

best.

rest!

work and luncheon.

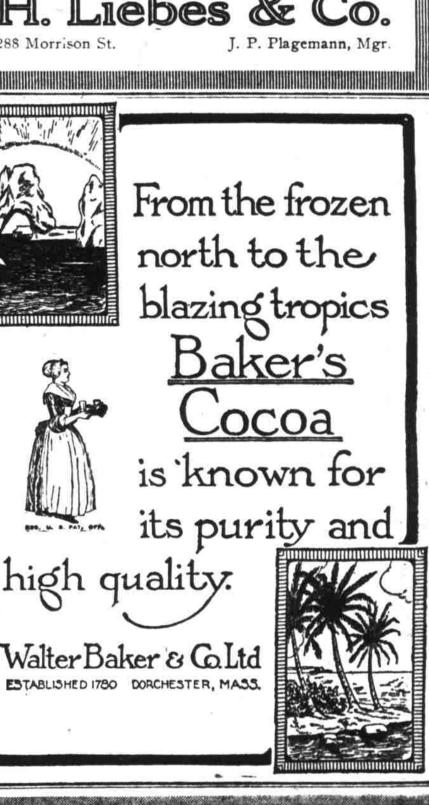
Wheat Biscuit will supply

more real body - building

at Niagara Falls, N.Y.

Froman

of School Beaulifying committee; No-wember 7, personally conducted visit be Art Museum; November 21, Work Woman Ruler, a Woman Philam Educator; Decem-thropist, a Woman Ruler, a Woman Philam Educator; Decem-thropist, a Woman Ruler, a Woman Rule



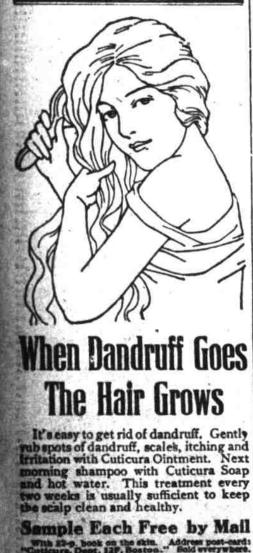
and Fruit and Flower Mission, talk century, people commonly sat on the ars' league; March 6, Israel Zangwill; stools and thata, March 20, reading, "Everywoman's knives or forks, nor any subs Road;" April 3, Percy Mackaye; April them, ate with their fingers. 7, Galsworthy; May 1, Maeterlinck; May 15. George Bernard Shaw; May 29. Ibsen; June 5, picnic.

Portland Psychology club will hold an extra meeting for study Thursday in the club rooms, 208 Eller's building. 50 much of the last meeting was oceupled with business that no time was left for the lesson. All members are invited to be present.

Franklin High Association - More straight blade, the handle of elabthan 350 people were in attendance at orately carved ivory or of agate or silthe meeting of the Franklin High Par- ver, often inlaid with enamel or preent-Teacher association, held last night clous stones, and generally the property Prominent residents of the Franklin rank; the common people still adhering High district spoke on the needs of to the old simple and direct method of that section as follows: Mrs. Edward Horner, J. J. Johnson, H. L. Ganoe, Mrs. J. J. Handsacker and C. A. Elwell, that sets of knives for distribution O. M. Plummer spoke on behalf of the among the guests came into common school board, and short addresses were use. Through various periods the shape also made by Superintendent L. R. Al- of the table knife blade underwent derman and Clerk Thomas. E. A. Ba- many chances, the straight blade with ter urged the necessity for early reg- rounded ends familiar to us today chool, who are being specially trained | ter part of the eighteenth century. by Mr. Walsh, sang two numbers.

Plans were made to clean up the lot paratively modern date. That it was adjoining the achoolhouse next Satur- used in medieval times for the prep-

An Illinois inventer's dredging ma ne literally walks upon large feet and will travel over ground too soft for caterpillar wheels.



Pebruary 20, Work of Garment Guild up to the earlier years of the sixteenth I never leave my cats to starve in town.' Mrs. W. F. Ogburn of Consum- ground or, if of the noble class, on The Vision wrote, and vanished. Next s' league; March 6, Israel Zangwill; stools and chairs, and having neither knives or forks, nor any substitute for He came again and brought his little slate.

In the first era of which we have any distinct record knives were of stone, and while the use of iron in their And, lo! Miss Abbie's name led all the Psychology Club to Meet .- The construction goes back to the ninth century, it was not until the fifteenth that knives began to come upon the

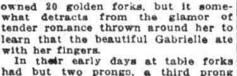
table. Originally the dagger was used to take the place of a knife at meals, the earliest form of knife used in England session. and France during the time of Henry VIII. and Francis I. being of a slender

R. with Mrs. J. F. Chapman in the chair, of a noble or other dignity of high 2:30 p. m. - CHARLES DICKENS sion :30 p. A group of 15 girls of the being brought into use only in the lat-The fork as a table utensil is of com-

aration and cutting of food in the kitchen seems certain, but its employment at the table is of the last years

ginally due to the extraordinary de- better things .- Theodore Roosevelopment in the size of collars and cuffs.

velt. While the fork had made its appear ance in England as far back as the Movie Men Visit President. tenth century, Piers Gaveston, the få-Shadow Lawn, N. J., Oct. 4 .- (I. N. vorite of King Edward II., being the S.)-Headed by William A. Brady, the proud owner of three of these speci- producer, a committee of prominent mens of cutlery, it was, up to the be- motion picture magnates, called on ginning of the seventeenth century, President Wilson at his country home considered an offense against natural here yesterday to discuss the proposed simplicity to use the fork otherwise law than as a kitchen utensil. movies. Gabrielle d'Estree is said to have



being added about the middle of the from the Department of Agriseventeenth century. White - haired culture. Meat prices will octogenarians of today can recall the old four-pronged fork with its bone not worry the man or woman handle, the elaborately carved and filigreed silver design of today being who knows that a Shredded entirely modern.

HEAVENLY HASH SALAD

Three bananas cut in slices, a few cherries, one cup diced pineapple, one oup walnut meats, one cup marshmallows out fine. Thin boiled dressing with whipped cream and toss lightly. HAM SALAD. Cold bolled ham, one-quarter pound; twice as much cabbage, chopped fine; six stuffed olives; grind or chop ham and olives. Mix well with boiled dressing.

ABBIE BEN ADAMS.

Abbie Ben Adams, may her life be spared, woke one night, and felt a trifle Gared;

on her shirt-waist box, cross-legged, sate For

Vision writing on a little slate. acceeding nervousness made Abble **quake** to the Vision timidiy she spake,

Expert Marksman

Albany, Or., Oct. 4 .- Del Plunkett sideration. night, late, of Scio has just been decorated with

And showed the names of people really the United States Marine Corps at Mare Island navy yard. Plunkett, who is a son of Lucius Plunkett of -Carolyn Wells, in Life.

As a result of his accuracy year. TOMORROW'S MEETINGS. with the high power rifle at both a. m.-CHAPTER E. OF THE P. slow and rapid fire he not only wen

McCaw, 538 Cole street. Business a promotion and an increase in pay. discussion of philanthropic p. m.-OAK GROVE-MILWAUKIE FRATERNAL NOTES SOCIAL SERVICE CLUB with Mrs. Seth Leweling, Milwaukie. Review of "Land of Heart's Desire," by Mrs. K. of P. Hold Reception to Vice Grand Chancellor L. E. Crouch.

CLUB with Mrs. M. J. Long, Glenn avenue and Market street. E. of P. Gather .- The Knights of Discusof "David Copperfield" and Pythias of Portland gathered in strong prominent actors and actresses who force last night to attend the recep-tion for Leslie E. Crouch, grand vice have presented leading characters. 30 p. m.-WOMAN'S CIVIC WELchancellor of Oregon. Among the FARE CLUB at Central library. Ad- notable K, of P. officials present were: dress by J. A. Jeffrey, Judge George H. G. Wortman of Medford, grand Tazwell and Mrs. Mary Mallett, chancellor; Walter G. Gleason, grand 30 p. m.-BROOKLYN MOTHERS keeper of record and seals; Fred W. AND TEACHERS CLUB, at school- Loomis of Aberdeen, grand chancellor Loomis of Aberdeen, grand chancellor house. Election of officers. of Washington; Fred W. Agatz of

BE RESOLUTE. Olympia, past grand chancellor of Washington; E. B. Maxfield, grand and one-fourth among religious and outer guard of the Oregon grand lodge, educational institutions. The law of worthy life is fundamentally the law of strife. It is Hon. Frank S. Grant, past grand only through labor and painful chancellor of Oregon, presided. effort, by grim energy and resonumber of eloquent speeches were of the sixteenth century and was or- lute courage that we move on to the banquet hall to several hundred. made. Refreshments were served in

Elks' Band Tonight .- Tonight the Portland Elks' band will entertain the odge and many friends with a band concertent the Elks' temple in honor a "trust," according to police court of Joseph Tigano, who has been leader complaints, will be tried before Municof the band for several months. Sig- ipal Judge Langguth Thursday on

nor Tigano will leave for Italy, his charges of price fixing in violation c native land, October 6, to be gone an the Portland anti-trus: law of 1907. indefinite time. He has many friends. N. A. Tibbetts, local salesman of the who will regret his departure and Blair Granite company of Ashland is await his return in hopes that he will the complainant. The defendants, who federal censorship of the again reside where he has found so were arrested Saturday, are free on hearty a welcome. The program in-cludes: March, "New York Seventh Regiment," Cappa; overture, "Fra Regiment," Cappa; overture, "Fra Diavolo," Auber; euphonium solo, "Garden of Flowers." by Gatti, Broth-"Meat Prices Will Not Come Down" is er Eugene Cioffi; waltz, "Les Sirens," Wafdteufel; serenade (new), "Elks Forever," Tigano; hymn to Jove, from the cheerful news that comes Poluito, Donizetti; bass solo, "Asleep in the Deep," by Petrie, Brother Ray-mond J. Ellis; grand selection, "Er-nani," Verdi, with incidental solos by

Brothers Thompson and Cioffi; "Amercan Patrol." W. O. W. Team Dances .- The team Webfoot camp, W. O. W., will give dance every Saturday night at the W. O. W. temple, 128 Eleventh street. during the remainder of the fall and winter months.

Grotto Band Grand Ball.-Arrangements have been made by the Gul Reazee band, Veiled Prophets, to hold a grand ball on the opening hight of the Multnomah hotel, Tuesday, October 10. The chairman of the committee is Frank T. Rogers, assisted by G. H. Cramer, P. H. Dater and Arthur Wager.

Oandidates at George Washington .-Beorge Washington camp, W. O. W., held a meeting last night to which candidates for office were invited. Several candidates responded to the invitation. The camp is considering the holding of a series of open social other fruits make a complete, gatherings this winter. nourishing meal at a cost of

"You Will Be Sorry."-Multnomah court. Foresters of America, has an important meeting in W. Q. W. temple tonight. "You will be sorry if you don't come," is all the officers will say. not over five cents. Made

T

every woman should keep on hand is a bottle of the finest bay spirits; not common bay rum, but the genuine St. difference between the "hasty wash" Thomas distillation. It costs only \$1 and the thorough bathing deserves confor a quart and will bear much dilution and yet be strong as any ordinarily

After her death, three-fourths of the

residue is to be divided among the

children of his brothers and sisters

Gravestone Trust'

Cases on Thursday

Thirteen members of the Oregon

Monument Manufacturers' association,

charges of price fixing in violation of

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baking, but you should use

For young women in good flesh the sold. The lotion has a magic over tepid bath folowed by a cool spray is headache then gently rubbed on the the badge of expert marksman with agreeable and good, but in case of lan- head and is a destroyer of microbes. guor, pallor and stiffness of limbs the The first and most important rules for hot bath is best, as hot as the skin health and beauty start with "cleancan bear, and rendered more cleansing liness.' None can be too clean. It can Scio, enlisted in the navy at the Port- by adding a little ammonia, borax or not be overdone, so raise your winland recruiting station May 29 of this washing soda, dows, out your rooms of all filth-Remain in the bath not less than gathering obstructions and keep your-10 minutes to let the skin absorb the self clean inside and out. Thus you

water, soak off the old, softening and are fortified against the ravages of E. O. SISTERHOOD with Mrs. Louis the honors of marksman but received stimulating the new growth and mak- time.



siege of typhus fever and smallpox, say persons arriving at the border New oYrk, Oct. 4 .- (I. N. S.)-The from the Mexican capital. They also will of Seth Low, former mayor of assert that the health authorities in

the capital are making little attempt New York, was filed today at White to curb the spread of the diseases Plains. In it he leaves the income from his estate, estimated at \$4,000. CASTORIA 000, to his wife, Annie W. S. Low

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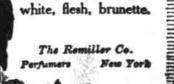
> > Three shadeswhite, flesh, brunette.

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