ATLANTIC NOT SO BAD TO CROSS AS ENGLISH CHANNEL

Lewis Holbrook Says Ambulance Corps Became Sick on Destroyer on Trip Over.

THEY SAW NO SUBMARINES

Alarms in Plenty Were Experienced, but Nothing MoreSerious Than That.

"We crossed the English channel on a British destroyer and almost everyone of us got sick," said Sergeant Lewis Holbrook, first man to return to Portland from the first field hospital unit to leave Portland. He was a member of field hospital 364, which went to Camp Lewis in July, 1917, as a provisional field hospital detachment under Lieutenant John Guy Strohm (now lieutenant colonel), Portland surgeon.

"We went across," he continued, "on the Olympic and had a fine voyage. We didn't see any submarines though we had lots of alarms. We landed at Southampton and got on the destroyer. The channel was terribly rough and the waves had that choppy motion that completely upset our ideas about having our sea legs.

RECEIVED ROYAL WELCOME

"We landed at Cherbough and it certainly gave us a thrill to see the old buildings and the odd manners of the French people. They took us right into their hearts with a royal welcome, that seemed to have lost none of its enthusiasm in spite of the fact that they had seen so many American troops by that time. Some of us had to go for a long time without any money, but when they found we didn't have any, it made no difference to them. They just shared what they had with us the same as though we were buying it.

"Our opening engagement was on September 26, and I never will forget that. It started with the greatest artillery concentration ever staged on the western front. It was in the Argonne woods and preparations were being made for a real fight. It started at 5 o'clock in the morning and for 17 days there was scarcely any let-up.

HANDLED 2500 PATIENTS

"We opened our hospital at Brabant, a little town on the main line of communication. We began to get our patients in quantities on the night of September 27, for it took from 18 to 24 hours to get them back to us. We were about four and a half miles from the front, but the road was very crowded. Our field hospital company alone handled more than 2500 patients in the Argonne. We were getting patients from the Ninety-first, Thirty-second, and another one on our right."

Sergeant Holbrook became ill with pneumonia in the latter part of October and since then has been a casual. He spent 13 days in New York after returning and had a stop-over of six hours in Chicago, where he saw many of his old acquaintances. He expects to take a vacation for the next two weeks and then be a full fledged civilian again.

HOW NERVOUS INDIGESTION IS OVERCOME

Those Who Suffer After Eating Should Read How This Man Regained His Strength

The debility, weakness and distress which inevitably follow when the blood becomes thin often leads the victim to believe that he is suffering from a serious organic malady. Heart flutterings, a nervous cough and indigestion are common symptoms in cases of anemia. Such symptoms are apt to frighten the sufferer into the belief that there is something radically wrong with his heart, lungs or stomach and the ensuing worry only serves to further reduce his vitality.

Generally what is needed at such times is a builder that will tone up the impoverished blood. Once the blood has been restored to strength it will carry vitality to every part of the body and the patient will be surprised to find that his heart again becomes normal and the rebellion of the stomach stops.

Mr. John Warren of No. 405 La Grave avenue, Grand Rapids, Mich., was a victim of nervous indigestion and suffered for a year before he found the tonic that restored him to strength.

"I had had a bad cold," says Mr. Warren, "and it seemed to sap my strength. My stomach was left in particularly bad condition and when I ate my meals I suffered very severe pains. Food soured and it caused me distress both day and night. I had a severe pain in my left side and thought my heart was affected. I couldn't sleep well at night and at intervals suffered from dizzy spells. I was so nervous that I couldn't stand any noise and was steadily losing weight.

"A newspaper announcement first attracted my attention to Dr. Williams' Pink Pills and I procured a box. After one week's treatment there was such a pronounced improvement in my condition that I continued taking the remedy. Now my stomach has regained its strength and I can eat a good meal with keen enjoyment. I no longer have pains after eating or dizzy spells and the pain which I thought was due to my heart has also disappeared. I sleep soundly, my nerves are stronger and I have regained the lost weight and strength. I have recommended Dr. Williams' Pink Pills to others."

Dr. Williams' Pink Pills contain the elements necessary to make new blood and, as the nerves get their nourishment from the blood, have been found invaluable in a wide range of diseases of the blood and nerves, such as rheumatism, after-effects of the grip and fevers, neuralgia and nervous debility.

Dr. Williams' Pink Pills are sold by all druggists or direct from the Dr. Williams Medicine Co., Schenectady, N. Y., on receipt of price, 50 cents per box, six boxes $2.50. Write for free books on nervous disorders and diet.—Adv.

"CALLUS CORNS" LIFT RIGHT OFF

Doesn't hurt! Lift any corn or callus off with fingers

Don't suffer! A tiny bottle of Freezone costs but a few cents at any drug store. Apply a few drops on the corns, calluses and "hard skin" on bottom of feet, then lift them off.

When Freezone removes corns from the toes or calluses from the bottom of feet, the skin beneath is left pink and healthy and never sore, tender or irritated.—Adv.

GETTING TANGLED IN MESHES OF LAW IS BECOMING FREQUENT

P. D. Pinkerson Gets Into Trouble Three Times in as Many Days.

Running afoul of the law three times in as many days was the record-breaking performance of P. D. Pinkerton of 414 Conradine hotel, who is now held in $250 bail on a bootlegging charge and $50 bail on a disorderly conduct act. He was tried Thursday morning on a traffic violation and fined $10.

Wednesday night Pinkerson's troubles began, when Officer H. Travis found a machine parked at Burnside and Tenth streets without lights. He appeared in court Thursday morning and was subsequently fined $10 for the traffic violation. The machine stood all night on the street without lights and the court was not inclined to be lenient with him.

Upon leaving the court, Pinkerson was said to have insulted the officer who made his arrest. He was rearrested and his bail was placed at $50 for appearance in court this morning. He made an appeal for extension of time today and the case was held over until next Wednesday.

Two hours after he left the court he was haled before the judge again on a bootlegging charge. Pinkerson upon leaving the police station went to Milwaukie, where residents saw him meet a Southern Pacific train near the Brooklyn shops and gather up two suitcases thrown from the train. Motorcycle Officers Schad and Gouldstone hastened out to meet a taxe which the witnesses had seen leaving with the cases.

The taxi was met at Grand avenue and East Clay street and the man, who proved to be Pinkerson, had 22 quarts of whiskey and two broken bottles in his possession. The driver of the taxi, C. H. Olmstead, was arrested as a witness, but released on his own recognizance. Pinkerson was placed under $250 bail on the last offense.

Mayor Baker Makes Appeal for Kindness To Dumb Animals

Mayor Baker has isued a proclamation calling for official designation of next week as "Humane Week" in Oregon.

"The purpose of both the special week and the special Sunday following is to bring to public attention the question of kindness to animals. For many years this issue has been before the public with the result that the animals have received general protection against abuse.

"Animals mean much to the person who is thinking right," said the mayor. "For the person who is not, the humane movement and the humane laws have been devised. They need the moral support of the public and therefore the animal week and the animal Sunday are set aside as reminders."

Flying Circus to Recruit in Oregon For Aerial Service

Any young Portlanders who desire to become birdmen will have a chance next Monday while the flying circus is here. Word has come to the Victory loan management that Lieutenant Colonel Hanlon has been assigned to recruiting duty with the special train bearing the aerial squadron and he will be ready to receive applications all day Monday.

The war department is asking for a permanent force of 15,000 young aviators and efforts will be made to secure several hundred of them while the flying circus is in Portland.

Schools Will Hear Victory Loan Talks

The message of the Victory loan will be carried to all grade pupils of the Portland schools next week by a big battery of orators from the various high schools. Robert W. Prescott, professor of public speaking at the University of Oregon, trainer of the university's debating teams and leader in the Interscholastic Debating league of Oregon, will coach the young orators for their part in the drive. For this purpose he will meet all the high school speakers at 8 o'clock tonight at the Central library.

Irish Trade Unions Are to Take Action

London, April 18.—(I. N. S.)—The executive committee of the Irish trade unionists announced the decision today to "take action" on Tuesday at Limerick where a general strike is on, says an Exchange Telegraph dispatch. The presence of military forces was condemned and the abrogation of work permits demanded. The Dublin police have offered a reward for secret information leading to the recovery of arms and ammunition.

Filling of Site for Livestock Building Ends Suddenly

Work of filling on the site of the Pacific International Livestock exposition pavilion came to an abrupt stop Thursday night, when the dredge Sandy turned over and sank in Columbia slough. It is believed she can be raised and repaired. No one was injured.

Three shifts have been busy night and day, dredging sand from the slough and pumping it for the big 24,000 cubic yard fill required for the site of the exposition.

"Our building will be under way within the next few weeks, regardless of the accident," said General Manager O. M. Plummer this morning, "and we will work at top speed to have it completed and all in fine shape for the show we are going to have here in Portland November 15-22."

Body Found in Fire Ruins

Akron, Ohio, April 18.—(I. N. S.)—The charred body of Charles Jones, night watchman, was found in the ruins of the Akron Lumber company's plant today. Police say Jones was murdered and the plant set on fire by his slayers in an effort to hide their crime. Robbery is believed to have been the motive for the murder. Damage to the plant is estimated at $100,000.

Reception to Be Given

Lebanon, April 18.—A Founders' day reception will be given by the Woman's Civic club at the home of Mrs. C. H. Ralston, May 2.

Krause's CHOCOLATES for EASTER

FAIRCHILDS SPECIALS

Nice Sugar-Cured Breakfast Bacon, special Sat. only, lb.	36c
Salt Pork lb.	25c
Veal Stew, lb.	12½c to 15c
Pot Roasts, lb.	12½c to 15c
Boiling Meat, lb.	12½c
Picnic Hams, lb.	24c
Cottage Hams, lb.	32c
Veal Roast, lb.	20c
Sirloin and T-Bones, lb.	20c
Pure Lard in 5s	$1.40 in 10s $2.75

FAIRCHILDS

The Little Wholesale Butcher Retails at Wholesale Prices

224-226 Yamhill

Between First and Second

Genuine Butter Nut

—It tastes good, aids digestion and builds up the system.

HOLSUM Bread INVEST! Bread HOLSUM

NEW CENTRAL MARKET

FOURTH & YAMHILL S.E. CORNER

SATURDAY SPECIALS

Dependable Butter Store

NUCOA

The Ideal Butter Substitute—pound 35c

COOK'S

You can get the best Butter at Cook's, in the middle of the market. A trial will convince you.

Special for Saturday

Beechwood Butter, lb. 60c

AMERICAN MARKET

E. E. RUSSELL

A Big Lot of Spring Chickens

Central Coffee Shop

Oregon large white Beans—4 lbs. for 25c

Oregon Walnuts, all white meats, lb. 35c—3 lbs. $1.00

Matches, double dip, 5 boxes 25c

Sun Maid Brand, seedless Raisins, 2 packages 25c

Chocolate or Cocoa in bulk .. 25c

Central Market Butter Store

Fresh Churned Crescent Butter, pound 65c

Strictly Fresh Oregon Ranch Eggs for Easter, dozen .. 48c

People's Market & Grocery Co.

1 quart Wesson's Oil 70c

1 lb. Dependable Coffee ... 40c

3 lbs. Dependable Coffee $1.10

2 cans Borden's or Carnation Milk, 25c—dozen ... $1.50

1 bot. Lea & Perrin's Sauce 30c

Irvington Park Floral Co.

Flowers and Plants for Easter Sunday—Lowest Prices

New Central Market Bakery

Layer Cakes 40c

UMECO NUT MARGARINE

makes bread, toast and hot biscuits taste better.

fine for cake and pastry making

churned fresh daily

The Cascade Market

THIRD AND YAMHILL — THIRD AND YAMHILL

Marketing Here Is Most Satisfactory—Try It!

Fresh and Smoked Meats, Butter, Eggs, Cheese and Other Food Products, the best the market affords, at LOWEST PRICES.

Our Very Best, WILD ROSE BRAND CREAMERY BUTTER, lb. 65c

Best Oregon RANCH EGGS, dozen 50c

TILLAMOOK CHEESE, special lb. 38c

Big Pork Specials

Pork Sausage, lb 20c

Choice Little Legs, lb .. 35c

Pig Roast Pork, lb 28c

Loin of Pork, lb 38c

FRESH MEATS

SPECIALS for Your SUNDAY DINNER

POT ROASTS, 20, 22, 24c

PRIME RIB OF ROAST, rolled, pound 35c

CHOICE R'ND STEAK, pound 32, 35c

Choice SIRLOIN STEAK, pound 30, 35c

SMOKED MEATS

Wild Rose Brand HAMS, pound 38c

Wild Rose PICNICS, pound 27c

Wild Rose Brand BACON BACKS, lb .. 37c

Our Very Best BACON lb. ... 45c, 48c

VEAL

SHOULDER OF VEAL, pound 25c

BREASTS of VEAL, pound 20c

LEG OF VEAL, half or whole, lb 32c

LAMB

Shoulder of LAMB, pound 28c

LEGS OF LAMB, pound 40c

BREAST OF LAMB, pound 24c

Poultry Department

A Very Complete Stock of Choice Poultry Always on Hand at Most Reasonable Prices.

A full line of Assorted Sausages and Boiled Hams—just the thing for lunches.

HAMBURGER STEAK, OUR VERY BEST—POUND 20c

SAVE AT FREEMAN'S

It's sensible buying to buy at Freeman's. Nothing but quality foods from a clean, light, store. Come here Saturday and Monday and supply your needs for the week. FREEMAN CUTS THE PRICE.

Freeman's Quality Eggs

Every Egg guaranteed—the dozen 50c

CANNED GOODS At Saving Prices

2 Large Cans California Tomatoes 25c

Good Eastern Peas, the can 15c

No. 2 can Small Lima Beans 15c

Good Iowa Sugar Corn per can 15c

Square cans fancy California Asparagus 20c

Del Monte Corn and Peas, per can 20c

Good Peaches in syrup at 25c

Large can Apricots at only 25c

No. 1 can Libby's Sliced Hawaiian Pineapple 17c

Three cans for 50c

FRESH BUTTER

Nothing in all Portland better than FREEMAN sells. Fresh churned, fresh from the creamery. For Saturday—

The pound ... 63c The roll .. $1.25

COFFEE At Cut Prices

M. J. B. or Golden West, 1-lb. cans special at ... 45c

3-lb. can $1.25, 5-lb. can $2.05

Dependable Coffee, special the 1-lb. can 40c

3 lbs. $1.15

Instant Postum, large can only 45c

BULK COFFEE

Freeman's best, the lb. only 38c

Hershey's Cocoa, ½-lb. can 18c

Ghirardelli's Ground Chocolate, 1 lb. only ... 30c

3-lb. 87c, 5-lb. $1.45

CREAM CHEESE

Nothing but Tillamook, mild and sweet. The pound 40c

Freeman Cuts Price of SYRUP

½ gal. Dark Karo 50c, 1 gal. 90c

½ gal. White Karo 55c, 1 gal $1

SPECIAL—1-pound, and 4-oz. bottle of Maple Flavor Syrup 20c

2½-lb. can of Dark Karo only 25c

LOWER MILK PRICES

Carnation, 2 tall cans for only 25c

Borden's, 2 tall cans for only 25c

Federal, 2 tall cans for only 25c

Small size Carnation or Borden's, 4 cans for 25c

Eagle Milk, 2 cans for only 45c

SATURDAY SPECIALS

3 lbs. Small White Beans 25c

3 lbs. Red Mexican Beans 25c

2 lbs. Good Lima Beans 25c

10 bars Crystal White Soap 55c

No. 10 sack Yellow Cornmeal 65c

No. 10 sack Cream Rolled Oats 70c

Cream of Barley, the pkg. 18c

Royal Baking Powder, 12-oz. can ... 35c

2½-lb. can only $1.19

Shrimp, per can 15c

Otter Brand Clams, 2 cans 25c

Freeman's Quality Store Where a Dollar Does Its Duty

249 YAMHILL, BETWEEN SECOND AND THIRD

That Big CLEAN Store in the Middle of the Block

Ask For—Get Horlick's The ORIGINAL Malted Milk

Safe Milk For Infants & Invalids

No Cooking

A Nutritious Diet for All Ages. Quick Lunch; Home or Office. OTHERS are IMITATIONS

There's "Noodles and Noodles," But Only One

MRS. SCHIEL'S EGG NOODLES

The Real Food in this line which makes one "Smack His Lips!" Valuable Recipes in Each Package.

GRANDMA QUALITY COOKIES COOKIE CO.