



Staff of Lincoln High School Cardinal, which includes the following: Ruth Alderman, Frances Habersham, Louise Smith, Marie Cavel, Dorothy Reed, Mary Holmes, Kathryn Donald, Celia Isenstein, Gladys Blaine, Harold Miller (business manager), Myrtle Forthun (associate editor), Harry Pennell (editor), Mary Gill, Helen Stewart, Delphine Rosenfeld, Wanda Daggett, Judith Lippett, Harley Stevens, Earle Larimore, Chester Kelsey, Emily Veazie, Eldred Mallory, Ray Daly, Charles Berst, Edwin Wright, Claig Elliott, Albert Wortendyke and Isabelle Kidd.

**P**UPILS of Portland's public schools have joined the ranks of the food conservationists. The boys and girls of the high schools and grammar grades are displaying a keen interest in the national food program, according to Superintendent L. R. Alderman. The students are spreading the slogan of economy in their homes. The domestic science department of the schools, in charge of Miss Edna Groves, is doing real work in furtherance of the food conservation program. Next Monday afternoon Miss Groves will open classes for adult women housekeepers at the Girls School of Trades, Lowndale and Morrison streets. The classes will be in session from 8:30 to 10:30 p. m., Wednesday and Friday for 10 weeks. Baking classes will be held at the same time and place. The department is giving out information on canning.

**W**ashington high schools are well attended and it has been necessary to hold double sessions. Cafeteria lunches are being served in some of the schools and the plan will be generally in vogue soon.

**Jefferson High**

**J**EFFERSON started the week with a record with the spirit of the times in its first assembly of the year. In the entire student body saluted the flag. W. H. Boyer made a short talk, and patriotic songs were sung. Principal Jenkins made an appropriate address, instilling in the minds of the students the fact that the present is the best time to lay the foundation for their life's work and calling to their attention the wonderful opportunities of the day and the still greater opportunities of the future. Mr. Boyer emphasized the necessity of each and every boy to obtain an education. Mr. Herdman asked each boy present to lay the foundation for his life's work by attending school to do so. When the question of retaining athletics was put to the boys the response was unanimous for the affirmative. That evening a football meeting was called at which over 60 boys were present. Coach Earl now has the situation well in hand, and has had the boys out for practice on Wednesday.

**W**ednesday morning occurred the first regular singing assembly of the term. Principal Herdman greeted the pupils and said they were doing their patriotic duty by continuing school and their education. Then everyone arose and sang the "Star Spangled Banner." At the close of the singing, the principal saluted the flag. W. H. Boyer, instructor of music, made his first appearance of this term in leading the assembly in a short address. Mr. Boyer stated that he had a regular singing class under Coach Leon Fabre for all boys above first term during the first two periods every Wednesday morning.

**M**r. Herdman emphasized the urgency for all to take part in patriotic work, chiefly the Red Cross. Miss Esther Wuest of the art department spoke at the assembly, stating that art classes would be open to all students who desired to help their country and at the same time learn something which will be of great value in their future. The character of this work will be making tags for Christmas sale, making small designs in silver and making numerous other interesting things which can be sold for the Red Cross.

**T**here is also to be some special work for boys. The programs will be arranged so that students can do this work, which will be during either the second, fourth and fifth periods. The "Lens" for the coming term will be run on the same business plan as last semester. The staff officers have not yet been appointed. The following graduates of the June 17 class are attending college, as follows: Harold Robinson, Carnegie Institute of Technology; Glen Springs, O. A. C.; Marjory Reed, A. C.; Lillian Ten Eyck, Oregon State Normal school; Elvira Thurbo, U. of O.; Helen Wait, Reed College; Garth Young, O. A. C.; Isabelle Zimmerman, U. of O.; Max Zimmerman, U. of O.; George West, O. A. C.; Clifton Wittaker, Stanford; Donald Fennahugh, U. of O.; Blanche Wildent, Body President Charles Spackman, who gave a very enthusiastic talk on "Pop." F. D. Curtis explained the constitution of the student body organization, and the naming of a honor system. Hazel Lindner, U. of O.

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**Washington High**

**T**HE long desired want for a cafeteria at Washington high is about to be realized. A large piece of land near the school has been obtained by the school board as the site for a cafeteria. The building, which will house the cafeteria, will be three stories high, the main floor to be occupied by the cafeteria while the upper stories will be used for other school purposes. At present the needs of the pupils of Washington are supplied by several privately owned lunch counters about the school.

**I**n view of our future relations with South and Central America the Spanish department has changed from the Castilian or Spanish tongue to that of South America, which has a few noticeable differences. The fourth term Spanish class will carry on a regular correspondence with publishers and firms in South America. The third term Spanish class will later in the term, study and act out a Spanish play.

**M**onday morning Principal Herdman called an assembly of all the boys to consider the matter of football and other athletics. In the opening remarks of his talk Mr. Herdman emphasized the necessity of each and every boy to obtain an education. Mr. Herdman asked each boy present to lay the foundation for his life's work by attending school to do so. When the question of retaining athletics was put to the boys the response was unanimous for the affirmative. That evening a football meeting was called at which over 60 boys were present. Coach Earl now has the situation well in hand, and has had the boys out for practice on Wednesday.

**James John High**

**T**HE civics and sociology class visited the city hall on Saturday morning, where they went to meet the mayor, commissioners, and other officials. The civics class in domestic science for which a number of girls had been hoping, has been formed under Miss Chollar. The class is composed almost entirely of juniors and seniors. The previous training in art is being used in the study of the practical demonstration needed to make the work more efficient. The course will include the study of special diets for invalids and the care of the invalid's room. The third term class in commercial English, as one of their assignments, have written to the secretary of state, Gen. W. D. Lott, for a number of copies of the Oregon Blue Book. These books will then be used in the civics class.

**T**he German, Latin, English VI and English and general science classes are now using their new books. Miss Ward has been teaching the commerce classes for the latter part of the week, as substitute for Mr. Burdick. Merle Wells, Francis Hersher, Elbert Hoskin, instructor in science, Fred Kelly, George Frey, former secretary, Herman Schreder, Louis Dunsmore, Joe Toole, Charles Spackman, Russell Meyer, Richard Girt, Max Stearns, Delbert Day and the group. The girls' hiking club, the Hiak Klatawa, met on Wednesday afternoon to elect officers with the following results: Marion Dunsmore, president; George Frey, vice president; William Schreder, secretary; Opal Welmer, secretary-treasurer; Eleanor Thomas, sergeant-at-arms. Dunsmore has not yet appointed her standing committee. The Agassiz club elected the following officers: President, Agnes Vincent, vice president; Edward Rood, secretary; Gwenyth Young, reporter; Alice Glastrop, members-at-large; Esther Piele and Ella Ries, faculty advisor, F. D. Curtis.

**D**elbert Day had been elected president and Martha Hinder vice president of the senior class. The fourth term class has elected its officers, as follows: President, Charles Spackman; vice president, Edmund Kugel; secretary, Esther Freia; treasurer, Rudy Anderson. Assembly was called on Friday in regular assembly period by Stuedy, body President Charles Spackman, who gave a very enthusiastic talk on "Pop." F. D. Curtis explained the constitution of the student body organization, and the naming of a honor system. Hazel Lindner, U. of O.

**J**OURNED after an enthusiastic demonstration of the word "pop" in the form of a number of yells, led by D. Day, popularly known as "Pop." In the regular Thursday morning assembly the students were glad to welcome back W. H. Boyer. Mr. Boyer was well pleased with the singing of the students and voiced his intention of having the school give a recital in the new auditorium.

**Franklin High**

**T**HE state fair board has invited the Franklin double quartette to come to Salem on Portland day of the fair, offering to pay all expenses. A large number of the old students have returned to school during the past week and the confusion of getting settled is well over with, although there are a good many who will not return for another week.

**T**here were three members of last year's faculty who did not return this semester. Dr. Mary Madigan was too ill to take up her work, which has been temporarily assumed by Mrs. R. V. Walsh. Miss Grace Tucker, whose place was taken by Roberto Allende, returned to New York to visit her father, who is ill. Miss Mary E. Betz was granted year's leave of absence, which she will spend on her wheat ranch in Eastern Oregon. Her work has been allotted to other teachers.

**A** class of 15 has been organized in medical Latin to begin work next week. This is comprised of students who intend to take up their life work along the medical lines. There are now six football letter men reporting for practice, three having returned last week. Coach Dewey is expecting at least two more to return this week. Badly, who did some noteworthy work as center last year, will be placed back of line. The second team is composed of very good material, but L. A. Dillon is doing some splendid work getting them whipped into shape to give the first team some good stiff practice.

**By Opal Welmer**

**T**he social club made its first trip of the year during the latter part of August. The group covered was around Wahtuna Lake. The next trip will be in the Mount Adams district. Those who went on the trip this time were: Mrs. Grace Smith, Berenice and Irene Elliott, Dana Small, Emma Burdick, Merle Wells, Francis Hersher, Elbert Hoskin, instructor in science, Fred Kelly, George Frey, former secretary, Herman Schreder, Louis Dunsmore, Joe Toole, Charles Spackman, Russell Meyer, Richard Girt, Max Stearns, Delbert Day and the group. The girls' hiking club, the Hiak Klatawa, met on Wednesday afternoon to elect officers with the following results: Marion Dunsmore, president; George Frey, vice president; William Schreder, secretary; Opal Welmer, secretary-treasurer; Eleanor Thomas, sergeant-at-arms. Dunsmore has not yet appointed her standing committee. The Agassiz club elected the following officers: President, Agnes Vincent, vice president; Edward Rood, secretary; Gwenyth Young, reporter; Alice Glastrop, members-at-large; Esther Piele and Ella Ries, faculty advisor, F. D. Curtis.

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**Lincoln High**

**T**HE first assembly of the year was a patriotic one. Principal T. T. Davis presided. Miss Barnes spoke of the sacrifices of the boys in the trenches were making for America, and also told of the work that those at home could accomplish. Miss Parry of the art department spoke of the classes to be formed to assist in Red Cross work. The work is to be voluntary and will consist of making Christmas tags, postcards, and other things. The entire program are to be given to the Red Cross. Principal Davis closed the assembly with an urgent request that everyone help in Red Cross work.

**T**HE officers of the Tologelan debating society are: President, Edwin Wright; vice president, Oscar Helmer; secretary, Robert Wortendyke; assistant secretary, Earnest Richter; treasurer, Millard Rosenblatt; editor, Harry Pennell; sergeant-at-arms, Robert Wortendyke.

**Edwin K. Wright**

**E**dwin K. Wright, president of the Tolos, has appointed the following committees: Program, Charles Berst (chairman); Jacob Holzman, Herman Kehllis, Charles Hildner, Robert Wilson (chairman); Forrest Littlefield, membership, W. D. Olson (chairman), Ed Teerning, Estelle Hignson.

**R**ehearsals are in progress for the February 18 class play, "The Private Secretary," to be produced November 24 in the Lincoln high auditorium. The cast includes the following: Mr. Marshland, Kenneth Tait; Harry, Edwin Wright; Mr. Kattermole, Harley Stevens; Douglas, James Spaulding; Edna, Mrs. Marshland (daughter of Mr. Marshland); Mary Holmes; Eva Febefer (her friend and companion); Delphine Rosenfeld; Mrs. Marshland (Mrs. Marshland's lady); Maxine Schaefer; Miss Asford; Eloise Lowenson.

**O**ra Spurlin, Philo president, has appointed the following committees: Refreshment, Mrs. Marshland; Dolph, chairman; Dorothy, Ruth Ferguson; resolution, Kathryn Donald (chairman); Anna Wheeler, Helen Morgan; initiation, Leota Burt (chairman); Mrs. Marshland; Genevieve Matson; placard, Clementine Williams (chairman); Virginia Graham. Mr. Schwartztrauber's civics classes are to make a study of the best periodical in the country. He has appointed from each class to have charge of the work. Each student in the class is to be responsible for one issue of a magazine during the term, and is to report upon the magazine twice a month. The students in the first period class in charge of the work are: Earle Larimore, Mrs. Marshland, Mrs. Marshland, Marie Cavel. In the sixth period class the following are in charge of the work: Ralph Knudsen, Helen Stewart, Fred Mann. Among the periodicals to be studied are: Literary Digest, Review of Reviews, Nation, Living Age, New Republic, Independent, Current Opinion, The Atlantic Monthly, Century, Scientific American, Survey, English Journal, Popular Mechanics, Scientific Monthly and American Magazine of Art.

**T**he work in connection with the school organizations is progressing and will soon be expected. The gymnasium classes will be resumed under the direction of Mr. Wells. The art department has not been fully determined, but it is assured that there will be a football team. The new classes in business knowledge under the direction of Mr. Carlson has shown a large attendance. The office knowledge classes contain many interested and enthusiastic students who are ready for a year's work in business employment.

**Benson Polytechnic (Girls)**

**M**ISS GAFFNEY and Miss Toon have been ill and were not able to report at the opening of the semester but both are improving rapidly and it is expected that they will soon return. Mrs. Davidson is in charge of Miss Toon's class and Miss Gaffney's.

**H**AVE made a few changes in the Cardinal staff. At present the staff is as follows: Prose, Lina Potts (editor); Marcie Carlock, Marie Cavel, school notes; Helen Stewart, Gladys Blaine, Malcolm Stowell; poetry; Frances Habersham (editor); Emily Veazie, Ruth Alderman, Phoeber Lewis; athletics; Edwin Wright (editor); Russell Kaufman, Kathryn Donald, Dorothy Reed; music, Louise Smith (editor); Jane O'Reilly; jokes; Robert Wilson (editor); Marjory Gill; school notes; Helen Stewart (editor); Harley Stevens, Delphine Rosenfeld, Albert Wortendyke; art, Earle Larimore (editor); Ray Daly, Harold DeLore, Charles Hildner, Robert Wilson (editor); Judith Lippett, Maude Doggett, Isabelle Kidd; alumni, Craig Elliott (editor); Mary Holmes.

**T**he Scribblers' club is to be re-constituted in order to be a member one must be on the Cardinal staff or have had an article published in the Cardinal. The purpose of the club are to coordinate the work of those who have had material accepted for the Cardinal and to bring the editors and the staff into closer contact with one another.

**L**incoln's first singing assembly was held Tuesday morning. Most of the songs sung were patriotic ones. At a meeting of the February 18 class new president and treasurer were elected. The officers of the former president, and Russell Colwell, former treasurer, were not at school this year. Edwin K. Wright was unanimously elected president. The officers of the Tolos are: President, Edwin Wright; vice president, Oscar Helmer; secretary, Robert Wortendyke; assistant secretary, Earnest Richter; treasurer, Millard Rosenblatt; editor, Harry Pennell; sergeant-at-arms, Robert Wortendyke.

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**High School of Commerce**

**T**HE total enrollment at the High School of Commerce so far is 307 pupils, of whom 102 are first term students. Freshmen are enrolling in large numbers, many more than expected. Some of the former students are not returning, but mostly to the profitable positions held by them.

**T**he Tri-L's elected the following officers at their meeting Monday: President, Elizabeth Griggs; vice president, Gene McDaniels; secretary, Helen Cluster; treasurer, Esther Hardner; editor, Agnes Scholtz, sergeant-at-arms, Katherine Kressman. President Elizabeth Griggs has appointed the following program committee: Ruth Alderman (chairman), Celia Isenstein, Adah Nelson.

**T**he officers of the Laurelhurst club are: President, Gene McDaniels; secretary, treasurer, Nora Bunnage; editor, Agnes Scholtz. Miss Northrup is critic of the society. The girls' art department has elected the following officers: President, Elizabeth Griggs; vice president, Gene McDaniels; secretary, Helen Cluster; treasurer, Esther Hardner; editor, Agnes Scholtz, sergeant-at-arms, Katherine Kressman. President Elizabeth Griggs has appointed the following program committee: Ruth Alderman (chairman), Celia Isenstein, Adah Nelson.

**LAURELHURST RED CROSS UNIT ACTIVE**



**Laurelhurst Women Exhibit Contents of Hospital Chest**

**A**bove—Scene from playlet given by Laurelhurst children. Below—Mrs. Hubert Ferris, chairman of the Laurelhurst Red Cross unit.

**C**ameron, Louise Nex, Maxine Schaefer, Florence Leonard, Madeline Brown, Edith Anderson, Esther Gardner.

**T**he completion of hospital chest number eight for the American Red Cross by the Laurelhurst unit of the Portland branch was celebrated Monday afternoon when 50 of the women who spent the summer sewing for this box gathered to view the entire fruits of their labors, to enjoy a cup of tea together and to listen to an entertaining program and the explanation of the registration which took place the previous Saturday.

**A**t the conclusion of the program Mrs. Ward Swope, representing the women's committee of the Council of National Defense, explained the plan for registration of women and answered questions on the subject. Tea was then served. Mrs. J. O. Tamiesie was in charge of this feature of the afternoon. The table was centered with a basket of magnificent zinnias from the Tamiesie gardens. Those pouring were: Mrs. H. D. Coale and Mrs. A. B. Combs. The unit will meet Monday to make plans for further Red Cross work.

**R**ed Cross. Any residents of the city as well as regular students of the school may enter the classes and those working five periods a week will receive half a credit.

**M**rs. Graham, dean of the girls, spent a delightful vacation in the east, visiting many points of interest including New York, West Point, Baltimore, Md., and Annapolis. While hearing the debate on the Geothermal Denman controversy. She went to Fort Myer to visit the officers' wives and also Annapolis to see the naval academy. After spending two weeks at Atlantic City she returned by the way of the Canadian Rockies.

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**"Country School" to Resume Monday**

**T**he "Country School" will be opened for its second season Monday in its new quarters in the country home of Mrs. Helen Ladd Corbett at Winlock, Ill. The principal and additional members of the faculty include Miss Helen Arnold, primary work; Miss Frances Rochet, dancing and playground; and Miss Jean de la Barthe, French.

**CONSTIPATION IS A PENALTY OF AGE**

**N**othing is so essential to health in advancing age as freedom and normal activity of the bowels. It makes one feel younger and fresher, and forestalls colds, piles, fevers, and other dependencies.

**SUFFERED TERRIBLY WITH SKIN TROUBLE CUTICURA HEALED**

**A**ll Over Body and Face, Burned and Itched, Scratched and Became So Irritated Had to Remove Clothing.



"I suffered terribly for years from a breaking out and an awful burning and itching sensation all over my body and face. The itching was so intense that I scratched until my body became so irritated that I would have to remove my clothing three or four times a day. I could not work when the weather was warm and I could not rest at night. If I became heated I seemed to become worse. Soap and Ointment, as they had healed her of a skin irritation. I immediately purchased the Soap and Ointment and now I am completely healed." (Signed) Mrs. R. A. Lanster, 1112-11th St., Denver, Colo.