

The Dalles Daily Chronicle.

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MONDAY, MAY 7, 1894. REPUBLICAN STATE TICKET



For Congress, Second District, W. R. ELLIS, of Heppner. For Governor, W. P. LORD, of Salem.

COUNTY TICKET. For Sheriff, THOS. J. DRIVER, of Wamic. For County Clerk, A. M. KELSAY, of the Dalles.

POINTS IN THE PLATFORM.

There are points in the republican state platform, adopted at Portland, which should influence every voter to vote that ticket.

We affirm the doctrine of the republican party in relation to money as stated in its national platform of 1892, particularly as follows, to-wit:

"The American people, from tradition and interests, favor bimetalism, and the republican party demands the uses of both gold and silver as standard money, with such restrictions and under such provisions to be determined by legislation as will secure the maintenance of the parity of values of the two metals, so that the purchasing and debt-paying power of the dollar, whether of silver, gold or silver, shall be at all times equal.

Always in the van for making internal improvements, it says: "We recommend the policy of the republican party in relation to the internal improvements, and in particular in opening our waterways to commerce and we denounce the illiberality of the democratic party in these important matters."

and to build up and maintain American commerce. It is moreover of special importance to our Pacific states, and we favor its construction as speedily as possible by the government of the United States."

This in respect to immigration: We demand the enactment of rigid restrictions on foreign immigration both for protection of our country against illiterate and vicious classes from foreign lands and for protection of our labor and preservation to our own people of the remainder of our national domain; and to these ends we call for a suitable capitation tax upon all immigrants.

Other points are gill nets alone for fisheries; payment of taxes in the spring and fall, one half each time, optional with the taxpayer to pay all in the spring in one payment if he so desires; economy in expenditures.

The opening statements contain the following truisms:

The representatives of the republicans of the state of Oregon, in convention assembled, call attention to conditions of industry and business through the country as proof of the necessity of returning to the policy of the republican party under which there was general prosperity during 30 years.

We affirm the principles of the republican national platform of 1892, and assert that the results that have followed the change decreed by the elections of that year have justified our protest against the national policy announced by the democratic party.

The Smith soirees closed Saturday night at the opera house with a large number in attendance. They have not diminished in favor, and could probably be continued all summer, but Mr. Smith has thought it wise to discontinue them for a time.

Misrule Threatened.

EDITOR CHRONICLE—The fiery eyes of misrule, with its threatening flame, are looking from all directions for whom it may devour, and the alarming situation is growing more threatening every day and the people are becoming to be deeply interested. But we all hope the good judgment of the American people will be guided from all rash and unlawful acts until they can reach the polls—the place for them to right all wrongs. The voters of today are just as patriotic as they were in 1776 and 1861, and when any power denies the people their just rights and tries to destroy their liberties, then they will be found just as loyal and ready to defend themselves as they were in the past.

Nasene Precinct Boundaries.

Commencing southwest corner of section 18, township 1 south, range 14 east, running thence east to southeast corner section 17; thence south to southeast corner of section 20; thence east to southeast corner section 22; thence south to township line between townships 1 and 2 south; thence east on township line to the DesChutes river; thence up the DesChutes river to the southeast corner of section 14, township 3 south, range 14 east; thence west to range line between ranges 13 and 14 east; thence north on said range line to place of beginning.

Use Mexican Silver Stove Polish. Haworth the printer, at home 116 Court St., Feb. 1st.

THE FOODS OF NATIONS.

Each Race Feeds to Suit the Conditions of Climate.

Experience Has Led to the Proper Selection of Food by the Inhabitants of Different Parts of the Globe.

It is only within a very recent period that the science of nutrition has received much attention even in a scientific way; only within a very few years that anything has been done to give popular instruction upon the subject. If we had waited, writes Edward Atkinson in the New York Sun, for the scientist to tell us how to live, we might long since have begun to diminish in numbers. Each race, perhaps each body of inhabitants occupying a given section of the earth's surface, appears to have established by a process of natural selection a national food, which can be procured at least cost, and which when analyzed is found to contain the nutrients, protein, starch and fat, in about the right proportion to suit the conditions of the climate.

Beginning with the so-called rice-fed nations or races, whose rations consist in large quantity of rice or starchy food, it appears that they add the requisite amount of nitrogen by consuming peas and beans. Living mainly in hot countries, they do not need so much fat. In India the element of fat is derived from a peculiar kind of butter called ghee. In that combination is found a complete food at the least cost.

Moving into Europe, we find that the nutrition of the working classes of Italy consists mainly of polenta, a form of Indian corn or maize meal, which in itself is nearly a complete food, but being a little short of nitrogen, a modicum of cheese is added, the chief element in the diet of the Italian, however, being macaroni and cheese, many of the cheeses being made from the skim milk after the cream has been taken off, as these are richer in nitrogen. Macaroni and cheese with salt is substantially a complete food.

Passing over to Switzerland we again find cheese furnishing that which is the most important and the most expensive in every dietary, the nitrogenous portion. In France more meat is eaten, but in the stock pot, or pot au feu, every element of meat and vegetable, including remnants of bread and everything that contains nutrition, is converted over into a nearly complete food, to which the customary salad and bread serve as a remainder.

In England the relative scarcity of meat is made up by the abundant consumption of cheese, bread and cheese serving as the mainstay of the working people, the cheese supplying the deficiency of the wheat in protein. In Scotland oatmeal is the mainstay, and in the grain of the oat is to be found a food more nearly corresponding to the requirements of complete nutrition than in any other single variety of food which is known to exist. The Irish, subsisting from choice or from necessity so much upon potatoes, are a people of relatively low vitality, not tenacious of life, and as a rule, not long lived except when removed to other regions where they can secure more complete nutrition.

In the northern nations of Europe fish and rye bread together form a cheap and complete basis for nutrition; the fish consisting of herring, which supplies a very large amount of fat, or of salmon or of some other varieties. Crossing the ocean, in New England we find in the baked beans and brown bread made from the maize meal, a ration at low cost which is very complete in its proportions of energy.

Passing into Canada we come to an entirely different dish, pease porridge, made into a combination with coarse crackers and a bit of pork, furnishing a strong and complete ration at almost the minimum of cost.

Again, moving to the southern states, the customary ration of the colored man, which he chooses in preference to almost any other kind of food, consists of three and one-half pounds of bacon and a peck of maize meal per week, to which are added a few vegetables from the field, making perhaps the cheapest ration at the least cost in ratio to the force it contains than can be found anywhere. In Mexico the "tortilla," or bean, furnishes the nitrogen in connection with a diet of other materials, very meager at the best.

Necessity has probably been the teacher in each case; the experience of many generations has probably led to the final selection, and the habit of feeding upon these enforced rations has developed an inherited appetite for them which in many instances has become so strong that a change to a different diet, even as well balanced as those named, leads for the time being to indigestion and to disease. I have been told that the southern negro will be afflicted with dyspepsia if his customary ration when at work is changed from the usual hog and hominy to either bacon and wheat bread or to corn bread and beef.

Persons who sympathize with the afflicted will rejoice with D. E. Carr of 1235 Harrison street, Kansas City. He is an old sufferer from inflammatory rheumatism, but has not heretofore been troubled in this climate. Last winter he went up into Wisconsin, and in consequence has had another attack. "It came upon me very acute and severe," he said. "My joints swelled and became inflamed; sore to touch or almost to look at. Upon the urgent request of my mother-in-law I tried Chamberlain's Pain Balm to reduce the swelling and ease the pain, and to my agreeable surprise, it did both. I have used three fifty-cent bottles and believe it to be the finest thing for rheumatism, pains and swellings extant. For sale by Blakeley & Houghton, druggists.

Haworth the printer, at home 116 Court St., Feb. 1st.

SDOOG YRD.

It Looks a Little Funny

To spell it backwards, and it isn't so funny after all. By the way, we have the largest stock of it in Dalles City, and will be pleased to have you see it.

Chapman Block, Second Street.

C. F. STEPHENS.

FRENCH & CO., BANKERS.

TRANSACT A GENERAL BANKING BUSINESS. Letters of Credit issued available in the Eastern States.

Sight Exchange and Telegraphic Transfers sold on New York, Chicago, St. Louis, San Francisco, Portland Oregon, Seattle Wash., and various points in Oregon and Washington.

First National Bank.

THE DALLES, OREGON. A General Banking Business transacted. Deposits received, subject to Sight Draft or Check.

Collections made and proceeds promptly remitted on day of collection.

Sight and Telegraphic Exchange sold on New York, San Francisco and Portland.

DIRECTORS. D. P. THOMPSON, JNO. S. SCHENCK, ED. M. WILLIAMS, GEO. A. LIEBE, H. M. BEALL.

House Moving!

Andrew Velarde IS prepared to do any and all kinds of work in his line at reasonable figures. Has the largest house moving outfit in Eastern Oregon.

Address P.O. Box 181, The Dalles

John Pashek, The Merchant Tailor,

76 Court Street, Next door to Wasco Sun Office.

Suitings for Gentlemen, and has a large assortment of Foreign and American Cloths, which he can finish To Order for those that favor him.

The Rose Hill Greenhouse

Greenhouse Plants, And can furnish a choice selection. Also CUT FLOWERS and FLORAL DESIGNS

MRS. C. L. PHILLIPS.

HARRY LIEBE, PRACTICAL Watchmaker & Jeweler

All work promptly attended to, and warranted.

O. C. Stevin PHOTOGRAPHER.

Chapman Block, The Dalles, Oregon. I have taken 11 first prizes.

TIME TABLES.

Railroads. In effect August 6, 1893. EAST BOUND. No. 2. Arrives 10:05 P. M. Departs 11:00 P. M.

STAGES. For Prineville, via. Hake Oven, leave daily at 6 A. M.

PROFESSIONAL. H. H. RIDDELL—ATTORNEY-AT-LAW—Office Court Street, The Dalles, Oregon.

DUPUE & MENEFEE—ATTORNEYS-AT-LAW—Rooms 42 and 43, over Post Office Building, Entrance on Washington Street, The Dalles, Oregon.

A. S. BENNETT, ATTORNEY-AT-LAW. Office in Schanno's building, up stairs. The Dalles, Oregon.

F. F. MAYB, B. B. HUNTINGTON, H. S. WILSON. MAYS, HUNTINGTON & WILSON—ATTORNEYS-AT-LAW—Office, French's block over First National Bank, The Dalles, Oregon.

W. H. WILSON—ATTORNEY-AT-LAW—Rooms French & Co.'s bank building, Second street, The Dalles, Oregon.

J. RUTHERLAND, M. D., C. M., F. T. M. C. M. C. P. and S. O., Physician and Surgeon. Rooms 3 and 4, Chapman block. Residence Mrs. Thornbury's, west end of Second street.

D. R. ESHELMAN (HOMOEOPATHIC) PHYSICIAN and SURGEON.—Calls answered promptly day or night, city or country. Office No. 23 and 24 Chapman block.

D. H. O. D. DOANE—PHYSICIAN and SURGEON. Office: rooms 5 and 6 Chapman block. Residence: 3 E. corner Court and Fourth streets, second door from the corner. Office hours 9 to 12 A. M., 2 to 5 and 7 to 8 P. M.

D. SIDDALL—DENTIST.—Gas given for the painless extraction of teeth. Also teeth set on fluted aluminum plate. Rooms: Sign of the Golden Tooth, Second Street.

WASCO LODGE, No. 15, A. F. & A. M.—Meets first and third Monday of each month at 7 P. M.

DALLES ROYAL ARCH CHAPTER NO. 6.—Meets in Masonic Hall the third Wednesday of each month at 7 P. M.

MODERN WOODMEN OF THE WORLD.—M. M. Hood Camp No. 29, Meets Tuesday evening of each week in Fraternity Hall, at 7:30 P. M.

COLUMBIA LODGE, No. 5, I. O. O. F.—Meets every Friday evening at 7:30 o'clock, in K. of P. hall, corner Second and Court streets. Sojourning brothers are welcome.

FRIENDSHIP LODGE, No. 9, K. of P.—Meets every Monday evening at 7:30 o'clock, in Schanno's building, corner of Court and Second streets. Sojourning members are cordially invited.

WOMEN'S CHRISTIAN TEMPERANCE UNION will meet every Friday afternoon at 3 o'clock at the reading room. All are invited.

THE DALLES LODGE No. 2, I. O. G. T.—Regular weekly meetings, Friday at 8 P. M. at K. of P. Hall. J. S. WINKLER, C. T. DINMORE PARISH, Sec'y.

TEMPLE LODGE No. 3, A. O. U. W.—Meets in Fraternity Hall, over Kellers, on Second street, Thursday evenings at 7:30 P. M.

JAS. NESMITH POST, No. 22, G. A. R.—Meets every Saturday at 7:30 P. M., in the K. of P. Hall.

AMERICAN RAILWAY UNION, No. 40.—Meets second and fourth Thursdays each month in K. of P. hall. J. W. READY, Sec'y.

OF L. E.—Meets every Sunday afternoon in the K. of P. Hall.

THE CHURCHES. ST. PETERS CHURCH—Rev. Father Brooks—Pastor. Low Mass every Sunday at 7 A. M. High Mass at 10:30 A. M. Vespers at 7 P. M.

The Fifth Annual May Picnic

GERMAN GESANG VEREIN HARMONIE

Sunday, May 20th, 1894.

MUSIC BY FULL BRASS BAND.

Games, Races and Singing on the Ground.

The REGULATOR will make two trips, the first at 7 A. M. and the second at 9 A. M.

Round Trip Tickets, \$1.00. \* Children, Half Fare.

Tickets can be procured from all the members.

THE CELEBRATED COLUMBIA BREWERY,

AUGUST BUCHLER, Prop'r.

This well-known Brewery is now turning out the best Beer and Porter east of the Cascades. The latest appliances for the manufacture of good healthful Beer have been introduced, and on the first-class article will be placed on the market.