Camelia Social club dance at Masonie temple, 8:30 o'clock.

Shriners' dance at Multnomah hotel.

Al Kader temple, Mystic Shrine, dance at Multnomah hotel, 8:45

"Plant a Dollar and Watch It Grow Four Cents a Year"-Next Sunday's Journal

Of W.C.T.U.

Planned

Unions Commemorate Miss

done; bring needle and thimble.

and Mrs. C. G. Wakefield, 1221 East

by Miss Alice Cason. The Valentine sea

son was suggested by the artistic ar-

rangement of red hearts, Cupids and carnations. Those taking part in the

program were: Miss Doris Lake, Miss

Elsie Johnson and Miss Alice Cason, readings; Miss Flora Wakefield, plano

solos; Herle Ayres, vocal solos; Tom Fowers, ventriloquist whistling, C. G.

Wakefield gave a number of very fine

selections on the player plane and the Brunswick phonograph. Every one joined in singing patriotic and other

familiar songs. Mrs. Ella B. Jones and

Mrs. C. G. Wakefield, accompanists. A

number of original and clever stunts and

other delightful amusements made the

remainder of the evening pass pleasant-

ly for all. Mrs. R. R. Rohr and Jack Noland assisted the host and hostess

in serving refreshments. A number of

enlisted men from Vancouver were guests of the club. Those present were: Mrs. R. R. Rohr, Miss Elsie Johnson,

Miss Hazel Raymond, Miss Flora Wake-

field, Miss Ellen Dahl, Miss Doris Lake

Miss Minnie Mathis, Miss Maybelle

Gadke, Miss Ada Taplin, Mrs. Ardath

reene, Miss Esther Daugherty, Miss thel M. Penwell, Miss Ruth Edwards,

Miss Rose Greene, Miss Helen Squires, Mrs. Grace Silcher, Mrs. Alice Shearer,

Mrs. Ella B. Jones, Mrs. A. Daugherty,

Louis Johnson, Wallie Gleason, O. E. Nelson, A. C. Kent, Tom Powers, Chester

Wells, Clarence Mahon, Herle Ayres, Jack Noland, T. C. Shearer and E. W.

A social meeting of the Neighborhood

Study club of Eugene was enjoyed on Monday, with Mrs. Peter Nelson as

ostess. During the conduct of business

was decided to discontinue Red Cross

sewing except at headquarters, where

facilities were adequate. Mrs. L. A.

Risley handed in her resignation as

president and Mrs. S. D. Allen was

elected to fill the vacancy. The newly

elected officer spoke for a short time

by the hostess, assisted by her daughter.

After the social hours, the appointed

committee announced a special program

for tomorrow, for which a large attend-

ance is expected. Mrs. Peter Nelson will

Oregon Lewis & Clark chapter, D. A.

R., of Eugene, met at the home of Mrs.

F. M. Wilkins on Friday afternoon. On

invitation, Luke L. Goodrich was present

to explain the different ways of assist-

Oregon Lewis & Clark chapter organized

Dunn poured tea, and Mrs. Archie Liver-

more, Mrs. Otto Gilstrap and Mrs. L. R Edmunson assisted in serving.

open her home for this meeting also.

Willard's Birthday. ___

The Social Side of City Life.

Wednesday, February 18
Thursday, February 16
Current literature department, Portland Woman's club, with Mrs.
M. C. Banfield, Vista avenue, Portland Heights, at 1 p. m. Take
Portland Heights car.
First meeting of newly organized Red Cross unit of First Presbyterian church at 1 p. m. at the church house.

CLUB CALENDAR

Visiting Nurse Valentine Tea Thursday

Affair Will Take Place at Residence of Mrs. Helen Ladd Corbett; All Friends Invited.

THE Visiting Nurses' annual Valentine tea will be the event of paramount interest in the celebration of St. Vaientine's day Thursday afternoon. The affair will take place at the residence of Mrs. Helen Ladd Corbett in Sixth and Columbia streets and all friends of the association are invited to call setween the hours 3 and 6 o'clock. A diver birthday offering, a coin for each year of the guest's age, will be taken at the door. Receiving with the hostess will be the officers of the board and a bevy of maids and matrons will assist in serving and seiling the candies. A musical program will be an especial feature of the mid-afternoon.

Rose City Park Club The annual masquerade ball to be by the Rose City Park club on text Friday evening promises to be a secord breaker in point of attendance, ince its predecessors have always been successful social affairs. Prizes will be given for the two most appropricostumes. The club has voted to donate one third of the net proceeds of all entertainments this winter to some war fund and this assures a splendid attend-ance at each of them. The committee charge on Friday evening will consist of Mrs. Charles A. Wheeler, chairman; Mrs. W. R. Boyle, Mrs. H. J. Brown, Mrs. E. H. Greenaugh, Mrs. J. E. Owen, Mrs. O. J. Ferris and Mrs. D. B. Howell.

In honor of Miss Goldie Daniels, bride elect, Miss Laura Hoefs, entertained Monday evening with a linen shower, at the home of her sister, Mrs. Walter Butenschoen, 963 Cleveland avenue. Music and dancing were enjoyed. Luncheon was served later in the evening at beautifully decorated table. Miss Daniels received many pretty gifts. Those present were: Miss Daniels, the Misses Elsie Bozzel, Myrtle Cahill, Anna Beth Veatch, Eva Horrall, Frna Husman, Flora Love, Erna Hofs, Mrs. A. Lee, Mrs. M. Lyon, Mrs. George Nielson, Mrs. James Partlow, Mrs. Walter Butenschoen, and the hostess.

For Bride-Elect

Benefit Dance and Card Party What gives promise of being a most enjoyable dancing and card party of week is the benefit social given by

Field Artillery at Myrtle Park hall. Thursday evening, February 14. Take Mount Scott car to Myrtle Park station. All men in uniform admitted free. . Miss Ruth Buckley, accompanied by her grandmother, Mrs. H. M. Hassett, after spending two months touring Southern California, is now domiciled

Auxiliary to Batteries A and B, 147th

geles, for an indefinite stay. Miss Buck-ley is a daughter of M. J. Buckley, gen-ley is a daughter O-W. R. & N. com-and he pretended that Farmer Jones For Mrs. Rasmussen Mrs. W. C. Hervey and Mrs. D. Z.

Irvine entertained the members of St. home of the former on Friday afternoon. her Godspeed on her trip to her new iome in Prineville, Or. As a token of their appreciation of her services, and love and good will to her they presented her with a beautiful gold wrist watch.

For several years Mrs. Rasmussen has been prominently identified with the distance away from the trees that had social and charitable work in Rose City Park. She is also president of the St. Michaels Red Cross unit, and she will tracks to show in the snow, be greatly missed, as all who know her So these two rascals traveled in the et and love her and bespeak for her many friends in her new home.

Mrs. J. Bruce Goddard entertained a few of her friends at a surprise lunch-eon and social afternoon at her home, 774 East Twenty-sixth street, last Friday afternoon. Those present was Mrs. A. Shapiro, Mrs. Dolph Bennett, Mrs. Bessie Chandler, Mrs. Ellen M. Peterson, Mrs. F. G. Oppenlander, Miss Lillie Peterson and Master Malcolm Peterson

MRS. FRANK M. SLAVIN, formerly Miss Eva M. Donkers, was recently married in Seattle. Mr. and Mrs. Slavin will make their home at that place. The bride has many friends here, where she has resided for some years.



Bed Time Tales

Jimmy Coon Fools Farmer Jones TIMMY COON pretended to Teddy Possum, just for fun, that Farmer Jones tapped the Maple trees just for

And then, said Jimmy Coon, with sparkling eyes and a roguish smile in his little face, "Now, I've arranged to have Farmer Jones and Little William hang those little buckets exactly under each wooden spout, so that each drop of the sweet maple sap will drop into those buckets." And all Teddy Possum could do was

to explain, "Magic, Magic!" And then the cunning Jimmy Coon explained again. "Now Teddy, I've arranged for Farmer Jones and Little William to go home because they have tapped all the Maple trees for me!"

pany's lines in Washington and Oregon. and Little William were doing all this hard work, especially for Jimmy Coon! Now Jimmy Coon and Teddy Possum had been hiding behind a big Chestnut Michael and All Angels guild at the tree, all the time, and had not been seen by Farmer Jones and Little William. And just as soon as they were out More than 30 ladies responded to their iam. And just as soon as they were out invitation to meet Mrs. Seward Rasmussen, who has been president of the Jimmy nudged Teddy, saying, "Wake guild for nearly three years, and wish up, old man, and follow me, and do just as I do. I have a trick to play, so that Farmer Jones and Little William will know nothing of this."

And after darkness came, you could self! have seen Jimmy Coon and Teddy Possum climbing a big Maple tree some been tapped. You see Jimmy Coon was buckets so awfully clever, he didn't want their wooden

tops of the trees, until they reached the trees that had been tapped. And you would have chuckled if you had seen could have explained it, if they had been Jimmy Coon climb down a big Maple tree, and get his head into a little wooden bucket. And he drank that sum, "Mum's the word!" sweet maple sap, until it did seem as if he would burst; and the sweet sugar Tomorrow—Another Night in sap ran down his whiskers and down Sugar Lot.



Teddy Possum smacked his lips, and drank and drank.

both sides of his mouth. And Teddy Possum wound his rope- on a recent trip to Camp Lewis, and tail around the little wooden sprout on gave special mention to the base hos-a big maple tree; and then he lowered pital. Light refreshments were passed a big maple tree; and then he lowered his little head right down into a wooden bucket filled with sweet maple-sugar sap. And Teddy Possum smacked his lips, and drank and drank, until you would think he would have killed him

morning they found several wooden empty, while all the other buckets were chock full of maple-sugar sap! ing the government in the purchase United States Thrift cards, after which But they could see no tracks any-

And when Farmer Jones and Little

William came to the Sugar-Lot the next

oregon Lewis & Clark chapter organized a Thrift club, with Mrs. J. K. Pratt as lieutenant. After the usual amount of business and pledge to the flag, light refreshments were served. Miss Amy

East Side Central W. C. T. U. will hold ne meeting this week on account of the union meeting with Sunnyside union War Time Cookery

Joint Meeting Beauty Chat

T is generally supposed by people ignorant of the principles of art that it is a mere fashion without reason to prefer old carvings, pictures, laces and other fabrics to new ones. They consider that the bad workmanship of the modern art is the only thing that a more present of the property of the control of the modern art is the only thing that a Sunnyside and East Side Central morbid craving for change pretends to

A JOINT meeting of the Sunnyside and East Side Central W. C. T. U. to commemorate the birthday of Francis

E. Willard will be held at the home of Mrs. I. N. Walker, 1100 E. Morrison street, February 14 at 2 o'clock. Mrs. C. W. Barzee will lead the singing, using and workmanship are so much better than the modern is that they were althe old songs that Miss Willard loved Mrs. Cella Spear and Mrs. Neal Inman will lead the devotional. Roll call responded to by quotations from the life of Miss Willard. Mrs. Wallon will talk on the object of the Willard memorial The address will be given by Mrs. quacy of the means.

da Wallace Unruh, on conservation, as The work was always interesting and Miss Willard knew it. Mrs. Hattie Wilson will speak on the memorial ofnearly always beautiful. It became beautiful, partly without trying for beauty because nature, which they alone tried for, is almost always beautiful. Visitors welcome. Take Sunnyside or It is a thought put into a work which renders it interesting and touching— Mt. Tabor car to Thirty-seventh street. and when a thing interests the mind and touches the heart it is generally beau-The Self Culture club was delightfully intertained at the beautiful home of Mr.

The workmen of olden days tried to utter their burning thoughts so strongly wood and pigment became he vehicle for feeling rather than workmanship. If a man wished to represent tivation and refinement—that expresse

MEET TOMORROW

conventional rules for beauty for the perfection of womanhood. He did not carefully arrange and pose and whittle away all strength and passion in the mere attempts to produce a pretty woman with a baby—never did he think of sparing time or skill in his task, it would have seemed to him sacrilege—bothsreligious and artistic.

abhor.

Have we not better machinery now, better workmen, better material? So we find so many naturalistic touches in the old statues carefully and lovingly finished in every part. There was no scamping, either mental or chinery, work and material is our bane, not our blessing in art. Perhaps we spiration the artist did his utter best, and the meahs and too little to the end. At any rate, the art spirit is nearly dead among us and the perfection of the means does not revive at all.

One reason why the artist of the means contain the means does not revive at all.

One reason why the artist of the means certainly—not are specified in stone, wood or on canvas—not among our artisans certainly—not are specified in the means certainly—not are spe One reason why the early designs even, with very few exceptions, in the

academies. Only here and there we find an artist ways thoughtful. Carving and pictures speaking in stone or color because he were not made, except under pressure of some inspiration that was within and would out. Therefore, strong feeling men did not speak without having some was put into them and in attention to thing to say. That is what makes the the end, the means were comparatively old works better than the new. The insignificant—yet how satisfactory the thought obtrudes itself that the inresult became, in spite of the inade- creased facility of means is actually the cause of our back sliding.

> I have no wish to depreciate modern art. No one is more sensible than myself of the immense and sudden strides made in the last half of the last century But we are only imitators and assimilators of the old school. What are we to do? Visit the art museums and study. Hourly and daily the gate of the beautiful faces you there. Familiarize yourself with the old, the real in art, and learn to discriminate between the fine and the mediocre.

The love of beautiful old things is culthe Virgin he did not, as now, consult itself in every act of your life.

HOUSEWIVES' CAMPAIGN

A. M.—FULTON ARMY AND NAVY LEAGUE with Mrs. Thomas Meekins, 1070 A. M.—CAPITOL HILL PARENT-TEACH-ER ASSOCIATION Red Cross unit at the

O A. M .- KENDALL AUXILIARY TO RED OROSS at Fir Grove cottage, one block north of Battin school. Large attendance desired. P. M.—ALBERTA WOMAN'S IMPROVE-MENT CLUB with Mrs. Mary Gable, 1099 East Sixteenth street north. Thomas G. Greene.

P. M.—Newly organized RED CROSS unit of FIRST PRESBYTERIAN CHURCH in of FIRST PRESSITERIAN CHURCH in church house to plan work.

P. M.—CUBRENT LITERATURE DEPARTMENT, PORTLAND WOMAN'S CLUB
with Mrs. M. C. Banfield, Portland Heights.
Musical and literary program, Portland
Heights car.

P. M.—GLENÇOE RED CROSS AUXILLARY et Glangos school house.

IABY at Glencoe school house.

130 P. M.—AUXILIARY TO COMPANY D.
ONE HUNDRED AND SIXTEENTH Engineers' business meeting. Sighth floor, Lipman, Wolfe & Co.'s building.
P. M.—AUXILIARY TO FIELD HOSPITAL 864 with Mrs. W. F. Hummel, 349 Grant street, near Broadway. Bring knitting.
P. M.—WOMEN'S AUXILIARY TO ORE-GON GREETERS' ASSOCIATION at Lip-Mrs. N. M. Lawlor.

man, Wolfe & Co.'s.
P. M.—PORTLAND PSYCHOLOGY CLUB
at Central Library. Mrs., Fannie Perry will 2:30 P. M.—FERNWOOD PARENT-TEACHER ASSOCIATION. Address on "Conservation of Fats," by Mrs. George A: Perkins.
2:30 P. M.—HUDSON PARENT-TEACHER ASSOCIATION. Program by children; address
on "War Gardens"
2:30 P. M.—FISH DEMONSTRATION and lec-

Spencer.
2:30 P. M.—WOODMERE PARENT-TEACH-ER ASSOCIATION. Address on "War Gar-dens." dens."

30 P. M.—SHAVER PARENT-TEACHER
ASSOCIATION. Address on "War Gardens." Music, :30 P. M .- ST. ANNE'S CHARITABLE SO-CIETY at 151 North Twenty-first street. Mrs. B. Giltner, hostess. 30 P. M.—PENINSULA PARK LAVENDAR

CLUB at the Peninsula Park clubhouse. 30 P. M.—GOOD LITERATURE COUNCIL OF NORTHWEST at Central Library.

30 P. M.—PARENT TEACHER CLUB OF OCKLEY GREEN SCHOOL at the school-2:30 P. M.—UNIVERSITY PARK W. C. T. U., with Mrs. Cone. 724 Vanderbilt street. Speaker, Mrs. M. L. T. Hidden. 15 P. M.—ELIOT PARENT-TEACHER AS-SOCIATION. Address on Rheims Cathedral by Miss Failing. Program by pupils. P. M.—EMERSON STUDY CLUB at Com-

forter Headquarters, Woman's Exchange building. P. M.—AUXILIARY TO COMPANY F. EIGHTEENTH ENGINEERS at Hotel Multnomah.

S.P. M.—BENEFIT SOCIAL, dance and card party by AUXILIARY TO BATTERIES A. and B. ONE HUNDRED AND FORTY SEVENTH FIELD ARTULERY at Myrtle Park hall. Men in uniform admitted free.

Mount Scott car.

P. M.—Benefit social by AUXILIARY to BATTERIES A AND B. ONE HUNDRED FORTY-SEVENTH ARTILLERY at Myrtis Park hall. Dancing and cards. Uniformed men admitted free. Take Mount Scott car.

Following is Thursday's schedule for the neighborhood talks on food conservation and substitutes, arranged for Thursday by the local office of the food administration : 2:30 p. m., home

Thornton. 2:30 p. m., Garden Home Red Cross 2:30 p. m., Rose City Park church, Mrs. D. B. Howell. Montavilla school, Red Cross, Mrs

2:30 p. m., Woodmere Parent-Teacher Mrs. W. M. Abel. 3 p. m., Kenton club house, Cross, Mrs. George Nicolai.

2:30 p. m., Clinton-Kelly school, Red Cross, Mrs. Frank Nichols. 4 p. m., Couch school, S. M. Blumauer Red Cross group at home of Mrs. George L. Williams, Mrs. E. B. Heath. Auxiliary of Army and Navy League,

3 p. m., Couch school, Mrs. W. Kirkpatrick. St. David's parish, Mrs. J. H. Gra ham and Mrs. S. D. Hollister Jr. 2 p. m., Sunnyside Congregational church, Mrs. K. C. Dunning.

3 p. m., St. Marks parish, Mrs. N. B. George J. Perkins.

, 2 p. m., Montavilla school, Mrs. C. B. Zeebuyth. 10 a. m., Arleta school, Mrs. J. J. \$ p. m., Sunnyside school, Red Cross, Mrs. W. E. Gray. 3 p. m., Lents school, Red Cross. 10:80 a. m., girl students of Jefferson high.

Shaver school, Mrs. E. P. Foster. Meet at residence of Mrs. D. B. Kelly; Kerns' Red Cross unit meet at residence of Mrs. W. M. Davis.

1:45 p. m., girl students of

ISS MARIAN FRAN-CES SPINNING, who recently celebrated her sixth birthday with a party for her little friends.

Miss Zella Merrick and Herbert E. Dickinson Spending Honeymoon in Michigan. CHICAGO, Feb. 13.—(I. N. S.)—Miss Zella Merrick, a member of one of the oldest families in Chicago, and sev-eral times a millionaire, is today the

WealthyChicago

Woman Weds

Chaffeur

bride of Herbert E. Dickinson, a chauf-feur. The couple are in Grand Rapids, Mich., to spend a brief honeymoon, and later will visit the 320 acre estate of the bride near Oconomowoc, Wis.

Miss Merrick, who is well along in years, has made her home since childhood with the family of William H.

Morehouse. Dickinson has been em-ployed for 12 years as chauffeur for the The bride's father, L. C. Merrick, was

spaulding & Merrick.

Pontiff Opposes Use Of Poisonous Gas

Rome, Feb. 18.—The pope favors the Swiss Red Cross movement against the use of poisonous gases in warfare and probably will act officially in the matter, it was learned authoritatively here



WOMAN WHO LOOKS YOUNG Her experience, her ripened judgment, enable her to take advantage of the wonderful opportunities for women which the war has created.

But' to succeed she must appear young. Gray, streaked with gray, or aded hair gives the look of age and keeps many women from the success they deserve. can easily overcome it with O-ban Hair Color Restorer Just as have thou-

Bank Is Robbed by Bandit

sands of other women. It will gradually bring back all the natural color and gloss and take years from your looks. O-ban is not a dye, but a delightful tollet preparation-a necessity for every woman who understands the value of keeping young. It will not stain the scalp, wash or rub off or interfere with washing or waving the hair. Also removes dandruff, keeps the hair healthy and is easily applied by simply combing or brushing through the hair. Sold by all good druggists every-

where on Money-Back Guarantee. Price 75c.

best in every way. The Government suggests the regular use of such breakfast foods as H. O. AT YOUR

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GRAND PRIZE | Ask

PANAMA EXPOSITION | 107 II ANOTHER PROOF OF QUALITY

- 成於原東東京

SAUTED

BANANAS

Remove the skins and scrape off the fibres, cut in halves each way. Cover the bottom of a frying pan with Mazola, and when hot lay in the bananas flatsidedown and cook carefully until browned on each side. These are delicious served on tosst, or as a garmish

COOKING

Mazola—the refined oil from Corn for Cooking and Saladsis the housewife's greatest discovery of the past year

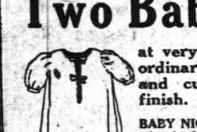
WOMEN all over America are asking themselves "Where would we be today, with the need for saving animal fats-butter, lard, suet-if it were not for Mazola?" They are the women who have discovered what wonder-

fully delicious pastry, fried and sautéd dishes and salad dressings can be made from this pure oil pressed from Indian Corn. And how economically.

Not one single drop of Mazola is wasted-it can be used over and over again as it does not transmit odors or flavors from one food to another. For sale in pints, quarts, half gallons and gallons. For greater conomy buy the large sizes.

There is a valuable Cook Book for Masola users, which should be in every home. Send for it or ask your grocer. FREE. Corn Products Reliaing Company, P. O. Ben 161, New York Selling Representatives-Johnson Lieber Co., Portland, Orego





BABY NIGHTIES, 45c' (pictured at left), are of a double faced downy fabric with tape and crochet cotton for finishing. Exceptional

BABY WRAPPERS, 50c (pictured below), are of a fine double faced weave, with dainty jacquard ribbon bows and crochet cotton for

only exclusive Baby Shop in Portall the Northwest. Everything you may desire for Baby is here -designed, stamped and cut all expert needlework women have finished it.

Expert Maternity Corset Service BABY'S BOUDOIR-388 Morrison Street

List of Park I year

This Woman Recommends Lydia E. Pinkham's Vegetable Compound—Her Personal Experience.

McLean, Neb .- "I want to recommend Lydia E. Pinkham's Vegeta-

ble Compound to all women who suffer from any functional disturbdone me more good than all the doctor's medicine. Since taking it I have a fine

gained in health and strength. My husband and I both praise your medicine to all suffering women."-Mrs. John KOPPELMANN, R. No. 1, McLean,

healthy baby

girl and have

This famous root and herb remedy, Lydia E. Pinkham's Vegetable chopped onion and parsley, then add the mashed potato, pepper and salt. women of America to health for Form into a roll, brush with fat drip- Double the quantity of cheese when it is more than forty years and it will well pay any woman who suffers from displacements, inflammation, ulceration, irregularities, backache, leadaches, nervousness or "the blues" to give this successful remedy a trial.

For special suggestions in regard to your allment write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its long experience is at your service.

diet and not, as with us, the "something

However, with meat at present prices the American housekeeper thinks hard when told that cheese has about one and one-half as much muscle-building value as beef, pound for pound. She cuts out the "something extra," combines cheese with milk and eggs and makes a dish that rules out the roast, leaving beef for the soldiers and the

Here are a few substantial cheese hard commercial cheese, cottage cheese ance, as it has used to make, now being revived in the hot. farm kitchen.

> but not brown. Add the flour, then and seasoning to taste. When ready to taste. Pour over the top of the maserve, put one tablespoon of the grated caroni and bake in a moderate oven 30 cheese in each plate and pour over it minutes.

the hot soup.

Cheese Roll—One-half cup rice. 1 cup milk, 1 tablespoon chopped onion and milk, 1 tablespoon chopped onion and parsley, % cup grated cheese or cottage parsley, % cup grated cheese or cottage pepper.

Thicken the milk with flour.

Thicken the milk with flour. Cook the rice in the milk with the

. This roll can be made up with many variations. Bread crumbs, beans and cheese may be combined, using enough of the liquor in which the beans were cooked to moisten the mixture so that ft can be made into a loaf. The beans should be mashed. Still another com-bination is made by substituting for the beans spinach or chard chopped fine. Cheese Fondue-One cup milk, 1 cup

Boil the milk and pour over the bread chances for recovery are slight.

Now that we are "doing sums" in crumbs, cover and let stand on the short division with American food, we stove 15 minutes. Mix in the grated are ready to profit by the hard-earned cheese and add salt and, if desired, a experience of Europe and her struggle little red pepper or paprika. Pour into on short rations. For instance, in Europe cheese is a very real part of the diet and not as with us the "something minutes.

A richer dish may be made by adding two or three eggs. Add the well-beaten yolks, then fold in the whites beaten until stiff. Bake 30 minutes in moderate oven and serve at once. This is really a souffle. Cooked rice may be used in place of the bread crumbs in making the dish.

Macaroni and Cheese-Besides the familiar dish of macaroni and cheese there are many others not so well Here are a few substantial cheese known to the average housekeeper dishes that may be served sometimes Macaroni boiled in salted water drained instead of meat. They call for any and served with either grated cheese or cheese sauce is an easily prepared dish. or the cheese fike your grandmother Be sure that the macaroni is piping

Macaroni with cheese custard is par-Duchess Soup—One-half onion, 2 ta-blespoons fat, 2 tablespoons flour, 3 cups ding dish two cups of cooked macaroni. milk, % cup grated cheese, salt and cover this with a cheese custard made pepper.

Cook the onion in the fat until tender, or mash smooth one cup of cottage cheese, add one well beaten egg, onethe milk gradually. Cook until smooth, half cup of milk and salt and pepper to

> Cheese Sauce—One cup milk, 1 table-spoon cottage cheese or ¼ cup grated cheese, 2 tablespoons flour, salt and Just before serving add the cheese, stir-

> to be eaten with macaroni or rice. Unconscious Seven Days Aberdeen, Wash., Feb. 13 .- After being unconscious for seven full days, L

J. Blakney, boom man for Wilson Brothers, who was struck on the head with a windlass handle Monday morning, February 4, showed his first signs of regaining consciousness yesterday. read crumbs, 1 cup grated cheese, 1/2 His comatose period was among the longest known at local hospitals. Bis





You will like our shop-it is the land-the only one of its kind in ready for you to make or as our