

Beauty and the "Grouch"—Guard Against Display of Temper, for Ill Nature Puts Its Mark Upon the Features

By Lillian Russell

MANY a lovely face has, by bad habits of expression, grown into an unpleasant, wrinkled, uninteresting sight. We see a charming debutante or a bride beautiful in the glory of love and youth grow in a short space of time into a sour, petulant, plain woman. People will remark and wonder. The face is absolutely the index of all conditions within. The pretty girl with her clear eyes, smooth skin and clear complexion changes it all in a few weeks when she gives in to selfishness, temper and sulkeness. Bulking causes the muscles of the mouth to droop, the eyes to become heavy and the jaws to relax. Can you see the sulky face become set in that unpleasant position? There is real danger there. No beauty however ideal and ethereal, can stand against such internal feelings.

We all know the expression of the bad-tempered girl. Her brow is in a perpetual scowl, her eyes stare and she oscillates of her mouth and so firmly set that her entire face is distorted. She is one to be avoided on all occasions. She possesses the quality of mind that disrupts every situation and causes disaster to all sociability. She is the embodiment of selfishness and conceit. If such a girl is not disciplined she will not only grow to be an ugly member of society, but she will sow destruction all through her life and reap nothing but misery.

Parents are much to blame for the disposition of their children. It is entirely in their hands to offer ugly, unmannered, crude animals to society, or refined, cultivated, charming young women.

Why should girls be allowed to be impertinent to their mothers? What mother with any sort of stamina will permit her daughter to dictate to her? Girls need watching and disciplining today more than ever in the past. There is double the temptation today than ever before. The beach, the dance hall and the tearoom, the automobile, skating rink and cozy luncheon all hold attractions that seem harmless, but have the power to entice the strongest-minded girls from responsibilities and duties.

Teach your girls to respect you, even to the point of fearing you. It is better to let your daughters fear you and be good than to hold you in contempt and go wrong. I consider every mother responsible for the beauty and manners of her daughters.

Children reflect their home surroundings in their manners abroad. What mother can resist criticizing the manners of the children who visit her children?

They are unconscious of it, but she is placing the mothers of those young visitors in their proper places. To have more mothers do not profit by the manners of other people's children. A girl's outlook on life should be cheerful, hopeful and beneficial. She should be taught from the cradle to be generous and give. Divide her precious sweetmeats and favorite toys. She should be compelled to obey her mother in all things—naturally understanding that her mother has the qualities to demand such respectful obedience.

Children who get into mischief are uninterested in their toys. Even small children may be occupied sensibly. I can remember when my mother gave me a rag and a little pail of water and told me to clean a window. I took a square. I was happily occupied for hours and out of mischief. After that she always gave me some sort of occupation. She allowed me to sharpen her pencils with a patent sharpener. To be sure, I destroyed a few pencils, but I was happily occupied.

Children imitate their elders. What little girl has not dolled herself up in her mother's long skirt and trailed it through the dirty street with ecstatic enjoyment? Accept that situation. Understand that you are the model for your daughter in every way, in facial expression, which is a reflection of your inner thoughts, in conversation, in the manner of your speech, in deportment and in religion.

Teach your girl the love of God and his benedictions. Every thing else must emanate from that impression. Make them respect religion sufficiently to speak of it in daily conversation, not in a whisper. Give it something to be proud of, and is the foundation of all love and all beauty of mind and body.

If your daughters are well mannered, pleasant to look at and speak the English language properly, you may be a proud mother, for there are very few such girls in America today.

To Reduce the Bust. Gentle massage night and morning with spirits of camphor will reduce the bust. Any vigorous exercise involving the arms, muscles of the arms and chest will help you get rid of superfluous flesh. Exercises with chest weights, rowing, swimming, boxing and fencing are excellent.

Superfluous Hair. Nothing is as effective for superfluous hair as the electric needle; but the needle cannot be used on arms or legs, where it is often very objectionable. A good depilatory, available in many on the market, can be used, and then the parts dabbed with cold cream. Now that it is fashionable to wear thin

How to Transfer Design. If very sheer material is used, it may be laid over the pattern and the design traced through in pencil. Or the design may be easily transferred by placing a piece of carbon paper on the material, shiny side down, the design on top of the carbon. In tracing the pattern with the use of carbon paper, use a very sharp pencil or a new orangewood stick.

Perhaps the best plan in transferring a design is to pin the sheet of paper and the material together and hold them up against a window pane when tracing the design. The outlines will then be perfectly clear. Another method is to place a bar of soap in a pint of hot water until the water becomes soapy. Remove the soap, saturate the design with the mixture and partially dry. Place whatever material you intend to use on a flat hard surface, and place the design on it, face downward. Place over it two folds of newspapers and rub hard with a tablespoon over the pattern until it is entirely transferred.

This design is made to match the tray cloth printed last week. The berries should be eyelets and the leaves either solid or eyelets. The scallop should be heavily padded.

Mid-Season Frocks are Draped and Cascaded



The French basket, with its fruit and flowers, that decorate the cunning frock at the left is made by floss arranged on a foundation of striped velvet. The drapey is of shell-colored panne velvet, the bodice again being of the tissue. Miss Prim on the stairway is clad in brocade in pastel tints, the lady nearest her wears a frock of embroidered Callot net trimmed with tubular crystal beads, and the very bunched person at the right blockades the premises with folds and cascades of Hortensia blue charmeuse, blue chiffon and hip loops of blue velvet embroidered with metallic threads. Lovely all? You know it.

By Mme. Qui Vive. Copyright, 1917, by J. Keeley. "How fortunate," observed the fashion philosopher, "that fashions are not perfect. We can always pick the little flaw, spot the defect, note the zig-zag of a supposedly certain line, and thus make ourselves happy, because we fancy that we glorify ourselves by our discoveries of faults. Perfection is detestable; even near-perfection is odious. And because fashion is a lovely and bountiful source of criticism it is something almost human. "Its power has a fascination." We resolve to cultivate a magnificent disregard for sartorial wrappings. If they are clean and comfortable and of good fabric, that is enough. All of

which nonsense to laughter inclines us if we confess to ourselves the unflattering truth. Clean and comfortable! Will that suffice for the soul's health of the lady in the looking-glass? What will she say when she glances out at one? Will she not put forth her hands and plead that she may not be left behind while all the world, clad gayly, goes dancing on? To her you have to answer, and the lady in the looking-glass grows no younger as the years roll on and on, like the turns of a silent wheel. To deny her a beautiful drapey or a graceful robe is to endure her gentle reproach. Who has the heart to bear that, ask I? If the lady in the looking-glass is to shine and beam and dance and prance then give to her a frock of met sole decorated with silver lace.

This exquisite fabric is fresh from the looms of France and is a marvel to the eye. It drapes exquisitely and needs no trim other than its own ornamental surfaces. Moire returns to us, but not in solid form. It comes in stripes, alternating either with satin, taffeta or faille. Some of the color arrangements are striking—sea moss green is combined with corn color and shell pink with forget-me-not blue. With a skirt of stripe, bunched up here and there in cascades and loops, and a bodice of nothing much more than a girdle of satin, and a brassiere of tulle embroidered with silver, this new material stitches up into dashing frocks for the merry evening.

While the edict at the beginning of the autumn-winter season was "straight lines," and this silhouette scheme has been followed in frocks and mantles, evening gowns alone have persisted in their pursuit of bunch and bouffancy. The farthingale dropped away, evaporated or rusted—whatever you will—and the extensions slipped lower down. Now the tendency is toward the loop drapey and the cascade, always and invariably so arranged that the sides of the costume have long broken lines, while front and back remain as straight as two strings. A Bullox model, just over, is of green satin veiled with Callot net in faint apricot, forming a lovely glowing tone that is charming. Satin is used for the overskirt, which is draped on either side in sweeping folds giving a spread at a point just above the knees that causes the skirt to scoop in, barrel fashion, at the hem.

Various Linen Offerings of January White Sales Are Most Tempting to Housewife, Says Margaret Mason

By Margaret Mason.

If you still have a little money left after Christmas and New Year's, don't worry, you won't have it after January White Sales! The January white sales have become as established a custom in all the best shops as well as furniture sales in August. I don't quite see how they have the face to call them white sales any more, however. The daring cut of some of the newest lingerie has certainly caused a blushing pinkness to prevail, and the alleged white sale is no longer pure white or pure white things are even beginning to look a bit black for the white sale. What, with all the present craze for black chintilly lingerie, nobody would ever be afraid to bed in the dark if it was in one of the exquisite new black chintilly nighties. They are almost as light as they are dark, anyway, if not more so.

A streak of yellow appears often on the purest silk combinations, and mauve, cerise and Copenhagen disrupt the pink perfection of many a combination and chemise. For those that have pink silk yearnings and only pink cotton earnings the pink batiste lingerie this season is really lovely. I saw a bird of a pair of pink batiste pajamas with a white cover with blue birds and a pink crepe nightie covered with blue and white butterflies that was a decidedly fly-cutter for your back, but for your bed and board as well. The linen sheets hemstitched embroidered, monogrammed and inset with laces are marked down sufficiently to tempt the tightest of tight wads and as for the table linen, well no one can resist it. Either your table linen must be

whatever picture happens to strike his eye. It is such joy to a child to have its individuality recognized in this way.

Have window boxes with flowers in summer and little evergreens in winter and a shelf for the birds, so the children may feed them from the window. Even in the city these charming nothings may be contrived and made with a bit of thought on our part, and they are such grateful guests these cold days.

Monkey Fur. Monkey fur is coming back into fashionable favor. Trims every thing from the hat down.

Watch the bouffant silhouette of some months back gradually collapse into some columnar proportions. Straight lines will rule again for spring.

Green is raging abroad as the most fashionable color. It is more than popular here for spring clothes.

NOSE CLOGGED FROM A COLD OR CATARRH

Apply Cream in Nostrils To Open Up Air Passages.

Apply Cream in Nostrils To Open Up Air Passages. Ah! What relief! Your clogged nostrils open right up, the air passages of your head are clear and you can breathe freely. No more yawning, sneezing, or sniffing. Headache, dryness—no struggling for breath at night, your cold or catarrh is gone. Don't stay stuffed up! Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic cream in your nostrils, let it penetrate through every passage of your head, soothe and heal the swollen, inflamed mucous membrane, giving you instant relief. Ely's Cream Balm is just what every cold and catarrh sufferer has been seeking. It's just splendid.

SAYS BODY IS A POISON FACTORY

Urges everyone to drink glass of hot water before breakfast.

Just as coal, when it burns, leaves behind a certain amount of combustible material in the form of ash, so the food and drink taken day after day leaves in the alimentary canal a certain amount of indigestible material which if not completely eliminated from the system daily, becomes food for the millions of bacteria which infest the bowels. From this mass of left-over waste, toxins and ptomaine-like poisons are formed and sucked into the blood.

Men and women who can't get feeling right must begin to take inside baths. Before eating breakfast each morning drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash out of the thirty feet of bowels the previous day's accumulation of poison and toxins and to keep the entire alimentary canal clean, pure and fresh.

Those who are subject to sick headache, colds, biliousness, constipation, others who wake up with bad taste, foul breath, backache, rheumatic stiffness, or have a sour, gassy stomach after meals, are urged to get a quarter pound of limestone phosphate from the drug store and begin practicing internal sanitation. This will cost very little, but is sufficient to make anyone an enthusiast on the subject.

Remember! Inside bathing is more important than outside bathing because the skin pores do not absorb impurities into the blood, causing poor health, while the bowel pores do. Just as soap and hot water cleanse sweats and freshens the skin, hot water and limestone phosphate act on the stomach, liver, kidneys and bowels.

MOVIE ACTRESSES AND THEIR HAIR
Did it ever occur to you that every movie actress you have seen has lovely hair, while the most popular count their curls as their chief beauty? In fact, many are leading ladies just because of their attractive locks. Inquiry among them discloses the fact that they bring out all the natural beauty of their hair by careful shampooing, not with any soap or make-shift, but with a simple mixture by putting a teaspoonful of canthox (which they get from the druggist) in a cup of hot water and applying it instead of soap. This full cup of shampoo liquid is enough so it is easy to apply to all the hair instead of just the top of the head. After its use, the hair dries rapidly with uniform color. Dandruff, excess oil and dirt are dissolved and entirely disappear. The hair is so fluffy that it looks much heavier than it is, while its luster and softness is delightful.

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