS COUNTY

Window Cards Not Necessarily Sign That Rules Are Being Kept

INSPECTOR MAY COME

Fish Not Preferable Because Public May Be Getting Jobbed On It

By W. C. COWGILL

There are many slackers in Salem. Those I mean who have received the government food cards in their homes with full directions as to the savings desired by the government, especially in wheat, meat, of all kinds, and sugar—the three essential products of America that must be saved by voluntary action on the part of the 20,000,000 families of the land.

Into one meat shop Tuesday morning, while I was obtaining the individual opinion of the proprietor of the market, came a man apparently in a hurry. It lacked then only a few minutes of noon. He heard our conversation touching the rules just laid down through F. W. Steadloff, food conservator of Marion county, and made the remark that he never signed an agreement he did not believe in and that he and his wife were saving in all directions. But when he was pinned to the fact that the government demands the saving of so many pounds of actually weighed-out meat every Tuesday of each week as long as the war shall last, in order that the ounces of meat thus actually saved by each family in the land may be utilized in providing for soldiers or sailors of the United States, in addition to providing the armies and navies of the allies in war with necessary meat; the man picked up his purse and left the shop.

Whether he went to the next shop and bought what he wanted, I did not learn, for just then two or three nice looking women came in, and were served with the meats they ordered.

The proprietor of the shop said that all butcher shops should be closed on meatless days, which would do more than anything else to teach the public that these last requests of the government were not made for the fun of making new laws, or rules, but to be rigidly enforced.

The proprietor said also that I might come into his shop and buy 15 cents worth of steak—or just enough for my family—or I might buy one dollar's worth, and he would be none the wiser, as to the probable size of my family. Farmers come to town on Tuesdays, say they cannot get in any other day, and buy for their use on Wednesday. But, who can tell on what day they use the meat? They have plenty of chickens, but claim they get tired of chicken and bacon or ham.

Fish is high—unreasonably high—and the markets are often without poultry of any kind. What is the hotel man, or restaurateur to do about it?

One man went to a market last Tuesday to get halibut at 30 cents a pound, but when he tested that particular piece of halibut he found it so decomposed that the stench drove him out of the market.

What is the reason fish is held so long in cold storage? It is for the sake of bleeding the public. Fish that costs originally about seven cents a pound at the mouth of the Columbia river, or on Puget sound, should sell at retail, all transportation and reasonable cold storage charges added, for not to exceed 20 cents a pound, and that would be more than it is actually worth, according to prices of other years. Smelt is growing cheaper, and will continue to grow less, but other kinds of fish are high, and apparently will remain high.

Investigation among the grocery-



Douglas Fairbanks in Tri-angle Play, "The Lamb." Coming to The Bligh Theatre Next Sunday

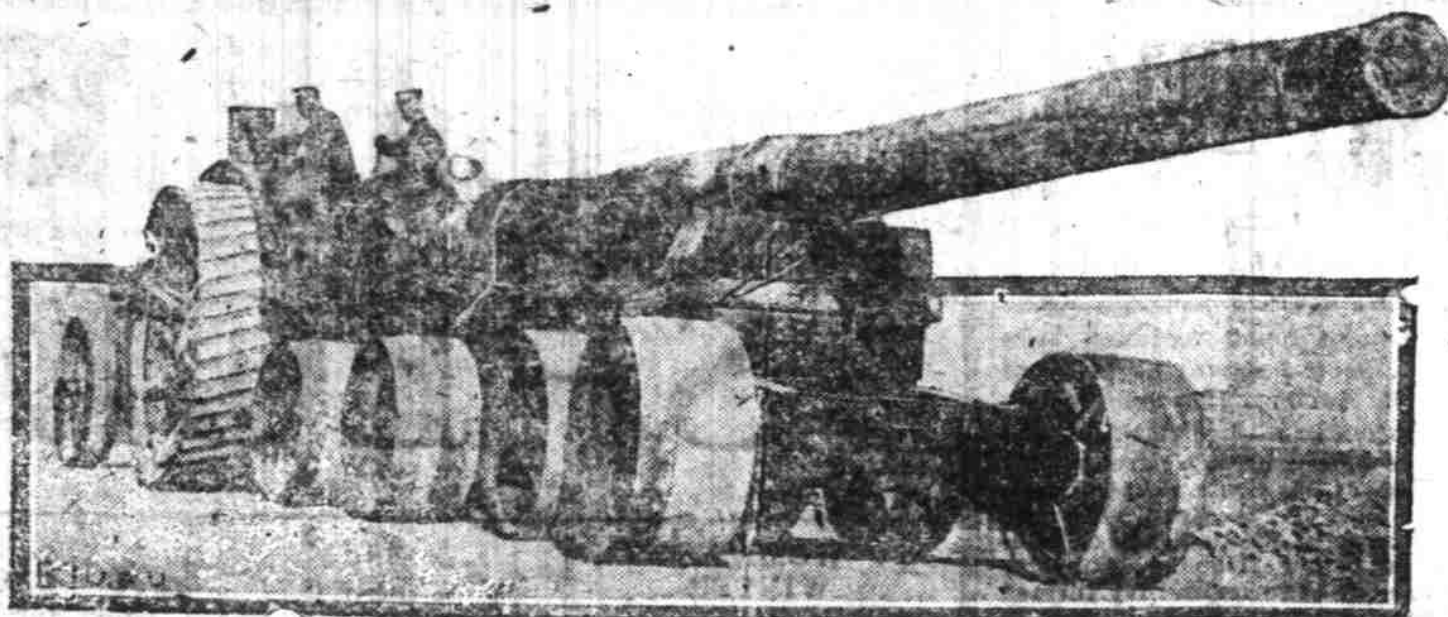
To-day Bligh Theatre
SNEDEKER COMPANY
Presenting
"CAPRICE"
Four Acts—Change of Vaudeville and Pictures by Request
Friday. SNEDEKER CO. in "Tess of the Storm Country"

THREE DAYS
STARTS TOMORROW

10 BIG ACTS
10 BIG ACTS

THE SOUL-STIRRING HUMAN EPIC OF THE NORTHWEST
"The BARRIER"
Produced under the personal supervision of REX BEACH, the Author.
BIGGER, BETTER AND FAR GREATER THAN "THE SPOILERS"—A BIG EVENT—ARRANGE TO GO EARLY
LIBERTY THEATRE

New Great Gun Sent by British to Flanders Front



The British have not stated just how large is the mighty weapon of war, but they insist it is the newest and the biggest gun so far produced for war uses. It is here shown on the way to the Flanders front. The photograph indicates it is a rifle as long as most naval guns and perhaps of larger calibre.

men and other dealers reveals the fact that Wednesdays are being very well observed by all dealers as wheatless days. The grocerymen and bakers are living up to the agreements they entered into in November. Rye and corn breads are being sold, or other colored breads. But some wheat bread is brown. Farmers were heard to say that brown bread is not considered a violation of wheatless day as white bread is, although she admitted it is made of wheat flour or Graham. It is simply wheat ground with the husks on it. Whole wheat flour is more nourishing than pure white flour, or Graham flour, and is being largely used, as it utilizes every particle of the best part of the wheat kernel and leaves no waste, to speak of in the grinding.

Then there are three great products from corn, in addition to corn meal and these are corn starch, mazaola oil and karo, the latter in three flavors. This karo is the best sweetening in the market, and should be used ten times more than it is in the place of sugar on the table.

Corn meal should be used more in every family. It has dozens of ways of being made palatable. Karo and mazaola oil should be used in cooking, and corn starch for puddings, etc.

The annual production of corn in the United States, according to government figures, is an average of 5,000,000,000 bushels—the very biggest crop grown in the United States. It is the big factor in fattening hogs, chickens, and in silage form feeds millions of cows and steers, but when ground into meal while the very best human food, from a point of view of nourishment, will not keep fresh for shipment to great distances. That is why it is used very little in the army or navy of this or any other country.

There will be a government food inspector around one of these days, and like the income tax collector, he will hunt out all slackers, and, if they are in the not distant future, the people of the United States will be need on daily ration as are the people of England, Canada and France today.

Will the citizens of Marion county and Salem await such action?

I know of many patriotic citizens that have rationed themselves for more than one year past, and yet, they are just as happy as they were formerly. Live just as well, eat about as much, are healthier than ever, but give more time to other duties, wear less costly clothes, eat second grade meats at home, support the Red Cross systematically, and contribute now regularly to the Armenian sufferers.

Don't you know of others?

LIBERTY BONDS AT LOW MARK

Stocks, However, Move to Higher Levels at Close of Day's Business

NEW YORK, Jan. 16.—Regarding the contradictory tenor of foreign advice, maintenance of 6 per cent call money and a new low record for one of the liberty issues, today's languid stock market gradually sought higher levels, subject, however, to intermittent pressure.

Pools resumed their activity in a number of speculative specialties, but in general dealings fell below recent averages, both as to volume and number of issues noted.

The railroad situation with its enforced curtailment of industrial operations, exerted little adverse influence, although rails made less upward progress than any other division of the active list.

Leading steels, equipments, coppers and Mexicans made extreme gains of one to three points with motors, tobacco and shippings. Final quotations were mostly at highest levels of the day. United States Steel closing at 51 5/8, a net gain of 1 5/8. Sales amounted to 385,000 shares.

Declaration of the regular dividends on Baltimore & Ohio common and preferred was not announced until after the close of the market.

The foreign exchange market was irregular, francs hardening with an easier tone for Pines.

Liberty second 4's fell from 96.26 to the new minimum of 96.10. First 4's were quoted at 97.40 to 96.30 and the 3 1/2's at 98.70 to 98.50. Total sales, par value, \$4,725,000.

United States bonds, said issues, were unchanged on call.

GROUP AT MIDNIGHT WELLS IN MORNING

A few nights ago one of my patrons had a small child taken with croup about midnight," writes M. T. Davis, Bearsville, W. Va. "They came to my store and got a bottle of Foley's Honey and Tar. Before morning the child had entirely recovered." Use only Foley's for coughs, colds, croup and grip.—J. C. Perry.

Commission May Let Go Two Millions in Bonds

Whether it will sell the \$2,000,000 in bonds available for this year under the \$6,000,000 road bonding act will be decided by the state highway commission at its February meeting. The act contains the following provision:

"There is something charmingly homelike to Americans in at least one passage of a recent alleged independent and the Russian revolutionary foreign official, as the correspondent reports him: "A few of our intellectuals who held ministerial posts got cold feet recently and resigned." Cold feet? What is Russia for cold feet?—Christian Science Monitor.

Report Many Cases of Rheumatism Now

Says we must keep feet dry; avoid exposure and eat less meat.

Stay off the damp ground, avoid exposure, keep feet dry, eat less meat, drink lots of water and above all take a spoonful of salts occasionally to keep down uric acid.

Rheumatism is caused by poisonous toxin, called uric acid, which is generated in the bowels and absorbed into the blood. It is the function of the kidneys to filter this acid from the blood and cast it out in the urine. The pores of the skin are also a means of freeing the blood of this impurity. In damp and chilly, cold weather the skin pores are closed, thus forcing the kidneys to do double work, they become weak and sluggish and fail to eliminate this uric acid, which keeps accumulating and circulating through the system, eventually settling in the joints and muscles, causing stiffness, soreness and pain called rheumatism.

At the first twinge of rheumatism get from any pharmacy about four ounces of Jad Salts; put a tablespoonful in a glass of water and drink before breakfast each morning for a week. This is said to eliminate uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impurities.

Jad Salts is inexpensive, harmless and is made from the acid of grapes and lemon juice, combined with lithia, and is used with excellent results by thousands of folks who are subject to rheumatism. Here you have a pleasant, effervescent lithia-water drink which overcomes uric acid and is beneficial to your kidneys as well.

Washington Boy Praised by General Pershing

Private Sylvan Taylor of Washington, D. C., has been commended by General Pershing for coolness in action. With a detachment of the Third battalion of the Eighteenth infantry he was subjected to a severe fire from the Germans to be followed later by a gas alarm. The men, and particularly young Taylor, behaved with such coolness that General Pershing took notice of it.

INDUSTRIES STOP FOR FIVE DAYS

(Continued from page 1)

They said tonight, that the homes must be kept warm at all costs. Reports have poured into the fuel administration's office for days, part telling of intense suffering in many parts of the country.

Newspapers Not Included.

Besides shippers and factories producing food stuffs the few exceptions to the general rule forbidding the use of coal in the periods specified as plants which must be continuously operated to prevent injury to the plants themselves, newspaper plants and printing establishments

CAMPAIGN FOR Y. W. C. A. TO BE NEXT WEEK

Betterment of Moral Standards About Army Camps Is One Object

NURSES' HOMES PLANNED

Nation Is Called Upon to Furnish Four Million Dollars For Cause

Next week, January 21 to 27, begins the drive for this state's and the northwest's share of the \$4,000,000 fund required by the national Y. W. C. A. council of the Young Women's Christian association, to carry on a work which is of vital importance to all girls and women, whether directly or indirectly affected by the war, as well as for the soldier-boys themselves. The government has requested that it perform certain lines of constructive work at home and in the battle zone. The northwest quota is to be \$144,000.

In addition to the famous hostess house work which brings soldier, sailor, his family and women friends together under homelike environment and gives him new cheer in lonely camp and cantonment, the Y. W. C. A. war work is equally directed to bringing help to the girls and women who have brought into strange employment and left without adequate protection against influences that undermine the higher standards of our day.

Thanks Letters Come.

"The work of our wonderful hostess houses has already brought the Y. W. C. A. many thousands of thankful testimonials and is consequently quite well known," said Mrs. William MacMaster, chairman of the northwestern field of the national war work council.

"But in this more tangible institution sight must not be lost of another work very vital to our nation. This constitutes for the general welfare of the Y. W. C. A. It is concerned with the care, moral guidance and housing of the thousands upon thousands of girls who are employed in war-time industries in the vicinity of army camps and in the war zone itself. The coming of the war has brought to girls and women longer hours of labor, emotional excitement, strain, crowded housing, moral dangers, shifts in employment, and to the non-English speaking women perplexity and fear.

"To meet these crucial conditions, which 'left to work themselves out in their own way, would result disastrously for the whole nation, the Y. W. C. A., through its national war work council, has undertaken the task of supporting women's industrial standards, the providing of wholesome recreation, physical training, social morality instruction, safe housing, vocational training and guidance and protection and advice for foreign born women.

"Need in France Great.

"In France the need for Y. W. C. A. help is great. Ample provisions are now made for Y. M. C. A. huts and dugouts in the war zone, but thus far it has not been possible to provide huts where the heroic nurses of whom thousands are near the battle lines, may run in to enjoy a bit of rest and recreation to rebuild their mind and body for the next day's emergencies.

"Many of these huts were needed near the base hospitals. It takes just \$2000 to erect one and \$500 to furnish and make it homelike. There is also great need for the "Power centers" in the various industrial and munition centers where proper food, rest and recreation for overworked French women may be obtained.

"The women of France have advised the Y. W. C. A. workers over there that they will themselves raise \$4000 if the association will provide a similar amount for such a canteen in Paris. When the war is over, the women munition workers in France are working to the last ounce of their strength to win the war for the least we, as Americans, can do is to give them the means to get rest and a new lease on their minds and bodies."

Camp Lewis Work Growth.

"The hostess homes at Camp Lewis continue to grow in popularity and is visited by an average of from 2500 to 6000 people daily. While mothers, wives, and sweethearts are in the living room visiting their soldier boys, the information desk is the busiest place in the cantonment.

"In two weeks of December 4321 questions were answered, 326 letters posted, 560 people directed how to find friends, 343 telephone messages delivered, 389 parcels checked care of in the rest room and seventy-four children and babies in the nursery."

NO WONDER WONDERFUL BARGAINS

Our store is crowded from morning till night; such are seldom offered by any merchant, but we must save freight and the less we carry along the less freight bill we will have.

YELLOW PACKAGES
You can readily see who is doing the business of the town; note the many yellow packages and gray suit boxes people are carrying out of our store; your turn next, come in and buy your needs now in

CLOTHING, HATS, SHOES and FURNISHINGS

Remember also we are closing out our entire boys' department for we are not going to carry boys' goods in Tacoma.

REMOVAL SALE at Benjamin Brick

The Corner Store State and Liberty

which public current and periodical magazines.

On the Monday holidays besides manufacturing plants the following consumers will be forbidden to use coal:

Business and professional offices (except to prevent freezing), except those used for government officers or bank and trust companies and those housing physicians and dentists; wholesale and retail stores with exceptions for drugstores and those that sell food; all amusement places and saloons; State fuel administrators may close the bank and trust company buildings if they think necessary.

On the holidays sub-way, surface elevated and suburban cars will be permitted to use only the amount of coal they normally consume on Sundays.

Some domestic utilities probably will be exempted from the order in supplementary rulings, including laundries, ice plants and hundreds of others upon which the people are dependent for supplies and service.

Order Early Expected.

Cutting off coal to non-essential industries had been expected in Washington for a week. It was explained tonight that they were not discriminated against in the order because of the fact that it was almost impossible to classify industries as essential and non-essential. Thousands of factories producing so-called non-essentials, it was pointed out, supply either directly or indirectly plants which themselves manufacture goods vitally needed by the government or by the public. Suspension of a few industries is expected to interfere with deliveries if the railroads can move the goods in the present congested state.

Officials tonight forecast that the German government would probably distort and make much of the order to improve the morale of the German people, but they said this danger was negligible when compared with that of permitting the fuel situation to continue unimproved.

The order was issued under authority conferred in the Lever food act, which provides a fine of \$5000 or imprisonment for violation of its provisions, and warning was given that it would be strictly enforced.

New York, said Dr. Garfield's order seems to give "great encouragement to the enemy, great discouragement to our allies, and great interruption to the war preparations of this nation."

"It seems to me that the program of a suspension of industries is a destructive rather than a constructive program," he declared.

"It seems that the most drastic effects should be made to increase the production of fuel rather than to have to curtail production of the necessities for lack of fuel."

Publishers Protest to Wilson.

The following telegram was sent to President Wilson tonight by the publishers of The World, Herald, Evening Post and Brooklyn Eagle:

"We earnestly represent that the order just issued by the fuel administrator is calamitous in its character and unnecessary under the best improving conditions. It will dislocate industry, throw millions out of employment and impoverish families who depend upon daily wages. A five-day interruption and ten Mondays shut down will wipe out their living margin. Why not order five working days of sixteen hours on coal deliveries and mine production, bringing certain relief instead of destruction."

Dr. Garfield's order was read tonight at the annual dinner of the National Wholesale Dry Goods association, Manufacturers, wholesalers and commission merchants from all parts of the country were present. It was received in silence. A few moments later there was scattered handclapping and a buzz of widespread comment.

CHICAGO, Jan. 16.—Nearly 9000 manufacturing plants in the Chicago manufacturing district will be shut down and 400,000 persons will stop work under Dr. Garfield's fuel conservation order, it is estimated. The Chicago district takes in the big steel plant of Gary, Ind., East Chicago and Hammond, and the Calumet and North townships.

Persons who have been ill a great deal are generally tall, since lying in bed, with the limbs relaxed, induces growth.

KIDNEYS NEVER CAUSE BACKACHE

Rub Pain, Soreness and Stiffness Right Out With Old "St. Jacob's Liniment"

Kidneys cause backache? Not! They have no nerves, therefore can not cause pain. Listen! Your backache is caused by lumbago, sciatica, or a strain, and the quickest relief is soothing, penetrating "St. Jacobs Liniment." Rub it right on the aching tender spot, and instantly the pain, soreness, stiffness and lameness disappears. Don't stay crippled! Get a small trial bottle of "St. Jacobs Liniment" from your druggist and liniment. A moment after it is applied you'll wonder what became of the backache, sciatica or lumbago pain. "St. Jacobs Liniment" stops any pain at once. It is harmless and doesn't burn or discolor the skin.

It's the only application to rub on a weak, lame or painful back, or for lumbago, sciatica, neuralgia, rheumatism, sprains or a strain.

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