

ACTS GENTLY ON THE
KIDNEYS, LIVER and Bowels CLEANES THE SVSTEM
 HABITUAL $^{2}$ CONSTIPATION ITS BENEFICIAL EFFECTS. © AlFRNAFIG SYRVPE.

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HOW CHARLES W. BABGOGK Proprioton Lyoumm Sholl Oyster Paplor, of Roohester, NeY. Ohtained \$2,000 Life Insurance Polloy.

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Admiral Geenge Dewey


New Feracr Edition of the
Encyclopadia Britannica

Governor Theodore Roosevelt
Admizal Schley
Admiral Sampson
Capt. Clark of the Oregon

## Wer's Wekly: Take a breast of of veal, beat it as flat

 as possible, and sprinkle with salt, pep-per and pounded splee. Then lay the
inside upward and brush it over with beaten egg, then corer with a a layer
thin lean lam. Mix tegether one poun
of pork of pork sausage ment, the thinhy pared
rind of a lemon chopped very fine.
heribs and parsley, a little cayenne and mace, the juice of a lemon and the
whitesof three hord boileceggs at very
fine, and spread this forcemeat over the ham. Lay the three hard boiled yolls
along the center, and roll the veal ght; bind it with tape, sew it in
cloth, stew it gently for four hour Then place between two nat dishics, wit
heary weights on the top, and leave til
cold. Take it from between the dishen remove the cloth and the tapes, and put
on a dish covered with parsley.

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Encyclopadia Britannica

C. NICKELSEN,

The Shasta Route
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Name




FRENCH \& CO. BANKERS.

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