

Club Activities

THE bee parade and mass meeting this evening give promise of bringing out large numbers of club women and others interested in the advancement of the cause of patriotism.

Highland Association Elects.—Mrs. W. E. Crowlson was elected president of the Highland Parent-Teacher association Friday afternoon.

FRATERNAL NOTES
Portland Knights of Columbus Will Institute New Council.

Mount Wood Masons Hold Social.—The stag social of Mount Wood lodge, A. F. and A. M., was held last night.

Bombing the Stomach

The fallacies and pitfalls of dieting by mail are treated unflinchingly in the May issue of Dr. Wiley, former Chief U. S. Bureau of Chemistry, and now head of Good House-keeping Bureau of Foods.

GOOD HOUSEKEEPING

May issue now on sale—everywhere—15 cents

Bed Time Tales

BY CLARA INGRAM JUDSON
The Housatonic Grasshopper.
"O such a beautiful grasshopper, such a great green beautiful grasshopper!"

At the Theatres

AMUSEMENTS
BAKER—Broadway and Sixth at Morrison. Dramatic stock. Alcazar plays in 'YON YONSON'.

Mrs. Clara H. Waldo, regent of Oregon Agricultural college, who will speak at the industrial preparedness mass meeting at Lincoln high school this evening.

The Journal Woman's Calendar

By Vella Winner.
THE TACTFUL WIFE USES DIPLOMACY A woman living on the Main Line, whose letter obviously must remain anonymous, writes:

PLAIN CAKE After cream has come well to the top of a quart of milk, pour off carefully 1/2 cup of cream.

KITCHEN WISDOM Screws can be cleaned by the ordinary, I prevented from rusting by smearing them with a mixture composed of one-half ounce of powdered camphor and one pound of melted lard.

WAR TIME COOKERY
An ounce of edible meat—lean meat, fat and lean, suet or fat trimmed from suet, chop or roast—seems hardly worth saving.

Bombing the Stomach
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Beauty Chat

BY LILLIAN RUSSELL
Too Lazy to Think?
The most nervous people I know are those who spend their lives in the pursuit of diversion.

When it comes to the question of an immediate expeditionary force to France, there seems to be a division of public opinion.

What Can I Do to Serve My Country?
This Article Answers the Question For All, No Matter What Your Age or Condition

The Cash-Register of Patriotism
Rainbow Visions of the War's End
Feeling the Mailed Fist
Ireland a War Factor

Birth-Control for Flies
Why Drinkers Drink
Modern Shoes a Menace to Health
Ourselves As Posterity Will See Us

German Crimes Against Art
Too Dangerous for Us to Read
Steps in Russia's Religious Emancipation
War-Perils for the Children

"The Digest"—the Busy Man's Bible, the Doubting Man's Dictionary

Those of us who are busy, and which of us is not in these superstitious times, frequently sigh over the arid wilderness of irrelevant information through which we have to struggle in our daily papers in order to obtain those diamonds in a dust-heap, the items of vital news for which we are seeking.

May 12th Number on Sale To-day---All News-Dealers---10 Cents

NEWS-DEALERS may now obtain copies of "The Literary Digest" from our local agent in their town, or where there is no agent, direct from the Publishers.

This is a Mark of Distinction to Be a Reader of The Literary Digest

The Literary Digest

FUNK & WAGNALLS COMPANY (Publishers of the Famous NEW Standard Dictionary), NEW YORK



"Well, I truly feel sorry for you—I mean to eat you up!"

A sleepy old owl up in a tree blinked with eyes and remarked, "What a pity to be so much better than everybody else—one should at least keep still about it," and then he went to sleep!

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ration to occupy the position of the man or woman just ahead of you. Don't waste thought. Our great masters of industry and all successful people do not waste thought and energy in useless processes. They make every thought worth something, and they all think for themselves.

Monday—Undersized Women.

Public Is Invited To Travel Bureau

Travelers from the west who go to New York are invited to visit the recently opened travel bureau of the Union Pacific system in the Astor Trust building, 501 Fifth Avenue, just around the corner from Forty-second street.

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Ted Shaw and the Denishawn Dancers

PANTAGES
MANTINES DAILY 2:30