# FOR WOOD SHIPS ARE LOOKED FOR

Award for 5000-Ton Columbia wife of the district supervisor of wood River Type Ships Expected the vessel. Within the Next Month,

WORK IS RUNNING SHORT

Some Yards About Through With Contracts and Must Have New Assurances.

Contracts for more wooden ships must be awarded soon or some of the yards in the Columbia river district will find the Foundation company's yard 3 here, which has no work ahead and is compelled to lay off men of each way's crew as vessels are launched.

Just now the Emergency Fleet corporare being announced. However, some of the yards here have their work neary completed and must have new awards in a short time. The Sommarstrom Shipbuilding company at Columbia City, for instance, will finish its work on present contracts within 30 days.

Other yards can run longer, but all are in need of definite assurance of future work to go ahead with plans and keep construction forces together. It is believed by Emergency Fleet corporation officials that new contracts will be forthcoming within two weeks. "Just now no contracts are being let."

says J. W. Hall, who returned last Military week from Washington and Philadel-"But I am sure that within a month, at the latest, and perhaps within a week now, we will get orders for ships, and I believe they will be of the new 5000-ton design."

No changes will be necessary in the ways of the various yards to build the bigger ship, it is explained by Chief In- tions will be held. spector J. L. Hubbard, as the design was laid with the idea of utilizing the present facilities. Steel shippards have plenty of con-

Monthly Capacity 2400 Tons

> **BOAT SPIKES** BOLTS **RIVETS**

Northwest Steel Co. PORTLAND, OREGON

# v

## THIN PEOPLE **NEED BITRO-PHOSPHATE**

How It Increases Weight, Strength and Nerve Force in Two Weeks' Time in Many Instances.

"Take plain bitro-phosphate" is the advice of physicians to thin, delicate, nervous people, who lack vim. energy and nerve force, and there seems to be ample proof of the efficacy of this preparation to warrant the recommendation. Moreover, if we judge from the countless preparations and treatments which are continually being advertised for the purpose of making thin people fleshy, developing arms, neck and bust, and replacing ugly hollows and angles by the soft curved lines of health and beauty, there are evidently thousands of men and women who keenly feel their exceswomen who keenly feel their exces-



Miss Josephine Davis, reporting her own experience with BITRO PHOS. PHATE, says: "It is remarkable who; it did for me. After a few days I began to regain my strength, felt full of life, was able to sleep soundly and all my little troubles seemed to disappear. I gained twelve bounds is appear. I gained twelve pounds in

phosphate than is contained in modern foods. Physicians claim there is nothing that will supply this deficiency so well as the organic phosphate known among druggists as bitro-phosphate, which is inexpensive and is sold by most all druggists under a guarantee of satisfaction or money back. By feeding the nerves directly and by supplying the heaves a welcome transformation in the appearance; the increase in weight requestly being astonishing.

This increase in weight also carries with it a general improvement in the health. Nervousness, sieeplessness and lack of energy, which nearly always accompany excessive thinness, soon disappear, dull eyes become bright and pale cheeks glow with the bloom of perfect beatth.

CAUTION—Atthough Stre-Phesphate is un-

tracts, the Northwest Steel company hav-ing 42; Columbia River Shipbullding corporation 32; Albina Engine & Machine works 19, and the G. M. Standifer Construction corporation 15.

EIGHTEENTH SHIP LAUNCHED Two More Hulls on Ways at Foundation Yards.

Eighteenth of the fleet of 20 ships being built by the Foundation company the French government, the auxillary schooner Luneville, was launched this noon. Mrs. Lloyd J. Wentworth. ship construction here, was sponsor for

With the Luneville in the water, there remain but two hulls on the ways, the General Maunoury and the Soissons, which are expected to be launched within two weeks. Eight of the ways are

The launching was the first that has not been attended by Bayley Hipkins, Pacific coast manager of the company, who is in the east endeavoring to arrange contracts for the yard here. It believed that before the last ship is Emergency Fleet corporation contracts or will be permitted to accept foreign

HIGHWAY PLEASES NEW YORKER themselves in the same predicament as is Owner of Atlantic Basin Iron Works

Inspects Local Plants John Shields of New York, owner of the Atlantic Basin Iron works of Brooklyn, who has been in Portland for several days, left this morning for Seattle ation is "taking stock" and no contracts after looking over the shipbuilding and industrial plants here. Mr. Shields is accompanied by Mrs. Shields.

The Atlantic Basin Iron works repaired the interned German ships in New York harbor after they had been damaged by their crews upon the declaration of war and Mr. Shields is one of the prominent figures in marine fitting He was enthusiastic over the Columbia river highway, which he saw Tuesday

**GUARD OFFICERS ELECTED** 

Organization at Shipyard Nearly Up to Full Strength.

Officers for the Albina Engine & Machine works unit of the Multnomah guard have been elected as follows: Captain, Princehouse; first lieutenant, Mitchelson; second lieutenant, Pollock. These officers are to serve for 60 days.

during which time competitive examina-The enlistments have brought the com pany nearly to full strength, and by the time permanent organization is effected, the roster will be full, it is expetced.

SIX SHIPS GIVEN NAMES

Standifer Company Yard at Vancouver Gets More Contracts.

The Emergency Fleet corporation has assigned names to the six Ballin type ships on the ways at the Vancouver wood ship yards of the G. M. Standifer Construction corporation. They are to be the Bushong, Bushrod, Butte, Buttonwood, Byfield and Mendora.

Six more contracts for this yard were given President Standifer of the corporation while he was in Washington

### News of the Port

MARINE ALMANAC the mouth of the Columbia river at noon: We south, 30 miles; weather, cloudy; sea smooth. Sun Record for October 31 Sun rises at 6:51 s. m. | Sun sets at 4:59 p. m. | Tides for Thursday High water Low water

10:84 a. m. . 8.5 feet | 4:39 a. m. . . 2.1 feet

11:13 p. m. . 7.2 feet | 5:24 p. m. . . 1.0 foot

DATLY RIVER READINGS

STATIONS	Flood Stage.	Height (in feet)	Change in last 24 bours.	Rainfall hours.
Umatilla	52	3.2	0.2	0.00
Albany	20	0.9	0	0.00
Salem	20	0.3	*0.8	0.00
Oregon City	12	3.8	*2.0	0.00
Portland	15	2.7	-0.2	0.00

RIVER FORECAST The Willamette river at Portland will remain nearly stationary during the net two or three days except as affected by the tide. High tides Thursday will occur about 4:30 a.m., and 4:30 p.m., the stages being about 3.8 feet and 4.5 feet, re-

Arrivals October 30 Washtenaw, American steamer, from San Fran-

cisco, oil. No. 93, American barge, from San Francisco. El Segundo, American steamer, from San Francisco, oil.

Blandon, American steamer, from San Fran-

Arrivals October 28 Wapama, American steamer, from San Fran-Departures October 30

W. F. Herrin, American steamer, for Francisco, ballast.

Departures October 29
Rose City, American steamer, from San Francisco and San Pedro, passengers and freight. AT NEIGHBORING PORTS Astoria, Oct. 30 - Sailed at 8 a. m., steamer Necolah, for San Francisco. Sailed at 9:25 a. bis, .teamer Halco, for San 'edro.

Arrived at S:15 and left up, steamer Wash

Arrived at 8:15 and left up, steamer Wash tenaw, from San Francisco.

Tatoosh, Oct. 30.—Passed in at 8 m. m. steamer Santiam, from Portland.

Astoria, Oct. 29.—Arrived at 9 and left up at 10:30 a. m. steamer Wapama, from San Pedro, via San Francisco.

Sailed at 11:30 a. m., steamer Wapama, from San Pedro, Sailed at 6 p. m., steamer Daisy Mathews, for San Pedro. Sailed at 6 p. m. steamer Santiam, for Seattle.

Arrived at 4:30 p. m., and left up, steamer Blandon, from San Francisco. Arrived at 4:30 p. m., steamer El Segundo and barge No. 93. from San Francisco. Left up at 6:30 p. m., steamer El Segundo.

Marshfield, Or., Oct. 29.—Arrived Yellow stone and G. C. Lándauer.

Seattle, Oct. 30. — (I. N. S.) — Arrived: Katchikan, from Southeastern Alaskan ports, at 1:35 a. m.

Seattle, Oct. 20.—Arrived Festern Links Ketchikan, from Southeastern Alaskan ports, at 1:35 a. m.

Seattle, Oct. 29.—Arrived: Eastern Light, from Kobe, at 1:30 p. m.; Cordovva, from Nome and St. Michael, at 4:30 p. m.; Eastern Cross, in tow of tug Wanderer, from Tacuma, at 2:30 p. m.; Daca, from sea, in distress, at 3:30 p. m. Sailed: City of Seattle, for Southeastern Alaska, at 3:15 p. m.; Eldorado, for Valparaiso, at 1:30 a. m.

Astoria, Oct. 29.—Sailed: Santiam, for Seattle, at 1:30 a. m.

Astoria, Oct. 29.—Sailed: Santiam, for Sea'tle, at 11:30 a. m.

Fort Townsend, Oct. 30.—Passed in: An oil tank, probably W. S. Porter, towing barge Monterey, at 8:30 a. m. Passed out: Steamship Catherine D, at 1:15 p. m.: tug Pioneer, towing large Wallacut, for San Francisco, at 11 a. m. Bellingham, Oct. 30.—Sailed: Bark Belfast, for Port Townsend, in tow of tug Tyee.

Port Ludiow, Oct. 30.—Sailed: Schooner Alice Cooke, for Honolulu, in tow of tug Richard Helyoke.

(clyoke, Tacoma, Oct. 30,—(I. N. S.)—President, rom Seatifé, arrived at 1 p. m.

### . Mason Ehrman Is Named Lieutenant

F. Mason Ehrman has received a commission as lieutenant in the infantry and is assigned to Camp Sherman, according to information received by his parents, Mr. and Mrs. Edward Ehrman Lieutenant Ehrman first went to the Presidio, but after a few weeks was called to the central officers' training camp at Camp Pike, Ark. He received his commission after a three months'

Details Still Lacking as to Destruction of Dumara in Pacific Ocean.

When the Dumaru, built here by the Grant Smith-Porter Ship company, met disaster in the Pacific ocean October 16. she carried a crew of whom more than half were Portland men. It is believed most of them were saved, however.

When the Dumaru left Portland on her maiden voyage, nearly all of her crew were Portland men. Some left the ship at San Francisco and some at Honolulu, however, and until word of these launched the yard will be awarded changes was received yesterday by Lieutenant Harold C. Jones of the sea service bureau it was not, possible to

give a correct list of the crew. The list, as corrected to the time the Dumaru sailed from Honolulu for Manila by the way of Guam, follows, street addresses indicating the Portland men Captain Ole Borrison, who succeeded R. E. Carey September 11, at San Fran-

First mate, A. Waywood, Lamela, Cal. Second mate H. E. Staats, California. Third mate. A. E. Nolan, 1169 Ivon street. Portland. Carpenter, Frank Fridette, 412 East 21st street north. Boatswain, Michael Sutse, 132 East

Third street. Able bodied seamen-Ralph Burns, 97 East 97th street north; Carl Lins, La corporation vessels lifted on the St. Center, Wash.; Ole Eckland, 881/2 Johns drydock.

Third street; O. R. Morris, 881/2 Third Allan McCullough, who sailed as chief street; James Ferriter, 88½ Third street; H. D. Jennings, 6422 60th street southeast. Ordinary seamen-S. H. Jennings, 6422

60th street southeast; E. Hedinger, White Salmon, Wash. Deck beys-L. Sampson, 97 Russell street; H. H. Bohn. Steward, Fred Christensen, signed at San Francisco.

Chief Cook Charles E. Shaw, signed at San Francisco Second Cook James R. Kane, 620 Linn avenue Galleyman Pedro Lopez, signed at

San Francisco. Messman W. W. Metcalf, 2021/2 Grand Messboy Harold A. Sampson, La-Crosse. Wis.

Wireless Operator Theron Bean, 4: Front street Chief Engineer E. J. Howell, signed at San Francisco. First Assistant Engineer, Fred J. Har-

non, South Euclid, Ohio. Second Assistant Engineer George K. Olsen, South Bend, Wash. Third Assistant Engineer H. Mackey, 1795 Newman street. Oflers-L. A. Samuelson, Seattle;

Gray, Nortonia hotel; E. Butzer, 966 East Twenty-eighth street north; E. Wurfel, 1408 East Sixteenth street south; Claud Banfield, 4301/2 Mill street; Roy Miller, signed at San Francisco. Firemen-Roy C. Barrett, 2261 Halleck street; D. Wood, 8094 Sixty-third street southeast.

Coal passers-A. J. Schenk, 973 Thirtyecond street north; Peter Wiland, 690 Minnesota avenue; F. H. Troutman, 5 Second street north: K. J. Weigant, 5 Morris street: James Leishman. Bristol.

# FOLLOWED HER DOCTOR'S ORDERS

Many rheumatic people suffer pains that could be avoided by building up the blood. When rheumatism is associated with thin blood it cannot be corrected until the blood is made rich

Mrs. Peter Fitzner of 10 Holt street. North Billerica, Mass., used Dr. Williams' Pink Pills to combat the effects of rheumatism accompanied by attacks of indigestion. This is her experience.

"I was living in Nova Scotia some years ago and contracted a severe cold. The next day I was confined to bed. Sharp pains started in my right shoulder and nearly drove me mad. in terrible pain all the time. My knee was swollen.

'My stomach was affected and I Cisco, general.

Daisy Freeman, American steamer, from San would have terrible pains after eating.

Gas would form and I would have smothering sensations and could eat but little. I was very nervous. My doctor advised me to try Dr. Williams' Pink Pills and as I had heard of a boy who had St. Vitus' dance and had been benefited by these pills I was encouraged to try them. After I had taken three boxes I was much better, the pains in my shoulder and limbs were not so intense. I took several more boxes and the pains left me. Dr.



have stood the test of time. Purely vegetable, Wonderfully quick to banish biliousness, headache, indigestion and to clear up a bad complexion. Genuine bears signature Breutsood

PALE FACES Carter's Iron Pills

Will help this condition

Conn.; George Necobaldes, signed at assistant inspector of hulls at this port.

With the exception of four passers, the crew seems complete. The igning of Castro as second cook indicates that James R. Kane had left the ship, but no advices to this effect were received. Portland men who left the ship at San Francisco were: Leroy Farr, messboy; M. E. Smith, oiler; Walter Burnett, T. J. Littleton, R. E. Cunningham and William Balcom, firemen

John Albin, coal passer. No advices giving any details of the accident have been received since the first dispatch, which said the disaster was caused by lightning striking the Dumaru's deckload of gasoline. At that time two boatloads of the crew were

ALL ALONG THE WATERFRONT

The new oakum shed at the Penin sula Shipbuilding company's plant is nearing completion and the caulking gang, under Foreman Walkestring, will nove in within a week.

Sudden & Christensen have been assigned the Albina Engine & Machine works steel ship Cadaretta, the Supple Ballin steamer Ashburn and the Grant Smith-Porter steamer Latoke for operation, by the United States shipping

The flagship Wapama of the Mc-Cormick line berthed Tuesday night at the Couch street dock, with a general cargo from California. The Daisy Free man of the Freeman line and the Blandon of the San Francisco & Portland Steamship company also arrived with Succeeding Captain Jacob Speier.

Captain William J. Haskins has been named port captain for the bureau of operations of the Emergency Fleet corporation, by Charles D. Kennedy, mana ger of this district. Captain Haskins has been in charge of Emergency Fleet

Allan McCullough, who sailed as chief engineer of the ill-fated Dumaru, but left the ship at San Francisco before her disaster, has been named chief engineer of the Cadaretta, Albina Engine & Machine works steel steamer. The motorship Lassen from San

Francisco is loading lumber at Rainier. after taking a part cargo at the St Johns mill. Captain W. A. Davis has succeeded A. W. McCully as master of the river

steamer Lurline, advices to the custom house today state. C. M. Simonsen has succeeded J. Swanson as master of the Associated oil tanker W. F. Herrin. Captain J. E. Wynn, local inspector of boilers, left Tuesday night on the Rose City for San Francisco on his annual vacation trip. The Aneke, Emergency Fleet corpora-

tion wood ship, left down Tuesday night for San Francisco. in ballast. The roof of the huge cafeteria at the Columbia River Shipbuilding corporation will be completed Tuesday and inside work will soon have the place in shape for operation. The Standard oil steamer El Segundo.

with barge 93 in tow, is reported coming up the river today. The Washenaw, Union oil tanker, is berthed at the Union oil docks today. discharging her cargo of fuel oil. The Grant Smith-Porter ship Tillamook, launched July 30, had her trial trip today. The Colonel Driant, Foundation company auxiliary schooner, also had her trial trip. The Cadaretta, steel steamer launched Labor day by the Albina Engine & Machine works, has her trial Thursday.

Captain Donald S. Ames, formerly

# MUSCLES TIED IN KNOTS DECLARES PORTLAND MAN

At Least That's the Way It Felt To Johnson Before Taking Tanlac

"I have the best reasons in the world for praising Tanlac like I do, for it has done me more good than any other medicine I have ever taken," recently shoulder and nearly drove me mad. said C. M. Johnson, whose address is They worked down to my right knee 252 Columbia street, Portland, and who which was stiff and sore, and went to is employed by the Willamette Lumber my hands. I could not sleep and was Company at Black Rock, about 20 miles out of Salem. "I suffered from indigestion for three

years," he continued, "which got much worse during the past year, and with rheumatism and nervousness pulled me I lost my appetite almost entirely and for breakfast. never felt hungry at all. What little I did manage to force down lay in my stomach like a stone and I was con-stantly belching up particles of my low skins, blood disorders and sickly were so torn up that I could hardly sleep, and at times my head would down felt like they were tied into knots from rheumatism and ached something Williams' Pink Pills certainly built up my blood and restored my strength." in and exposure to all sorts of weather in and exposure to all sorts of weather only made my trouble worse, my energy almost left me and I just had to drive myself all the the trouble worse. drive myself all the time in order to keep up.

"I tried about everything I could hear of but got no relief, and I was almost in despair when I read so much about the good Tanlac was doing others that I decided to try it next. Well, sir, the few bottles I have taken so far have already done me a world of good. My appetite is just splendid and I can eat anything I want without feeling any bad effects afterwards. My nerves are as steady as a clock. I sleep like a log at night and every bit of that rheumatism is gone from my legs. I have also gained nine pounds and am feeling stronger and better than I have in a long time. Several of my friends are now taking Tanlac on my recommendation and they are all getting good results from

Taniac is sold in Portland by the Owl Drug Co.-Adv.

CATARRHAL DEAFNESS MAY BE OVERCOME

If you have Catarrhal Deafness

If you have Catarrhal Deafness or are even just a little hard of hearing or have head noises, go to your druggist and get 1 ounce of Parmint (double strength), and add to it ¼ pint of hot water and a little granulated sugar. Take 1 tablespoonful four times a day.

This will often bring quick relief from the distressing head noises. Clogged nostrils should open, breathing become easy and the mucus stop dropping into the throat. It is easy to prepare, costs little and is pleasant to take. Anyone losing hearing or who has Catarrhal Deafness or head noises should give this prescription a

ald give this prescription a

pected to arrive Friday and the two now local inspector of hulls at Seattle. will leave Saturday for the South. The crew of the Grant Smith-Porter visiting in Portland this week. ship Nulolela was put aboard today and

Inspection of the Lonoke, Wilson wood ship, is being completed at Astoria today. In Portland the fireboat George Williams and the steel steamer Cadaretta are being inspected. On Thursday the Columbia River corporaion's Western Belle and the Grant smith-Porter ships Wihaha and Tillamook will be inspected.

Three keels have been laid in stee yards here this week. At the Albina Engine & Machine works Tuesday the keel of hull No. 11 was laid and at the Columbia River Shipbuilding corpora tion's plant keel of hull No. 14 was completed. On Monday Northwest Steel company laid its keel No. 22. Delay in the arrival of Captain J. F.

druff is to dissolve it, then you destroy Blain from Seattle postponed the departure of Fred B. Pope, assistant manager of steel ship construction for San Francisco. Captain Blain is now ex-

## RAISES 600 CHICKENS

After Being Relieved of Organic Trouble by Lydia E. Pinkham's Vegetable Compound.

Oregon, Ill.-"I took Lydia E. Pinkham's Vegetable Compound for an organic trouble which pulled me down until I could not put my foot to the floor and could scarcely do my work and

as I live on a small farm and raise six hundred chickens every year, it made it very hard for me.

saw the Compound advertised in our paper, and tried it. It has restored my health so I can do all my work and I am so grateful that am recommending it to my friends."-Mrs. D. M. ALTERS, R. R. 4, Oregon, Ill.

Only women who have suffered the tortures of such troubles and have dragged along from day to day can realize the relief which this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, brought to Mrs. Alters.

Women everywhere in Mrs. Alters' condition should profit by her recommendation, and if there are any complications write Lydia E. Pinkham Medicine Co., Lynn, Mass., for advice. The result of their 40 years experience is at your service.

Start Tomorrow and Keep It Up Every Morning

Get in the habit of drinking a glass of hot water before

We're not here long, so let's make our stay agreeable. Let us live well, eat well, digest well, work well, sleep well. and look well. What a glorious condition to attain, and yet, how very easy it is if one will only adopt the morning inside bath. Folks who are accustomed to feel dull

and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter. Everyone, whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot water with teaspoonful of limestons phosphate in i to wash from the stomach, liver and bowels the previous day's indigestible waste, sour bile and poisonous toxins. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and down till I was hardly fit for a thing. acidity and gives one a splendid appetite

The millions of people who are bothered with constipation, bilious spells. soured and undigested food. My nerves complexions are urged to get a quarter pound of limestone phosphate from the drug store. This will cost very little, ache so I could hardly stand it. The but is sufficient to make anyone a promuscles in my right leg from the knee rounced crank on the subject of insidebathing before breakfast .- Adv.

# KIDNEYS, USE SALTS

If your Back is aching or Bladder bothers, drink lots of water and eat less meat.

When your kidneys hurt and your

back feels sore, don't get scared and proceed to load your stomach with a ot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salts which removes the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of water—you can't drink too much; also get from any pharma-cist about four ounces of Jad Salts;

take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate clogged kidneys, also to neutralize the acids in urins so it no longer is a source of irritation, thus ending bladder weak-Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep their kidneys clean and active. Try this, also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache. Adv.

it entirely. To do this, get about four ounces of ordinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips. Do this tonight, and by morning, most and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no stores.—Adv. matter how much dandruff you may

Wash Out Dandruff

the ship moved from the yards to docks

in the upper harbor. She sails this week for San Francisco, under charter

Highteen new ships of 98,490 total deadweight were added to the American

fleet during the week ending October 25

The only sure way to get rid of dan

You Can't Brush Or

of Sudden & Christensen.

You will find, too, that all itching and digging of the scalp will stop at once, and your hair will be fluffy, lustrous glossy, silky and soft, and look and feel hundred times better. You can get liquid arvon at any drug store. It is inexpensive and never fails

to do the work .- (Adv.)

**BREW THIS TEA** 

bowels in fine order and ends constipation.

Costs next to nothing, yet keeps

The head of every family that values its health should always have in the house a package of Dr. Carter's K. and B. Tea. Then when any member of the fam ily needs something for a sluggish liver, sick headache, or to promptly regulate

It's an old remedy, is Dr. Carter's K. and B. Tea, and has been used for years by thousands of families, who get good results from its use that they have no desire to take anything else. Give it to the children freely—they like it and it will do them good.—Adv.

the boweis, simply brew a cup and drink it just before bedtime.

# STOP PAIN! RUB OUT NEURALGIA TORTURE

Instant relief! Rub neuralgia pain from your face, head or body with "St. Jacobs Liniment."

easiest thing in the world to stop. held. Its action is prompt, its taste Please don't continue to suffer; it's so pleasant, its relief gratifying. needless. Get from your druggist the Half a century of cold and cough small trial bottle of "St. Jacobs Lini-ment"; pour a little in your hand and gently rub the "tender nerve" or sore spot, and instantly-yes, immediatelyall pain, ache and soreness is gone. "St. Jacobs Liniment" conquers pain -It is perfectly harmless and doesn't burn or discolor the skin. Nothing else gives relief so quickly. It never fails New Life Pills. Not a purgative in the to stop neuralgia pain instantly, whether in the face, head or any part of the body. Don't suffer! (Adv.) usual dose, but a mild, effective, corrective laxative that teases the bowels into action and chases 'blues.' 25c.—Adv.

"Every Picture Tells a Story"

If You Are Moody,

Find Out Why!

not natural for anyone. And all too often sick kidneys

and sleep, wear the nerves and so weaken the kidneys. Then comes that tired, fretful, half-sick condition.

ache, headache, dizziness, and kidney irregularities would be well if the kidneys were well. Doan's Kidney Pills have brought health and happiness to thousands of women.

These Portland Women Speak:

Mrs. J. W. Miller, 44 East

Eightieth street, N., says: "I had pains in my back and they became so steady and

they became so steady and wearing 1 was miserable. Many nights I couldn't sleep. My kidneys acted irregularly and bladder trouble distressed me. My head ached. I had dizzy spells and about all the disagreeable symptoms of kidney disorder. I used Doan's Kidney Pills and they strengthened and regulated my kidneys and my general health improved." (Statement given November 18, 1915.)

On May 19, 1917, Mrs. Miller said: "I shall never stop praising Doan's Kidney Pills, for they cured me of kidney trouble."

S KIDNEY PILLS

18, 1915.)

60c a Box at All Stores, Foster-Milburn Co., Buffalo, N.Y. Mfg. Chem.

are to blame for this unhappy state.

Mrs. J. E. White, 570 Gid-

eon st., says: "For months

I suffered so much with my

kidneys 1 could hardly get

up from a chair after I had

been sitting down awhile.

Half the time I had my

hands pressed against my

back trying to relieve the

ache. I shall never forget

how miserable I felt. Several other kidney remedies

had failed to help me and I began to think I would never

get well. Things looked

pretty discouraging. I heard

about Doan's Kidney Pills

and began using them. 1;

soon found wonderful relief and before long was cured."

Read these cases.

To feel "blue", cross and nervous all the time is

Housework, the many family cares and loss of rest

Many nervous, unstrung women who suffer back-

### Eat a Tablet! Dyspepsia Gone

Pape's Diapepsin instantly relieves sour, gassy or acid stomachs

When meals hit back and your stomich is sour, acid, gassy, or you feel full and bloated. When you have heavy lumps of pair or headache from indirestion. Here is instant relief!



two of Pape's Diapepsin all the dyspep-sia, indigestion and stomach distress if not all, of your dandruff will be gone ends. These pleasant, harmless tablets of Pape's Diapepsin never fail to make upset stomachs feel fine at once,

# USE SLOAN'S?

Ask any man who ever had rheumatic aches that question

He'll tell you he's heard of it, uses wouldn't use anything else for any external pain, ache, muscle-stiffness, soreness, lame back, lumbago, sciatica, sprain, strain.

He'll tell you it penetrates without rubbing, bringing warm, glowing, quick relief. Clean, economical, certain of satisfactory results. All druggists have it-get a big bottle-today



## FOR STUBBORN COUGHS AND COLDS

Dr. King's New Discovery has a fifty year record behind it

It built its reputation on its production of positive results, on its sureness in relieving the throat irritation of colds coughs, grippe and bronchial attacks. "Dr. King's New Discovery? Why my folks wouldn't use anything else! You are to be pitted-but remember That's the general nation-wide esteem, that neuralgia torture and pain is the in which this well-known remedy is

**Bowels Out of Kilter** That's nature calling for relief. Assist her in her daily duties with Dr. King's



method. References given. Beware of People Claiming

# Lucille Francis Method

PORTLAND, OR.

"Two years ago I spent three months hospital under stomach and bowel in hospital under stomach and bowel specialists for mucus colitis, auto intoxication, etc., which caused awful bloating and colic attacks. My friends gave me up. I returned home, and on the advice of Mrs. Wright, a friend, tried Mayr's Wonderful Remedy with wonderful results. Am now in best of health." It is a simple, harmless preparation, that removes the catarries.

Dr.F. M. Edwards for 17 years treated scores of women for liver and bowel ailments. During these years he gave to his patients a prescription made of a few well-known vegetable ingredients mixed with olive oil, naming them Dr. Edwards' Olive Tableta. You will

know them by their olive color.

These tablets are wonder-workers on the liver and bowels, which cause a normal action, carrying off the waste and poisonous matter in one's system.

Influenza with Gude's Pepto-Mangan

Build up your

blood and for-

tify your body

against

Spanish

"The Red Blood Builder''



### Children's Scalps And insure good hair through life. At night rub Cuticura Ointment into partings all over scalp. Next morning shampoo with Cuticura Soap and

hot water. A clean, sweet scalp

means thick healthy hair.

Sample Each Free by Mail. Address post-card: "Cutieura, Dept. 21A, Besten." Sold everywhere. Soap 25c. Ointment 25 and 50c.

# Superfluous

an unsightly growth of superfluous hair. We remove it from the face, neck and limbs—no electric needle or deptiatories used. We would be pleased to have you investigate this

to Use Our Method

shop in each city listed, and do not treat people through the mail. We guarantee our work and will be re-sponsible only for work done through

# Suite 406 Broadway Bldg.

DETROIT, MICH.
Offices: Chicago, Cincinnati, Cleveland, Los Angeles, Cal., Boston,
Pittsburg, Oakland

## Suffers Serious Break Down

aration that removes the catarrhal mucus from the intestinal tract and al-lays the inflammation which causes practically all stomath, liver and intestinal ailments, including appendi-citis. One dose will convince or money refunded. The Owl Drug Co. and drugzists everywhere.-Adv.

# A CLEAR COMPLEXION

Ruddy Cheeks—Sparkling Eyes
—Most Women Can Have Says Dr. Edwards, a Well-Known Ohio Physician

and poisonous matter in one's system.

If you have a pale face, sallow look, dull eyes, pimples, coated tongue, headaches, a listless, no-good feeling, all out of sorts, inactive bowels, you take one of Dr. Edwards' Olive Tablets nightly for a time and note the pleasing results.

Thousands of women as well as men take Dr. Edward's Olive Tablets—the successful substitute for calomel—now and then just to keep in the pink of condition. 10c and 25c per box. All druggists.