SOCIAL CALENDAR

Monday, July 8

Laurelhurst club's regular monthly guest night at Cotillion hall. Members may issue invitations to friends. Dancing at 8:30 o'clock.

NEWS OF THE BEACHES IN THE SUNDAY JOURNAL TOMORROW

New Offerings on Screen and Stage

CLUB CALENDAR

Monday, July 8

Woodlawn Parent-Teacher association in the sewing room of the Woodlawn schoolhouse at 3 p. m. Speaker on the Red Cross Salvage bureau.

Auxiliary to Eighth Coast Columbia, formerly Eight Coast artillery, room H, Central library, at 8 p. m.

"The Claw" Is Feature at Majestic

"Pershing's Doughboys," "The City Slicker," Comedy, Also on the Same Bill.

"THE CLAW," featuring Clara Kimball Young, the famous screen beauty, is at the Majestic theatre today, together with "Pershing's Doughboys," the first number of the allied nations' official war pictures, "The City Slicker," a Harold Lloyd comedy and Pathe news.

Supporting Miss Young in "The Claw" are Milton Sills, Jack Holt, Marcia Manon and Mary Mersch.

Miss Young, as an English girl, while in Africa on a visit, falls in love with one man, whom she loses in the tangle of complications and thinks to be dead, only to find again after her marriage to another man and the death of her husband. The sweethearts are then reunited and all ends happily.

COMING FEATURES

HIPPODROME—On the new Hippodrome bill opening tomorrow afternoon, "What Women Can Do," a novelty act presented by five versatile young women, is the feature. The big photoplay is "The Purple Lily," with Kitty Gordan.

SUNSET—The highly picturization of Rex Beach's great story "The Heart of the Sunset," will be the big attraction at the Sunset for the week beginning tomorrow afternoon. Miss Anna Q. Nilsson is listed as Alaire Austin, the girl character around whom the story revolves.

STRAND—At the Strand beginning Sunday, "The City of Tears" with Carmel Myers, will be the photoplay headliner, and the Transcontinental road show is topped by Ivy Kirby and Chester Dumias, the "syncopation girl and the ragtime fiddler."

OAKS—The new program at the Oaks amusement park, starting tomorrow afternoon at 3 o'clock will include the Armstrong Folly company in, "The Girl and the Game," a new musical offering of mirth.

LIBERTY—The new program at the Liberty beginning Sunday features "Bill" Hart in "Shark Monroe," in which Mr. Hart has the role of a sea-faring man, and on the same bill is "Smiling Bill" Parsons in "Birds of a Feather."

COLUMBIA—"The Kaiser's Shadow," billed as a gripping melodrama with espionage as a motif, will be the feature offering at the Columbia starting Sunday morning. Dorothy Dalton is the star.

NOTHING SERIOUS

By B. F.

Oh, Yes, "September Morn"

THEDA BARA'S new photoplay, "Salome," is to be released September 1.

GRIPOGRAM—A message filed with the W. U. and sent by suitcase.—J. F. K.

AN 80-YEAR-OLD woman in Hinsdale, Mass., has for many years sewed the pages of her newspaper together before reading it. She insists on doing this before her husband reads the paper so that he won't mix them.—Boston Globe.

INASMUCH as Secretary of the Treasury, etc., etc., etc., McAdoo feels justified in leaving his job for a couple of weeks' vacation, we are just about convinced that the boss is going to be able to flounder along without us for a few days in the near future.

IF THERE is anything more discouraging than ingratitude it must be more ingratitude.

"I HAVE no looking glass, not I,"
Exclaimed the rose.
"Lovely I am, I can't tell why,
I have no looking glass, not I,
But yet I know in every eye
My beauty grows.
I have no looking glass, not I,"
Exclaimed the rose.—Ex.

Last evening we happened along the country road that bounds the military reservation at Vancouver, and pulled up at a gate through the wire entanglements at the cantonment. At the side of the gate hung a sign "Recruits Report Here." A sentry was wearing a trench between the gate posts.

And just beyond, grouped in a great semi-circle beneath the whispering firs, were several hundred men. About half of them were in khaki. The others were in all sorts and conditions of clothes. They were the men and boys of the last draft, not yet fitted to regulation fighting togs.

All eyes were focussed on a platform at the outer middle edge of the concourse where entertainment was being provided by the boys themselves.

It seemed to be impromptu, under the general supervision of a clean-cut young recruit, but believe me, it was some show.

There was an orchestra of violins, a guitar, trombone and a "uke." The young chap in charge sang the "River Shannon" song in clear, rich voice that fairly rang out and reverberated through the trees. He convinced us that he was probably a professional entertainer before he joined the army.

Another lad, apparently just from the farm, rattled the bones, accompanied by the fellow with the guitar, and though evidently a little disconcerted at being before such a large audience, they soon got their bearings and went to it in great shape. They made a hit.

Then a fellow put on an eccentric dance act just like an Orpheum veteran, and another man told a story we couldn't hear, but it must have been good, judging from the way the boys laughed.

Then the director soldier sang another song about putting an Irish kaiser in the palace on the Rhine. We should judge, by the applause, that the army must be about 85 per cent Irish.

The orchestra played some more, and then a lad, seemingly not more than 16, just plain boy, not too old nor too big to be tucked into bed by mother with a good night kiss, was introduced. Evidently a country lad he seemed not a bit abashed. Clear, sharp, sweet, he sang like a girl. "There's a Long, Long Trail," brought thunderous applause and whistling and stamping. "Somewhere in France the Lily," was no less enthusiastically received. Coaxed back again he charmed the huskies into quiet silence, almost a reverent attitude with "Just a Baby's Prayer at Twilight." Say, it was great.

That boy is going to be mighty popular in his company. He's going to be in big demand at the soldiers' "informals," for more of which we hope to happen along.

They are great shows, inspirational in their significance.

Wait for our Great Annual July Sale of slightly used and second-hand pianos. Begins July 8, 9 A. M.

LIPMAN WOLFE & CO.

DOROTHY DALTON will be with us again next week, when she appears at the Columbia in the new Paramount feature, "The Kaiser's Shadow," which has to do with spies and intrigue, and love and war, all interwoven into dramatic action.

Star Has New Offering on This Day

MARY MACLAREN appears at the Star theatre today in "The Model's Confession," a dramatic and sensational film, exposing certain conditions of society.

The story is that of a beautiful model in a gown shop, whose fashionable father refuses to recognize her as his daughter. She secures entrance to society by employing a financially stranded society lion to pose as her fiance. The rest of the film is made up of the complications arising out of her meeting her father, and the rented sweetheart coming to love her.

The Mack Sennett comedy, "His Blighted Career," is another feature of the bill, in which Ford Sterling is presented.

Movie Actors Are Regarded Essential

Washington, July 6.—(U. P.)—Under a ruling on the work-or-fight regulation made today by Colonel Warren, head of the appeals section of the provost marshal general's office, all movie actors, all musicians connected with the production or presentation of performances and all necessary skilled stage workers will be considered in "effective" industries. There is no change in the original ruling as to baseball-players.

TODAY'S AMUSEMENTS

STOCK OFFERINGS

LYRIC—Fourth and Stark. "Poppyland," musical comedy, with Dillon and Franks. Daily matinee, 2:30. Evenings, 7:15 and 9.

VAUDEVILLE

PANTAGES—Broadway at Taylor. Headliner, "Follies of Today," and six other acts. 2:30, 7, 9 p. m.

HIPPODROME—Broadway at Yamhill. Vaudeville, headliner, The Six Proveanies, in a sensational novelty. Charley Chaplin, in "A Night Out."

STRAND—Washington between Park and West Park. George Walsh in "The Kid Is Clever." George Hall, reconteur.

FEATURE FILMS

COLUMBIA — Sixth between Washington and Stark. Feature photoplay. Wallace Reid in "The Firefly of France," 11 a. m. to 11 p. m.

LIBERTY—Broadway at Stark. Sessue Hayakawa, in "The Bravest Way." 11 a. m. to 11 p. m.

MAJESTIC—Washington at Park. Clara Kimball Young, in "The Claw."

PEOPLES—West Park and Alder. Douglas Fairbanks in "Say! Young Fellow."

STAR—Washington at Park. Mary McLaren, in "The Model's Confession." Ford Sterling, in "His Blighted Career."

SUNSET — Washington at Broadway. "The Kaiser, the Beast of Berlin." 10 a. m. to 11 p. m.

CIRCLE—Fourth street between Washington and Alder. "Jack and the Beanstalk." 9:15 a. m. to 11 p. m.

PARKS AND RESORTS

COLUMBIA BEACH—Bathing and concessions.

COUNCIL CREST—On Portland Heights. Take Council Crest car on Fifth and Washington. Dancing every evening, except Sunday.

THE OAKS — Willamette river. Take car on First street, or boat foot of Morrison street. Outdoor amusements. Armstrong Folly Company in musical comedy. Special orchestra.

THRIFT STAMPS and WAR SAVINGS STAMPS on Sale at Business Office, The Journal

Girl Will Be Fire Patrol in Cascade National Forest

Eugene, July 6.—Lane county will have a girl fire patrol this season, in the person of Miss Helen McCormick of this city, who will patrol trails in the Cascade national forest to watch for fires.

Miss McCormick will be mounted and will have her beat the same as the men patrols. She will work in the upper McKenzie valley, principally between the village of Blue River and the Blue River mines.

Film Will Be Viewed By Federal Officials

Ernest D. Sexton, Member of Pastor Russell Sect, Given Hearing Before United States Commissioner Drake.

Federal authorities will view the motion picture film which caused the arrest of Ernest D. Sexton of Los Angeles, one of Pastor Russell's followers, held here under $2500 bond for alleged violation of the espionage law, to determine whether it and its headings are German propaganda.

Sexton, who is at liberty under $5000 bond under an indictment returned by the Los Angeles grand jury for alleged violation of the espionage act, was given a preliminary hearing Friday before United States Commissioner Drake.

When questioned by United States Attorney Haney during the hearing, Sexton stated that he was not only opposed to the present world conflict but all wars and that he was opposed to the taking of human lives. Mistreatment of his wife would not cause Sexton to do bodily harm to the assailant, according to his statements. The Russellite stated that he would be willing to act as a stretcher bearer for the Red Cross, but was opposed to the killing of humans in warfare.

The film is on its way from Seattle to Portland and will be thrown upon the screen early next week. Sexton was arrested as he was preparing to leave for Seattle.

Soldiers Flee as Barracks Take Fire

San Francisco, July 6.—(I. N. S.)—Fire in the three-story brick barracks occupied by C company, Sixty-third infantry, at the Presidio, drove out 250 soldiers in scant attire early today and caused extensive damage on the ground floor. John W. Burke and Joseph McDevitt, cooks, were trapped on the second floor by a smoke barrage. Burke jumped into a mattress spread by soldiers, and McDevitt slid down a drainpipe, both uninjured.

The fire is believed to have been caused by a defective oil-burner in the kitchen. It is the twenty-sixth fire to occur at the Presidio in a year.

San Francisco Has War Trophy Exhibit

San Francisco, July 6.—(U. P.)—Workmen today finished moving a "cross section of hell" into San Francisco.

It is a part of the war trophies exposition which opens here tomorrow and consists of a miniature "No Man's Land" with camouflaged German guns on the far side. Across it each day during the exhibit, American soldiers and marines will charge behind the big British tank Britannia, giving an idea of how democracy's war is being fought.

Scores of captured guns, fragments of torpedoes and all of the engines of war now used in Europe will be shown.

Chinese Says Wife Beats Him

Failure to provide properly for his wife and falsely accusing her of flirting with other men are charges made in a divorce complaint filed by May Middleswart against Joseph Middleswart. Cruelty is also alleged. They were married in Kansas in 1892.

Wong Sany, a Portland Chinese, wants a divorce from May Wong, whom he married in 1914. She makes a practice of beating him, he says.

Housing Expert Will Discuss Problems

City Federation Members Will Attend Lecture by Thomas Adams Next Friday.

By Vella Winner

AN UNUSUAL treat awaits the men and women of Portland in the visit of Thomas Adams, the town planning advisor to the Canadian commission of conservation, who will speak in the main dining room of the Chamber of Commerce at 12 o'clock Friday of next week. Mr. Adams is coming here to attend the commonwealth conference of the University of Oregon, is an authority on housing arrangements and will discuss the problem in hopes that Portland may find a solution to her present housing problems.

A special invitation has been extended to all members of the City Federation of Women's Organizations and reservations should be made at once with Miss Winner, Main 7173, or A-6051. The luncheon will be 50 cents a plate.

At the meeting of the Aviation auxiliary, Tuesday, July 3, officers were elected for the ensuing six months as follows: President, F. C. Simmons; vice president, F. T. Warren; secretary, Mrs. S. Shreik; treasurer, N. A. Leach; publicity agent, Mrs. J. O. Ferris; delegate to the Central War auxiliary, Mrs. F. C. Simmons. An executive body was chosen to take care of the interests of the auxiliary when not in session. There will be another business meeting July 17, after which the auxiliary will adjourn until September.

Submarines Stop Barrymore's Work

The appearance of German submarines interrupted Jack Barrymore's moving picture work while scenes were being taken for "On the Quiet," a Paramount photoplay, on a yacht off the Jersey coast. Barrymore does not like onlookers while working in pictures, and while engaged in an exciting race, in which he is pursued by the brother of the girl he is eloping with, he was much perturbed by a flock of aeroplanes flying low and hydroplanes which circled about as well as a fleet of other craft which came between the camera on the picture boat and necessitated the retaking of the scenes.

A few minutes later, one of the hydroplanes drew close to the Barrymore yacht and curtly delivered the message: "Make for shore at once. German submarines are about."

Members National Party Meet Today

A meeting of members and friends of the National party is to be held in room A of the Central library at 2 o'clock today. The meeting is to be in conjunction with the district convention of the Prohibition party, held to nominate a congressman. All who attend are promised a voice in the meeting.

FRATERNAL NOTES

Hassalo and Minerva lodges, Independent Order of Odd Fellows, installed the following officers Friday night at the I. O. O. F. temple: Hassalo—M. A. Carlson, noble grand; J. L. Davenport, vice grand; L. Weisenborn, warden; J. W. Davis, conductor; R. R. Libby, chaplain. Minerva — Henry Pool, noble grand; Fred V. Siebenthal, vice grand; Peter Weidman, secretary; Charles Jenne, treasurer; H. Mathieson, warden; Herman Jenne, conductor; Julian Hasse, chaplain. The ceremonies were conducted by Hamilton Johnstone and Fred S. Wilhel, district deputy grand masters, and Charles Christianson, deputy grand marshal. Refreshments were served in the banquet hall after the ceremonies.

Kirkpatrick council, Knights and Ladies of Security, held initiation Friday night of a large class of candidates at Swiss hall. Its illustration of the degree work with lantern slides and its degree team work is admitted to be equal to any council of the order on this coast. L. M. Thomas, state manager, congratulated the council upon its continued growth and excellent floor work.

Phalanx lodge, Knights of Pythias, Friday night installed officers, Walter G. Gleason, grand keeper of records and seals, officiating. The new chancellor commander, E. R. Steen, pledged 100 new members to the lodge, whose applications he will secure himself. Grand Prelate Williams of Sandpoint, Idaho, made a fraternal and patriotic address.

The dance of Portland Star homestead, Brotherhood of American Yeomen, was a success at Moose hall Thursday night. It was a patriotic dance in every way. The hall was decorated with allied flags and banners, and the merry couples enjoyed the music and the wide expanse of new floor.

Multnomah Camp, W. O. W., had a large attendance at its installation of officers Friday night at 112 East Sixth street. The open ceremonies were attended by many ladies and Dr. A. K. Higgs, past consul commander, officiated. Dancing followed the ceremonies.

Bradley Succeeds Gunnison

Washington, July 6.—(I. N. S.)—Philip R. Bradley of Treadwell, Alaska, was today appointed federal food administrator for Alaska, to succeed the late Judge R. A. Gunnison. Mr. Bradley is a well known mining engineer and a graduate of the University of California. He will enter on his duties at once.

Have You Tried WHITE SHELL Ice Cream--Water Melons DELICIOUS, REFRESHING, SATISFYING

Bed Time Tales

BY DR WARREN G. PARTRIDGE

Jimmy Coon and Mr. Oyster-Catcher

JIMMY COON hid behind a rock on the seashore, close to the ebbing tide, and Peter Rabbit hid right behind Jimmy. And soon little Peter pulled Jimmy's coat-tail and whispered: "Jimmy, where's your friend, the Oyster-Opener?"

But before Jimmy could answer, a beautiful big bird was wheeling overhead. How his snow-white waistcoat did shimmer in the rays of the rising sun! And then Jimmy and Peter heard his voice, and the beautiful Catcher said, "Wheep, wheep, wheep," and soon alighted and walked with great dignity along the wet beaches.

It was low tide, and the Catcher stuck his long red-handled knife into the sand and he found a delicious morsel, and he said, "Wheo," or "Oh, you shrimp." And it was a shrimp he had caught. And Jimmy Coon's mouth watered as he saw that lovely shrimp. Then Mr. Catcher stuck his long red-handled knife, or oyster-opener, into the sand and he pulled out a funny-looking creature, and Peter whispered: "Oh, Jimmy, will he eat that big spider? Why, it will kill him dead!"

"Oh, you silly," whispered Jimmy, "that is a lovely fiddler crab."

"Fiddler crab?" whispered Peter. "He doesn't look as if he could fiddle. He isn't big enough to fiddle."

"Well, he is mighty good eating, just the same," whispered Jimmy. Then Peter was astonished to see Mr. Catcher wade out into the big bay at dead low tide, and he stuck his wonderful red-handled bill or oyster-opener into the sand under the water and he lifted out a big oyster. And Jimmy was so excited that he almost had a fit. And Mr. Catcher brought that lovely big oyster up on the sand and he stuck his long and sharp red-handled knife into the crack along the edge of the shell and began to pry open that oyster's shell house.

The oyster didn't like that sharp bill of Mr. Catcher a little bit, and he pulled his powerful muscles very tight to keep the shell shut tight. But the end of Mr. Catcher's bill was as pointed and sharp almost as a big knife.

It was laughable to see Mr. Catcher try to pry open that big Oyster!

And it was laughable to see Mr. Catcher try to pry open that big oyster. Why, he struggled to pry it open as if he was using a crowbar. And, behold, the shell was open! But look, quick! There runs Jimmy Coon, like fur lightning, and he gobbled down that nice oyster meat and left Mr. Catcher only the shell!

And Jimmy skedaddled for the big rock. Mr. Catcher was madder than some catchers on a baseball team. My, how he fumed and scolded and called Jimmy awful names!

And little Peter was astonished to hear such language, and he stammered out: "Why, Jimmy, you told me Mr. Catcher was your friend, and that he caught oysters for you. Now, Jimmy, confess like a little man, you know you stole that oyster!"

Monday—Jimmy Coon Takes Peter to See Mr. Oyster-Catcher Again.

Household Hints

It all dawned on Phyllis the day she went to get a parlor car seat and could not. That same day she sat next to a man in the day coach, who offered her a ham sandwich. Horrors! Shades of dining-cars taken off, what was the world coming to!

Phyllis bumped into something monstrous that day—the passing of the idle rich.

The idle rich, as a class, is defunct, dead. If there are any members of this institution, like Phyllis, unwilling to subscribe to the fact, very often they are allowed to suddenly awakened in trains by generous-hearted young men who carry ham sandwiches. A wave of class democracy has spread over the earth, dealing out a job to every man and woman, taking off parlor cars and dining-cars just as though no one had ever exclusively depended on them.

It is a tremendous sweeping wave that swept off the face of the earth that set known as the idle rich.

All praise to those who are rich and used to be idle. War has found no class of men and women so willing and eager to jump into the breach. Look about you and see. Where are the bridges, the coming-out parties, the breakfasts of yesteryear? Gone, absolutely. Where is the ease. Gone. The society woman drags herself to bed at night as weary—wearier—than her humblest servant. Up early in the morning to be at the Red Cross packing headquarters. She heaves boxes, loads her automobile and scorns calling for help. Up in the wee small hours to feed coffee and sandwiches to troops that pass in the night. In odd moments relentless inspection of the larder to see that it is living up to Hoover. Ah, hers is no camouflage job!

And what about Mr. Idle rich and his son? Down in Washington or in his own home town the erstwhile pride of the links slaves out his life for a dollar a year. Every ounce of energy that ever went into the makeup of his own success is called back a hundred-fold Daily, tremendously, it is ground out for Uncle Sam.

And his son! One has only to pick up a daily paper to know that here lies the supreme proof of the passing of the idle rich. The moneyed youth of America has rallied superbly to the colors. Sometimes he has a commission, but quite as often he has not. However that may be, he works from morning till night unflagingly.

The job wave that has engulfed the earth has put into men and women the urge to do rather than to gabble. Some have claimed it is the glamour that makes those who do not have to work work. I disagree. The splendid work that has been shouldered by these Americans is being done quietly, faithfully and consistently. It is being done, I should say, first for love of country, second because it is human to want to work hard when we feel what we are doing is earnestly needed.

The question arises, What will happen when the war is over? Will the men and women who learned to spring out of bed early in the morning, because there was a good day's work ahead, be content to lie there when the routine of peace returns? Will the men and women who stripped off the kid-glove ease of life, such as dependence on private cars when traveling, learn to set great store by these things again?

No doubt in time the old order of things will in a measure be restored. But not for a long time. It is safe to say that the men and women who have worked together on the great, broad stamping-ground of our supreme cause can never quite forget this. And the thing that has woven itself into their lives will act as leaven in posterity.

Sour Cream Sauce—Yolks of two eggs, juice of one lemon, one teaspoon sugar, one fourth teaspoon salt, one half cup rich, heavy sour cream, minced parsley as needed. Beat yolks and sugar until thick, add lemon juice slowly, then salt and cream. Mix well. Serve either in sauce boat, or pour over fish before serving. Parsley is sprinkled over sauce on fish, or used to garnish fish when sauce is served separately.

Raisin Salad—Take one half cupful each of seeded raisins and walnut meats and one cupful of celery cut in small pieces. Chop each separately, then mix and serve on lettuce, with mayonnaise or a cream salad dressing.

Up-to-Date Things — Porch-a-loons made from heavy outing flannel. These all-over garments, covering one from head to foot and inclusive, are the latest garments for sleep-outers.

Modestly large handbags of leather, made upon the plan of the huge cretonne carryalls, but less cumbersome and more on the order of regulation street bags, or week-ends.

Additions to the Woody family, Polly powder puff, Miss Thimble Holders and other busy and ornamental folk of gifty intentions.

Separate vests of velvet, broadcloth, satin and corduroy.

The extreme chin choker in tailorish blouse effects.

Trains upon evening gowns which seem like last thoughts, tagged on after the completion of the gown.

War Time Cookery

Many housekeepers have experimented with the substitute cereals and know just how to use them in muffins and other breads. Weight for weight these flours and brans absorb the same amount of moisture and require the same measure of baking powder to raise them as wheat flours. You can use the new flours in old recipes if you substitute equal weights for the wheat flour called for. A cup of wheat flour sifted and measured lightly weighs four ounces; the table below gives the equivalent of four ounces of substitutes expressed in cups:

Weight equivalents—One cup (4 oz.) wheat flour equals, Barley flour 1 1-3 cup, corn flour 1 cup, fine corn meal 1 cup, course corn meal 4-5 cup, buckwheat 4-5 cup, rice flour 4-5 cup, hominy grits 4-5 cup, rolled oats (ground) 2-3 cup.

The above equivalents represent an average on these flours, but different mills turn out different grades of flour and weight is the safest guide. If you have no scales sift flour and measure lightly in a measuring cup.

Have you ever eaten baked potatoes as they should be—just done, hot, mealy, delicious? On the other hand have you ever been disappointed in them? Perhaps they came to you half-baked, underdone, hard and lumpy or perhaps they had been well cooked, but so long ago that as far as you were concerned their period of usefulness was past. Baked potatoes wait for no man. Let them stand and they become wrinkled and soggy. This is because of the steam inside. If they cannot be eaten immediately, at least they should be pricked as soon as they are done so that the steam may escape instead of condensing inside the potato. However, if nothing else is possible the inside of the potato may be removed, mashed, seasoned and the skins stuffed. These may be put back in the oven and left there until desired.

And then about boiled potatoes. They should be cooked from the beginning in boiling salted water. When they are done and the water has been drained off they should be shaken over the stove until dry, then placed in a hot place with the cover off. This is to prevent the potatoes from becoming soggy.

If you are serving mashed potatoes, do try to see that they are all mashed, not lumpy. If you have large quantities to prepare perhaps the ricer will be found useful.

Don't allow fried potatoes to stand in the pan after they are done. It is better to transfer them to a hot clean utensil of some sort, keeping them there until needed.

Rice came into new favor when potatoes were scarce. Its value as a staple diet was reestablished with the American people. Since some 800,000 Orientals use rice as practically their only cereal, its nutritional value cannot be doubted.

It is low in protein and fats, however, and is therefore usually served either as a cereal or dessert when cream or milk is added; or as a vegetable or casserole dish with fat as a supplementary ingredient.

In the United States there are three distinct rice growing sections: The Carolinas and Georgia, the Mississippi section (Louisiana and Arkansas) and the prairie lands of Southwest Louisiana and Southeastern Texas. Our own rice mills have been running to full capacity in order to supply the demand for 1,000,000 bags for our fighting forces and the allies.

This rice ration in the army is slightly over one pound per soldier per month.

As result of this, there has been a temporary shortage in the supply for home consumption, but with a surplus of 150,000,000 pounds there should be an ample amount for domestic purposes and the price of rice promises to be lower very soon.

Rice flour is now coming into the market. Experiments have been made with varying percentages of this mixture and some delicious breads have resulted.

For those who are patriotic enough to wish to give up wheat flour entirely, there is the following recipe for rice cornbread:

Beat 3 eggs very light, add 1 pint milk, 1½ cups cold boiled rice, 1½ cups cornmeal, 2 tablespoons fat, 1 teaspoon salt, 1 teaspoon baking powder. Beat hard and bake in shallow greased pan in hot oven.

The New WHITE VICTORY BREAD It's KLEEN-MAID BREAD Conforms to Government Requirements

Miss Phillips to Speak to Women

Business and Professional Women of City Are Invited To Attend Meeting.

By Vella Winner

MISS LENA MADISON PHILLIPS, attorney, formerly of Lexington, Ky., now of New York, has been appointed by the national war work council as secretary of the department of business and professional women. Miss Phillips will speak at Library hall this evening at 8 o'clock. As the war continues women will be called upon more and more to accept responsibility in the business, professional and educational fields, and the women now in business and the professions and the women who will enter these fields on account of the present extraordinary conditions feel the need of cooperation, and the purpose of Miss Phillips' tour of the United States is to stimulate interest and to point out the results that may be accomplished by organization and cooperation. Miss Mary Frances Isom will preside at the meeting, which will be open to business and professional women.

Measures, Lacking Signatures, Killed

Olympia, Wash., July 6.—(I. N. S.)—Five initiative measures on file here will not come before the voters of this state at the next election. Insufficient signatures was the cause of their death.

The measures were non-partisan election plan; municipal markets; eight-hour labor law; preventing the taking of fish with traps and legalizing picketing during strikes.

British Planes Raid Two German Cities

London, July 6. — British bombing planes Friday morning raided the German cities of Coblentz, on the Rhine, and Saarbruecken, the air ministry announced tonight. In an engagement over Saarbruecken, two German machines were brought down. The raiders suffered no losses.

After a Cup of POSTUM there's no uncomfortable reaction, but rather a refreshing feeling of health and satisfaction.

It's gratifying, these days, to know that Postum saves sugar and fuel.

Convenient Economical Delightful

Try Instant Postum

"There's a Reason"

Cuticura Soap and Ointment for Skin Troubles

All druggists: Soap 25, Ointment 25 & 50, Talcum 25. Sample each free of "Cuticura, Dept. R, Boston."

PARKER'S HAIR BALSAM A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c, and $1.00 at Druggists.

Dishes Needed for Soldiers' Banquets

Albers Brothers Donate 6000 Pieces for Use at Auditorium; Sale to Aid Crippled Men After War Planned.

Six thousand pieces of crockery for use in the entertainment of soldiers has been donated by Albers Brothers, in response to the appeal of Mrs. R. D. Inman, chairman of the war emergency council, who is planning the banquet for the selective service men, who are entering the service.

Silver plated ware, creamers, platters and other dishes are still needed by the council. Lockers will be placed in The Auditorium for the dishes and they will be in custody of the building officials. After the war they will be sold and the proceeds go toward a reconstruction fund for crippled soldiers.

Donations will be received all next week, either at The Auditorium or at the accommodation desks of the department stores.

Governor Tells Mayor To Put End to Strike

Minneapolis, July 6.—(U. P.)—Unless Mayor Thomas Van Lear, Socialist, takes immediate action in the strike of Minneapolis newsboys, he will be removed by Governor J. A. A. Burnquist and the Minnesota public safety commission, according to a telegram the mayor received from the state executive early today.

AMUSEMENTS

THRIFT STAMPS and WAR SAVINGS STAMPS on Sale at Business Office, The Journal

OAKS AMUSEMENT PARK

CHIAT NO. 40

Speaking of shipbuilding and the time it takes to float vessels for the allies, that reminds us that The Oaks is going to have a ship launching of its own Sunday. Pretty girls in the chorus of the Armstrong Folly Co. are going to lay the keel and do the riveting and caulking in full view of the audience. It is a feature of "The Girl and the Game," the new musical comedy that starts for a week's run. Nothing like it in beauty of setting ever has been staged in Portland. The song that Armstrong's dainty girls will sing while they are at this massive undertaking is one that you will go away humming and whistling. This is only one of many new songs that are sure to make a distinct hit. The comedy itself is fashioned after those airy, fantastic Ziegfeld follies that have held laughing New York at their mercy. Watch these chats for further announcement regarding "The Girl and the Game," one of the cleanest and most cheerful musical comedies produced. It's all of that, and more. Two performances daily, afternoon and evening.

Go to The Oaks today. It affords a Summer vacation for 6 cents carfare, drowns the troubles and worries of the city and sends you back home with a new and fresher and happier perspective.

JOHN F. CORDRAY, Mgr.

Learn to Dance at RINGLER'S DANCING ACADEMY 14th, Off Wash. Phones: Bdwy. 3380, A-3351

Dancing guaranteed in one course 10 LESSONS $5.00

Classes Monday, Wednesday, Friday, 8 P. M. Private lessons daily. Anyone who can walk can learn to dance. Rapid advancement assured. Meet congenial people. Learn from a master of the art and a recognized authority on modern dancing.

NORMAL SCHOOL

For teachers and professionals, July 8 to 20—three hours daily. A $200 course in dancing for $25.00. Write for particulars.

DANCING TONIGHT Cotillion Hall 14TH AT WASH.

Coolest and most beautiful hall in the city.

Roof garden now open.

Admission, 25c and 50c, includes war tax.

Informals every Tuesday, Wednesday, Thursday and Saturday.

BEST MUSIC

LYRIC MUSICAL STOCK Mat. Daily, 10c Only. Nights Start 7

This week—a whirlwind of laughter, color, music and pretty girls. Dillon and Franks and the Rosebud Chorus

"POPPYLAND" Or "The Hophead's Dream."

Friday, Chorus Girls' Contest

PANTAGES MAT. DAILY 2:30

"FOLLIES OF TODAY"

With Billy and Edith Adams, The Bunnin Sisters and a Moon Chorus. Six Other Big Acts. Three Performances Daily, Night Curtain at 7 and 9