

PUBLISHERS HERE ON VISIT SPEAK WELL OF DRY LAW

F. G. Bonfils, Owner of Kansas City Post and Denver Post, Says Prosperity Is Spreading.

FISHING IN OREGON GOOD

F. W. Kellogg of Los Angeles Likes Outdoors of Northwest; Fay King Given Big Boost.

Prosperity follows prohibition to one climate, as well as another, and trout fishing on the Umpqua river loses none of its enchantment either, in the opinion of F. G. Bonfils, publisher of the Denver Post and the Kansas City Post, lately ruler of the white tops as a member of the Selts-Fiota Circus company, who is in Portland today.

With Mr. Bonfils is F. W. Kellogg, publisher of the Los Angeles Express. Together they are idling the day at the Portland hotel after an interesting and successful fishing trip into Southern Oregon, where they found in the wooded wonders of the rushing mountain streams of Colorado and other intermountain territory.

The prominent publisher has decided opinions upon the success of prohibition in the once ultra wet state of Colorado and declared this morning that a vote on a proposition to return to the damp days that ended some five years ago would receive the support of less than 10 per cent of the voting strength of the state. That prohibition is exactly responsible for the widespread prosperity in Colorado is the publisher's statement.

Aside from fluids and fish the visitor found much interest today in contemplating the career of Miss Fay King, wife of "Bat" Nelson, of pugilistic fame, and daughter of Jack King of Portland. Bonfils started Fay King upon the path of plenty that has led her within a few years to New York and to fame as a newspaper editor, syndicate writer. Some years ago Miss King was struggling hopelessly in Portland when her future husband, "Batling" Nelson, displayed some of her pen work to Bonfils, who employed her at once. He has watched her rise in the world with interest, which was automatically enhanced when he arrived in the young woman's "home town." Miss King is not less than a genius, her former employer declares.

The Umpqua river fishing trip is one of the chief causes of Bonfils' presence in Oregon, he said. He had no data at hand as to the size of his catch, but did pay splendid tribute to the beauties of the Southern Oregon country and its apparent resources.

The visiting publisher expects to remain in Portland until Friday evening.

H. F. Craig Returns

H. F. Craig, a former employe of the Southern Pacific, who has been connected with the staff of General Atterbury doing railroad work in France since April, 1918, has returned to Portland and will resume work with the Southern Pacific.

He Reads of Charge In Paper and Offers Himself for Arrest

George A. Lehman, charged in a federal complaint with shipping adulterated food products in violation of the food and drug act, voluntarily surrendered himself to the United States marshal this morning after reading of the charge against him in the Journal.

SPEECHLESS LUNCHEON OF MANY GOOD EATS PROVES BIG SUCCESS

Ad Clubbers Meet in Laurelhurst Park and Make Merry; 200 Attend Outing.

Savory luncheons, good fellowship and pleasant entertainment combined on Wednesday to make completely successful a practically speechless luncheon of the Portland Ad club, held amid the beauties of Laurelhurst park.

NEURALGIA PAINS TORTURED WOMAN FOR FOUR YEARS

Illinois Resident Was Almost Wild With Pain Until She Used Dr. Williams' Pink Pills.

"Neuralgia developed about four years ago," says Mrs. A. F. Leggett, of 1006 East Fairchild street, Danville, Ill., "and as the disease continued the pain grew worse until I was almost wild with suffering at times. The pain was constant and many nights I went without sleep. There were also severe headaches and I became very nervous. My blood was so thin that I was seldom warm or comfortable. My digestion was disordered and I had dizzy spells.

"One day, when the pain was especially severe, I heard of a woman who had taken Dr. Williams' Pink Pills with benefit and her symptoms were so nearly like mine that I decided to give the pills a trial. Within two weeks after I started the treatment I could see that the remedy was helping me. The pain became less severe and finally disappeared entirely. Then I was able to sleep soundly and it wasn't long before I began to regain my strength. My blood improved, too, my nerves grew stronger and I feel better than I have for several years. Is it to be wondered at that I am glad to recommend Dr. Williams' Pink Pills to my friends?"

Dr. Williams' Pink Pills are sold by all druggists or direct from the Dr. Williams Medicine Co., Schenectady, N. Y., on receipt of price, 50 cents per box or six boxes for \$2.50. Write for the free booklet on nervous disorders with a special chapter on neuralgia.—Adv.

Aside from the fact that the ducks are reported to have "mooched" part of the lunch prepared for John L. Etheridge and that Todd Hanson did likewise with the lunch of another member, the day was a huge success, according to the statements of Ad club members.

Principal to Be Missionary Oregon City, July 21—Miss McKinnis, principal of the Sandy schools for three years, left for San Francisco Wednesday to sail for Japan, August 2, where she will enter missionary work for the Presbyterian board. She plans to be gone seven years.

Man Arrested on Columbia Highway On Larceny Charge

F. E. Arnett, 5101 East Eighth-street southeast, was arrested Wednesday afternoon on the Columbia river highway near Bridal Veil falls by Deputy Sheriff Wilson and lodged in the county jail to face charges of larceny of an automobile. Riding on his motorcycle Deputy Sheriff Wilson met a Thomas H. Grave of Gresham had just been taken by someone who was then headed for Portland. After a few minutes' run the man was stopped and brought into Portland in the highway bus.

Man Arrested on Columbia Highway On Larceny Charge

Wilson says in the stolen machine was found a new automobile tire, which Arnett claims he found lying by the side of the road.

Non-Support Defendant Has Money

Although William Anderson was charged with refusing to contribute any financial support to his wife, it was found when he was brought to the county jail Wednesday by Deputy Constable Watkins, that he had \$100 in cash upon his person. The complaint alleging non-support was signed by Mrs. Anderson before Deputy District Attorney Lida O'Brien.

D. S. Stearns Joins Chamber Personnel

David S. Stearns, retired real estate dealer and a lifelong resident of Portland, has been appointed special adviser for the department of Industries of the Chamber of Commerce, and will be ready to act on a committee to visit representatives of firms intending to locate in Portland.

IF THIN AND NERVOUS, TRY PHOSPHATE

Nothing Like Plain Bitro-Phosphate to Put on Firm, Heavy Flesh and to Increase Strength, Vigor and Nerve Force.

Judging from the countless preparations and treatments which are continually being advertised for the purpose of making thin people fleshy, developing arms, neck and bust and replacing ugly hollows and angles by the soft curved lines of health and beauty, there are evidently thousands of men and women who keenly feel their excessive thinness.

"Thinness and weakness are often due to starved nerves. Our bodies need more phosphorus than is contained in modern foods. Physicians claim there is nothing that will supply this deficiency so well as the organic phosphate known among



"The thin, scrawny girl becomes convinced that Bitro-Phosphate is what she needs. Druggists as bitro-phosphate, which is inexpensive and is sold by most all druggists under a guarantee of satisfaction or money back. It feeds the nerves directly and by supplying the body cells with the necessary phosphorus elements, bitro-phosphate should produce a welcome transformation in the appearance. The increase in weight frequently being astonishing.

Clinical tests made in St. Catherine's hospital, N. Y. C. showed that two patients gained in weight 23 and 27 pounds, respectively, through the administration



"Our soldiers always pick out the plump, rosy cheeked girls. . . .

tion of organic phosphate: both patients claim they have not felt as strong and well for the past 12 years. . . .

Physicians are now recognizing its merits in the case of increasing quantities. Frederick Kolbe, M. D., ed-



"At the seaside, too, the plump, well-rounded figure is most admired. . . .

for of New York Physicians "Who's Who," says: "Bitro-Phosphate should be prescribed by every doctor and used in every hospital to increase strength and nerve force and to enrich the blood."

Joseph D. Harrigan, former visiting specialist to Northeastern dispensatory, says: "Let those who are weak, thin, nervous, anemic, or run-down, take a natural, unadulterated substance such as bitro-phosphate and you will soon see some astonishing results in the increase of nerve energy, strength of body and mind and power of endurance."

Bitro-Phosphate is made entirely of the organic phosphate compound referred to in the National Standard Dispensatory as being a preparation which has recently acquired considerable reputation in the treatment of neurasthenia. The standard of excellence, strength and purity of its substance is beyond question. For every Bitro-Phosphate tablet is manufactured in strict accordance with the U. S. Pharmacopoeia test requirements.

Bitro-Phosphate is not a patent medicine and should not be confused with any of the secret nostrums, so-called tonics or widely advertised "cure-alls."

CAUTION—While Bitro-Phosphate is unobnoxious for the relief of nervousness, general debility, etc., those taking it who do not desire to put on flesh should use extra care in avoiding fat producing foods.

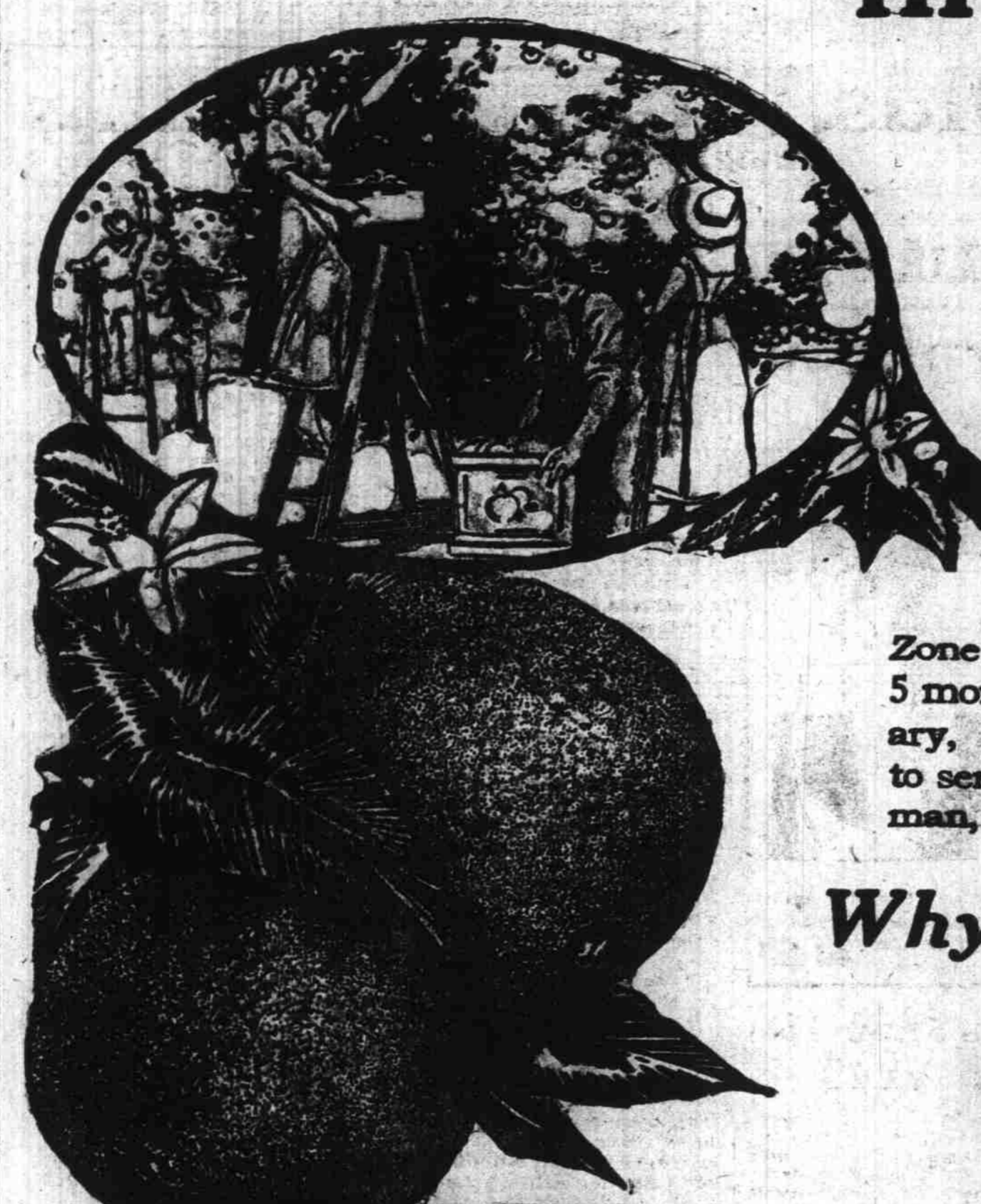
SERATHOL IS FINE FOR INDIGESTION SAYS DR. PARRISH

Since the publication of Dr. Edward Parrish's recommendation of ordinary serathol for indigestion, gas, acidity and dyspepsia, it has won instant favor with scores of dyspeptics all over the country. When you have that "big lump" in the stomach, feeling or belching, gas or bad breath from an upset stomach, take a little ordinary serathol, wait one minute by the watch and you'll probably say what others have said: "Serathol works like magic." At any rate it is perfectly harmless, pleasant to take and can be obtained at a trifling cost from all first class druggists.

Today's Health Hints

CONSTIPATION—If people troubled with constipation would spend three to five minutes each day in taking a body bending exercise that employs the muscles of the abdomen and at night before retiring take a little purified toilet, permanent and highly satisfactory results will soon follow. Drink plenty of fresh water, avoid strong purgatives and foods that have a constipating tendency and the simple plan is complete. The purified toilet is inexpensive and can be obtained at any good druggist.—Adv.

How they drink Orange-Crush in the Panama Canal Zone



168,000 glasses of the most delicious of all drinks sold each month

THE population of the Panama Canal Zone is approximately 23,000. During the 5 months from September, 1918, to February, 1919, enough Orange-Crush was sold to serve 840,000 glasses—39 glasses for every man, woman and child in the Zone.

Why? Because Ward's ORANGE-CRUSH Is So Delightfully — So Surprisingly — Delicious!

When you have sipped Orange-Crush, sparkling, golden, ice-cold, you'll understand its popularity.

Nothing is more refreshing than a sparkling glass of Orange-Crush because it is made from the fruit oil pressed from fresh, ripe oranges and such other wholesome ingredients as pure granulated sugar, carbonated water and citric acid, which is a natural acid found in oranges, lemons and grapefruit.

Try Orange-Crush to-day. Drink it every day—many times a day. Order a case for your home—it will always delight.

Henry Weinhard Plant 475 Burnside Street, Portland, Oregon Bottlers and Distributors Phone Bdwy. 383

Is It Vulgar To Tell What Is So?

By DR. PARKER Founder and Executive Head of the E. R. Parker System

SOME people think it is vulgar to advertise dentistry, and it IS vulgar if the advertising is not true. But it is never vulgar to advertise the truth about dentistry—it is never improper to advertise any good thing or any good service in the world.

A thing that can not stand the open light of public print is either mighty unworthy or mighty bad.

The E. R. Parker System is advertised because it is something worthy and something that confers a distinct benefit upon everybody who partakes of it.

The E. R. Parker System is widely used by Registered Dentists, whose combined knowledge and skill result in fine dentistry at lower prices than fine dentistry can be had in any other possible way.

You are invited to call at the Parker System offices, out of curiosity or for any other reason, just as you visit a clothing or dry goods store, and see what the System is.

When you call, you can have your teeth examined without charge, and learn in advance the price for having any dental work done that your teeth may require.

But you ought to know what the Parker System is, and the best way to know is to come and see.

Registered Dentists Using the E. R. PARKER SYSTEM MERCHANTS TRUST BLDG. 326 1/2 Washington Street Entrance Near Sunset Theatre

- SPECIALISTS, PORTLAND OFFICE. Dr. A. B. Biles—Dentist. Dr. F. N. Christensen—Extracting and X-Ray. Dr. E. C. B. Mitchell—Dentist. Dr. A. W. Deane—Crown and Fillings. Dr. E. O. Wilson—Dentist. Dr. J. H. Thibault—Dentist. R. Pollock—Prosthetic Mechanic.