

# Fraternals

## Orphan Kiddies Are Given Trip Down to Beach

Being an orphan is by no means the worst thing in the world, if one is to judge by the merry group of youngsters who boarded the train at Astoria en route home from Long Beach, Wash., where they had spent two glorious weeks.

There are at present 28 orphans and 50 old people in the home. The children attend the Glenhaven grammar and the Lincoln high schools.

Al-Azar pyramid, United Artisans, will hold a special meeting next Tuesday night at the Neighbors of Woodland.

The hall of Liberty Assembly, United Artisans, held the first business meeting of the fall season last Tuesday night.

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# Ring Takes on Dietitics

## Brain Food Is Gobbled Up



When I am going to write Chinese dialect I take dinner for a few nights in a Chop Suey dump.

By Ring W. Lardner  
A Dr. in N. Y. city named Dr. Lieb is making a study of what is the proper diet for brain workers so as to save people the trouble of finding out for themselves what is the best thing to eat when they want to do good work with their brains because the way it is now days when a person decides to become a brain worker, why they find it waste a whole lot of time finding the right kind of diet before they can go to work, so in order to get a start towards the right answer the doc has written letters to all the brain workers in the U. S. asking for their personal experiences along these lines and my readers will hardly be surprised to hear that amongst those who the doc has honored by sending them 1 of these letters of inquiry is the author of this here letter which you are reading right now.

But instead of me writing a private answer for the doc's perusal only, it seems to me like here is a chance to confer a boon on humanity at large by writing down my advice and personal experiences in this open letter so as the doc won't be the only one to profit there by but also will be a benefit to my admires, who is just like a big family to me, in case any of them is on the verge of taking the plunge into the whirl pool of deep thinking.

Will say at the start that I and Arnold Bennett is 2 great minds running along the same channel when he says that brain work makes a person hungry. Old pal Arnold goes on to say that he eats more after a day of brain work than if he spends a active day out doors and if he don't eat hearty after working with his brain, he suffers the pangs of neuralgia.

Further and more he makes the remark that he gets hungry setting in a chair and working but he don't get hungry if he sets in a chair and reads a novel. Well my experience in regards to reading ain't quite the same but it depends on what I been reading whether it makes me hungry or no.

Like for inst. after I got through reading Pollyanna I had to run down to the delicatessen and get me a pt. of sour pickles and when I finished White Shadows in the S. Seas I was famished for a meal of fat people and bread fruit. On the other hand when I came to the end of the Sheik it was 5 or 6 days before I could retain food in any form.

So it seems to me like the kind of reading has got a whole lot of influence on the appetite and some times even the title of a book or story or the name of somebody mentioned in same will suggest a item of food stuffs which the reader can't hardly rest till he tastes it. For a sample, I am always hungry for a Swiss cheese sandwich after reading about the Family Robinson or the McCormick family. The title Oliver Twist gives me a crave for pretzels and crullers and Shakespeare always makes me think of bacon.

But leave us take the doc's questions in the order named. His first question is whether you find your appetite increased after concentrated mental activity which I will half to pass that one up as I never experienced no such a ailment.

# American Veteran

## Legion Plans a Camp Organizes Big Time at New Orleans

### Orleans Parley Around the City

American Legion national headquarters at New Orleans for the four annual national encampment will be at the Grunewald hotel and the Legion Auxiliary headquarters at the Bienville hotel, the convention hotels and housing committee has announced.

In addition to national headquarters the Grunewald will accommodate the distinguished guests, the delegates from continental Europe and Alaska and the following s. w. departments: Alabama, Arkansas, California, Canada, Florida, Indiana, Iowa, Louisiana, Michigan, Missouri, New York, Ohio, Oregon, Washington Texas and Wyoming.

The St. Charles hotel will be departmental headquarters for the following delegations: Arizona, Colorado, Connecticut, District of Columbia, Delaware, Georgia, Illinois, Kansas, Kentucky, Massachusetts, Minnesota, New Hampshire, New Jersey, North and South Carolina, North and South Dakota, Pennsylvania, Rhode Island, Virginia, West Virginia, Vermont and Wisconsin.

The Monteleone hotel will house the delegations and departmental headquarters from Idaho, Maine, Maryland, Mexico, Montana, Nebraska, Nevada, New Mexico, Oklahoma, Pennsylvania, Philippine Islands and Utah. The Tennessee delegation and the "Cleveland Gays" a crack military organization from Cleveland, O., will be at the Planters hotel.

The Bienville hotel will care for all delegations to the auxiliary convention and distinguished guests of the organization. The Lafayette and the Sola hotels will provide for visiting members of the auxiliary.

Legionnaires attending the national convention and making plans to do are asked to get in touch with the state adjutant of the American Legion at 348 Washington street, Portland, Or. For reservations New Orleans for the national legion convention, October 20 to 21. Housing and certificates in order to secure one-way fare granted by railroads are handled by Harry N. Nelson, department adjutant. Persons desiring to attend the national convention should communicate with Mr. Nelson so that immediate arrangements can be made.

Fred Bell, commander of the Hood River post, a recent visitor at state headquarters of the American Legion, stated that the condition in Hood River county. Plans are being made by the post for fall and winter activities and for the annual American Legion encampment. Bell announced. The post plans on having a camp ground and building completed before summertime and a road built up to the snow line.

Rainier Post No. 31 has been busily engaged closing up working committees following the extensive entertainment given at the annual American Legion encampment on Labor day and the two days following. On Labor day, a big celebration was held. Sunday, a doubleheader entertainment was given at the community center. On Monday a merchandise trap shoot and on Tuesday evening the first high school dance opened. Post adjutant L. W. Clark reported the entertainment highly successful and well patronized by the public.

State headquarters, American Legion is seeking whereabouts of members of the 14th Infantry for July 1922. Patrick Evans who is now a patient at Palo Alto, Cal. Evans is having difficulty in having his application for compensation given to the community assistance of members of his company in order to make affidavits showing conclusively that his injury resulted from war service. Affidavits will be prepared by the service department of the American Legion for any comrades being able to execute them.

Wednesday night the American Legion post at North Bend decided to have a big armistice day celebration and committee was formed. James W. Mills was chosen general chairman. Committees on dance, entertainment, refreshments, parade, advertising were selected. It is the opinion that a general holiday will be in effect and the time taken up with dances in the new American Legion building, patriotic speeches, athletics, games, races and other sports. The post voted to assist the Boy Scouts in their work of building headquarters at Coos head.

Hood River Post American Legion has taken over the dance floor at the Oriental cafe in the Hood hotel, and proceeds from all dances will go to the legion fund. Ford's orchestra has been signed up for the dance music. Record-breaking crowds are expected during the fall and winter months.

September 19 to 21 are the dates for the county fair in McMinnville, at the corner of 2nd and 3rd streets. The encampment will be held at McMinnville post, American Legion. The American Legion will handle the three days' entertainment for the crowd present at the county fair. George H. Wilbur, department commander and Harry N. Nelson, adjutant of the state organization are expected to attend the legion festivities.

Major Clarence Hotchkiss, United States marshal, has one of the few complete sets of "Stars and Stripes," the official publication of the American expeditionary forces during the war.

Honolulu has just had its set bound every issue from the first, published February 8, 1918, to the last of June 13, 1918. When the first came out it was at General Pershing's headquarters at Chaumont, and at the last it was at Beane at the French university. Said Hotchkiss.

A recent issue of the American Legion publication stated that there were only a few complete sets of "Stars and Stripes" in existence and that they were valued at \$200.

Major Hotchkiss also has a complete set of the "Outpost" published on the Mexican border, which he had bound in 1916.

"I could have had a copy of the 'Outpost' published during the Spanish-American war, but I was too young then to know the value of it," said Hotchkiss.

George Wright Relief Corps No. 2 will meet to sew in its room, 525 court-house, Wednesday, from 1 to 4 p. m., after which the executive committee, Mrs. Margaret Reed, chairman, will serve a chicken dinner to celebrate the birthdays of those born in July, August and September. Special guests will be Comrade Hotchkiss, Mrs. McKee, who are leaving the city. Also Department Commander D. L. McKay and Mrs. McKay, who is a delegate to the national convention of the W. R. C. Post and corps only.

# Renewed Radio

## Work Expected For This Winter

### New Rules Are Adopted For All High Power Sets

RENEWED activity in radiophones work is expected in all parts of the Northwest now that the summer months, with the attendant static trouble, are almost over and also because of the lengthening hours of darkness. Both factors react to make radio work at its best.

From all parts of the Northwest indications are that the radiophone work this fall and winter will assume much larger proportions than ever before. New stations both for broadcasting and receiving are being put into many amateurs have already applied for licenses to broadcast on the 200 meter wave length.

In many parts of the district receiving stations have been erected and equipped so that the entire community may have the advantage of the new big stations of the Pacific coast.

One of the chief features favoring the renewal of activity is the approaching diminishment of summer static. This interference, which in many parts of the Northwest makes receiving almost impossible during the summer, is caused by static electricity created by the heat. Some authorities state that the presence of static is due directly to the appearance of sun spots.

What ever the cause of the phenomenon may be there is no doubt as to its actual existence. Experiments are now being made to eliminate it by the use of apparatus that acts as a stopper to the impulses created by the discharge of this static.

The lengthening of the dark hours in the winter also tends to increase radio work for it enables all sending stations to cover a greater range. With the approach of winter, darkness sets in from three to four hours earlier and gives the amateur more time to work before the sandman comes.

One of the startling facts in radio work is the amount of absorption of the Hertzian waves in daylight. This is often as high as 75 per cent, cutting down the range of a station from 1000 miles to 250 miles. This absorption is due to the action of the sun's rays on the Hertzian wave. As yet the definite nature of this absorption is unknown.

The combination of the two factors, expert says, will create a greater desire for radiophones work and everyone expects a resumption of amateur work this winter that will exceed all past activities. The number of stations has been materially increased this summer and the radio fan will have a wider range of amusement from the various broadcasters.

Radio engineers state that while summer static will decrease it is too much to hope that all such interference will disappear. Static is active, though not to such a degree, in winter as well as in summer.

Unkind Benham—'I've got to order a new suit. Benham—Be sure to have the pockets cut large. Benham—What for? Benham—So that you will have a place to park your hands.

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