

Pendleton Organizes D. A. R. Club

By Vella Winner
ON THURSDAY, December 13, at the county library in Pendleton was organized the Gratiot chapter of the Daughters of the American Revolution. The organizing members were Mrs. Emma Bonney, Mrs. Bessie Ciofor, Miss Margaret Coleworthy, Mrs. Margaret H. Cohn, Mrs. Annie M. Heard, Mrs. Bessie Horne, Mrs. Helen R. Judd, Mrs. Ellis P. Lovell, Mrs. Mary J. S. Lane, Miss Neva Lane, Miss Margaret Richardson, Miss Virginia C. Todd, Miss Fannie C. Todd, Mrs. Mary C. Vincent.

Chapter Puts Cards and Song Books On Sale

MULTNOMAH chapter, Daughters of the American Revolution, have placed their patriotic song cards and the War-time Cook Books on sale in several of the leading shops and all proceeds go in full to their Red Cross fund. The songs are entitled: "Hail to Our Noble Fathers" and "Flag of the Free." The music for the former, and printed with it was composed by Lindsey W. Ross and it is said by critics to be good and well suited to the subject. For the second, Mrs. John Waldron of Milwaukee has written a number which is hoped may be heard along. The poems were written by the "poet-laureate" of the chapter, Mrs. H. H. Parker, and it has been said by many that the flag song, "It surely will live." These two cards are printed in red, white and blue and make very attractive "home grown" Oregon patriotic songs which are now so much in demand for camps, soldiers' gift boxes and home concert programs.

Mrs. Mary J. S. Lane, regent of newly organized Umatilla chapter, Daughters American Revolution.

Auxiliary Is In Permanent Quarters Now

THE Oregon Army and Navy auxiliary, organized April 1 for the purpose of assisting in all possible ways the soldiers and sailors of Oregon, and their dependents, is now permanently located at 411 Morrison street. Mr. Shemanski of the Eastern Outfitting company having given the rooms free of rent; the Northwestern Electric company, electric stove, power and lights. The following business houses have generously contributed in furnishing the rooms: Powers Furniture company, Jenning & Sons, Olds, Wortman & King, Sherman, Clay & Co., Ellers Music House, Morrison Electric company, Max Smith, Portland Railway, Light & Power company.

The ladies have already accomplished many good things. The first work done was to supply Chaplain Gilbert with 2000 song leaflets, to be used at the Sunday services, and since then have furnished 4000 more. They have solicited and bought \$500 worth of drugs, furnished medical supplies, such as gauze, bandages, absorbent cotton, sheets, pillow slips, towels, 25,000 dish towels, made and equipped 1000 housewives, 175 cool aprons, paid \$300 for an ambulance, packed over one thousand lunches, served picnic to 2500 soldiers and sailors July 4 on Multnomah field. They have also furnished sweaters, wristlets, helmets and socks, and have made head bandages for hospital supplies, etc.

ENTERTAIN JOURNAL CARRIERS

The annual Christmas meeting of the Journal Carriers' association, which was held at Swiss hall, Third and Jefferson streets last Wednesday evening, proved to be one of the most interesting and enjoyable of the kind yet given. These bright "young business men" who for the time, laid aside all thoughts of commercial endeavor, entered into the spirit of the festive occasion in a manner which reflected credit upon the organization. In keeping with the patriotic war feeling the association presented each carrier with a thrift card and a war savings stamp, as an inducement to enlist the interest of the members in the war savings plan.

An interesting program was rendered, refreshments were served and following the entertainment dancing began—and continued until midnight. Featured on the program were the Emerson children, 11 and 13 years of age, who are natives of Portland. They have taken part in many benefit affairs and their talents were displayed admirably in the piano solo, "The Star-Spangled Banner" and a violin solo. Other featured performers were Melvin P. "Tok" Ogden, a well known Portland musician, a former member of the Journal Carriers' association, rendered a violin solo, "The Star-Spangled Banner" and "The Song of the Volga Boatmen." The program followed: Water Organ, violin solo, assisted by Herr Finck; Flair & Conner, "In the Clutches of a Milkmaid," piano and violin duo, assisted by Mrs. Mildred Webber; Vella and Howard Emmert, comedy sketch; Tok Ogden of the Strand theatre, violin solo, "The Star-Spangled Banner" and "The Song of the Volga Boatmen," violin solo, assisted by Herr Finck.

GROUP OF LITTLE FOLKS WHO RADIATE HEALTH AND HAPPINESS



Group of attractive children whose sturdy qualities are established by approved tests. Above, left to right—Susan Stoner Curtis, daughter of Mr. and Mrs. E. G. Curtis and granddaughter of Mr. and Mrs. George E. Stoner, who scored 93½ per cent at 9 months; Margaret Marie, daughter of Mr. and Mrs. O. J. Davis, who scored 91½ per cent at 18 months; Johnnie Lewis Cox, son of Mr. and Mrs. Nell M. Cox, who scored 99 at 7 months.

Center, left to right—Osmon Elton Morton, son of Mr. and Mrs. H. J. Morton, who scored 96½ per cent at 2½ years; Robert L. Milliren, son of Mr. and Mrs. Harry Milliren, who scored 98½ per cent at 14 months; Owen Botler, who scored 97½ at 4½ years; and Grace Botler, who scored 99½ per cent at 10 months, children of Mr. and Mrs. Walter Botler.

Below—Helen Louise Burman, daughter of Mr. and Mrs. L. Burman, who scored 99 per cent.

University Park W. C. T. U. met Thursday with Mrs. Thomas C. Shearer. The meeting was well attended. Mrs. Lathrop reports that the number of women in industry has increased since the United States went to war, and that there is also an increase in the proportions of married women to single women. In a study made in eight cities of the United States it was shown that the infant death rate was more than twice as great in families where the mother had been forced into industry by insufficient income as compared with the family where the mother remained at home, thus indicating clearly that permanent success in reducing infant mortality will come by care of the mother.

AD CLUB PLANS 1918 WORK

The election of officers for the Portland Ad club is about to inaugurate a year's work, the principal feature of which will be the Pacific Coast Advertising convention to be held here next July. There ought to be connected with the club, said Frank McCallis, newly elected president, "a representative of every advertising firm and every firm that advertises in Portland, and in every other city in the Pacific Coast." In our meetings during the coming year we will consider interesting features of advertising, but we also will continue to discuss live and timely topics.

Y. W. C. A. Notes

Friday evening was the occasion of the first meeting of about 40 girls from Meier & Frank's store who were guests of the association at supper in the tea-rooms and later were shown over the building, and stayed to enjoy the program arranged by the Gearhart club in the auditorium. The program included a Christmas play and musical numbers by members of the club, and was well attended. The association contemplates forming a club for as many of the younger girls from Meier & Frank's who care to take advantage of the help and good fellowship which the local Y. W. C. A. has to offer.

When to Leave Beaten Paths Of Convention

WHEN men and women depart from the beaten paths of custom and tradition they subject themselves to criticism. If their departure stands this test they become leaders and others follow. They are placed in a class with advanced and progressive men and women—but if their positions become such that they cannot bear analysis they become untenable. Many who call themselves advanced men and women merely seek notoriety and publicity. They crave the limelight more than the distinction of holding the positions assigned to lead-ers and real progressives. The promise upon which they take their stand is ungrounded and falling in analysis, crumbles before honest criticism.

Women who attempt to assume advanced positions in thought and action are subjected to more criticism than men who entertain the same ambitions. This is an inherent human trait, born and nourished by centuries of belief that women should keep their talents buried and their lights for use in the kitchen and nursery. It is not just but it is a condition. This is changing as women advance and their usefulness enlarges. But it is a condition, and not merely a trend with which women must contend.

When women are leaders in all walks of life, and then a woman hooted as a feminist, through some step she takes and is suddenly dropped into oblivion and buried in a grave of criticism. Her house is built upon the sand of the individual, its momentary prominence is not well enough founded to withstand the winds of criticism and honest analysis. Women are the custodians of the nation's moral and social standards. Upon them depends the welfare of the nation. If the feminine hand becomes lax, it is backed with the ax of public criticism. But when a woman elevates herself above the standard and tradition, she is advancing over the step-ping stones upon which the betterment of society and the individual can be solidly founded. They are the leaders—the advanced women under whose leadership many follow without encountering pitfalls.

Courses in French Opened for Troops

New York, Dec. 22.—Complimentary courses in French for those in the service of the United States army, navy and Red Cross who are preparing to go to France in the near future were opened tonight by the school of sociology of Poston university, Paris, in Chicago. The hearty approval of Cardinal Farley, Brigadier-General Eli D. Hoyle and Rear Admiral Nagel, their names given the support to the effort. They have expressed their deep gratification that such a movement has been made to give the French language to the fighting or aiding the allied combatants an opportunity to obtain so great an asset.

Former Health Commissioner Says Nuxated Iron Should Be Used in Every Hospital and Prescribed by Every Physician

WHAT FORMER HEALTH COMMISSIONER KERR SAYS: "As Health Commissioner of the City of Chicago, I was importuned many times to recommend different medicines, mineral water, stimulants, and various other remedies, but I never recommended any particular remedy, but I feel that in Nuxated Iron an exception should be made to the rule. I have taken Nuxated Iron in my own person, and experienced its health giving, strength building effect, and I have seen it do the same for my friends. I feel it my duty to make known the results of its use. I am well past 70, and my health is now so good that I believe that my own great physical activity is due largely today to my personal use of Nuxated Iron. I feel that it is such a valuable remedy that it ought to be used in every hospital, and prescribed by every physician in this country."

NOTE—Nuxated Iron, which has been used by Former Health Commissioner Kerr with such surprising results, and which is prescribed and recommended in such a great variety of cases, is not a patent medicine, nor is it advertised by any of the drug stores everywhere. Unlike the other "patent medicines" it is not advertised, does not contain any of the "patent" ingredients which make them black, nor upset the stomach, nor injure the liver. It is a most potent remedy in nearly all forms of indigestion, as well as for nervous, run-down men and women over 40 who lack iron and increase their vitality, provided they have no serious organic trouble. It is they who ought to benefit most from its use. It is sold by The J. W. C. A. Drug Company and all good druggists.

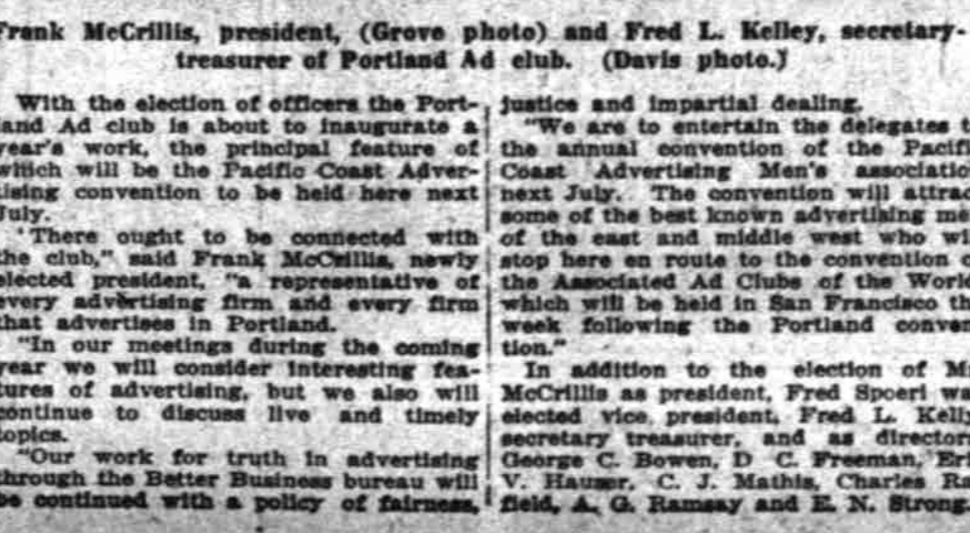
You Cannot Hide Your Fat

Overfatness is the one misfortune you can not hide from yourself or from those around you. If too thin, your dressmaker or tailor can supply the deficiencies, but the overfat carry a burden they can not conceal. There is one sure way to reduce your weight safely and quickly. The harmless Marmola Prescription, which changes the fatty tissues into fat-producing material to solid flesh and energy, helps the general health and digestion, permits you to eat and live as you like, and leaves the skin clear and smooth. The famous prescription is now condensed into tablet form. Each tablet contains an exact dose of the original ingredients that made the original prescription capable of reducing the overfat body of the thin or obese, or four pounds a week without the slightest ill effects. Take but one tablet after dinner and at bedtime until the normal weight is reached and the bodily health completely restored. Ask your druggist for Marmola Prescription Tablets, or send to the Marmola Co., 341 Woodward Ave., Detroit, Mich. and we will send you a complete full course—enough to start you on your way to slenderness and happiness.

Vella and Howard Emmert

THAT ANNOYING, PERSISTENT COUGH

may lead to chronic lung trouble, or mean that the chronic stage, already is reached. **ECKMAN'S ALTERNATIVE** This tonic and tissue-regulator supplies the acknowledged benefits of Calcium treatments without disturbing the stomach. Contains also Aloxol, or Habit-Former. 35¢ each, now \$1.50. 51¢ size, now 90¢. Sent by all leading druggists. Eckman Laboratories, Philadelphia.



Frank McCallis, president, (Greve photo) and Fred L. Kelley, secretary-treasurer of Portland Ad club. (Davis photo.)