

# HOW

**How to Reduce English Pounds to Their Exact Equivalent in American Dollars.**  
Multiply by 4.8665 and point off four places for cents and fractions thereof. Thus £13-13x4.8665, that is \$63.26 and 65-100 of a cent. But for sterling exchange multiply by \$4.84 in an ordinary New York market.

**How to Pronounce Words with Certain Terminations.**  
Full value should be given to most of the terminations of words in the English language, but there are exceptions. Careless speakers who would speak more correctly may find the following rules of value:

- Pronouns terminating in—**  
-ee—as spelled, not ee, furage, not furagee.  
-age—as spelled, not idge, as cabbage, courage, postage, village, etc.  
-ane—not in, as certain, certain, not certain.  
-ate—as spelled, not it, as moderate, not moderate.  
-et—as spelled, not e, as aspect, not aspect; subject, not subject.  
-ed—as spelled, not id or ud, as wicked, not wicked or wickid.  
-el—as spelled, not l, as novel, not novl, mod-el, not modl.  
-en—as spelled, not n, as sudden, not suddn. Burden, horizon, garden, lengthen, seven, strengthen, often and a few other words have the e silent.  
-ence—as spelled, not unce, as influence, not influ-ence.  
-er—as spelled, not e, as pleasure, not pleasee.  
-le—as spelled, not ll, as fertile, not fertill, not fertile, in all words except camellie, exile, gentile, infantile, reconcile and scullie, in which the full value should be given to the ll.  
-in—as spelled, not n, as Latin, not Latn.  
-nd—with full value, as husband, not husban; thousand, not thousan.  
-ness—as spelled, not niss, as carefulness, not carefulniss.  
-ng—not n, as singing, not singin; speaking, not speakn.  
-th—not th, as strength, not strength.  
-tion—the o should be silent, as in treason; tre-tn, not tre-cton.  
-tal—not te, as capital, not capittle; metal, not mettle; mortal, not mettle; periodical, not periedicle.  
-t—not r, as next, not necr.

**How to Save a Broom.**  
Dip in boiling suds once a week. The straws will become at once tough and more pliable, lasting longer and not cutting the carpet so much.

**How to Ascertain the State of the Lungs.**  
Persons who wish to ascertain the true state of their lungs are directed to draw in as much breath as they conveniently can. They are then to count as far as they are able, in a slow and audible voice, without drawing in more breath. The number of seconds they can continue counting must be carefully observed. A person with consumption cannot count more than ten seconds and frequently after six is exhausted. In pleurisy and pneumonia it ranges from nine to four seconds. When the lungs are in a sound condition the time will vary from twenty to thirty-five seconds.

**How and When to Wear a Scarf-pin.**  
A scarf-pin should never be worn merely as an ornament. When it does not serve a useful purpose it should be left in the pin cushion at home. For instance, a properly made sailor's knot stays in place by itself, and a scarf-pin should never be worn with it. With the made up scarfs in imitation of the sailor's knot a pin should never be used. Indeed, made up scarfs are not considered good form by men who are particular as to dress. There is only one cravat in which a scarf-pin should be worn. This cravat is called by various names, but is probably better known now as the four-in-hand. It is really a scarf. It should be tied in one hard knot and then the ends folded over in front and fastened together with the scarf-pin, which should be run through the cravat twice so that half an inch or so of the pin itself will show in the cravat. Its purpose is thus made manifest. A man should never wear anything which does not serve a useful purpose.

**How to Make a Feather Brush.**  
Boil the wing feathers of a turkey or chicken for five or ten minutes, then rinse them in tepid water, dry and tie up in a bunch suitable to use in greasing pans or brushing egg over tarts or pastry.

**How to Treat for an Overdose of Opium or Laudanum.**  
Give any quick emetic you have at hand. If there is none, tickle the roof of the tongue and throat with finger or feather till the patient vomits. Then pour in hot strong coffee as long as the patient can be made to swallow it. This should be done from the first, without waiting for the vomiting, if the latter be delayed more than two or three minutes. Keep the patient moving and sweating. If necessary to the latter, place the feet in hot water or hot cloths. Of course a physician should be sent for while all this is going on. Opium is not taken up by the stomach as rapidly as is generally supposed, and life may often be saved long after the poison is swallowed.

**How to Prevent Bleeding.**  
Put a little sugar in the linen cloth used for a bandage, moisten sugar with saliva and lay directly over the cut, binding as tightly as possible. The sugar will quickly stanch the flow of blood.

**How to Give Medicines.**  
Medicines should be given in such a manner that the effect of the first dose shall not have ceased when the next dose is given, therefore the intervals between the doses should be regulated accordingly. It is well also to remember that fluids act quicker than powders and powders sooner than pills.

**How to Make a Wainscot for the Hall of a Country House.**  
A striking and beautiful wainscot for any hall where it can be suitably placed is made by fastening dry cornstalks side by side in an upright position against the wall. They should be cut off slantingly at about the height of a wainscot from the floor, and when all is in place varnished.

**Marco Bozzaris.**  
Soon after Fitz-Greene Halleck had published his stirring "Marco Bozzaris," he repeated the poem to a lady, an intimate friend of his. She expressed great admiration of the beautiful lines, but when he was in full enjoyment of what he considered her perfect appreciation she surprised him by the innocent query: "Who was Marco Bozzaris?" "Well," said Mr. Halleck, despondently, "what's the use of becoming martyrs for liberty or of poets celebrating heroes if ladies won't even inform themselves about the events of the day?"

The remembrance of another incident connected with the poem never failed to elicit a groan from its author. At a certain dinner party at which he was present, it was expected that each man should sing a song or make a speech. Among the guests was a Dutch Jew, whose English was execrable, and he had been previously excused by a joker to commit the whole of Marco Bozzaris to memory that he might recite it for the gratification of the poet and the poet's friends. The day came and the Dutchman was called upon to speak. "Shentlemans," said he rising, "I can neither make de speech nor sing de song, but I vill deliver von grand poem." This he proceeded relentlessly to do, and Halleck, when he heard his harmonious measures delivered in a mixture of English and Dutch, was divided between the temptation to laugh and cry.—Youth's Companion.

**He Reckoned He Would Run.**  
One of the most interesting characters in American history is General Zachary Taylor, "Old Rough and Ready," hero of Buena Vista, father-in-law of Jefferson Davis and twelfth president of the United States. We all recollect how Daniel Webster sneered at him, before he was nominated, as a "backwoods colonel," and refused to let his friends put him on the ticket for vice president with Taylor for first place, thereby missing his last and, as the sequel showed, best chance of becoming president. Millard Fillmore, of New York, took the despised second place and thereby had nearly three years in the White House.

General Sherman used to tell an amusing little story of Taylor aent his nomination for the presidency. At that time General Taylor was stationed at New Orleans. He was a Kentuckian and the Kentuckians were very properly proud of him. One day shortly before the convention met at Baltimore he was approached at New Orleans by an old Kentucky friend, who said: "General, we want you to run for president." "Who wants me to run?" asked General Taylor seriously. "Why, we do—all your old neighbors." "Well, then, if that's the case," replied the old hero, without changing the expression of his face, "I reckon I'll have to run."—Detroit Free Press.

**Finding His Bride.**  
In one part of the Canton of Ticino a very quaint marriage ceremony prevails. The bridegroom dresses in his "Sunday best," and accompanied by as many friends and relatives as he can muster for the fete goes to claim his bride. Finding the door locked he demands admittance; the inmates ask him his business, and in reply he solicits the hand of his chosen maiden. If his answer be deemed satisfactory he is successively introduced to a number of matrons and maids, some perhaps deformed and others old and ugly. Then he is presented to some large dolls, all of which he rejects with scorn, amid general merriment. The bewildered bridegroom, whose impetuosity and temper are now sorely tried, is then informed that his lady love is absent and invited in to see for himself. He rushes into the house and searches from room to room until he finds her in her bridal dress, ready to go to church. Then are his troubles over and his state as a benedict assured.—Swiss Republic.

**Trying to Buy Back His Own Body.**  
This queer story comes from Massachusetts: A man who lives in a suburb of Lowell is seeking to have a deed given by him twenty years ago recovered. The deed conveyed his body to a surgeon now practicing in Great Falls, N. H., for the sum of ten dollars and other considerations, possession to be taken on his death. Since the deed was made the giver has made a fortune in South America and has decided that he would like a Christian burial. The deed provides that the body shall be dissected and the skeleton articulated and presented to a medical university. The lawyers have decided that the deed holds good and that the only alternative is to buy off the doctor. The giver of the deed has made a big offer, but it has been refused.—Hartford Courant.

**Instinct of the Messenger Pigeon.**  
Upon what the messenger pigeon's wonderful faculty of finding its way homeward over great distances depends, opinions differ. Some ascribe it to an exercise of highly developed intelligence, others to an almost inconceivable perfection of sight, and yet others to instinct or intuition. The fact of the matter is, it is one of those mysteries of nature that perhaps will never be revealed, and stands side by side with the action of the grilse or young salmon, which finds its way back unerringly to the same stream that it left nearly three years before as a tiny par.—Denver Republican.

**Cigars a Foot Long.**  
The largest cigar actually smoked is by the better class of the Philippine Islanders, especially at Lozon—a place noted for the universal habit of smoking, practiced by all classes, ages and sexes. It is no uncommon thing to meet respectable islanders puffing away at cigars a foot in length and thick in proportion.—Boston Globe.

**One Thing That Kills.**  
The thing that really kills a great many people is laziness, though the doctors generally manage to find a more respectable name for it.—Ram's Horn.

**The Progress of Volapuk.**  
It is a very interesting fact that the world language, Volapuk, is not only coming to be spoken conversationally by its enthusiastic votaries, but is to be made a medium of interlingual communication at the World's Columbian fair. A complete record of progress made in spreading Volapuk since that delightful national convention of its votaries was held in Boston, considerably more than a year ago, would astonish all but the few who keep closest watch on the movement. A significant circumstance is that recently the Young People's Society of Christian Endeavor of the People's church, Boston, formally adopted Volapuk as a study for that organization, and a class of forty members (expected to double shortly) was formed, to meet each Monday evening in the church's reading room for instruction.

Other noteworthy instances are as follows: The people of Newton, quite at their own request, are to have a lecture on Volapuk under the auspices of a ladies' association there. Salem and Gloucester are to have lectures in January, and the interest all over the country is similarly manifested. Newspaper lessons, published simultaneously all over the maritime provinces, Canada and the United States, have been given weekly since Oct. 10. The students write out the exercises of the lessons and send them to convenient points, as designated, for annotation, and immense numbers of young and old of both sexes are following the lessons.—Boston Advertiser.

**Area of the Canadian Dominion.**  
In the last issue of the Statistical Year Book of Canada, compiled by Mr. Sydney C. D. Roper of the statistics branch of the department of agriculture, we find that the total area of the dominion is computed to be 3,456,383 square miles. In this estimate 140,736 square miles are assigned to water and 3,315,647 to land surface. The table which yields this total is said to be an entirely new one, having been specially prepared at the request of the compiler of the Year Book by the Topographical Survey branch of the department of the interior.

"The measures have all," we are told, "been made anew and checked, and may be depended on, in so far as warranted by the present geographical knowledge of the country. No change will be made in these figures unless based upon new information." As this is a question on which there has been a good deal of discussion and much difference of opinion, it is satisfactory to receive this assurance from what we may regard as the highest official and professional authority.—Montreal Gazette.

**Dr. Talmage's New Year's Maxims.**  
Make it the best year of all your life—the brightest, the happiest and the best. Imbue your heart with the freshness of the morning, your soul with the sparkle of the dawn. Resolve by good deeds and thoughts to make this the most triumphant year of your life. As a series of short maxims to carry with you through this year, let me give you these: Make every day begin and end with God.

Be content with what you have. Have a hearty, joyful family altar in your domestic circle. Fill your home with as much good reading and bright music as your means will allow. Think ill of none, but well of all. If fortune favors you, think of others. Don't sham; be real. Keep busy and you will keep healthy. Respect all sacred things. Love God.—Dr. Talmage in Ladies' Home Journal.

**Something That Has Been Needed.**  
For some time past the public have been looking for an adjustable grille, with shelf attachment, upon which to place bric-a-brac, the whole to be arranged over windows or doorways to relieve this portion of a room, which is usually dependent upon a curtain pole. The great trouble has always been that they had to be made in order, as windows and doors vary in width. Now, however, a device is made narrow enough to go into the narrowest doorway. It is in two sections, running upon a sliding top bar. By drawing these pieces apart they can be extended to the width of the door, and the open place left in the center of them is furnished with a short drapey.—Philadelphia Upholsterer.

**The Boys Did the Job.**  
An East Dover (Me.) farmer had a mare something over 20 years old, and not thinking it advisable to winter her, spoke to some boys to take her out, shoot her and bury her for a money consideration. Boys No. 1 and 2 did the job all right, but No. 3, not knowing the mare had been killed, went the following day to the farmer's barn, and finding an animal in the stable, took him out and led him down to a piece of woods, shot and buried him. Imagine the farmer's surprise on coming home to find that boy No. 3 had shot and buried a nice 5-year-old, worth in the neighborhood of \$200.—Boston Transcript.

**Big Coon, Big Tree, Small Man.**  
A party consisting of D. M. Rawlins, H. C. Brown and others, of Brown's Mill, went out coon hunting the other night and caught the largest coon and cut down the largest tree yet on record. The coon weighed twenty-seven pounds and the tree was nearly fifteen feet across the stump. The tree was very hollow, and Mr. Nathan Singletary, who is not a very large man, went into the hollow of the tree and came out at a knot hole.—Cor. Atlanta Constitution.

**Doing Penance.**  
An old woman has taken up her abode in a wood on Lord Annaly's estate at Kildysart. She has made a bed of fern leaves between the trunks of trees, sticks and ferns forming a rude thatch. The only article of furniture is a crucifix. She subsists on bread and water, and says she has resorted to this wretched mode of existence as a penance.—London Letter.

**Teachers of the French Conservatoire.**  
The piano playing of the French nation has been ably educated by that noble institution the Conservatoire of Paris, which was founded during the great revolution. The first teacher was Adam, father of the composer of the "Postillon de Lonjumeau"; his pupil, Zimmermann, long occupied the leading place in Paris musical circles; it was at his salons that Moscheles and Thalberg first made their bow to a Parisian audience. Kalkbrenner continued the great traditions of the past; his contemporaries speak of him in the most glowing terms, and his favorite pupil, Stamaty, had the good fortune of guiding the musical genius of Gottschalk.—Music.

**Manufacture of Toothpicks.**  
Toothpicks are made of the wood of the spindle tree (Ehonymus Europaeus) in Germany. This manufacture is said to employ large numbers of the peasants in the Grand Duchy of Hesse during the winter evenings. There are four kinds made—No. 6 selling at 2s. per thousand, No. 7 at 3s., No. 10 at 4s. and No. 15 at 4s. 6d. Parleto's, or toothpicks of willow wood of nice finish—especially those called Flor du Parleto—are sold in Portugal at prices ranging from 6d. to 4s. per thousand.—Chambers' Journal.

**An Aristocratic Grain.**  
Could plants lay claim to aristocratic position, as representing an old family, rice might safely claim to be of the most ancient pedigree. It is the earliest cereal known. Originally a native of India, it has crossed the ocean and made a home for itself where heat and moist soil could be found. It grows in all warm portions of the globe, and furnishes the principal food of nearly one-third of the human race.—Good Housekeeping.

## CONSTIPATION.

Affects half the American people yet there is only one preparation of Sarsaparilla that acts on the bowels and reaches this important trouble, and that is Joy's Vegetable Sarsaparilla. It relieves it in 24 hours, and an occasional dose prevents return. We refer by permission to C. E. Elkington, 125 Locust Avenue, San Francisco; J. H. Brown, Petaluma; H. S. Winn, Geary Court, San Francisco; and hundreds of others who have used it in constipation. One letter is a sample of hundreds. Elkington writes: "I have been for years subject to biliousness and constipation. Have been so bad for a year back have had to take a physic every other night or else I would have a headache. After taking one bottle of J. V. S., I am in splendid shape. It has done wonderful things for me. People similarly troubled should try it and be convinced."

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**A Severe Law.**  
The English people look more closely to the genuineness of the staples than we do. In fact, they have a law under which they make seizures and destroy adulterated products that are not what they are represented to be. Under this statute thousands of pounds of tea have been burned because of their wholesale adulteration. Tea, by the way, is one of the most notoriously adulterated articles of commerce. Not alone are the bright, shiny green teas artificially colored, but thousands of pounds of substitute for tea leaves are used to swell the bulk of cheap teas; ash, sloe, and willow leaves being those most commonly used. Again, sweepings from tea warehouses are colored and sold as tea. Even exhausted tea leaves gathered from the tea-houses are kept, dried, and made over and find their way into the cheap teas. The English government attempts to stamp this out by confiscation, but no tea is too poor for it, and the result is that probably the purest tea used by any nation are those consumed in America. Beech's Tea is presented with the guarantee that it is uncolored and unadulterated; in fact, the sui-cure tea leaf pure and simple. Its purity insures superior strength, about one third less of it being required for an infusion than of the artificial teas, and its fragrance and exquisite flavor is at once apparent. It will be a revelation to you. In order that its purity and quality may be guaranteed, it is sold only in pound packages bearing this trade-mark.

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