Her & Health

Married-But Happy

By Virginia Lynch Maxwell.

TOTHER LAWRENCE had been at Charlotte's home for a little over a week. And during that time she had decided her son-in-law was not the ideal husband she had imagined him to be.

With emphatic little bobs of her white head she had given her opinion from time to time. Charlotte had been secretly amused, for Billy always wanted to be at his best when a stranger was about. And because Mother Lawrence had come to visit them so infrequently Billy regarded her as a distant relative. He had been on his good behavior for many days, solicitous of Charlotte's comfort, kind and attentive to both women in his every

Mother Lawrence regarded him over her glasses one evening as he sat back reading.

Charlotte felt she could read Mother Lawrence's thoughts. An hour later, when they were alone in mother's room, Charlotte approached the subject.

"Isn't Billy a perfect dear, Mumsy?" she asked casually. "He is so attentive to me always. And so many husbands lack that virtue

Charlotte's mother considered a moment before replying. Then she looked up with a sharp little gleam in her eyes.

Y'I dislike to say what I'm thinking, Lottle," she announced, "but it's a good plan to keep your ears cpen when a man begins to shower his wife with attention at home. Of course, far be it from me to put any suspicions in your childish little head, but I wouldn't sit back and let my dear husband think he was amusing himself outside while 1 sat home alone every evening."
"Mother," said Charlotte, ab-

ruptly, "Billy doesn't do any such thing. He's been a perfect dear to me always." "Then why did you write to tell me he'd been spending every eve-

ping at his club and leaving you "Oh-oh, that time," exclaimed Charlotte in surprise. "That was only once, Mumsy, dear. I fixed that, all right. I simply trotted off to Sally's house and left him alone.

realized it I came back." "I see," she said, rising from the rocker in which she had been sitting and walking over toward the dressing table. "He is your hus-

He missed me, too. And when I

band, my dear. And your future lies in the way you train him."

"Oh, mother, women don't attempt to train their husbands any more. That's passe. You marry him for better or worse, and if it turns out worse, then it's up to a wife to help mend matters. Don't you see how much more sensible that is than all that old-fashioned worrying and fretting about a husband when he wasn't in sight? The standards are so different to-day, Mumsy, dear. A woman belittles herself when she convinces herself that marriage is a case of owning each other. We simply loan each other our personalities until death do us part."

Charlotte's mother stood regarding her daughter as if she were some strange creature. She looked at her with horrified eyes, then turned toward the narrow bed Charlotte had been disrobing of its lace coverlet for the night.

"Loaning each other," she repeated; "that's a disgraceful idea. should think women would be afraid to talk of marriage as loaning personalities. Suppose one of you decided to pay up the loan and close the debt. How terrible that would be."

"Not nearly so tragic as staying on when one or the other was ready to pay up, mumsy, dear. It's knowing you must that destroys the romance of marriage. Women have learned that, because they have been the victims. Now they are willing to accept the new idea of marrying and remaining married because there is love to weld the

Mother Lawrence sniffed with distress.

"We'll never agree on that, my dear daughter. So there's no use our arguing over it. I shall always cling to the code I was raised under. The husband is the master. But the wife must train him to do as she wishes without his knowing it."

"Shocking," laughed Charlotte, "absolutely shocking! I simply can't imagine my 'making' Billy do anything he did not care to do. 1 vouldn't care two pins for him if I could. So you see that theory

would never work." Mother Lawrence turned low her night lamp and crept silently into bed. Charlotte kissed her affectionately and tip-toed from the

As she neared the turn to the hall where a dark alcove swung outward she heard someone snicker. Without a moment's hesitation



Breakfast

Stewed Prunes.

Coddled Eggs,

Buttered Toast,

Coffee.

Dinner

Clear

Tomato Soup,

Pot Roast.

Mexican Rice,

Asparagus,

Berry Pie,

Demi-Tasse,

Supper

Cold Cuts,

Potato Salad,

Ice Cream,

Tea.

AMERICAN BEAUTIES-Mrs. Florence Schirmer, Who Is Taking an Active Part in the Social and Philanthropic Programme Now Being Mapped Out by New York's Younger Set for the 1922-'23 Season.

she snapped on the light and confronted Billy, standing in bath robe and slippers, grinning broadly. "Forgive me, Lottie, but I confess I've been evesdropping. I was on my way down the hall when I

Breakfast

Stewed Prunes.

Cinnamon Toast,

Luncheon

Scrambled Eggs,

Stewed Tomatoes,

Rolls,

Iced Tea.

Dinner

Steak,

Lyonnaise

Potatoes,

Cucumber Salad,

Squash,

Rice Pudding,

Demi-Tasse.

* MONDAY

Breakfast

Grilled Bacon,

Toast,

Coffee.

Luncheon

Salmon au Gratin

Crackers,

Fruit.

Dinner

Veal Loaf,

Baked Rice,

String Beans,

Apple Pie,

Coffee.

Cheese,

Fresh Pineapple

heard the interesting part. And I world. But I hope you'll never decouldn't help listening. "Billy, you didn't, did you?" loan."

FRIDAY

Breakfast

Oatmeal,

Top Milk,

Warm Biscuits

Luncheon

Fried Scrapple

Tomato Salad

Stewed Fruit.

Tes.

Dinner

Baked Fish,

Lemon Sauce,

Beets,

Potatoes,

Lettuce,

Pudding,

Cocoa

"I did," said Billy, 'and I'm glad of it. Now I know I've got the most wonderful little wife in the

Appetizing Menus for the Week

Breakfast

Chilled Melon,

Bacon and

Scrapple,

Toast,

Tea.

Luncheon

Frizzled Beef,

String Beans,

Iced Tes.

Dinner

Lamb Chops,

Peas.

Baked Potatoes

Tomato Salad

Meringue Pie,

Fashion Accents Silhouette in Fall Models

WEDNESDAY

Breakfast

Orange Juice,

Poached Eggs

on Toast,

Warm Rolls,

Coffee.

Luncheon

Fried Sausage,

Lettuce Salad,

Sliced Pineapple

Iced Coffee.

Dinner

Chilled Melon,

Baked Ham,

lashed Potatoes

Buttered Carrots,

Cup Custard.

Cereal Coffee.

cide to collect on that personality

"Never," breathed Charlotte as she lifted her face for Billy's kiss. (To Be Continued)

SATURDAY

Breakfast

Orange Juice,

Dry Cereal,

Fruit,

Biscuits.

Cereal Coffee,

Luncheon

Fruit Salad,

Egg Garnish,

Toast.

Tea.

Dinner

Corned Beef

Hash,

Spaghetti,

Lima Beans,

Ice Cream,

beauty who would give much for your petite charm. Be yourself! That is my first

Heart & Home

secret of charm. When you have taken yourself from the trance-if you have hypnotized yourself to live in the role of some other personality-begin at once to balance your charm assets. We all have them. It is a matter of discovering them, then making the most of what nature has bestowed.

THE girl who is charming will

vated by any girl who is willing to

study the fundamental rules and

analyse herself carefully, I marvel

sometimes at the unhappiness

many girls experience because they

Each of us should strive to be

herself. Too often girls will set

up a sort of ideal person in their

minds and then strive to be as-

nearly a duplicate as possible. This

suppresses one's individuality and

eventually destroys the natural

charm which nature intended for

If you are one of those fluffy lit-

tle girls who should express all

that is light and dainty, you are

probably idealizing the statuesque

our personalities to express.

find themselves unpopular.

find herself popular. And

since charm may be culti-

When I speak of nature's gifts I do not necessarily mean her gifts of beauty in face or figure. One of the most charming women I have ever known was lacking in most of the physical refinements we imagine quite necessary for charm. Her charm lay in her gracious manner, her soothing voice, her way of greeting new acquaintances and making them feel quite at home when she was hostess.

The attributes that made this woman so popular may well be cultivated by any girl who strives for the same laurel.

Are you usually the one to change plans when your friends have arranged some festivity? Here is one of the ways girls unconsciously make themselves unpopular. Unless there is some very decided reason why the plan accepted by

others should be changed, do not break through the labors of those who have negotiated the affair just to satisfy a selfish desire to have things entirely to your own liking.

My Secrets of Charm

By Marilyn Miller.

Are you graciously solicitous of others' comfort? Or do you think of yourself first, then wonder if others are pleased and satisfied? Consider yourself last. Be careful to see that those less fortunate than yourself are taken care of. This rule applies in business as in social life. And the girl who follows this rule alone will find herself conquering new friendships as each day passes.

There is a definite charm to cheerfulness which works its subtle power in this drab old world. Pessimistic minds are in keeping with old age and failure of accomplish, ment. They have no place in the realm of youth. So try to cultivate your attitude toward life in the right direction. Scowling at fate will take the bloom from one's features. And it will gain nothing but loneliness. Accept life's values as they are offered and try to see the justice of those cruel decisions. This attitude will help you keep cheerful in the face of disappointment and reward you with another asset of charm-optimism.

Don't be afraid to give out a little kindness now and then. A kind word spoken at the right moment has often welded lifelong friendships. Being natural, spontaneous, cheerful and kind are the combined attributes any girl who longs for that subtle power knewn as charm may possess. If you combine this sort of charm with the added attraction of a well-kept body there are few worlds in which you may not conquer-what you will.

Question: Will you kindly give me some recipe to keep tartar from my teeth?

Answer: Use a good, pure tooth paste night and morning. Once a month use a preparation made of ralt and lemon juice. Common table salt is effective, sprinkled with a few drops of the lemon juice.

New Work Year Is Here

RE you planning to systematize your mental house so that it will run more efficiently during the new work year?

Labor Day marks the beginning of the new work year and serves to remind us that we ought to get our equipment in order.

So many women fall into the tabit of scattering their energies on fruitless tasks that it requires a thorough self-analysis at this time to discover the fault. Every large business organization takes stock of its assets at intervals and plans accordingly.

Is it not a wise plan, then, for the housewife to do likewise? Study out your housekeeping problems and see where some of the work may be lessened.

The housewife who finds herself overburdened, with no time for recreation or culture when other women with similar responsibilities are finding time for these things, can usually find the cause of it in a poorly systematized plan

Have you tried writing out your weekly plan of work day by day. just as the menus are planned? It is a splendid way to cultivate the habit of working regularly. A safe rule to follow is never to drop a task before finishing it. Work has a way of accumulating when each task remains unfinished.

In making out your programme do not overlook the fact that time must be devoted to the kiddles if you are a mother. The woman who gives all her time to her housework is cheating her children of their rights, and, incidentally allowing their confidences to escape beyond her reach.

Are you keeping up with the bigger questions of the day by subscribing to a good publication or two and reading them regularly?

If you do not make an effort to keep up with things you are likely to find your husband growing restless during those hours of home

machine and the vacuum cleaners that are on the market to-day offer aid to the woman who finds her

In the Shops

a dark frock.

Have you seen the new black to the arm above the elbow.

Net blouses trimmed with Irish point lace are the newest accessories to the Fall suit. They may be had with or without sleeves.

· pation by wearing their frocks as

Those Faded Summer Pillows

HOSE faded Summer pillows may be re-covered to add charming color notes to a sombre room.

It is advisable to rip off the faded cretorine or denim and launder it. It may be put away until next Sume mer if not badly damaged and used on the same pillows again when outdoor living invites the sturdier material.

Odd lengths and bits of silk may be used up in covering these pillow foundations.

There is a pillow in one of the smart art shops that boasts its covering of small scraps of varicolored

companionship after the day's work

more than be an efficient housekeeper if she would be a success at her job. Her's is an intricate world.

Long crystal beads in pastel

bracelets for evening wear? They are fashioned on a spring and cling

Sheer hosiery in flesh shade will be worn far into the cooler days of early Fall, according to present

silks. One long bias strip is made by joining together scraps of leftover silks. Arrange your harmonious colors next to each other and join them with bias seams into a strip long enough to cover the circumference of the pillow and wida enough to reach to the centre point

of each side. The strip is joined at its closing with a bias seam. Gather together the outer edges and draw them to the centre, stitching at this point securely. A colorful silk flower, made of petals placed around a contrasting button, finishes the centre of this handsome pillow, and adds another attractive color to the general scheme.

The modern woman must do

If you find the work to be done is beyond you, why not look into the mechanical aids that have come to take the place of the inadequate hands? The washing machine, the electric iron, the electric sewing every moment taken up with work that should be considered merely incidental to comfort.

DLAITED ruffling of sheer georgette or organdie is being offered to freshen the neckline of

shades add a note of color to an otherwise sombre gown. They may in vogue unless it was fairly crysbe had in canary, orchid, brick and tallized with colorful beads. Then Chinese blue. came the age of leather, when every frock for street wear boasted

entirely lost our primitive instincts. Metal took the place of the leather trimming. Until at last women wearled of the endless variety in which this metal novelty was offered and declared emanci-

> simple as a Pilgrim's gown. The one-piece, slip-on model took the world of fashion by storm. It was the reversion to simplicity after the era of lavish embroidery. Summer frocks especially boasted of their simplicity until they fairly resembled the housemaids' apron frock with their scarcity of trim-

its leather bandings and its ap-

plique of the hide in all shades.

enough to endear them to the

hearts of those of us who have not

Now women are looking toward a novelty in silhouette to help ease away from the one-piece frock so practical. But women are not so ready to give up the simple slip-on model, so designers have taken that popular model and transformed it into something unusual by changing its silhouette.

ASHION seems to have run the gamut of ideas in the The newer frocks have side panels that drop far below the skirt. novelty trimmings which she But that is not new, you say. The offered so lavishly for the past few panels are now cut in one with the frock, giving the hemline a grace-Time was when a gown was not ful sweep downward at the sides. Skirts are longer, too-much longer.

Household Hints

It would seem as if the two fac-

TEEP a lemon on the kitchen A table to remove stains from the fingers after paring fruits and vegetables.

A drop of lemon of added to the water in which the dust cloth is rinsed before dusting polished furniture will give an added brilliancy to the wood.

You can scrub stains from your rine table or floor by using ordinary beach sand as your scrub powder.

A product known as bath brick is excellent for cleansing stained knives. Scrape off a little of the brick and apply as any other cleansing powder.

A coat of varnish over your lineleum floor will prolong its life and make scrubbing easier.

tions of the fashion world had called a compromise concerning skirt lengths. For newer models evidence the very long skirt for street and evening gowns, while the swagger suit and semi-sports model drops its hem but a few inches. These models come much below the knees, but unlike the more formal frocks they do not fairly sweep the ground.

Capes and wraps, too, have taken a change in outline. And now wrap backs are plain instead of plaited or shirred. They boast streamers, rarrow, flat tailored strips tacked at the bottom, so that only the centre is permitted to float outward into the barrel effect.

When selecting your new costsuit for Fall look for the signs of fashion's novelty. The new edict demands that the coat shall meet at the collar, then fall gently away from its front opening, revealing a colorful and somewhat lavishly trimmed blouse beneath.

String ties are new and lend a charming note to the simpler models. They tie at the collar closing and string downward, so that when one walks they sway outward from the body with each step.

Watch your allhousite, is the warning from the secret chambers of the designing room. Know your lines and you will hit the fashion mark for Fall if you make your selections early.

Little Lines Worth Knowing Calamity is the touchstone of a brave mind. Contradiction should awaken attention, not passion.

Compliments cost nothing, yet many pay dear for them. Conscience cannot be compelled. He that goes a borrowing, goes a sorrowing. He who knows himself best, esteems himself least. Men are neither suddenly rich, nor suddenly good.

Many things fall between the cup and the lip.

Do You Want Greater Beauty?

A Purer Skin -- Soft and Smooth a Wonderful Complexion



Then Try This-Thoroughly wash the skin with Gouraud's Medicated Soap. Its delightful cleansing action purifies the skin, as well as thoroughly cleansing it. Skin troubles and complexion ills are greatly benefited by its use.

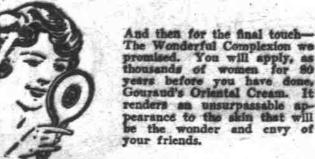
Delightfully scented.





Then massage the skin with Gouraud's Oriental Cold Cream. This wonderful new Cream penetrates the pores, removing all hidden dirt; it stimulates sluggish skins, bringing new life and vigor. Leaves the skin smooth, soft and refreshed. After massaging, cover the face with a hot towel and then remove all trace of the Cold Cream.





promised. You will apply, as thousands of women for 80 years before you have done, Gouraud's Oriental Cream. It renders an unsurpassable ap-pearance to the skin that will be the wonder and envy of your friends.



Try These Three Preparations, 25c. A 25c tube of Gouraud's Oriental Cold Cream, a 25c. Bottle of Gouraud's Oriental Cream and a 25c. Cake of Gouraud's Medicated Soap. JUST SEND THIS COUPON.

Ford. T. Hepkins & Son, 430 Lafayette St., New York I enclose 25c. for the above three Preparations.

Copyright, 1922, by International Feature Service, Inc. Great Britain Rights Reserved.