

# OVERWORK —INDUCED— Nervous Prostration

Complete Recovery by the Use of  
**Ayer's Sarsaparilla**



and gradually increased my weight from one hundred and twenty-five to two hundred pounds. Since then, I and my family have used this medicine when needed, and we are all in the best of health, a fact which we attribute to Ayer's Sarsaparilla. I believe my children would have been fatherless to-day had it not been for Ayer's Sarsaparilla, of which preparation I cannot say too much."—H. O. HINSON, Postmaster and Planter, Kinard's, S. C.

**Ayer's Sarsaparilla**  
RECEIVING MEDAL AT WORLD'S FAIR.  
AYER'S PILLS SAVE DOCTOR'S BILLS.

### TIME CARD FOR TRAVELERS.

Below is published a correct time card of trains and boats which leave and arrive at The Dalles. Travelers may trust it, as THE CHRONICLE is kept fully informed of revisions:

D. P. & A. N. CO. STEAMERS.
Regulator leaves The Dalles 8 a.m.
arrives at The Dalles 6 p.m.
Dalles City leaves Portland 7 a.m.
arrives at Portland 6 p.m.
The steamers make close connection at Cascade Locks. Dalles office, foot of Court St. Portland office, Oak St. dock.
OREGON RAILWAY & NAVIGATION CO.
FAST MAIL. Arrive. Leave.
No. 1—West-bound 3:10 a.m. 3:15 a.m.
No. 2—East-bound 12:45 a.m. 12:50 a.m.
DALLES PASSENGER.
No. 7—West-bound, leaves 1:45 p.m.
No. 8—East-bound, arrives 11:59 a.m.
HEFFNER MIXED TRAIN.
Leaves The Dalles 12:30 p.m.
Arrives at The Dalles 9:00 p.m.
All passenger trains stop at Union Street, as well as the depot.

### More Examination Questions.

#### READING.

- 1. By what is the tone of voice in speaking or reading regulated?
2. Name three mental qualifications which a good reader must possess and employ.
3. Explain the difference between a grammatical pause and a rhetorical pause.
4. Give examples of (a) a question requiring the rising inflection; (b) a question requiring the falling inflection.
5. What is modulation? What is climax?
6. What is the difference between the construction of prose and poetry?
7. Name two qualities of tone, and give an extract to illustrate the use of one of them.
8. Read selections given by examiner.

#### THEORY OF TEACHING.

- 1. What do you understand by the term, methods as applied to teaching?
2. On what principle does the maintenance of order during class-room instruction chiefly depend?
3. What methods would you adopt in introducing a subject—grammar, for instance—to a class of beginners? State any principles that underlie these methods.
4. State some of the methods to be employed in making class-room instruction familiar.
5. Mention a few of the axioms that are to be found in writing or teaching of leading educational reformers.
6. What is the proper place of the text book in the class room, and by what methods is its use to be supplemented by the teacher?
7. What is the value of repetition in teaching, and upon what rule or rules is its employment to be limited?
8. Name the faculties of the mind. Which of these is the most active in childhood?
9. In view of this, what should characterize the teaching of young children?
10. In teaching, what help should the teacher give his pupils? Why?
PHYSIOLOGY AND HYGIENE.
1. (a) Name the bones of the skull;

- (b) define dislocation, ligament, fracture; (c) locate the patella.
2. Give examples of the three classes of levers as they occur in the body.
3. Name all the structures which are modifications of the epidermis.
4. (a) What is the difference between the milk teeth and the permanent; (b) Discuss hygiene of the teeth.
5. (a) Describe the organ of the voice; (b) define glottis and epiglottis; (c) discuss ventilation.
6. Define plasma, fibrin, coagulation, corpuscle, artery, vein.
7. Prove that alcohol is a poison.
8. Describe the processes concerned in the digestion of an ordinary meal.
9. Define cranial nerves, cerebrum, cerebellum, medulla oblongata, spinal nerves, reflex action, sympathetic nervous system, duramater, pia mater.
10. Name a number of narcotics, and enumerate their effects on the body. Are any of them ever useful?

#### Regarding Good Roads.

MR. EDITOR—I observe you have been silent for several issues on the road question. I hope you have only let go to get renewed hold, so to speak, and that you will again take hold with a vigor, never to let go until a loaded wagon, or a carriage, with an invalid seeking restoration to health by the aid of our incomparable climate, shall go a ten-mile drive in any direction without a jolt or jar. This is possible, and would do a great deal in commending our brisk and beautiful city to the favorable notice of strangers.

There is something to learn from the practice of others in this, as in all other subjects. The manner of the Danish government in dealing with the sands of that sea-girt peninsula, may teach us a lesson. It is not done with gravel or plank; but twigs, fagots of small straight limbs, laid down on a properly graded surface, bridge the shifting sand, prevents wheels from cutting deep, is inexpensive, easily repaired, and more effective than the straw covering our neighbors of Walla Walla county use, though that is better than nothing.

SURREY.

Aug. 10, 1895.

One night when Mr. Isaac Reese was stopping with me, says M. F. Hatch, a prominent merchant of Quartermaster, Washington, I heard him groaning. On going to his room I found him suffering from cramp colic. He was in such agony I feared he would die. I hastily gave him a dose of Chamberlain's Colic, Cholera and Diarrhoea Remedy. He was soon relieved and the first words he uttered were, "what was that stuff you gave me?" I informed him. A few days ago we were talking about the attack and he said he was never without that remedy now. I have used it in my family for several years. I know its worth and do not hesitate to recommend it to my friends and customers. For sale by Blakeley & Houghton Druggists.

#### It May Do as Much For You.

Mr. Fred Miller, of Irving, Ill. writes that he had a Severe Kidney trouble for many years, with severe pains in his back and also that his bladder was affected. He tried many so called Kidney cures but without any good result. About a year ago he began use of Electric Bitters and found relief at once. Electric Bitters is especially adapted to cure of all Kidney and Liver troubles and often gives almost instant relief. One trial will prove our statement. Price only 50c. for large bottle. At Snipes-Kinersly Drug Co's.

Pains in the small of the back indicate a diseased condition of the kidneys. Owing to the dangerous nature of the diseases which attack those organs it is important that measures should be taken to remove the trouble before it has become too firmly fixed. Prudence would suggest the prompt use of Dr. J. H. McLean's Liver and Kidney Balm which has specific action on the liver and kidneys and will cause an early restoration to healthy conditions. Price \$1.00 per bottle.

There comes a time to all of us, when we feel mean and "out of sorts" and in a condition to invite disease. It is then we need such a remedy as Dr. J. H. McLean's Strengthening Cordial and Blood Purifier. To persons exhausted by sickness or overwork its invigorating influence is surprising, promptly restoring health, energy and cheerful spirits. Price \$1.00 bottle. For sale by Snipes-Kinersly Drug Co.

#### Announcement.

Reports from passengers already gone to Clatsop and Ilwaco beaches are very flattering as to connections and time made, and say our arrangements are perfect for delivering passengers, baggage and freight at their destination. For detailed information and surprisingly low rates for the season, call on E. E. LITTLE, Agent O. R. & N. Co.

Our prices are for shirts, 10 cts; collars, 2 1/2; cuffs per pair, 5 cts. Troy Laundry Co.'s office at O. K. barber shop, 110 Second street. a15-4t

#### M. E. Church Appointments.

At the regular fourth quarterly conference of the M. E. church of The Dalles, Or., held in the lecture room of the church August 16, 1895, the following officers and committees were elected: Official board trustees—R B Hood, Wm Michell, J H Cross, Wm Sylvester, W H VanBibber, Leslie Butler, Smith French, W A Kirby, Simeon Bolton.

Official board stewards—J H Cross, W H Glasius, W A Kirby, Eugene Collins, J S Wenzler, Mrs S French, Mrs D M French, Mrs B F Laughlin, Mrs J H Cross, Mrs C Bill, Simeon Bolton.

Missions—Wm Michell, A M Walker, Mrs S French, Mrs J H Cross.

Church extension—W H Glasius, W A Kirby, Wm Sylvester, Mrs Willerton, Mrs Fowler.

Sunday schools—Wm Michell, W A Kirby, J H Cross, Edwin Hill, Louise Ruch, Mrs D M French, Ursula Ruch, Ethel Demming, John Parrot.

Tracts—Ernest Jensen, Mrs. C Bill, Nellie Sylvester, Mabel Cross, Edith Randall.

Temperance—R B Hood, S Bolton, E S Collins, Mrs S French, Mrs Biggs.

Education—J H Cross, Mrs B F Laughlin, Mrs S French.

Freedmen's aid and Southern education—Mrs D M French, Irene Adams, Louise Ruch.

Church records—J H Cross, W A Kirby.

Parsonage and furniture—Good Intent Society.

Estimating pastor's salary—R B Hood, Wm Michell, J H Cross, W A Kirby, Simeon Bolton, E J Collins, Mrs S French.

A resolution was offered and unanimously passed by a rising vote that the presiding elder be instructed to request the bishop and cabinet to return Rev. John H. Wood as pastor of this charge. Rev. R. C. Moror, Chairman. J. H. Cross, Recording Sec.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a tea-spoonful. It acts directly on the blood-mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address, F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c.

Children, especially infants are soon run down with Cholera, Cholera Infantum or "Summer Complaint." Don't wait to determine, but give DeWitt's Colic & Cholera Cure promptly, you can rely on it. Use no other. Snipes-Kinersly Drug Co.

#### Change in the Regulator's Time Card.

Commencing Wednesday, July 10th and until further notice, steamer Regulator will leave The Dalles for Portland at 8 a. m., instead of 7 a. m. Steamer Dalles City will leave Portland at 7 a. m., instead of 6 a. m. W. C. ALLAWAY, General Agt.

#### Notice.

All warrants outstanding against Dalles City are now due and payable at my office. Interest ceases on and after this date. I. I. BURGER, July 15th, 1895. City Treas.

Severe griping pains of the stomach and bowels instantly and effectually stopped by DeWitt's Colic and Cholera Cure. Snipes-Kinersly Drug Co.

Ladies, we make a specialty of laundering shirt waists and summer dresses. Troy Laundry Co., office 110 Second St. a15-4t

### Whitman College WALLA WALLA, WASH.

The location unexcelled, instruction thorough, expenses low. Three Courses—Classical, Scientific and Literary—in both the College and Academy. Conservatory of Music and Department of Elocution and Oratory greatly enlarged. All lines of work strengthened; good influences assured; outlook in all directions brighter than ever before. Fall term opens Sept. 18th. For announcements and further particulars, address PRES'T WHITMAN COLLEGE, Walla Walla, Wash.

## Mexican Mustang Liniment

- for Burns, Caked & Inflamed Udders. Piles, Rheumatic Pains, Bruises and Strains, Running Sores, Inflammations, Stiff joints, Harness & Saddle Sores, Sciatica, Lumbago, Scalds, Blisters, Insect Bites, All Cattle Ailments, All Horse Ailments, All Sheep Ailments,

Penetrates Muscle, Membrane and Tissue Quickly to the Very Seat of Pain and Ousts it in a Jiffy. Rub in Vigorously.

Mustang Liniment conquers Pain, Makes Man or Beast well again.

#### None But Ayer's at the World's Fair.

Ayer's Sarsaparilla enjoys the extraordinary distinction of having been the only blood purifier allowed an exhibit at the World's Fair, Chicago. Manufacturers of other sarsaparilla sought by every means to obtain a showing of their goods, but they were all turned away under the application of the rule forbidding the entry of patent medicines and nostrums. The decision of the World's fair authorities in favor of Ayer's Sarsaparilla was in effect as follows: "Ayer's Sarsaparilla is not a patent medicine. It does not belong to the list of nostrums. It is here on its merits."

#### Bucklen's Arnica Salve.

The best salve in the world for cuts, bruises, sores, ulcers, salt rheum, fever sores, tetter, chapped hands, chilblains, corns, and all skin eruptions, and positively cures piles, or no pay required. It is guaranteed to give perfect satisfaction, or money refunded. Price 25 cents per box. For sale by Snipes & Kinersly.

The Wasco Warehouse Co. have on sale at their warehouse Seed Wheat, Feed Wheat, Barley, Barley Chop, Oats and Hay. Are sole agents in The Dalles for the now celebrated Goldendale roller mills flour, the best flour in the market and sold only in ton lots or over. 9-11

There is no doubt, no failure, when you take DeWitt's Colic & Cholera Cure. It is pleasant, acts promptly, no bad after effects. Snipes-Kinersly Drug Co.

#### \* THE \*

### Snipes-Kinersly Drug Co.

Drugs, Paints, Wall Paper, Glass, Etc.

129 Second St., THE DALLES, - - OR.

### EYE, EAR, NOSE and THROAT

D. R. WADE, (F. C. S., London, member of the British Medical Association, formerly oculist and aurist to the Victoria Royal Jubilee Hospital), has opened an office for the practice of the above specialties, at rooms 204-205, Macquam Building, Portland, Or. Office hours, 10 to 12 a. m.; 4 to 6 and at 8 p. m. jly15lm

## "The Regulator Line"

The Dalles, Portland and Astoria Navigation Co.



THROUGH Freight and Passenger Line

Through Daily Trips (Sundays excepted) between The Dalles and Portland. Steamer Regulator leaves The Dalles at 8 a. m., connecting at the Cascade Locks with Steamer Dalles City. Steamer Dalles City leaves Portland (Oak street dock) at 6 a. m., connecting with Steamer Regulator for The Dalles.

PASSENGER RATES. One way \$2.00 Round trip 3.00

Freight Rates Greatly Reduced. All freight, except car lots, will be brought through, without delay at Cascades.

Shipments for Portland received at any time day or night. Shipments for way landings must be delivered before 5 p. m. Live stock shipments solicited. Call on or write to,

W. C. ALLAWAY General Agent THE-DALLES, OREGON

### House Moving!

Andrew Velarde

IS prepared to do any and all kinds of work in his line at reasonable figures. Has the largest house moving outfit in Eastern Oregon.

Address P.O. Box 181, The Dalles

### HARRY LIEBE, PRACTICAL

### Watchmaker & Jeweler

All work promptly attended to, and warranted. Can now be found at 162 Second street.

"There is a tide in the affairs of men which, taken at its flood leads on to fortune."

The poet unquestionably had reference to the

## Closing-Out Sale of Furniture & Carpets

AT CRANDALL & BURGET'S, Who are selling these goods out at greatly-reduced rates. MICHELBACH BRICK, UNION ST.

### D. W. VAUSE, Successor to Paul Krefl & Co DEALER IN PAINTS, OILS AND GLASS.

And the Most Complete and Latest Patterns and Designs in WALL PAPER. \* WALL PAPER.

PRACTICAL PAINTER and PAPER HANGER. None but the best brands of J. W. MASURY'S PAINTS used in all our work, and none but the most skilled workmen employed. Agents for Masury Liquid Paints. No cheap imitation or soap mixture. A first-class article in all colors. All orders promptly attended to. Store and Paint Shop corner Third and Washington Sts., The Dalles, Ore.

### RUPERT & GABEL, Wholesale and retail manufacturers and dealers in Harness, Saddles, Bridles, Collars, TENTS and WAGON COVERS. REPAIRING PROMPTLY DONE. Adjoining E. J. Collins & Co.'s Store THE DALLES, OREGON.

Thos. F. Oakes, Henry C. Payne, Henry C. Egan, RECEIVERS.

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Pullman Sleeping Cars

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For information, time cards, maps and tickets, call on or write to

W. C. ALLAWAY, Agent, The Dalles, Oregon.

A. D. CHARLTON, Asst. G. P. A., 258, Morrison, Cor. Third, Portland, Oregon

## O. R. & N.

E. McNEILL, Receiver.

## EAST!

GIVES THE

Choice of Transcontinental Routes

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Low Rates to all Eastern Cities.

OCEAN STEAMERS Leave Portland Every Five Days for SAN FRANCISCO, CAL.

For full details call on O. R. & Co.'s Agent at The Dalles, or address W. H. HURLBURT, Gen. Pass. Agt. Portland, Oregon.