

Portland Writer Author of New Book on Nursing

By Vella Winner
"HOME Nursing and Infant Care" is the name of a book recently issued by P. Blakiston's Son & Co. of Philadelphia, which has for its author Mrs. Abbie Z. Marsh, R. N., graduate of the Presbyterian hospital training school for nurses, Philadelphia, better known as Mrs. Robert J. Marsh of Portland, Or.

In addition to her professional training and experience, Mrs. Marsh is the wife of a physician, and her principal interest outside of her home since her marriage has been in nursing problems, she being one of the executive board of the Visiting Nurse association, in which organization she is at all times active.

By way of "getting out of her system" some of her deep seated convictions with regard to the necessity of teaching home nursing in the public schools as a part of the courses in domestic science, Mrs. Marsh wrote a short article, she showed it to a friend, who being a literary woman, realized its possibilities, urged her to send it to the Literary Digest, which she did and not only was it published in full, but it brought forth editorial comment from magazines and newspapers throughout the country and an avalanche of letters directly to Mrs. Marsh.

Impressed that she had found a responsive chord in the public heart, Mrs. Marsh set about writing a book. Knowing nothing of the book publishing business, Mrs. Marsh took for her husband's library the names of four houses publishing medical works in Philadelphia, and with her manuscript in hand left for the East. The manuscript was accepted by the first house visited, much to Mrs. Marsh's surprise and delight.

The book is dedicated to Mrs. Helen Edin Starrett, whose interest in the book and belief in its value were an inspiration and encouragement to the author. Hitherto books on the subject of nursing have been written for two extreme classes, the graduate nurse and the physician, books filled with professional terms and with details not needed in home nursing; and for the woman of very limited education who must be appealed to in only elementary terms.

Mrs. Marsh's book fills the gap for that great "in between class" of women who really wish to know how to care for their families without calling in a physician or a nurse for minor illnesses and accidents.

Miss Grace Mitchell, representative of the Unitarian Women's alliance of England, will be in the city this week as the house-guest of Dr. and Mrs. F. F. Fiebig in Laurelhurst. On Wednesday Mrs. Fiebig, assisted by members of the alliance, will give a reception in her honor, when all who are interested in such work, not only in this country but in England, are cordially invited to be present. Miss Mitchell will deliver a short talk upon allances of England, beginning at 3 o'clock, which will be followed by the reception, when all may have an opportunity to call on the speaker. The Fiebig residence is at 1042 Hassalo street, Take Rose City car to Thirty-third and turn right on Laurelhurst gate, go south one block on Teelers avenue to Hassalo.

Plans for the work of the Oregon Parent-Teacher association during the State fair at Salem in the fall are under way. A rest room for the children and a supply of literature telling of the work of the organization throughout the state will be available. The work will be under the direction of Mrs. E. J. Palmer, formerly president of the Portland Parent-Teacher association, who will serve in the place of Mrs. F. J. Mendala. Mrs. Helen Edin Starrett, who will assist Mrs. Palmer and will be in charge of the work for women's day at the fair.

The members of the Portland Shakespeare club met Monday at Gladstone park for a picnic supper in conjunction with the attendance at the Willamette Valley Chautauqua. Only a small number of the members were present for the occasion, as many of the club were out of town at the present time. The picnic was held at this time in lieu of the midsummer dinner of the club. Those of the company attending the lectures at the Chautauqua during the afternoon and evening.

Creston Community club will meet Thursday at 8 o'clock at the Creston school playgrounds for a basket picnic supper in celebration of the securing and opening of the Creston school park and playground. The entire school district has worked hard for this playground and it is hoped that the neighbors will attend in large numbers. Music and a program will be provided for their entertainment. Coffee will be served by the club.

The Unalutic Club girls and their guardian, Miss Nell C. Johnson, from the Albina Friendly Center Sunday school, have returned from their camping trip at Rockaway beach. Those who were in the party are Martha Hilton, Vera Gardner, Josephine Zimmerman, Ruth Leppert, Lillian Amos, Verda Palmer, Anna Zimmerman, and others, accompanied by Mrs. Alice G. Leppert, one of the Campfire mothers.

Independence, Or., July 24.—The Independence Civic club has unanimously elected Mrs. Clyde Ecker president for the third year. The club has suspended activities for the summer. The members are ambitious for a club house and already have a neat sum put aside from benefits given the past two years. As soon as the new year's activities begin definite plans will be made for a building.

At the regular meeting of the American War Mothers Wednesday afternoon, plans were made for their annual picnic which will be held July 29 at Sellwood park. Members of the American War Mothers, also all mothers of ex-service men, are invited to attend. Those who are anticipated with much interest. For information, call the war mother, Mrs. John Eubanks, East 3552.

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Used and Endorsed
By Thousands
Guaranteed to remove
tan, freckles, pimples,
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NATIONAL TOILET CO., Portland, Tenn.
Sold by ROBERTS BROS. and Other
Toilet Counters

MRS. ABBIE Z. MARSH (Mrs. R. J. Marsh of this city), who has written a practical book entitled, "Home Nursing and Infant Care," which has been accorded high praise in medical circles in the East.



Mrs. Starrett Is Advertising Club One of Principal Speakers at P-T. Guest of Honor

MRS. HELEN EGIN STARRETT, who has recently returned to Portland from attendance at the suffrage convention at Chicago, was one of the interesting speakers at the meeting of the Oregon Parent-Teacher association held July 14 at 11 o'clock at the Willamette Valley Chautauqua. At this time Dr. Egan of Reed college also spoke on "America's Solution of the Present Economic and Social Problem."

Luncheon was served outside the Chautauqua grounds. During the luncheon Dr. Chase of the University of Iowa told what that institution is doing in Iowa for child welfare. Among other things he mentioned in a most interesting informal address, he spoke of the fact that the welfare workers of Iowa had received a sum of \$50,000 from the W. C. T. U. fund for the extension of their work in that state.

He also spoke of the work of the children's hospital in Iowa, which is maintained in celebration of the children of the state. Dr. Chase is the guest of his daughter, Mrs. George Gehardt, in Portland. During the past week at the 5 o'clock symposium, Mrs. John Edin Starrett, accompanied by her little daughter Mildred, sang two solos for the pleasure of the guests.

Miss Frances Hays, formerly of Bellington Normal school, now of Portland, spoke most interestingly of the Parent-Teacher work as a vital element in the public school system.

Mrs. Starrett, who has visited Parent-Teacher organizations all the way home from Chicago in various cities, spoke the two big problems facing the workers in the East, namely the cigarette smokers among the youth of the East and the immediate dress of the girls attending high schools. Mrs. C. W. Hayhurst, president of the Oregon Parent-Teacher association, presided at the symposium.

The Housewives' council will hold a picnic at Peninsula park in honor of one of the members, Mrs. Bessie Richards, who went as a delegate to the Democratic convention at San Francisco, Friday. Mrs. Richards carried off the honors of the Oregon delegation, placing in nomination the choice of the Housewives' council for vice president, W. T. Vaughn. Later she withdrew Mrs. Vaughn's name and made a speech celebrating the nomination of Franklin Roosevelt for vice president.

Ashland, July 24.—Mrs. John A. Keating, state regent of the Daughters of the American Revolution, presided at the organization July 8 of Ashland's membership of 18, with 12 applications for approval this fall. The charter membership roll will be held open this year. Mrs. Gordon McCracken was elected chapter regent with Miss Grace Chamberlain vice regent. Mrs. Caroline Miner Shuerman secretary, Mrs. Marie M. Mitchell treasurer, Miss Elizabeth D. Palmer historian, Mrs. Miriam D. Day chaplain, Mrs. Nancy E. Ogden, Mrs. O. P. Church, Mrs. S. A. Carpenter, Mrs. J. W. Cady, Mrs. Nora Armstrong, Mrs. J. Squire, Mrs. Ryeann, Mrs. A. C. Fanney, Mrs. Alice Clark, Mrs. Harriet McGuire, Mrs. Emily K. Storan and Mrs. Mary Ehr.

Mr. and Mrs. R. Monroe Gilbert of Salem entertained the Modern Writers' club at her home, Friday, July 23. The party was a delightful one and the cost of the raw product that will be canned will be high. The department of the club was the "Edge of the Ocean," which appeared in a recent issue of the American Cookery magazine, to which Mrs. Fargo is a monthly contributor. Refreshments followed the informal program.

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The Economical wardrobe How One Can Maintain It

By Helen Lee Davis
Professor of Household Arts, Oregon Agricultural College.

On account of Mr. High Cost and his grim disregard of folks you may have been wondering during the past year just how you are going to live within your income, provide adequate, comfortable and appropriate clothing for yourself and family and still lay aside a little, as has been your very good custom in the past, for the proverbial rainy day.

This problem the most of us are sharing today and it is proving an especially puzzling one just now as we try to cut expenses in various ways, only to have them startlingly over-balanced by increased cost along some other line.

The cost of clothing we realize has increased much more than any other item in our living expenses. Statistics show that the advance in the price of clothing as a whole has been close to 200 per cent. This necessitates making more care and thought in planning and choosing our clothing if we are going to maintain a wise standard in dress and at the same time have our expenditures for clothing bear a reasonable relation to our incomes.

CORRECT STANDARD IN DRESS
A correct standard in dress should take into account the various elements of warmth, cleanliness and comfort. It should also permit the various members of the family to appear in public and in social life with clothes which are neat, becoming and attractive to insure self-respect and to provide the mental satisfaction which flows from being reasonably well dressed.

While it is true that each woman must in the end solve her problem individually, because conditions vary in the different homes, yet the following points may prove helpful in selecting materials and garments that are reasonable in advertising clubs of the world, are well made, in good taste and can be worn acceptably as long as the material lasts.

If we overlook our wardrobe carefully before planning to buy, and know what we really need, then, in replacing that need if we choose materials or garments which harmonize and can be worn successfully with what we already have, the most of us will find that we have the hat which already clothes and still be better dressed than we are today.

For instance, if you find that you really need a new skirt, consider the blouse you already have in your wardrobe which should be worn with it, the coat you have, the hat which already is a part of your wardrobe, etc. Then, in buying, do you choose a skirt which will be appropriate in material, color and design to be worn with those garments, or do you choose a skirt simply because it is a very attractive skirt, and Mrs. — has one and looks "swell" in it? If the latter course is pursued, as it often is, you may find, when you have the skirt, that it does not harmonize with the garments which you have and which must be worn with it, thus causing a disunity in your wardrobe.

It is a mistake for women who are attempting to economize to have several dresses of the same type, suited for the same purpose, and to discard them, when they are no longer presentable. This is surely not economy.

TOO MUCH CLOTHING
As a matter of fact, most of us have too many articles of clothing in our wardrobes. It is much more economical to have fewer clothes at a time, having them the best we can afford in quality and conservative in style, so that we can wear them and they will remain in style as long as the material lasts. It is a mistake for women who are attempting to economize to have several dresses of the same type, suited for the same purpose, and to discard them, when they are no longer presentable. This is surely not economy.

GOOD MATERIAL IS ECONOMY
If clothes are to be made by seamstress, dressmaker or tailor, it is economy to buy good material, choose conservative styles, and by doing so, garments that will last, thus avoiding more frequent dressmakers' bills. When you consider that you pay as a sewer more for the making of garments as for the cost of the material, you must realize the economy of having your garments made of good material.

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K. of P. to Give Kiddies Motor Trip and Outing

By A. D. Criggs

THE Knights of Pythias of Portland have appointed Emil Waldman, past grand chancellor, chairman of a committee to make arrangements for an automobile outing for the children at hospitals, nurseries and homes in the city. The committee is listing all who will donate the use of their automobiles and expects to be ready for the first excursion within the next 10 days.

Work along similar lines will be continued. The Old People's Home and similar institutions will be used to furnish guests for a series of excursions into the country and along the coast, abounding in Portland and vicinity.

All the lodges are interested and will cooperate with subcommittees. The famous D. O. K. K. band and the equally famous patrol of "Sunshine" branches of the Knights of Pythias are heartily cooperating. It is the intention of the band to give a concert to each of the enterprises and institutions. With Emil Waldman are associated C. A. Cadwell and C. W. Kern and the chancellor, commanders of each of the local lodges.

George S. Smith, manager, and Frank J. Mauban, leader, of the D. O. K. K. band, will deliver the musical goods of the enterprise. Captain T. C. Frelberg will see that the patrol is lined up.

The securing of signatures to a petition for the establishment of a Masonic lodge at Multnomah station is proceeding with great success. Many Masons of that vicinity will demit by card into the new lodge. The petition is now being circulated in Garden Home. Over 60 signatures have been secured. The document will be presented to the grand master sometime in August and it is hoped to secure a dispensation to hold a regular meeting in September. J. D. Steward has been selected as temporary worshipful master of the lodge, and other experienced Masons are assisting him.

Gul-Resee Grotto plans to hold an outing at Crater Lake park August 14. A circular letter has been sent to the secretary of every Masonic lodge in the city and to every member of the Grotto informing them of the delights of the outing and the attractions of the place. All Masons and their families are cordially invited by Oscar M. Smith, monarch; J. H. Butler, secretary, and Clyde E. Lewis, manager of the membership campaign for only 1000 more prophets.

Gul-Resee Grotto officers and members are now meeting daily at noon at 133 Park street and it is said to be the only fraternal order meeting daily in the city.

Victory chapter No. 130, Order of Eastern Star, at its regular meeting Thursday night, was constituted. The chapter was granted them by the grand chapter during its recent session was presented to them by Worthy Grand Patron Leslie Parker, assisted by the following grand officers: Stella

with the prices of shoes where they are today it behooves us to consider the following suggestions for economy in buying shoes. Carefully fitted shoes wear longer than ill-fitted shoes. True quality of all clothing, stockings, corsets, dresses, underwear, etc. Substantial sensible heels do not wear off nor run over as easily as fancy heels, besides they are much better from the standpoint of comfort and health. Patent leather shoes are not economical, for wearing of any kind of shoes and they are expensive. The plain black kid shoe with sensible heels, properly fitted, is usually made well with any costume, costs less and wears better than the fancy top or novelty shoe. Besides, the cost and time of upkeep is much less.

SUGGESTIONS FOR SHOES
In buying boys' and girls' shoes, it is economy to have two pairs of pants with the one coat. Why should not women create a demand for two skirts with their suit coat? They wear their coat much less than a man does his suit, and it is said to be discarded when scarcely worn, because the skirt is no longer presentable. This is surely not economy.

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K. Drake, acting grand marshal; Lillian Young, grand chaplain; Nellie Dickenson, grand organist; Dona Gradon, grand warder and Nellie McKinley, grand secretary. The officers installed were Minnie Walters, worthy matron; Melvin J. Clemmens, worthy patron; Florence M. Christy, associate matron; Grace Cramer, secretary; Eva Wilson, conductress; Eugene Ames, associate conductress; Nellie R. Lyman, chaplain; Martha Gray, marshal; Marcella Berry, organist; Katherine Thill, Adah; Bessie Miller, Ruth; Anna Lindberg, Esther; Almee Craig, Martha; Ines Greenleaf, Edna; Anetta Linklater, warder, and Charles Ames, sentinel. Victory chapter is located at Archer Place and meets on the second and fourth Thursday. It was instituted on October 21 with 52 members. It now has over 70 members and several applications to act upon.

A great many visitors were present, among them Past Grand Worthy Matron Lena C. Mendenhall and Past Grand Patron J. Francis Drake.

Mrs. Ida Umbach, grand matron of the Order Eastern Star, instituted new chapters of the order last week in the following towns: Golden Rule chapter at Nyssa; Sherman chapter at Grass Valley; Concordia chapter at Madras. At each place the Masons have strong lodges and promise of chapters to match are good.

The social club of Myrtle chapter, O. E. S., will give a dancing party on the Swan August 3. Mrs. A. H. Lomax, worthy matron of Myrtle chapter, assures all members and friends a most pleasant outing.

The concert given by the I. O. O. F. band at the Home Wednesday evening was greatly appreciated. Folk dancing by a bevy of young girls, speeches and the reading of the laws, helped to make a very pleasant occasion.

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Great Council Of Washington Meets July 26

THE Great Council of Washington, Improved Order of Red Men, and the Great Council of Washington, Degree of Pochontash, will meet in Vancouver Monday and Tuesday, July 26 and 27.

The great councils of the order for Oregon will meet at the same time, Monday evening the Red Men of Oregon will be guests of Kum Tux tribe of Vancouver as will the members of Washington's great council. Willamette tribe of Portland will put on the work. Grand Inchoones James T. Rogers, head of the order, will attend both great councils. Tuesday night there will be a banquet at the Chamber of Commerce with members of all four great councils and their families and friends attending.

Wednesday evening, July 28, Ontario tribe will be hosts at a grand wigwam, 112 East Sixth street, with autos for the farm of J. Dannelle in Washington county, where the adoption degree will be given in the natural forest to a class of palefaces, Great Inchoones Rogers taking the part of the paleface. The adoption ceremony will be held at 8 o'clock. The work there will be used genuine Indian costumes worth many thousands of dollars. Some of them are not equalled in the country and will be used by notable chiefs a generation or more ago.

Villa lodge, I. O. O. F., is taking a class of 25 through the degree, meeting in Montaville every Wednesday night under the direction of C. A. Stephenson, noble grand, and a painstaking set of officers. The first degree will be conferred Wednesday. Another class is being made up that now has 11 members and will probably have 25 before the initiatory degree is given it. E. J. Thompson is proud of the medal with the emblem of the order, which he presented to him last Wednesday upon retiring from the chair. A fine picture will be given Sunday, August 1, by Villa lodge and Orpha Rebekah lodge.

"The Camel's Hump" is the name of a once-in-a-while publication of Abdul-Atef temple No. 117, Dramatic Order Knights of Khorassan, in the city of Portland, great plain of Oregon. The D. O. K. K. is the sunshine plot of fraternalism, the sand pile, the rocking horse and the children's play, the "funny bone" and the "kickle spot." Everybody smiles in Doyeddom, and some smile twice at a time.

East Gate lodge, A. F. and A. M., Monday night will have a special meeting at Montaville for the conferring of the degree of Master Mason. Under the administration of Albert Ehlers, worshipful master, the lodge is prospering.

The free social dance and card party of the Knights of the Golden Rule chapter at Nyssa; Sherman chapter at Grass Valley; Concordia chapter at Madras. At each place the Masons have strong lodges and promise of chapters to match are good.

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PURCHASES MADE DURING THE REMAINDER OF THIS MONTH

will be charged on August accounts, which are payable September first.

A CHARMING GEORGETTE \$5.85 BLOUSE FOR ONLY.....

Five Eighty Five is a special price that we have placed on these beautiful blouses that are fashioned from quality georgette crepe. Some are embroidered, others are lace trimmed, and you may choose from many styles in both long and short sleeves. White and Flesh only.



**TWENTY
SKIRTS AT
\$23.50**

The original prices of these silk skirts ranged from \$29.50 to \$35, but we have placed twenty in this lot for quick selling. Colors are light blues, rose, orchid and green, while the materials employed in the making of these stylish skirts are Fantasi, Paulette, Baronette Satin and combinations of these fabrics. We have your size.

**NEW TAFFETA
HATS AT
\$7.50 to \$18.00**

Every woman wants an attractive Taffeta Hat and she need look no further when she sees these in Navy Blue and Brown. Just received from the maker and made in three styles—Turned-up brims, Drooping brims and