

Oregon Journal

AN INDEPENDENT NEWSPAPER
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A SHIPPER'S SUGGESTION

THIS interesting letter was printed in yesterday's Journal:
Portland, Aug. 8.—To the Editor of the Journal—We notice considerable agitation of late regarding a bond issue to construct ships to operate out of and owned by the port of Portland in the interest of the

that the money has been wasted.
What makes the case extraordinary is that nobody can deny that the bosom of such a river as the Columbia is nearer a level than are the slopes of a mountain chain. Nor can anybody deny that it is easier to run an object along a level than up mountain steep. Nor can anybody deny that a train of barges on such a river is a cheaper method of handling heavy products than is a train of cars dragged over difficult mountain passes.

The whole people have been cheered by the news of ex-President Taft's recovery from the sudden illness that overtook him at Clay Center, Kansas. Ex-President Taft is a man whom the nation could ill afford to lose during these days of trial through which we are passing.

TRAVEL STORIES OF NORTHWEST

By Fred Lockley
One of the annually recurring questions each summer and fall rolls around is, "Where shall we go for our vacation?" In many states there are but few desirable places to go, but here in Oregon it is hard to decide whether to go to the coast or to the mountains. Surely the land of out-of-door-delight is located in Oregon. Has Europe anything aside from its history, its antiquities and its battle fields that we can not more than match? Will you find in all Europe the equal of Crater lake, or a river as majestic and beautiful as our Columbia? Will you find any mountain peak that surpasses our sentinel peaks of the Cascades range?

A Mother's Views on Food
Portland, Aug. 9.—To the Editor of the Journal—I was born of a German mother. (I realize that this first sentence condemns my remarks to censorship and suspicion, but I did it before it was a disgrace to be so born, and I promise never to do such a thing again if I'm forgiven this time.)

Why Hernias are Dangerous
A hernia is a little protrusion of the abdominal wall, covered only with skin and fat. The wall that normally holds it in place may get torn from lifting heavy weights, or from the use of barrels or other heavy objects, or from a rupture of the abdominal wall.

Letters From the People

Communications sent to the Journal for publication in this department should be written on only one side of the paper, should not exceed 200 words, and should be accompanied by the name and address of the writer. If the writer is a woman, she should give her name in full. If the name published is to be different from the name given, the name to be used should be stated.

HELP FOR THE RAILROADS
THE rivers and harbors bill just signed by President Wilson carries appropriations of \$27,000,000.
With a breakdown of the railroads hanging over our heads it is more or less reassuring to see the authorities disposed to turn to the internal waterways for help. Enlightened observers have been telling the country for years that the railroads never could do all our carrying business. It has been pointed out scores of times that in an emergency like the present they were certain to break down. It was predicted that they would break down even in peaceful conditions if they were not relieved by handing over some of the heavy freight to the waterways when it could be done.

COMMENT AND NEWS IN BRIEF

SMALL CHANGE
According to a heartless punster the most modest man may have an August vacation.
"Hoover Gets French Cross" says a headline. Food bandits would like to give him the Legion of Honor.
And when rain does come, it's going to make a lot of people just as sore as if it had been raining every week all summer.

TO EXPEDITE THE WORK OF THE I. C. C.

Washington, Aug. 13.—Reorganization of the interstate commerce commission into divisions, and with two additional members, is expected to be approved by the senate without formal hearing, and will not affect any subsequent proceeding. This plan, it is contended, will decrease the work, because the commission will have sufficient information to approve the rates in a tentative way, and if in doubt will order hearings before approval is given.

HOW TO BE HEALTHY

It is extremely important for men to find out whether they are weak, or whether or not they have weak rings so that they may guide their actions accordingly. If they simply know this they can avoid the dangerous physical strains and thus prevent the development of a hernia.

PERSONAL MENTION

F. W. Waite Here From Sutherland
F. W. Waite is at the Imperial on a brief business trip.
Railroad Man at Imperial
F. H. Bayliss of the Southern Pacific is registered at the Imperial with his family. Los Angeles is their home city.
Miss C. Blissard of White Salmon is registered at the Nortonia.

Rag Tag and Bobtail

Stories From Everywhere
[To this column all readers of The Journal are invited to contribute original material in the form of short stories, sketches, or striking editorials, from any source. Contributions should be sent to the editor, at the address given on the masthead, and will be paid for at the editor's appraisal.]
A MAN there was who paused to groan and make his family sad. Much sympathy had often been shown him for his misdeeds. And everybody jumped around and tried to hold his head. And some of them said today, but take a rest instead. He murmured, "Thanks," and seemed to be a little better off, suffering more or less. To feel an unaccustomed glow of inward happiness. He sighed, "The health is precious and must be recovered quick. It's good to know the folks take notice when I'm sick!"