Seek to Retain at Least One Good Anchorage Ground in Local Harbor Lines,

### RADICAL CHANGE ADVISED

"Cluster Cables Close to All Bridges, Leave Intervals Free," Is Plan Offered Port Officials.

Restrain the laying of cables, except beneath or close to the bridges across the Willamette river, is the request made of Major H. C. Jewett, United States engineer corps, by the Columbia River Pilots' association. A request for permission to lay

cable across the river below the Broadway bridge has been made by one of the telephone companies, and Major Jewett asked for opinions from the interested parties along the waterfront. Pilots are still talking about the time the dredger Chinook fouled a cable with her anchor. The mudhook cut through the insulation and electricity was immediately transferred to every part of her hull. The sailors standing on the forepeak escaped because they luckily were standing on hemp hawsers lying there. Her wireless was knocked out. Blue flame shot from the masthead.

On another occasion a steamer fouled the cable of the Albina ferry. which being suddenly drawn taut knocked a man into the river and knocked a woman down, breaking her

The Port of Portland dredger Willamette working just below the Mor-rison street bridge fouled a bunch of discarded cables so thick that it was with some difficulty that her ladder was raised The river bottom about the Sellwood

ferry route is so dotted with discarded cables that on the several occasions that Hugh Brady has been forced to grapple for bodies near there it has been impossible to work successfully. Pilots point out, too, that when put-

ting a steamer through the bridges, most dangerous kind of navigapublic, it is impossible to drop an anchor without danger of fouling a cable on the vessel as well as the cable it- attle.

They say that if the cables were would be benefited.

### SHIPPING FIRM ORGANIZED

Articles of incorporation for the Viking Shipping Co. were filed by Arnold Reimann. Charles A. Edwards and Jesse Stearns. The new company will own the five motorships built or building at Astoria by the McEachern Shipbuilding Co. The incorporators are all officers of the 'A. O. Anderson & Co., owners of the shipbuilding plast.

The Actoria, first of the vessels built

### Bad Sprains or Muscle Strain

swelling right out with "St. Jacobs Oil."

shoulder, back or a sprain or strain anywhere, that's when you realize the because the moment it is applied, out installation. swelling. It penetrates right into the injured muscles, nerves, ligaments, instantly. It not merely kills pain, but at the latter point for a few weeks. soothes and heals the injury so a quick recovery is effected.

Get a small trial bottle of "St. Jacobs Oil" right now at any drug store and stop suffering. Nothing else sets things straight so quickly-so thoroughly. It is the only application to rub on a bad sprain, strain, bruise or



Don't Rub It On

Bruises or Sore Muscles Cloan's Liniment quickly penetrates and soothes without rubbing. Cleaner than mussy plasters or ointments, does not stain the skin.

Have a bottle handy for emergency rheumatic aches and pains, neuralgia lumbago, gout, strains, sprains and lame back, yield to Sloan's Liniment At all druggists, 25c, 50c, and \$1.00



MICE CARRY DISEASE STEARNS' ELECTRIC PASTE

U. S. Government Buys It

VON BERNSTORFF AND MEMBERS OF PARTY JUST PRIOR TO DEPARTURE



COUNTESS VON BERNSTORFF. PRINCESS HATZFELDT & COUNT VON BERNSTORFF

Above is a picture of Count von Bernstorff as he looked prior to his departure aboard the steamship Frederik VIII, of the Scandinavian-American line. Elaborate precautions were taken by the United States government and city and state police to keep cranks of any description from either attacking or bothering the envoy. Police launches with machine guns mounted in them kept up a continual patrol on the water side of the big steamer, while secret service men and members of the neutrality squad watched the docks.

	at the McEachern yards, went to the
ı,	oil docks and to the St. Johns Lumber
	Co. afterward, where she began taking
H	her cargo for Port Pirie. She passed
	the government inspection Monday.
ш	

### PLEASED WITH MOTORSHIP C. A. Burckhardt Returns From

Launching of Oregon Happy. Enthusiastic over the new motorship tion both to steamer and the general built for his firm, Charles A. Burckhardt, president of the Pacific-Alaska Fisheries and the Alaska-Oregon and endangering the lives of the men Steamship company, returned from Se-

The motorship, the Oregon, was concentrated about the bridges, where launched Saturday. She left the ways there is no need of dropping anchor, without a hitch, attaining a high instead of between the bridges where speed before she plunged into the wait is always possible that such an ex- ters of Puget sound, and floated easily pedient may be resorted to, both the when in the water. The vessel did telephone companies and the mariners not leak a drop after being placed in the water, and is declared by her owner to be a beautiful craft. The name of the Alaska steamship

line which Burckhardt intends to operate from Portland has been changed Viking Company to Own Ships to the Alaska-Oregon in order not to

The Actoria, first of the vessels built with cannery supplies, March 1. Later

Rub pain, ache, soreness and built by Joseph Supple, was hauled to Rub it on a sprained ankle, wrist, for Mexican coast trade.

magic in old, honest "St. Jacobs Oil," be towed to San Francisco for engine Joseph Supple is repairing the steam

er Woodland at his yard. The steamer Pomona will haul grain endons and bones, and relief comes from Peoria to Corvallis to the mills

With 2000 tons of cargo, one of the largest shipments brought north in some time, the steamer Rose City arrived from San Francisco.

### Launch Sea Diver. Seattle, Wash., Feb. 21 .- (P. N. S. -The United States submarine N-3, ast of a trio to be built by the Se-

### attle Construction & Drydock company, will be launched here late today. A delegation of naval officers from Bremerton will be present.

### NEWS OF THE PORT

Arrivals February 21. Rose City, American steamer, Captain Ran-kin, passengers and freight, from San Fran-cisco and Los Angeles, San Francisco & Port-

Marine Almanac. Weather at River's Mouth. nouth of the river at noon, smooth; wind west, Sun and Tides February 22.

Sun rises, 7:02 a. m. Sun sets, 5:47 p. m. Tides at Astoria. High Water: Low Water:

1:17 a. m., 8.7 feet 7:32 a. m., 0.9 foot

1:18 p. m., 9.2 feet 7:53 p. m., -0.6 foot

The time ball on the U. S. hydrographic of-

Daily River Readings.

STATIONS	Flood stage:	Height (in feet)	Changes in last 24 bour	Rainfall
Lewiston	24	2.2	-0.1	0.0
Umatilla	25	1.0	-0.1	0.0
Eugene	10	4.8	-0.4	0.4
Albany	20	6.3	+0.6	0.5
Salem	20	5.6	+0.5	0.3
Oregon City	12	5.7	+0.2	0.3
Portland	15	4.8	+0.5	0.2

River Forecast. The Willamette river at Portland will risslowly during the next two or three days. Steamers Due to Arrive.

| PASSENGERS AND FREIGHT | Name | From | Date | Sorthern Pacific | S. F. | Feb. 23 | Seaver | S. F. & L. A | Feb. 26 | Lose City | S. F. & L. A | Mar. 4 Steamers Due to Depart.

At Neighboring Ports.

Astoria, Feb. 21.—Sailed at 7:30 a. m., Atlas and J. B. Stetson, for San Francisco. Schooner Alumna left Brookfield at 7 a. m. for Portland. Arrived down at 8:30 a. m., schooner Manila. Arrived at 8:50 a. m., Taboe, from

Point Reyes, Feb. 20.—Passed at 10 a. m., Stanwood, from Columbia river for San Pedro, Eureka. Feb. 20.—Sailed at 10 a. m., Break-water, from Portland and Coos Bay for San

San Pedro, Feb. 20.—Sailed—Tiverton, for Columbia river; Necanicum, for Astoria.

Astoria, Feb. 21.—Safled at 11:20 a. m., F.

A. Kilburn, for San Francisco, via Coos Bay and Eureka; J. B. Stetson returned on account

Sailed—James S. Higgins, Eureks, 9 a. m.; Colonel E. L. Drake, Vancouver, 10:30 a. m.; San Francisco, Feb. 21.—(P. N. S.)—Arrived—Feb. 20. Colonel E. L. Drake, Vancouver, 10:30 a. m.; San Francisco, Feb. 21.—(P. N. S.)—Arrived—Gonal in the service.

\*\*Sailed—James S. Higgins, Eureks, 9 a. m.; Colonel E. L. Drake, Vancouver, 10:30 a. m.; San Francisco, Feb. 21.—(P. N. S.)—Arrived—Gonal in the passion of the service.

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Ketchikan, Feb. 20.—Sailed—Spokane, south-ound, 2 p. m.; City of Seattle, northbound,

7:45 s. n. Victoria Feb. 20.—Arrived—Japanese steamer Hawaii Maru, Seattle, 4:40 p. m., and proceded for Yokohama et 8:15 p. m. Vancouver. Feb. 21.—Arrived — Admiral Schley, from Seattle, via Tacoma. February 20.—Arrived—Norwegian steamer Strinda from Edmunical

### Rheumatism Advice

After each meal and at pedtime take a tablespoonful of the fol-lowing home-made medicine used all over the United States and noted for its remarkable results. Relief begins after the first dose.

Syrup of Sarsaparilla.1 ounce Toris Compound.....1 ounce Simple Elixir ......½ pint

This recipe formerly called for whiskey, but the simple elixir is very much better.

Published by Medical Formula Laboratory, Dayton, O. The in-gredients specified can be pro-cured from any good drug store.

### Harmless Means of Reducing Fat

Many fat people fear ordinary means for reducing their weight. Here is an extraordinary method. Extraordinary because while perfectly harmless no dieting or exercise are necessary. Marmola Prescription Tablets are made exactly in accordance with the formula. exactly in accordance with the famous Marmola Prescription. A reduction of two, three or four pounds a week is the rule. Procure them from any druggist or if you prefer send 75 cents to the Marmola Co., 884 Woodward ave., Detroit Mich. for a large case—Adv. troit, Mich., for a large case.-Adv.

# HOT TEA BREAKS

### Am. ms. Municipal Am. ss. St. Johns Am. sh. Goble P. S. Michie, Am. dredger Linaton College Co **Had Quick Cure** for 'Dumb' Man

Mike as Easy Mark, but His Delusion Suddenly Ended.

A well dressed young man went to Astoria, Feb. 20.—Sailed at 2:15 p. m., Northern Pacific, for San Francisco. Left up at 4 p. m., schooner Alumna. Arrived at 5:15 and left up at 9:40 p. m., Rose City, from San Pedro, via San Francisco.

A well dressed young man went to the home of Patrolman M. E. Lillis Some time ago, says the Christian Endeavor World, Mrs. Brown called the noon hour, and when Mrs. Lillis at the home of Mrs. Jones to talk opened the door handed her a note.

way of an exploding shell in the war host. zone in Europe, and asked help for medical relief. "Mike, there's a deserving young

we might help," said Mrs. Lillis to her added. husband, who was at the dining table. her. I haven't had a letter for nearly Mike went to the door. The visitor two weeks.' "There is where you make a misgave him the note,

cisco," wrote the afflict-"Did you ever have a fight?" wrote schools?"

"No." was the answer. "Well, you speak up and tell me about yourself, or you are going to have the best fight of your life," wrote for months on the sweetest girl in

the visitor, before he thought, Mike took him to headquarters. His the next time he called she pointed to prisoner was mute again. His name the carnation in his buttonhole and was William Saunders, alias Robert said:

In municipal court today Wardell nation." had regained his speech and hearing. He said he was guilty and blinked in painful recognition when Judge Lang-Bertillon records showed that the NO OTHER GRAY guth murmured, "Forty days." man had been playing the same game

up and down the coast, and that he ecently served 70 days in Seattle for the offense. He said he had been picking up \$3 or \$4 a day on the "stall."

### Fire Bureau Heads Oppose Amendment

With a view of determining the exact meaning of the wording of the proposed initiative measures to be voted on by the people in June, providing for the establishment of a two-platoon or double-shift system for firemen, Fire Chief Dowell and his assistant chiefs have asked City Attorney La Roche for an interpretation of the proposed act. Fire Chief Dowell and his assistants say the bill as now being initiated is full of "jokers," that it will put an end to the fire prevention campaign as now handled under the supervision of Fire Marshal Stevens, and women, Q-Ban means the look of vitality, health and youth.

Simply apply Q-Ran like a shampoo.

# Excess Tippling

tanks of the city jail, but the new state law provides that the tippler must lay out his jag in the county jail and the fines go to the state.

The first complaint under this unique statute was drawn by Deputy District Attorney T. G. Ryan yesterday. John Crocker, a north end saloonkeeper for over 30 years, and now propri-etor of a soft drink place at 41 North Sixth street, is the de-Crocker is also charged with

violating the prohibition law. Police Sergeant Oelsner and Patrolman Cameron, who watched him trying to lock the door of his place for 25 minutes yesterday morning early before arresting him, declare that he is a genuine bootlegger, asserting as a reason that he had a flask of whiskey hidden in a boot behind the counter of his place of busi-Crocker will be tried for drunkenness and for violating

the prohibition law under the state statutes this afternoon.

TWO BIG VESSELS ARE STARTED FOR EUROPE BY AMERICAN LINE

Steamship Mongolia and the Freighter Algonquin Sail From New York,

Bets of 2 to 1 have been made in Wall street that neither the the .Rochester,

American ships now in the sub-

marine zone, will be sunk.

New York, Feb. 21 .- (U P.) -The first American line steamship to leave this port since the German submarine warning was issued—the Mongolia—today is past Sandy Hook and on her way to Europe. She was followed closely by the American freighter Algonquin Both are bound for London, and are the first American line vessels to sail from here for a British port since Germany's warning.

Officials of the American line were reticent over the Mongolia's sailing, refusing even after she had been seen to pass out of the harbor to admit her sailing. She is a vessel of 13,639 tons and is an out-and-out American vesse' having been built in this-country, and never having flown any flag except the American. No attempt was made to disguise her. She is painted in regular colors, with her name and registry ainted on her sides in huge letters. The captain of the Mongolia is Ed-

vard Rice, an American. All sailings of passenger vessels have been cancelled by the American line. shippers have been notified to take freight out of the hold of the St. Louis, where it has been lying since February when her sailing was postponed The Philadelphia is expected to take her place alongside the St. Louis, New York and St. Paul when she arrives nere tomorrow from Liverpool,

ause of the cancellation of American ine sailings was along two different final decision of the government not to aid in arming ships flying the Ameri-can flag. The other was that the present international crisis had caused the government to notify the ships' owners Professional Faker Picked Mrs. that they might be needed for auxiliary work. The Philadelphia and the York, under the names Harvard carnation in brilliancy, but the ex-Yale, were so used in the Spanish change was made. Then he grabbed brican war. and Yale, were so used in the Spanish American war.

over the fashions and things, and It stated that the bearer was deaf somewhere about the sixty-fifth lap of the conversation the caller and dumb; that he had gotten in the ferred to the young daughter of the

"By the way, dear," remarked "Mrs. Brown inquisitively, "where is Minnie? I haven't seen her for an age." "Minnie is at college," proudly refellow out on the front porch whom sponded the fond mother, and then "And I am so worried about

"Where do you live?" wrote Mike on take," was the prompt rejoinder of Mrs. Brown. "Instead of letting her go to college why didn' one of those correspondence

> A Brisk Trade. From the New York Times, A shy young man had been calling the world, but, being bashful, his suit said languished. Finally she decided it was up to her to start something, so

> > "I'll give you a kiss for that car-The young man's color outdid the

## HAIR RESTORER IS GUARANTEED

Don't Use Dyes — Let Natural Color.

Here is the one safe, cleanly, healthful and certain way to restore the nat-ural color to gray or faded, lifeless hair—the one method in perfect good taste and accepted by America's fore-Q-Ban Hair Color Restorer will bring cent case of Pape's Diapepsin from any

place the fire bureau in the hands of the firemen, and cost between \$200,000 and \$300,000 a year for the operation of the fire bureau.

Simply apply Q-Ban like a shampoo Surely, wet your hair with Q-Ban Restorer. Your hair will gradually and evenly return to its natural, uniform shade. Beware of imitations. Beware, too, of dangerous dyes and chemicals. Is Now Crime in

State of Oregon

It is now an offense against the peace and dignity of the state of Oregon to get drunk.

Hitherto overindulgence in liquor meant a thaw-out in the tanks of the city jail, but the tanks of the city jail tanks of free illustrated pook of how to tak Culture." This tells how to tak proper care of your hair. Write to (Adv.)

### PUT CREAM IN NOSE AND STOP CATARRH:

Tells How to Open Clogged Nostrils and End Head-Colds.

You feel fine in a few moments. Your cold in head or catarrh will be gone. Your clogged nortrils will open. air passages of your head will clear and you can breathe freely. No more dullness, headache; no hawking, snuffling, mucous discharges or dryness; no struggling for breath at night, Tell your druggist you want a small tottle of Ely's Cream Balm. Apply a little of this fragrant antiseptic cream in your nostrils, let it through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, and relief comes

GIRLS FEED MILITIAMEN ON DUTY IN NEW YORK



has organized a corps of school girls to feed the men of the naval militia on duty on the chilly bridges of Manhattan. The girls make daily rounds of all sentries and furnish them with hot coffee and cakes. This is much appreciated by the citizen sailors and helps to make the cold job a bit more pleasant.

POSITION OF AUSTRIA

Conferences Between Ameri-

trian Minister Puzzle.

can Ambassador and Aus-

Amsterdam, Feb. 21.-(U. P.)-Ger-

man officialdom is intensely interested

and puzzled by the conferences at

Vienna between American Ambassador

Penfield and the Austrian foreign min-

ister, according to Berlin advices to-

which decided upon the submarine war-

tion blockade of the central powers.

Semi-official dispatches received

assador Penfield, hold the American

inquiry whether Austria still affirms her promises in the Ancona and Persia

cover these specific cases only and not

Request Under Consideration.

Berne, Feb. 21 .- (I. N. S.) -The

merican request that Austria-Hun-

gary make known her exact attitude

on the submarine warfare and an-

nounce her adherence or abandonment

of the principles laid down in the An-

cona case is now under consideration

by the emperor and the foreign office,

said a dispatch from Vienna today. It

is not known when an answer will be

Turkey Reaffirms Pledge.

Washington, Feb. 21 .- (U. P.) -- The

ustria-Hungary in a successful pros-

ecution of the war, Ambassador Elkus cabled the state department from Con-

While the Ottoman chamber of dep-

This action was taken by the cham-

ing for a vote of confidence in the new

tantinople, it was announced today.

o mark out a future course.

warfare.

received.

stated.

granted.

lawyer

Why, where are you going?" she asked in surprise.

"To the florist's for more carnations," he called from the front door

No Immediate Benefits. From the New York Times.
Things looked black for the dramatist. For the fourth time in one season a play had been withdrawn after a week's run.

"Cheer up, old man," said a consoi-g friend. "Perhaps posterity will ing friend. recognize the genius displayed in your "Maybe," said the dramatist bitterly "but the difficulty is that so far as I am concerned posterity is on the

### At Once! Stops Stomach Misery and Indigestion

'Pape's Diapepsin' makes sick, sour gassy Stomachs feel fine.

Do some foods you eat hit backtaste good, but work badly; ferment support to his ally. Participation of moisten the scalp and rub it in gently into acids and cause a sick, sour, gassy stomach? Now, Mr. or Mrs. Dyspeptic, jot this down: Pape's Diapepsin helps neutralize the excessive acids in the stomach so your food won't sour and upset you. There never was anything so safely quick, so certainly effective. No difference how badly your stomach is upset you usually get happy relief in five minutes, but what pleases you most is that it helps to regulate your stomach so you can eat your favorite foods without fear.

Most remedies give you relief some-Q-Ban, a Simple, Safe, Sure Preparation, Bring Most remedies give you relief some times—they are slow, but not sure "Pape's Diapepsin" is positive in neutralizing the acidity, so the misery tralizing the acidity, so the misery won't come back very quickly. You feel different as soon as "Pape's

Diapepsin" comes in contact with the stomach-distress just vanishes-your stomach gets sweet, no gases, no belching, no eructations of undigested food, your head clears and you feel fine. Go now, make the best investment you ever made, by getting a large fiftydrug store. You realize in five minutes how needless it is to suffer from indigestion, dyspepsia or any stomach

# YOUR KIDNEYS HURT

Eat less meat if you feel Backachy or have Bladder trouble. Salts fine for Kidneys.

Meat forms uric acid which excites ber of deputies with the grand vizier and overworks the kidneys in their appearing before that body and askefforts to filter it from the system. Regular eaters of meat must flush cabinet. The request was unanimously the kidneys occasionally. You must relieve them like you relieve your bowels; removing all the acids, waste and poison, else you feel a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment; the channels often get irritated, obliging you to get up two or three times during the night. To neutralize these irritating acids and flush off the body's urinous waste

get about four ounces of Jad Salts from any pharmacy; take a tablespoon ful in a glass of water pefore breakfast for a few days, and your kidneys will then act fine and bladder disorders disappear. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys and stop bladder irritation. Jad Salts is inexpensive; harmless and makes a demucous membrane, and relief comes inexpensive natures and induces a delightful effervescent lithia-water drink instantly.

It is just what every cold and called the millions of men and women take travels he's going to be in the hospital than the sufferer needs. Don't stay now and then, thus avoiding serious his every time they's a perscription crank kidney and bladder diseases.

best fur a man as values his health to

# BELL-ANS

Absolutely Removes Indigestion. One package

proves it. 25cat all druggists. FOR THROAT AND LUNGS

## Eckman's **Alterative**

ENDS CATARRH, ASTHMA. Bronchitis, Croup, Coughs and Colds, or money back. Sold and guaranteed by The Owl Drug Co., Broadway at Washington St.

Peel Off Your Rough Skin

To remove roughness, chaps or any complexion difficulty, the best thing to do is to remove the skin itself. This is easily and harmlessly done by the application of ordinary mercolized wax. The wax peels off the defective outer skin, a little each day, gradually bringing the second layer of skin to view. The new skin is beautifully soft, clear, white and young looking. List produce white and young-looking. Just procure an ounce of mercolized wax at any drug store and use like cold cream.

# BISURATED MAGNESIA

las in Stomach, etc. ul of Bisurated glass of hot water after cating. Is safe, pleasant and harmless to use and gives instant relief from all forms of stomach disorder. Sold by druggists

### Heal: Skin Diseases

It is unnecessary for you to suffer with eczema, blotches, ringworm, rashes and similar skin troubles. A little zemo, obtained at any drug store for 25c, or \$1.00 for extra large bottle, and promptly applied will usually give instant relief from itching torture. It cleanses and soothes and heals quickly and effectively most skin diseases.

Zemo is a wonderful, penetrating, disappearing liquid and is soothing to the most delicate skin. It is not greasy, easily applied and costs little. Get today and save all further distress. The E. W. Rose Co., Cleveland, C.

### Dandruff Soon Ruins The Hair

Girls-if you want plenty of thick, beautiful, glossy, silky hair, do by sli means get rid of dandruff, for it will starve your hair and ruin it if you

Astonishment is expressed that there should be any doubt in the United It doesn't do much good to try to States that Austria-Hungary does not fully approve and support Germany's brush or wash it out. The only sure declaration of relentless submarine way to get rid of dandruff is to dissolve it, then you destroy it entirciy. On the contrary, it is semi-officially To do this, get about four ounces of declared that Emperor Karl's determi- ordinary liquid arvon; apply it at nation is to accord the most emphatic night when retiring; use enough to

Austrian officials in the conferences with the finger tips.

which decided upon the submarine war
By morning, most if not all, of your fare was also cited as evidencing Aus- dandruff will be gone, and three or tria's full sympathy with the use of a four more applications will completely weapon demanded by the allies' starva- dissolve and entirely destroy every single sign and trace of it. You will find, too, that all itching

from Vienna, in detailing the text of and digging of the scalp will stop, and the note presented by American Am- your hair will look and feel a hundred times better. You can get liquid arvon at any drug store. It is inexpensive and four ounces is all you will need, cases as "vague." Officials take the no matter how much dandruff you position that the statements made in have. This simple remedy never the notes mentioned were intended to fails.

### DRINK A GLASS OF REAL HOT WATER **BEFORE BREAKFAST**

Says we will both look and feel clean, sweet and fresh and avoid iliness.

Sanitary science has of late made rapid strides with results that are of Turkish government has reaffirmed its untold blessing to humanity. The latledges of alliance with Germany and est application of its untiring research is the recommendation that it is as necessary to attend to internal sanitation of the drainage system of the human body as it is to the drains of the

house. Those of us who are accustomed uties express the greatest desire to to feel dull and heavy when we arise, splitting headache, stuffy from a cold, "strengthen our good relations in neu-tral countries," the "foreign policy will continue faithful to our treaties with our ailies," the Elkus cable foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver and boweis the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the phosphated hot

ting read for a thorough flushing of all the inside organs. The millions of people who are both-ered with constipation, billious spells,

From the Washington Star. "Where's Three-Fingered Sam?" sked the visitor at Crimson Gulch. "Travelin' fur his health." "Is he sick?" "He isn't. He's got his bealth now

For His Health.

Unfair. From the Washington Star. Loton Horton, a New York milk distributor, was talking to a reporter about milk prices. "But our adversaries' questions are not fair," Mr. Horton said. "Our adversaries are like the cross-examining

'Is it true,' this lawyer asked a witness, 'that you were the only ober man at the banquet? "'No, of course, not,' the witness answered indignantly. water is quietly extracting a large vol-"'Who was, then?' said the lawyer." ume of water from the blood and get-

stomach trouble, rheumatic stiffness others who have sallow skins, blood disorders and sickly complexious are urged to get a quarter pound of limestone phosphate from the drug store. This will cost very little, but is sufficient to make anyone a pronounced crank of the subject of internal san-But the boys he was playin' cards with last night say that unless he