TAKE HEART. If you're a suffering woman. The chronic weaknesses, pain-ful disorders, and delicate derangements that come to woman only have a positive remedy in Dr. Pierce's Favorite Prescription. If you will faithfully use it, every disturb-ance and irregularity can be permanently cured. It's a legitimate medicine for woman, carefully adapted to her delicate organi-zation. It builds up and invigorates the entire system, regu-

all the proper func-restores health and tions, and strength.

"Favorite Prescription" is the only remedy for woman's ills that's guaranteed. If it fails to benefit or cure, you have your money back.

lates and promotes

Which is the best to try, if you have Catarrh-a medicine that claims to have cured others, or a medicine that is backed by money to cure you? The proprietors of Dr. Sage's Catarrh Remedy agree to cure your Catarrh, perfectly and per-manently, or they'll pay you \$500 in cash.

POOR HOTEL-KEEPING.

The Noble Work Done by a Reformer in a Coon-Skin Cap.

One night a year ago, writes a New York Sun correspondent, there were half a dozen of us to go up to the village hotel in the rickety old bus, and among the crowd was a selemn-looking old chap, dressed in very plain goods and wearing a coon-skin cap. It was the typical village hotel landlord in the bar-room, a very fresh young man behind the register, mighty little for supper, and that poorly cooked, and there was more or less growling. The man with the coon-skin cap was treated very brusquely by the clerk, and the frowsyheaded waiter girl didn't seem to care whether he had any thing to eat or not. He didn't say much, but it was evident that he was mad.

After supper the landlord and "Coon-skin" had a private confab. When it was ended the old man came down-stairs, opened the front door, and then turned to the clerk, and said:

"You git!"

"What do you mean?" "I have rented this hotel. Skip!"

The clerk put on his coat and hat and walked out. Then "Coon-skin" sent

word to the cook and waiter girl to be out in half an hour, for the hostler to be gone by midnight, and for the barkeeper to vacate by noon the next day. He kindly allowed us to stop over night, but we had to get our breakfast at a bakery. By noon the doors of the hotel were nailed up, signs of "closed" posted, and as we footed it down to the depot

NIMBLE NEGROES.

Some of the Queer Dances of the Southern Darky.

Intricacies of the "Buck" and "Wing Dances as Performed by the Natural Terpsichoreans of the Plantations.

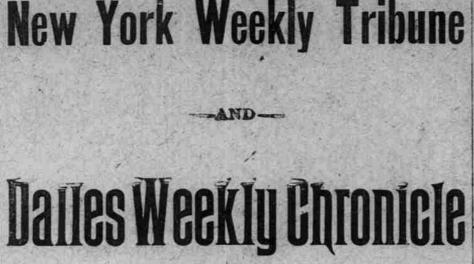
Before the war, a plantation negro who could not dance a few steps of that particularly characteristic Ethio-pian dance known as the "buck dance" was very hard to find. It was the pastime of old and young darkies alike, not only on the plantations and on the levees, but on the decks of the steamers that plied the various rivers of the south, and at that time formed almost the only mode of travel and transportation. The "buck dance," however, attained its greatest perfection and enjoyed its greatest popularity on the plantation, because there was more leisure time granted slaves on plantations than to those who were employed on the rivers and steamboats. It was, says the Chicago Herald, a matter of great surp ise to the stranger traveling through the south to see with what precision and versatility very young darkies executed the many difficult steps that characterize "buck" and "wing" dancing.

While the dance is one difficult of execution, it has been acquired by the jig and step dancers of the American stage as far as the simple steps themselves are concerned, but it is impos-sible for anyone but a negro to put that distinctive personality into the dance which makes it so fascinating to the beholder. It is impossible to tell how old the "buck dance" is, or where or when it originated. It is errone-ously stated that it was called the "buck dance" because only men or nck negroes indulged in it, but this is not the case. It derives the name of "buck dancing" from the fact that on the plantations it was customary for one dancer to "buck" or pit himself against another. The contest was not only one of endurance, but also in the variety of steps and contortions that the dancer indulged in.

The war and consequent freedom of the negro in no wise interfered with the "buck dancing." In fact, it is more common to-day in those districts in the south in which the negro population dominates than ever before, a fact that possibly may be accounted for by reason of the very freedom of the negro and his disposition to do as he pleases. It has ever been the pleasure of the darky to dance, and as a race he indulges in it now more than ever. On the occasion of festive gatherings where the darkies from various plantations had gathered for dancing. singing and feasting, it was not an unusual sight to see several "buck dancing" contests going on at one time.

Usually two robust, young darky boys would begin the contest. Upon signs of fatigue on the part of either of these a restlessness would be observed among a half-dozen or more young darkies of both sexes, standing nearest to the

dancers, and urging them on to greater efforts by shouts, laughter, calls for change of steps and different steps. As soon as one of the dancers gave evidence of distress one of the restless group that surrounded him would jump into his place, force him away, and commence dancing with might and main, keeping up or varying



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One Year,

The Gate City of the Inland Empire is situated at the head of navigation on the Middle Columbia, and is a thriving, prosperous city.

It is the supply city for an extensive and rich agricultural and grazing country, its trade reaching as far south as Summer Lake, a distance of over two hundred miles.

The rich grazing country along the eastern slope of the Cas-cades furnishes pasture for thousands of sheep, the wool from which finds market here.

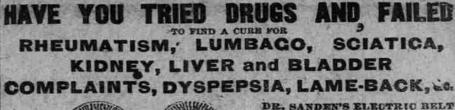
The Dalles is the largest original wool shipping point in America, about 5,000,000 pounds being shipped last year.

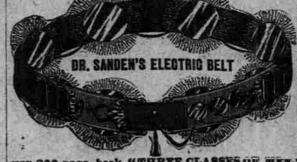
The salmon fisheries are the finest on the Columbia, yielding this year a revenue of thousands of dollars, which will be more than doubled in the near future.

The products of the beautiful Klickitat valley find market here, and the country south and east has this year filled the warehouses, and all available storage places to overflowing with their products.

It is the richest city of its size on the coast and its money is scattered over and is being used to develop more farming country

Its situation is unsurpassed. Its climate delightful. Its pos-sibilities in-admitted. Its resources unlimited. And on these





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hey would try it they would fin-the best remedy in the world. ermanently, and will be glad to to inquire about I'. BOBERT BURREL, Engineer Hotel Portland

BOBERT BURREL, Engineer Hotel Fort LOST VITALITY AND STRENCTH, Dr. A. T. Sundar, Dear Sit :--Since wearing belt I have been groatly bonefited. I feel my o ergy fast returning and after a month's used belt I find myself whice as y provide as before the state of the set of the set of the set of the set of the belt of the my set of the set of ng in every part. for the better. If si much stronger than before tetully, CHAS. LUETEA. using the belt. Yours truly, HENBY SCHULTE,

THE DR. SANDEN ELECTRIC BELT

ny of the ab ove

SANDEN ELECTRIC CO. 172 First St., PORTLAND, OREGON.

Removed to Corner Third and Washington Streets



solemn old man thaw ciently to observe:

"I'm after seven more of 'em along this line of railroad, and if I can shut 'em up the public will be in my debt. I have figured it out to my entire satisfaction, and I truly believe that three-fifths of the crime in this country is incited by poor hotel-keeping."

THE MONK-FISH.

A Curious Creature That Disappeared by Reason of a Plague.

One of the nightmares of John Ashton's "Curious Creatures of Zoology" is the monk-fish or sea monk, he being indebted to both Aldrovandus and Stow for his account. If the old writers are reliable, these monsters were quite common in the North sea, the British channel and along the Irish const up to the year 1414, when they are said to have become extinct through the rav-ages of a plague similar to that which was affecting men at about the same time. The superstitious of those days believed that they were priests or monks who had been cursed for some crime and condemned by God to an endless life beneath the waves.

Stow's account of one caught in 1187 is as follows: "He had the shape of a man in all poynts and was kept in the castle at Oxford by the keeper thereof. All manner of raw meats he did gladly cate, but more greedilie of rawe fishe. after that he had crushed out all moisture. Often he was brought to the church, but showed no signs of rever ence, and at length, when not well looked to, he stole away to the sea and was never seen again after."

A ralt Lake.

The French government has just sold to M. Chefneux the right to refine and export salt from Lake Assal, one of the most remarkable sheets of water in the world. The lake is in the district of Obock, cast Africa, only a few miles from the head of the Bay of Tadjourah All along the edge of this little lake which comprises only sixteen square miles, is a bed of nearly pure salt about a foot thick. The lake bottom is appar ently a bed of solid salt. A long bring brook or creek drains water from the seean into this body of water.

A "PETRIFIED WOMAN," with much care and solemnity, was expressed to the geological survey office in Washington. Maj. Powell soon discovered that the figure was made of Portland gement.

Malaria in any of Its Forms, Chills and fever, congestive chills, can be prevented or cured by the use of Simmons Liver Regulator, a purely vegetable medicine, superior to calomel and quinine.

the steps until the second of the original couple tired out, when his place would be immediately taken by either boy or girl, and so on the contest would continue for hours.

"Wing" dancing was mostly indulged in by barefooted darkies, the steps being of a bounding nature and of Des Moines, Iowa, writes under date not wearing on the sole of the foot. Another very popular dance in the south among the darkies was. "Jumping Jim Crow," a dance that could be

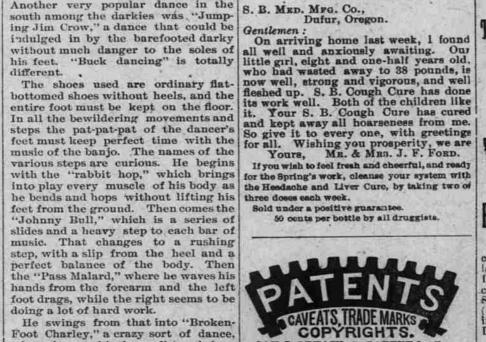
with the "rabbit hop," which brings into play every muscle of his body as he bends and hops without lifting his feet from the ground. Then comes the Sold under a positive guarantee feet from the ground. Then comes the "Johnny Bull," which is a series of slides and a heavy step to each bar of music. That changes to a rushing step, with a slip from the heel and a perfect balance of the body. Then the "Pass Malard," where he waves his hands from the forearm and the left foot drags, while the right seems to be

doing a lot of hard work. He swings from that into "Broken-Foot Charley," a crazy sort of dance, where he gets his legs all tangled up and one foot twists around the other without landing him on his back, as it certainly would a beginner. "Break de chicken's neck" is the next change. This is a twist of ankle and of knee, as a man twists a chicken's neck. In "Go 'way sugar, yo' done los' yo' taste," the 'jig-sand" represents sugar and Grant pushes it and bursts away and by feet, arms and face indicates dislike. "Scratch ground" means walking and reversing in time to the rapid music. In this he is loose-jointed from the head down. "Wake up, black man," is a wild dance. He swings around and turns and twists like a contortionist, but never once loses his time; his movements are swift and remarkable for strength and grace. Only a young and powerful physique could stand the strain.

WHILE coon hunting, John Rider, of Dutchtown, Mo., lost an eye in a very peculiar way. He was going up a tree, in search of a coon, when an owl flew down and tore out his eyeball with its claw.

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March 28, 1898

S. B

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