Activities Bed Time Tales At the Theatres BY VELLA WINNER AMUSEMENTS it naughty, but it made the wome South-Breeze Finds the Jimmy cry. In fact, it was just like the nov-BAKEE-Broadway and Sixth at Morrison. Dramatic stock. Alcasar players in "THE GIRL IN THE TAXI." S:20 p. m. COLUMBIA-Sixth between Washington and Stark. Photoplays. "BILL" HART in "WOLF LOWRY." Sensett SUPER-KEY-STONE. "HEE TORPEDOED LOVE." 10:30 a m to 11 p. m. Big of 15 or 20 years ago-jus a nice, weepy litle story of the unwed mother. That is where it was different from life. Women don't cry when they hear about girls like that, and the man doesn't come forward on his shin bones Wind-Bells els of 15 or 20 years ago-jus a nice, DELIGHTFUL affair of Sat- transacted, light refreshments were urday night was the party served by the hostess, who was as-ISTEN! Hear that noise!" ex-66T given by the Women's Study sisted by her daughter, Miss Bernice. claimed Jimmy South-Breeze as club of Stanfield in honor of California poppies made attractive deche swooped around the eaves of orations about the house. Mrs. J. W. Mrs. Fred E. Schmidt and the new big apartment building. "I wonder doesn't come forward on his shin bones members. Mrs. Schmidt is leaving Deifell, of Portland, was a guest. 10:30 a. m. to 11 p. m. ELEVENTH STREET PLAYHOUSE-Drama. "Her Unborn Child." 2:15 p. m., 8:15 what in the world it can be?" Flag Is Presented .-- A very interest-He listened carefully for a few sec-

Stanfield. Following is the program ing program of readings, songs and which was given: Toastmistrss, Mrs. C. A. Hazen; address, President Mrs. dialogues was given Friday, June first, J. H. Norton; "Americanizing the by the children of the Alameda school! Emigrant," Mrs. J. F. Buchahan; in connection with the presentation of "Toast to the Husbands," Mrs. Mary a flag by the Willamette chapter of the D. A. R. In her address of wel-Spencer; response, Professor W. C. the D. A. R. In her address of wel-Howard; reading, Mrs. L. M. Hills; come, the principal, Miss E. C. Felt. stated that in anticipation of the event, toast to the teachers, Mrs. F. A. Baker; the children's work in English had response, Professor I. B. Sevy; plano been taken from the history of our duct, Mesdames Sevy and Schmidt; flag, and the manner in which the poem, Fred E Schmidt,

6

program was rendered showed the The club presented Mrs. Schmidt with some beautiful flowers as a token careful attention which the teachers of the high esteem in which she was had given to enunciation and expresheld. Mr. Schmidt's 'original poem sion. The children assembled before on his advent into life in Stanfield was quite humorous and was considered by two Boy Scouts from Troop 44. Theron W. Bean and James Shaver, and recited: "Here Comes the Flag."

To Open Club House Tomorrow .--The invocation was given by Mrs. Wil The complete program for the delightliam A. Evans, and a short story told ful entertainment to be given by the by Mrs. R. G. E. Cornish, after which Coterie at the new club house at East the flag was raised by the scouts in Tenth and Weldler streets, Wednesday the manner employed by the U.S. navy, being tightly rolled as it asafternoon at 3 o'clock will be as follows: "Reminiscences of Old cended and breaking open to the breeze by Mrs. Robert Berger; vocal Mexico, at the top, while the children sang the "Star Spangled Banner." The exersolos, Miss Eileen Yerex; Mexican dances by Miss Helia Berger; violin cises closed with the "Salute to the numbers by Vern Isom and a number Flag" by the school. by Mrs. Ella Hoberg Tripps, trio com-Progressive Woman's League to Meet. sed of Jesse Maulbetsch, soprano; The Progressive Woman's league

Gladys Noel, mezzo-soprano; Flora Bell-Beaumont, contraito, Astoria Reading Club,-The last meeting for the year of the Astoria ing year. Each member is urged to be

Reading club was held at the home of present and bring dues. Much busi-Mrs. M. Hussong. After the usual ness is to be brought before the league business meeting the following offi-eers were elected for the coming year: appointed for the year as well as for President, Miss Gertrude Hule; vice- the big ball and card party to be given president, Miss Nellie Gerding; secre- June 12 for the benefit of the Oregon tary, Mrs. J. A. Fulton; treasurer, Mrs. soldiers' hospital fund. A. D. Garner The club has chosen a course of reading on contemporary lyn Mothers' and Teachers' club held

Eugene Book Club .-- Mrs A. L. Ingally was hostess, at her home "Glen- Mrs. William C. Epps; vice president, indefinite date sometime this fall, Cur- Leonard. Resolutions directed to the interesting discussions made the first the Pacific States telephones be repart of the afternoon very fascinating, installed in the public schools. Plans



DATES AND CREAM Take After your day's work is done, what foes your entrance into your home 34 mean to your family? ing water, stir and separate them in Does the happy laughter of your children cease? Does your wife look up anxiously to and set them in the oven for three or

see if you have come home good- four minutes to dry off. Cut each date was neither birth control play nor is had gathered to hear the returns. in halves and remove the stone. Serve If these are the effects you notice with cream. when you step inside your home door,

it is really too bad that the whipping HELPING THE CLOCK post has passed out of existence as a

to 11 p. m. OAKS-(Take Oaks cars on First or Haw-thorne). # Outdoor amusements. McEiroy's band. MISS ELOISE ANITA HALL, prima

OARS-(Inge Caks cars on pirst of Anternoy's thorne). #Ontdoor amusements. McElroy's band. MISS ELOISE ANITA HALL, prima donna. 10 s. m. to 11 p. m. PANTAGES-Broadway at Alder. Vaudeville. Headliner, AL GOLEM and his Persians. Photoplay, chapter 2 of "The Neg-lected Wife," featuring Ruth Roland. 2 p. m. continuous.

m. continuous. PEOPLES-West Park at Alder. Photoplay. MARY PICKFORD, in "A ROMANCE OF THE REDWOODS." Comedy, Scenic. 10:30 a. m. to 11 p. m. TAK -- Washington at Park. Photoplay. MLLE, SUSAN GRANDAISE in 'MARKED STAR MILLE. SUSAN GRANDAISE in MARKED SOULS." 11 a. m. to 11 p. m. STRAND-Park at Stark. Vaudeville. Head-liner, "THE AMERICUS FOUR," in musical features. Photoplay, MARY MACLAREN in "Money Madness." 1 p. m. to 11 p. m. SUNSET-Broadway and Washington. Photo-play. "JIM BLUDSOE," featuring Wilfred Lucas Comedy. Paramount pictographs.

will meet tonight at 8 o'clock in the grey room of the Multnomah hotel for the election of officers for the comday sud Sunday

Acts Are Diversified

DIVERSIFIED array of entertain-

A the Pantages, Topping the bill, of Hart in the least, especially as "The Slave Drivers," an acrobatic holders of reserved box seats are to street to the big apartment building presentation of pretentious propor- have a special entrance to the theatre. where Jimmy had been. tions, is decidedly enjoyable, being The admission has been raised to 25 Brooklyn Club Elects .- The Brookshown by Al Golem and a score or English literature for next year. Dainty refreshments were served after the business meeting. If we work was reviewed and officers the effering of the California girls. Columbia. Hart will be seen twice,

of thrills.

were elected as follows: President, Foley and O'Neil, sporty and clever, first at \$:30 and again at 9:45. He are fun artists of talented voice an1 will wear his cowboy costume and will wood Lodge" for the last meeting of Mrs. Meler Klapper; secretary, Miss nimble feet. Ralph Blevan and Bea- tell of his experiences in making mo the Eugene Monday Book club until an Roma Stafford; treasurer, Mrs. Archie trice Flint crack jokes in rapid order tion pictures. There will be, in addirent events centered upon the war with school board were passed urging that tight rope, blcycle and in general con- his, associates making a photoplay. tortions, Queenie Dunedin, pretty and charming, sings and dances admirably

Boy Scouts in Picture also. "The Chalk Line," a farcical sketch by Harlan Knight, Horace Weston and Lillian Kolkman, is a

America, Troop No. 100, from the humorus depiction of country store upper west side of New York city will controversies. Speedy musical numappear in support of Ann Pennington bers are played on the xylophone by in the picture "The Little By Scout." Alexandria. The new motion picture This troop is one of the star organizaserial, "The Neglected Wife," is full tions of the Boy Scouts of America. having distinguished itself both

drilling and in community service.

Never since the days of "Uncle Tom's Heilig Lends Wilson Film The management of the Heilig theaing women packed the Eleventh Street theatre as that which sobbed yesterday picture film showing President Wilson afternoon over "Her Unborn Child." and an appeal for subscription to the Take They did not go to sob. One half (ap-about They did not go to sob. One half (ap-Liberty loan, the picture being shown proximately) went to see Mina Gleason. on the election bulletin screen in front pound of dates, cover with boil- About half and half, the other half of The Journal building Tuesday night, ing water, stir and separate them in went to be instructed in the latest re-the water with a silver fork, skim them from the water to an agate pan and set them in the oven for three or to hear something of the film Monday night, was greeted and Taylor streets. Ten prizes will be naughty, nughty. The performance by cheers from the big crowd which on the list,

onds. "Tinkle, tingle." Such a sweet chip-

"Her Unborn Calld." 2:15 p. m. p. m. HEILIG-Broadway at Yamhill. Photoplay. Spectacle. D. W. Griffith's "INTOLER-ANCE." 2:15 p. m., 8:15 p. m. HIPPODROME-Broadway at Yamhill. Vau-deville. Headliner. "THE CULONIAL DAMES." in musical selections. Photoplay. serial. "THE SECRET KINGDOM," featur-ing Bushman and Bayne. 1:30 to 11 p. m. LYRIC-Fourth at Stark. Musical comedy, "A NIGHT IN THE AIR." 2 p. m. con-tinuous. py chime it was. Quite unlike anything Jimmy had ever heard before. "I believe I'll ask my mother what that is," he decided finally, and inimediately he began hunting for her Now maybe you think it's an easy thing to find your mother, and maybe A Alter in the first and f it is easy when you call and she is right there to answer. But Jimmy's mother was different.

beaux, or any audience.

formances.

Lived Circus Life

Hart Comes Wednesday

are very unlike. In the first place, In filming most of the scenes of Mrs. South-Breeze had a great many "The Sawdust Ring," the new play of children, and then she had such a wide circus life in which Bessie Love wil country to travel over that she would be presented shortly, Director Paul not stay is one place very long. Jimmy hadn't seen a glimpse of her Powell found it necessary to take his entire company on a two weeks' tour

for two days. with the Cole Brothers' shows. Dur-"I wonder where she is?" he mused ing the trip, which covered several thoughtfully, "I believe I'll hunt totowns in northern California, Bessie wards the east." So he did. Love and her associates lived the life He blew softly over the smooth of real dwellers "under the big top," rode in all the street parades, and he called gently through the big bushes. even took part in several of the per-"Mother, Mother South-Breeze. I want

And by rare good luck Mother South-

She loved, her children and kept track

of them in her own fashion, of course, but wind fashions and people fashions

theatre announces that the demand anything for you?" for box seats to see and hear William Hart Wednesday night has sur-

S. Hart Wednesday night has sur-passed all expectations. The fact that wonderful new sound I want you to help me." box seats have been placed at \$1 each hear. Come along this street, and I'll ing acts are shown this week at has not deterred the Portland admirers show you the place."

> cents-the first time in the history up to the second floor porch and listen of the theatre. This change is neces-I know you'll think it is wonderfully sweet.

Softly they nestled down on the tiny front porch, carefully they listened-but not a sound did they hear.

and efficient style. Skillful on the tion, a special film showing Hart and a visit to this celebrated commandery. P. Holm; address by Dr. Arthur K. On Wednesday, the grand lodge, A. F. Higgs; song by Baseball Team quartet; and A. M., will be called to order by reading, Eunice O'Dell, pupil of the Gil-By arrangement with the central Grand Master Will Moore of Pendle-organization of the Boy Scouts of ton, and the sessions are expected to dance by Miss Goldstaub, song, Lois America, Troop No. 100 from the

> inson is grand secretary of both the Royal Arch Masons and the Ancient Free and Accepted Masons. The Oregon chapter, Order Eastern Star, will hold its session on Tuesday. Mrs.

tron, assisted by J. O. McLaughlin,

Ten Prices Offered Thursday evening, Astra circle, Women of Wood-craft, will give a five hundred party

Program Is Special.-The special ommittee of Kirkpatrick council, Knights and Ladies of Security, is pre-



catel at San Francisco and Los An-**Keystone** Company **Opens** Offices Here

One of the Oldest Independent Type Manufacturing Concerns in Country Locates in Blake-McFall Building. The Keystone Type Foundry com- A surprise pany, one of the oldest independent type

manufacturers in the country, has es- --- in biscuits tablished an important Northwest office in Portland.

It is located in the old Blake-McFall building, 41 Fourth street, and large capital is being invested, it is said. This is the first direct agency of the Keystone to be established in Portland. The company originated in Philadelphia more than 25 years ago. It has been gradually extending branches until with the new offices in Portland it completely covers the country. company manufactures type and steel composing room equipment. Hereafter a full line of printers' sup

plies will be carried in Portland, John I. Caldwell is manager of the branch while John H. Taylor, an old Keystone employe, is manager of the Pacific Coast territory. Other branches are lo

WHAT BILLY SUNDAY SAYS

and yet that Cottolene biscuits In one of his meetings at Boston the noted evangelist said, "I believe that tasted every bit as good as butter biscuits. She said she had never yet seen a shortening that mixed as

(Adv.)

where a herb growing that will cure evenly and smoothly as Cottolene. The choice medicinal herbs which The biscuits were rich and crisp will cure women's ailments were diswith a delicious flavor covered more than forty years ago, and have been doing their beneficent work for half a century. Lydia E. Pinkham combined them in convenient form in Cottolene her famous Vegetable Compound, which is to be found in the drug

conveniently get it at small cost. It does the work!

"This way?" said Jimmy, and he blew a swish of air through the room Have you ever tried "That's the way to help," twinkled SPRUNK'S Prepared the wind-bells. "You're the very play-



Golden West Coffee is selected from the finestimported

stocks, blended and roasted by experts, and put up so that

From there on we must trust GOLDEN WEST COFFEE

to you. Do not consider us overly insistent, but realize

the cup.

that we watch over GOLDEN WEST COFFEE.

it reaches you with its full vigor and exquisite flavor.

Olds, Wortman & King 4th Floor Get a sample and convince

insure its being "Just Right" in

yourself of the superiority of

This New Article

Golden West



There Is Reason

in your grocer's sending

you a big wrapped loaf of

When my mother brought in

the plate of hot biscuits she said:

"Thank goodness they turned out

light! Your Cottolene certainly

She meant the Cottolene that

My small sister teased Mother

about butter, because Mother had

always sworn by butter for biscuit

Cottolene was quicker and easier

beside being cheaper than butter-

But Mother had to admit that

From E. C.

At grocers in tins

Mr. C. had given me to try.

does make them light.'

making.

when you merely ask for bread. It is

Made Clean Sold Clean Delivered Clean

He is sure you will be pleased. Look for the label.



frolic and sing. The management of the Columbia Jimmy," she said kindly, "can I do cried Jimmy. "Oh Mother do come back this way

Together they blew swiftly down the room to investigate.

"Here it is," he cried. "Now blow sweet music if you will bely me."

mate I want.

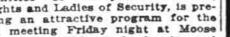
ing representatives of the order to pay Song, "King of Land and Sea," by Fred

continue for three days. James F. Rob-

Dora B. Schilke is worthy grand ma-

George M. Hyland, most worthy grand patron of the supreme chapter.

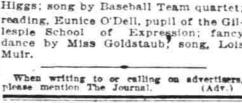
paring an attractive program for the

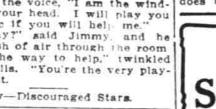


Tomorrow-Discouraged Stars.

worthy grand patron. It is expected that guests of honor will be Mrs. Emma C. Ocobock, most worthy grand tre lent The Journal a 70-foot moving matron of the supreme chapter, and

open meeting Friday night at Moose vill be cards. dancing and There





"I?" said the voice. "I am the wind-bells over your head." "That's queer" said Jimmy. now this is the right place. I think I'll look in the door and see what's the matter." He blew softly through the screen and into the living-room. Instantly a dainty musical chime was every disease can be cured by some streets till he reached a big park, then heard-a chime as cool and sweet as weed if we can only discover it. There the sound ice fairles make when they is not an ailment that God hasn't some

"There it is mother," cried Jimmy that ailment." delightedly. "Now listen." They both Breeze was there and answered: "Yes, kept very still-and the music stopped.

"Oh dear what is the matter now, "Matter enough," answered a little voice sadly. "I can't sing unless you

Breeze, blowing into the big living- stores where every ailing woman may

"I?" said the voice, "I am the windbells over your head. I will play you

"I can't sing unless you "Who are you " asked Mrs. South-

of bringing you to your right mind. Why, man, your return from work

every night should be one of the happiest events in the lives of your wife and children.

You ought to make that little woman "Yes, I'did. But after a day or two who is matrimonially bound to you I got used to it and it didn't wake me. feel like offering up a prayer every So I got the parrot. And now when I evening when you return to her in go to bed I fix the alarm clock and safety. Her face should shine with the bril- When the alarm goes off it startles safety.

liancy of her anticipation of a happy the parrot, and what that bird says evening, with you-her husband-an would wake up anybody." event of the day. THE VIRTUE OF TOLER-

Your children should rush up and pour into your arms, eager to tell you everything, because they know you are interested in whatever interests them charm, for the woman who will charm a new year like that?

It is largely up to you whether your self-effacement when necessary, and needed will be their service. If ice is family stand at the door awaiting you. what is this but tolerance of the views not obtainable, an iceless refrigerator,

TARTARE SAUCES Here are this, and at the same time refrain from

lent recipes for tartare sauce: Cold Tartare Sauce-Put the yolk of acter without being thought colorless. 1 egg into a bowl with 1 teaspoon of dry mustard, 1 level teaspoon of salt

and just a little bit of cayenne pepper. Stir with a wooden spoon until smooth. Then add 1/2 cup of salad oil and 3 tablespoons of lemon juice or vinegar, a few drops at a time, stirring quickly all the time. When the sauce is thick and smooth, add 1 tablespoon each of chopped parsley, capers and gherkins and 1 teaspoon of very finely chopped onions. Keep cool until wanted for

use. Serve with cold fish. Hot Tartare Sauce-One tablespoon vinegar, 1 tablespoon lemon juice. 😼

easpon salt, 1 tablespoon of walnut!

Don't Feed Your Baby Every Time He Cries

> Many are the mothers who feed the baby to make him stop crying. Poor Baby! He stops-for a while-and then it's all the worse. For the tiny stomach has had

another load added to its already undigested burden.= The baby isn't always hungry. Perhaps he's getting too much or the wrong kind of food.

Give him your breast milk as long as you can. It may be the saving of his life when he is sick. You'll probably be able to nurse him nine full months if from the beginning you use one feeding a day of



Give him that feeding at any clean milk of healthy cows in sanihour each day in place of your tary dairies-every cows' milk danown milk-and leave yourself free ger has been destroyed-every baby to take a little air or pleasure to need has been added. build up your own milk. Send the coupon for a FREE Trial Package of 12 feedings and a book about bables, by specialists.

Then when weaning time comes, you'll just give more feedings until the baby's all on NESTLE'S without feeling the change.

NESTLE'S comes to you in a safe, air-tight can-you add only water and it's ready. You don't have to worry about sour milk or consumptive cows or germs in the milk. In NESTLE'S-made from the

de la secolaria

"Aha!" said the head clerk. "I'm glad to notice that you're arriving punctually now, Mr. Slocombe." "Yes, sir. I've bought a parrot." "A parrot? What on earth for? told you to get an alasm clock."

Berger on "Old altrico," Danking and music.
B. p. m.—WOMAN'S CIVIC WELFARE CLUB at Central library. Addresses by candi-dates for school director.
B. D. m.—KENNEDY PARENT/TEACHER ASSOCIATION. Program by pupils.
T:30 p. m.—STATE WOMAN'S PRESS CLUB at Central library. Announcement of re-ception at Mrs. Ingham's will be made later.
B. p. m.—Mrs. Adeline M. Alvord presents DR. HENRY LAWRENCE SOUTHWICK in miscellaneous readings in honor of her grad-uating class at Hotel Benson.

WARTIME

Welder streets. Address by Mrs. Bobert Berger on "Old Mexico." Dancing and music.

Refrigerators can be made to ANCE I always have believed tolerance to be the secret of summer, Preserving milk, butter, and

-because you love them. How about must develop in herself a power of other supplies and keeping left overs self-control strong enough to rise to and unused portions until they are and wishes of others? If she can do cooled by evaporation, can be easily Women demonstrators onstructed. n extension work, south, of the United two excel- obtruding her point of view on others, States department of agriculture, tell she will add to the worth of her charow to make such a cooler at a small

This refrigerator consists of a wood-Admiration

en frame covered with Canton flannel. To cultivate sympathy you must be among living beings and thinking about them; to cultivate admiration, among beautiful things and looking at them.--Ruskin, burlap or heavy duck. It is desirable this is not necessary. Wicks, made of the same material as the covering, Tomorrow's Meetings.

resting in a pan of water on top of the cooler, conduct the water over the sides and ends of the pan and allow it to seep down the sides of the box. The evaporation from this moistened covering causes a lower temperature inside. On dry, hot days a temperature

Use a biscuit pan 12 by 14

utton the covering on the frame with

Villa Occupies La Cruz.

lake. p. m.—PORTLAND SHAKESPEARE STUDY CLUB with Mrs. Waldemar Seaton, 966 Mil-waukie avenue. Instaliation and reception to new officers. Take Sellwood car. p. m.—CENTRAL W. C. T. U. in Central library. of 50 degrees has been known to be chtained in the cooler. This is the way to build it: Make a screened case \$1% feet high

10 p. m.—Open meeting of THE COTERIE to open the woman's clubhouse. East Tenth and with the other dimensions 12 by 15 inches. If a solid top is used, simply place the water pan on this. Otherwise fit the pan closely into the open-ing of the top frame and support it by 1-inch cleats fastened to the inside of the frame. Place two movable shelves in the frame, 12 to 15 inches apart. inches on the top to hold the water, and where the refrigerator is to be used indoors have the whole thing standing in a large pan to catch any arip. The pans and case may be painted white, allowed to dry, and then enameled. A covering of white Cau-ton flannel should be made to fit the

D a. m.—Picnic of IRVINGTON ART CLASS at home of Mrs. Sam Thatcher, 1360 East Thirty-first street. Laincheon at College lake.

be opened without unfastening these hooks. This can easily be done by putting one row of hooks on the edge of the door near the latch and the ther just opposite the opening with the hem on each side extended far enough to cover the crack at the edge of the door, so as to keep out the warm, outside air and retain the cooled air. This dress or covering will have to be hooked around the top edge also. Two double strips one-half the width of each side should be sewed on the top of each side covering, and allowed to extend over about 21/2 or 3 inches in the pan of water. The bottom of the covering should extend into the lower

Place the refrigerator in a shady place where air will circulate around it freely. If buttons and buttonholes are used on the Canton flannel instead of buggy hooks, the cost will be reduced.

NESTLE'S FOOD COMPANY. El Paso, Texas, June 5 .- (U. P.)-758 Call Bldg., San Francisco, Cal. La Cruz, near Santa Rosalia, Chi-Please send me FREE your book and trial package huahua, was occupied by Francisco Villa Monday at the head of a force of Name

400. Villa is believed the Guerrero district. Address When writing to or calling on advertiser losse mention The Journal. (Adv.)

Masonic Grand Bodies Will Gather Here Next Week.

FRATERNAL NOTES

Groceries Free. - Portland council Knights and Ladies of Security, will Masons Will Gather .- With Rose Festival week comes Masonic week, give its regular card party at Gevurtz The different state bodies of the Ma- hall, Front and Gibbs streets, Thurssonie organizations will convene at the day night, and offers a tempting list

Masonic temple. The first organiza- of groceries as prizes. Good Time Promised .- Marguerite ion will be the Oregon grand chapter, Royal Arch Masons. It will be called Camp, Royal Neighbors of America, to order by S. S. Spencer, grand high has planned a 500 party to members riest, Monday morning, June 11, at and friends tonight, at the clubrooms o'clock. Tuesday evening. Wash- of the East Side Business Men.

hall.

music.

ington commandery, Knights Templar, Bureka Council Host.-Eureka coun-will receive a visit from Sir Harry A. cil No. 204, Knights and Ladies of Sedo Raser, personal representative of the curity, extended its hospitality to a

heir part in conserving food this most eminent grand master of the large crowd of friends and members at United States, and the occasion will its regular at-home Monday evening, be taken advantage of by many visit- The following program was rendered:

tonic time

Many people are run down and debilitated at the end of winter. They are pale, tired, have no appetite, do not sleep well, have headache and backache. All these are symptoms of thin blood.

Dr. Williams Pink Pills for Pale People

are a non-alcoholic tonic." They build up the blood, strengthen the nerves, tone up the digestion and soothe aching muscles. They are especially good for growing girls and tired women who worry. Send a postal card today for this valuable free book Building Up the Blood

Your own druggist sells Dr. Williams Pink Pills or they will be sent by mail, postpaid, on receipt of price 50 cents per box, or six boxes for \$2.50, by the Dr. Williams Medicine Co., Schenectady, N. Y.





