

# Impressions Of Trip Given By Musician

THE Misses Helen and Evelene Calbreath and Miss Florence Johnson, who have been in Chicago taking post-graduate artist work at the American Conservatory of Music for the last six weeks, returned to Portland the first of the week.

The conservatory was a very busy place, said Miss Helen Calbreath, pianist. Teachers from all parts of the states, Canada and Mexico were enrolled. Both Josef Lhevinne, piano, and William S. Brady, voice, most teachers from New York, receive \$40 an hour for private lessons, and ten dollars for class lessons. The class attendance averaged thirty students, often with fifty present. Mr. Brady, vocal maestro, with whom both his sister, Evelene, and Miss Johnson studied, left for Europe the first of August, where he expects to study several more of his artist pupils in opera. Among his successful pupils already 'made' are, Carolina Lazzari, contralto; Anna Roselle, soprano, both engaged at the Metropolitan Grand Opera, N. Y.; Dorothy Jardon, of the Chicago Grand Opera Co.; Florenza Gargullo, soprano, San Carlo theatre, Naples, Italy; Grace Wagner, Kathryn Metala, Maurice Cowan and Jno. Steel, all of the latter engaged in concert work with symphony orchestras or lesser opera companies or making records for Victor companies. Miss Lhevinne with whom both private and class lessons is one of the greatest teachers I have ever known. He is an inspired genius of piano in every phase.

So many have asked if one can get \$40 worth of instruction in an hour. Yes, emphatically, providing one is prepared properly. One has to have done much work and study in previous years. Any student advances faster on two lessons a week, consequently when planning going East, one immediately faces a monthly expenditure of \$300 or \$400. It is very discouraging. It will lead to certain pupils of these high priced masters specializing in technical preparation. I met one such student of Mr. Lhevinne, a musician who has been associated with him for sixteen years and who has his system of technique better defined than that pupil he has. I had daily lessons with this pianist preparatory to my lessons with Lhevinne and through them was enabled to accomplish a great deal more than otherwise would have been possible. We are to have the privilege of having this musician at our studio for the month of August next year. Evelene played her compositions to other representative musicians and received much encouraging criticism. Mr. Hattataed, is president of the conservatory. He is a great man, generous, interested and experienced. His hands interested and experienced. He has been through personal sacrifice, high ideals and untiring efforts has fought his way to shoulder with men like Theodore Thomas and Edw. Hebling to establish Chicago as a musical center.

There was very good presentation of opera at Ravinia Park by members of both the Chicago and Metropolitan Grand Opera Co.'s open air symphony concerts and recitals, interesting to attend. Among the western musicians whom we met were Mrs. Jane Burns-Hampton of Seattle, and Mr. Dunkleburger of Corvallis.

Owing to the strike conditions which were very unpropitious and the warm weather, we decided to return, rather than spend August in New York as we had planned. Oregon seems more lovely than ever and we are particularly glad to be home after all of us, profitable and inspiring, six weeks' study.

Mrs. Caroline E. Smith, managing director and secretary of the Los Angeles Philharmonic orchestra, the symphonic organization supported entirely by W. A. Clark. She is also its founder, was in Portland last week, en route home after an extended tour of the East for the purpose of seeing what the orchestra's needs are doing in the way of progress. Conductor Walter Henry Rothwell is now abroad selecting new program material. Mr. Smith said the orchestra's deficit was \$220,000 and it was covered by Mr. Clark. The orchestra consists of 86 performers, the salary roll amounting to the return of the orchestra played 78 concerts, and the coming year this number will be increased to 100.

The list for the coming season including Matzenauer, Althouse, Ely Ney, Hulda Lasharska, Florence Easton, Zimbalist and Mitchell. Last season the orchestra gave two concerts without soloists, these being the opening and closing. The orchestra gives eight concerts at the school orchestra for the school children. At these concerts the admission is 10 and 25 cents, but the receipts are given to the schools for the purchase of music or instruments for use at the school orchestra. The season after next the orchestra will probably go on another tour, in which event Portland will again have opportunity to hear the orchestra, which is among the best in the world.

That the booking agent's life is not altogether one sweet dream is indicated by Freddie Schang, upon whom falls the lot of arranging tours and bookings for about 600 concerts for some 50 artists, under the management of the Metropolitan Music Bureau, New York. The field extends from Portland, Maine, to Portland, Or., and every locality has its problems that must be taken into account. Schang

# MISS HELEN CALBREATH, pianist, and her sister, Miss Evelene Calbreath, vocalist and composer, who returned last week from Chicago, where they took post graduate artist work at the American Conservatory of Music.



has learned from experience that the booking agent must bear in mind that some clubs must have their concerts on Tuesday nights. (Curiously enough this never applies to the many Tuesday Musical clubs, which hold their concerts on Mondays or Thursdays.)

Saturday night is to be avoided, as the stores are open in most towns. Wednesday night is prayer meeting night. Friday night is bad for the Jewish clientele—choir rehearsal night. The first three days of the week are frequently not available because the local theatre is booked for the Burlesque Wheel at that time. Certain cities will have to hold their dates in abeyance until the return of the manager, who is on his vacation until September 15. Colleges cannot accept dates during holiday or examination periods. Conflicting attractions cannot be permitted. The auto show and the state whole-

**MRS. CAROLINE E. SMITH**, managing director of the Los Angeles Symphony orchestra, who was a Portland visitor last week.



# Grand Opera in Italy in Need Of Rejuvenation

UPON his return to New York from business and pleasure trip to Italy, France and England, Fortune Gallo, the grand opera manager and impresario, gives some interesting sidelights on the grand opera situation in his native Italy and observes that as a result of the war even this line of old-established art there will have to undergo many changes conform with modern tendencies and he leaves the inference that America may point the way.

It is true that every little town abroad has its opera. Mr. Gallo told an interviewer of the Musical Digest. That is a tradition. But with all due respect—and he shrugged his shoulders expressively—there is no such thing as a free lunch. The impresario seemed to find objectionable the system of box ownership, which hampered the production of opera on a paying basis in the homes of the native country.

"You see, Italian opera houses are built with a dowry—'dote'—which may be in the form of a subsidy from the municipality or the grand opera in the house, or both, as is generally the case. The theatres are built with many tiers of boxes, seating eight, six or four persons, and these are sold outright to citizens. There are not many seats for sale for the general public—not enough to make production a profitable business.

Of course, there is a queer custom which makes the purchase of a seat something separate from the price of admission, and even boxholders have to pay a small fee—the 'ingresso'—to get into the theatre. But this is not sufficient to make the house a paying proposition.

"And now that the war has increased prices so terribly and made money so cheap, these boxowners, who have to pay only a small ingresso to get into any performance, can block opera productions, for you cannot increase the ingresso in proportion to the rise in wages, power and everything connected with production.

"Before there can be any opera in Italy now, the boxowners must either consent to give up their right to their seats—with the privilege, perhaps, of a reduced price and first choice at the box office—or the municipality or other governmental agency must put up a large guarantee."

In Mr. Gallo's opinion, the subsidy system sometimes works well in keeping up a high standard of production. There are no "stars" in the American sense in Italian opera houses, in the first place because the populace demands a fairly high average in the casts it pays its money to hear, and in the second because the people are generally unwilling to pay extra prices to hear a high named singer.

Mr. Gallo has not entirely completed the arrangements for his own company's tour, but he expects it will be much the same as before. He brought back with him contracts with four new artists, all men—Messrs. Genaro Barra, Francesco Currel and Amador Fadas, tenors, and Francesco Novelli, baritone.

# Dictionary of Baby Terms

**B. Continued.**  
**BOWELS**—A habit of regular bowel movements is not difficult to form if training is begun early in life, but the habit of constipation once formed is hard to break. During the first few days of life, the bowel movements are a dark, green, sticky mass and has been formed in the baby's bowels before birth; it is perfectly normal. After the baby has taken his first solid food, the character of the bowel movement should change. The bowels should move from one to three or four times in 24 hours during the first six months, then over two movements daily are not often found in a perfectly healthy child. As long as baby has one free bowel movement daily he cannot be said to be constipated. In case of sickness it is very necessary to have a good evacuation of the bowels daily. The character of the stools will be discussed later.

**BOW LEGS**—It is a common belief that bow legs are caused by early walking, but this is not the fact. If a child is not ready to walk, early he will walk of his own accord when his bones and muscles are strong enough. Bow legs are caused by the baby's artificial foods which are deficient in animal fat, vitamins, lime and phosphorus. Because of the lack of these in baby food, his bones become soft, the ligaments weak and the muscles tender. The little legs, which are undersized and bowed at

birth, must have these required elements in their food to build them up and to become firm and strong. This is another of the many strong arguments in favor of breast milk for baby, which is nature's food and contains the required elements. If your child is bowlegged as a result of rickets he should be taken care of by someone particularly devoted to this work. It is very seldom necessary to apply any instruments to correct cases of this kind, but it is often necessary to employ massage, manipulation and electricity to restore deformed bones and joints to their correct and upright position. In some cases braces may be needed to correct the defect.

**BREAD**—Fresh bread should never be given to young children. Stale bread three days old may be given, or bread cut thin and dried in the oven. Oatmeal, corn bread, gluten crackers and zwieback are good varieties of bread to give to young children. A very little butter may be spread on the bread.

**BREAST FEEDING**—Breast milk, which is nature's food, is the only proper food for babies. There is nothing better than breast milk, and every effort should be made to make this plentiful and of good quality. No food can compare with mother's milk, as it is practically free from bacteria. It is always fresh, has the right temperature and has the correct food elements that are necessary for the growth and development of your baby. There are so many advantages in feeding baby on mother's milk that it should be the ambition of every woman who becomes a mother to nurse her baby during the first nine months. It is the artificially fed baby who suffers from stomach and bowel disorders. The breast-fed baby very rarely has the dreaded diarrhoea or other contagious diseases, and if so, it is not serious. It usually happens when baby is fed irregularly or given food other than breast milk. Breast feeding must be fed at regular intervals, not often than every three hours during the first six months and every four hours after that.

**BREATHING**—Breathing is the act of respiration, the drawing in and expelling of air to and from the lungs. This should be done through the nose and not the mouth. Breathing through the mouth is caused by obstruction of the passage of air through the nose. This is usually due to enlarged adenoids and should be attended to by a physician.

**BROTHS**—Put one pound of meat, either mutton, chicken, veal or beef, in one pint of cold water. Add a pinch of salt. Cook over a slow fire for three or four hours. Strain through two thicknesses of cheese cloth, and when cold carefully remove the fat, adding more salt if required. This may be used either as a soup or as a very nutritious broth may be made by thickening this with cornstarch, cooking for 10 minutes, and then adding three ounces of milk.

**BRUISES AND BUMPS**—If the skin is unbroken they will require no special treatment except, perhaps, where they are very extensive, in which event they should be applied immediately and the injured part allowed to rest for a time.

**BURNS**—In the case of burns one must first see that the wound is clean, and, second, exclude all air from contact with the burned surface. To relieve the pain, a dressing of baking soda and water or any plain pure grease—the grease is the better because it avoids leaving a scar—must be applied. The wound should then be covered with a soft gauze or absorbent cotton. The dressing should be changed at least once a day. If the dressing should stick to the burned parts it should be gently removed after having been soaked in warm water.

**BUTTOCKS**—The buttocks should be cleaned after each movement by using either water or oil. This is the most common place for chafing, hence the utmost pains should be taken that all diapers be removed as soon as they are soiled and the buttocks kept scrupulously clean. If the buttocks are irritated by the movements they should be washed with lime water or sweet oil. The skin should be dusted with powder composed of two parts of starch and one part boric acid powder. The irritation often comes from some disturbance during the first six months, then over two movements daily are not often found in a perfectly healthy child.

(To be continued next Sunday.)

# Indecision Is Mental Hang Over

By Fay King

Indecision is the worst thing in the world. It's a mental hang-over. When you are on the fence about a thing you are neither here nor there, and you are like a wire walker—balancing all the time. Whenever possible say yes or no right away, and do yourself a favor. If you get a bid out somewhere, and you aren't keen to go, don't spar around for time. It ain't fair to the one who invites you.



Start your day right. First thing in the morning make a list of things you can accomplish, and accomplish them. Pitch right in and you'll be surprised to see how tasks that seem so difficult when you contemplate them, reel off in no time when you tackle them. Search that dome of yours and get busy at the phone—and make an end of those promises you have been making. Call your friend that is ill, answer those letters you dread, look up those addresses right now.

The longer you let things slide the more they accumulate and the worse you hate to get at 'em. Whack right in and rid yourself of all waste worry. It's just like being in a room that is so cluttered your boxes tumble down when you reach for a book and you have to keep stepping over shoe trees and old magazines to get around. Make up your mind one way or another and about everything, get action and eliminate.

Then you've got room to enjoy your leisure and you'll never know how much you are missing until you experience the joy of being caught up.

If the date is so far ahead you can't "break" it, break it the first minute it's possible and proper. Big business builds on system, and there isn't any bigger business than living your life. Have system. Keep books on yourself. Folks that monopolize your time without giving you any mental stimulation are as bad as debt. Better to see one friend occasionally that spurs you on to better things, than a constant mob that bores you to tears. Don't kid a bunch of hangers-on with sugar-coated excuses. Break clean. A clean idea gained, a good book read, will add more to the profit of your self-booking than hours

wasted with half-wits who peddle smutty sarcasm and passe parlor stories. Money may talk, but what it says is what really counts. A few dollars spent in the right direction for the right things is more worth listening to than vulgar displays. Peace of mind, content and decency are priceless, and with a capacity to appreciate the worth-while things in life, are a wealth within the reach of the humble, and often out of reach of the rich.

# Man Struck by Beer Keg Cork, Asks Balm

Akron, Ohio, Aug. 12.—(I. N. P.)—An "unsuitable cork," which popped from a keg full of temperance drink known as "cream beer," is responsible for the suit for \$50,850 alleged damages filed by Jacob Burger against the Renner Products company. Declaring that the company failed to tip him off that the keg of beer would generate a "kick" or gas, Burger told the court that he lost 12 weeks of his time, the sight of his right eye and 25 per cent of the vision of his other eye. Burger stated that, when he bought the temperance drink the company gave him something to put into the keg "to make the beer suitable to the trade." The cork, designated by Burger as "unsuitable," hit him in the right eye.

# Judge Lets Speeder Off on Way to Altar

Wichita, Kan., Aug. 12.—The cards were stacked for Glenn Davis of Columbia, Mo. It just couldn't be possible that his wedding day would be marred by a \$10 fine for speeding. Davis appeared in police court before the judge. He admitted his car had been clipping it off at a swift pace. "Judge, I am going to be married in 30 minutes," the swain pleaded. "Can't you grant me a parole from the \$10 fine?" Davis was dismissed with a warning. "Put 'er there," he said to the judge. "I would like to have you attend the ceremonies." Miss Mathilde Campbell of this city is now Mrs. Glenn Davis.

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