was given over to sociability, the meetwith her cousin, Mrs. Horace closed with the serving of refreshvenue and Market street.

The Coterie Begins Beason,-The Coteris began the year's work auspiciously with a large attendance, the new ident, Mrs. C. J. Allen, presiding. follows. Mrs. B. T. Soden, Mrs. Rob- the piano. are indelibly imprinted upon the child dustry." mind because the child lives in an of guarding it." Rev. Taylor suggestwork of the board of censors. The attendance is desired. next meeting of the Coterie club will be held in the royal suite of the Multnomah hotel. Plans for Junior Exhibit .- The "back

to the home" committee of the Parent-Teacher association of the Thompson Merrill, 808 Vancouver avenue, Sepfunior exhibit to be held in October. The committee is composed of Mrs. M. S. Hodson, chairman; Mrs. G. E. Watson, Mrs. A. E. Curtain, Mrs. L. W. Jones, Mrs. B. E. Soule, Mrs. B. O. Kean and Mrs. Dawson. Exhibits on en full credit. The school will be di- to the convention vided into three classes, junior, interand most varied exhibit. An interest- Portland. ing program is being prepared, and a od attendance is expected,

Are Men Color Blind.

funny spectacle of himself.

met yesterday for the first hold the junior exhibit October 20, and time this year at the home of at night, so that the men of the disthe president, Mrs. J. P. Howe, frict might attend. Although organ-St. Clair apartments. The afternoon ized only last February, the Beaumont association has already a number of ing being in the nature of a reception achievements to its credit, and is this Thompson were pink chiffon and Mrs. to Mrs. Howe's daughter, Miss Queenie year much encouraged by the addition flows, who will leave tonight for Concord, N. H. where she will spend the there are now five grades. Woodstock Circle Meets .- Activities

miliott Chamberlain, There were about of the Woodstock circle of the Port-26 women present. At the short busi- land Psychology club opened yesterday session it was decided to meet with a social meeting at the home of on the first and third Thursdays at Mrs. E. H. Ingham, 1181 Harold avehomes of members. It is likely nue. The days of meeting were several evening meetings will also changed from Tuesday to the first and be arranged, these to include the hus- third Wednesdays of each month, plans bands of members. The afternoon for future study were discussed and several new members were admitted. with Mrs. M. J. Long, corner Glenn University of Washington, and newly tomorrow afternoon at 3 o'clock in the Were. "New Psychology." Miss Rosina Mc-Intosh sang three vocal numbers, an aria from "Madame Butterfly," at the business session delegates to nie Sweet Bessie" and "Mighty Lak a the state convention were elected as Rose," with Miss Katherine Smith at

ert Berger and Mrs. Colista M. Dow- Bailroad Club Re-assembles.—The ling, alternates. The program was Portland Railroad Women's club will especially fine. Miss Evelyn Paddock hold its first meeting of the year Fri-"Traumeswinen" and "Warum," also tral library. Mrs. Jewel E. Bruce will "Sposalizio" (Lizst) with a technique preside. The regular order of business and finish that was delightful. Rev. will be followed and chairmen of the Oswald W. Taylor handled the sub- committees heading the different desect of motion pictures in an enter-partments for this year will be antaining way He said, in part: "Scenes nounced. Miss Millie Trumbull will which are soon forgotten by the adult address the meeting on "Social In-

Lents Association to Meet .- The imaginative world, therefore the need Lents Parent-Teacher association will of guarding it." Rev. Taylor suggests and that patrons of motion picture day in the Lents school building at lay in the Lents school build hey will heed them. Mrs. Elmer B. and a lecture of political interest court, and the oldest living high priest Colwell spoke entertainingly of the will comprise the program. A large of the order in Oregon, delivered an

Women's club will meet tomorrow with the newly elected president, Mrs. win I. Pyle, of Bridgeport, Conn.; W. shool met at the home of Mrs. Bonnie Wallace McCamant will lecture on Laidlaw, Glasgow, Scotland; Ambrose tember 18, and perfected plans for the their guests. Following the meeting Minnville; C. J. Davis, Salem. Many there will be a reception for Mrs. prominent officers of the grand chap-Pettit. Oak Grove Association .- The Oak

hold special a meeting Friday after-noon at 3 o'clock in the schoolhouse bers of the four chapters forming the art, craft, sewing and cooking, as well noon at 3 o'clock in the schoolhouse as various home industries will be giv- to elect a new president and delegates

Federation Luncheon. - The next mediate and senior. Prizes will be state federation club luncheon will be noman chapter of Salem, Clackamas awarded to the rooms showing the best | neld Saturday, October 21, at the Hotel

Mrs. Thompson Honored. - The Beaumont Association.—Discussion delightfully arranged reception last commandery No. 1 and Washington of the junior exhibit and the approach- evening at the Portland hotel in comng Oregon Congress of Mothers were pliment to Mrs. Alexander Thompson eatures of the meeting of the Beau- of The Dalles, candidate for the leg- grand commandery of Oregon, which nont Parent-Teacher association, held islature on the Democratic ticket.

OL BY LILLIAN man experiencing his first loose pock-ET the majority of men loose to etbook who is to be feared. He is wear what they like, regardless liable to make you blush for shame at of criticism, and the world would be the daring of his clothes.

affect colors or plaids. They will in- white checked suit of the wildest pat- the lodge on its display of the Amer- building committee made a report and rariably overdo it. One will decide to tern but he wore a brilliant green vest, ffect blues; he will always ask his a black and white checked shirt with aberdasher for blue neckties and collar and cuffs of the same checked cks; he must have blue bordered linen. He had a full flowing German andkerchiefs and you cannot conceive pink necktie; he wore a silver keyow many different shades of blue chain which hung around his neck and hat man can manage to put together, crossed over in front at the waist; a is sure in his own mind that he is watch fob with many trinkets; his hat-Ill right because he does not possess band was made of braided Indian my neckties, socks nor handkerchiefs beads. Of course his socks were brilliant of any other colors, yet he can make rose color, as was the border of his handkerchief. To top this effect he Men adore colors, red makes them wore a purple aster in his buttonhole.

sit up and take notice. They adors He was most amusing to every one but waiters and barbers. They stood and red neckties are a positive joy. In envious awe of him. As far as he Poor Richard was a keen observer. He they do not know why they feel was concerned, his face were the ex-made many discovered as colder when wearing a red necktle. pression of sublime satisfaction. Every tury later have been rediscovered as rerhaps it is because they are natural- one turned to look at him and he a result of painstaking scientific labor far away and the path thereto is wel thought he was perfect. Let a man who has an artistic taste

Every year the sport suits dash colds he observed "that people wbo and has studied art and the wonders forth in the early part of the season live in the forest, in open barns, or gets home late at nights, any whys or harmonious colorings select his own with gay-colored stripes, but I see few with open windows, do not catch cold. eckties and invariably he will choose worn excepting in the back country and that the disease called 'a cold' pastel shades or neutral colors. golf clubs, and then only to cause a is generally caused by impure air, as neckties will be gray-blue, old laugh. Men are not vain, as a class, lack of exercise, or overeating." trawberry shades, moss greens or dull waist lines, if they have them or not.

LEMON TARTS

Cut puff paste

Thou shalt not play the game of into strips 4 love as the game of cards; it is not lack, gray or dull brown. He will Beach suits. go wrong as to color. He may Every now and then wide bindings

affect an artistic hair-cut or wear a appear upon men's coats but from ow-necked collar and flowing tie, but fear or shame they seem to be avoided will always fill the eye with har- by the majority.

The artistic man is safe. You can do not know correct colors. It is bad dered sugar, 1 tablespoon cold water, Perhaps it is a blessing that men o out with him without fear that he enough to see the effects produced by attract attention and call for uncultured women. Were men to cut Micism from your friends. I would loose, the whole world would look like

You Can Nurse Your Baby Longer

Instead of weaning him at five or six months, you can nurse him the full nine months that you should if, when he is little, you substitute one feeding a day of Nestlés.

It is so like mother's milk that the baby will feel no difference. Nestlés gives him just that

little extra food he needs to help along his growing little body. And when weaning time to the bottle gradually and easily on

Nestlé's Food

for you. Your own health will be bet-ter because you are allowed to miss a nursing or two and go out into the fresh air.

Nestlé's you know he is safe, because Nestlé's is always the same, always free from germe, always contains the same things that your baby needs. Don't wean him on cow's milk. You can never be sure of cow's milk even if you know it comes from a clean dairy, even if you know it is free from sickness. It has a tough curd the baby can't digest, and home modifying is uncertain. You cannot modify it with such scientific care as Nestle's does it for you. Nestle's you know he is safe, because

in an air-tight can. No hand has touched it—no germ can reach it. It is a com-plete food, so you add only water and boilofie minute—and you know that you are giving your baby the food that his little body needs.

For your own sake and your baby's send this coupon today.

> Nestle's Pood Dept 8, Please send me FREE your book and

The parlors were thronged with mor than 200 people from 10 to 11 o'clock Mrs. Thompson previously having addressed the Woman's Democratic club at the Central library. The guests were received by Mrs. F. C. Morton. president of the Daughters; Mrs. V.

M. C. Silva, chairman of the reception committee, and Mrs. Thompson. The rooms were charmingly decorated in Punch was served by Mrs J. W. Wright and Mrs. Elof T. Hedlund. Mrs. Morton was gowned in black lace with colonial cameos, Mrs. Silva was in a Dolly Varden costume. Mrs. Wright wore blue chiffon and Mrs. Hedlund was in wnite silk.

club reassembled for the new year September 14. The recently elected officers are: President, Mrs. C. M. James; vice president, Mrs. S. M. Meyers; sec- and be safe. retary, Mrs. D. L. Green; treasurer,

Fernwood Parent-Teacher association elected to the chair of philosophy and school house. A full attendance is deducation at Reed college, spoke on the sired. Mrs. R. F. Monges is the new those!" president of this organization.

Woodlawn Church to Have Social .hold a rally and social tomorrow evening under the auspices of the Ladies' Aid society. There will be games for the young people in the basement and refreshments will be served

FRATERNAL NOTES

Royal Arch Masons Celebrate Founding of Grand Chapter.

Pifty-sixth Reunion Held. - Last light there was a large attendance of Royal Arch Masons at the fifty-sixth anniversary of the founding of the address replete with historical infor-Women's Club Meets .- The Portland mation and personal reminisences. Among the visiting members were Ed-A. Pettit, presiding. There will be Irvine Latimer, of Big Rapids, Mich.; business session from 2 until 3 Thomas F. Ryan, Oregon City; F. J. Walsh, Eugene, Or.; M. S. Miller, Mc-A. M., and visiting members from grand chapter 56 years ago not one s left alive. The four chapters were Portland chapter of Portland, Multchapter of Oregon City and Oregon chapter of Jacksonville.

Knights Templar Will Drill.-The Commandery No. 15, Knights Templar, will be held during the conclave of the meets in Corvallis September 28. The successful contestant will receive the banner given by the grand commandtary display.

will be of considerable interest next Saturday night at I. O. O. F. hall, First and Alder streets. It is to be a social. The committee in charge is nistake purple for blue, and vicepersa. It was a wise counselor that obliged to go out with a prosperous selected black and white for hat-bands young friend of her father. Not only and waistcoats. Often a bold man will did the young man wear a black and made a fraternal talk, complimenting made a fratern

By Vella Winner.

Bed Time Tales 1

One Good Turn Deserves Another. FTER Mikey Musk-Rat explained to Father Beaver about his warning signal, and after Father Beaver had seen him make the dull "splash" on the surface of the creek by raising his funny tall and bringing it down flat on the water. Father Beaver understood well enough what the sound was that he had heard. He had Elberta Club.—The Elberta Forward heard Mikey giving a warning about Hoot, the Owl, but he had not known what the warning meant. After this he would know and would "lie low!"

"Thank you Mikey, for your kindness," he said heartily. "And seeing Pernwood Association to Meet .- The you have been so good, perhaps you will tell me what the other noises, ments. The next meeting will be held Professor Joseph K. Hart, late of the will hold its first meeting for the year that sounded just like your 'splash' Other noises that I heard on up the creek. You didn't make all of

course I didn't," laughed "Of Mikey, "but my friends and family did. We all work together and help guard each other. As soon as one musk-rat feels that danger is near, he so on, till every one near is warned. Oh, we help each other and we're glad to help you."

"You surely are most kind," said

That question seemed to embarrass Mikey very much, and for a minute selves, we might belong. Mother Beaver was sorry she had been so curious. But when you once say something you can't unsay itthat's the worst about words know-so she just had to wait for an see them. answer.

"No, I'm not a Wiggleisksken," replier Mikey after a minute's thought, but I hope to be soon. I'm on probation now. "Probation?" asked Bushy Beaver.

gleisksken court wanted to make me

'What's that?" "That's being on trial," explained likey. "You see it was this way. Mikey. moved into Shadow Wood some time ago—oh, a long time ago, and the Wig-

member right away. But I was with Beaver. ican flag. Among the prominent members present were Robert Andrew and wife, attending the sovereign ter, R. A. M.; grand lodge, A. F. & grand lodge at Chattanooga, Tenn.; Henry S. Westbrook, grand master, Grove Parent-Teacher association will other chapters, filled the hall. Re- who, with Mrs. Westbrook, is visiting lodges of the order in southern Ore

> Portland Camp Team Dance.-A dance and card party given by the degree team of Portland camp, W. O. W., last night, was well attended and greatly enjoyed by all. The team will give a reception once a month.

visiting relatives in Ohio

Mr. and Mrs. Louis Quimby are

Kirkpatrick Will Beceive .- Tomornight Kirkpatrick Council Knights and Ladies of Security, will give its regular monthly card party and dance to members and friends. Sir Knights Will Entertain.-Oregon Commandery, Knights Templar, will

ery of Oregon for keenness in mili- give a reception tonight at the Maary display. sonic Temple to all visiting sir Utopia Will Have Social.—The meet- knights and their ladies and members ng of Utopia lodge, Rebekah degree, of the Royal Arch Masons and their ladies. Doric Confers Fellow Craft .-- A

number of prominent members of the Masonic fraternity accepted the invishocked by many sights. They always I noticed a charming young woman's sisted by Mrs. Anna Keenan, Miss witnessed the conferring of the Felheaded by Mrs. Jennie Kistler, as- tation of Doric lodge, St. Johns, and

"I'm on probation now."

some of my own family and my friends gives the signal; the next musk-rat several of us came here together, and up the stream passes on the signal and We thought we didn't want to belong to anything. And then by the time we found out how nice and convenient is would be to belong to the Wiggleiskskens, they didn't want us! And we Mother Beaver appreciatively. "Are couldn't blame them much either! But you a Wigglesisksken?" they told us that when we had proved ourselves as useful to others as our

"Then surely you may belong now." said Father Beaver eagerly, "for you have been so kind to us. I'll tell the beavers at the court the next time I

"Oh, thank you," said Mikey, and he seemed greatly pleased. "That will help a lot. Now is there anything I can do for you?"

"No-o, I guess not," said Father Beaver thoughtfully; "Mother Beaver and I are just starting to build a He turned around to tell house." Mother Beaver that now he was ready for work, and she wasn't anywhere to be seen!

Tomorrow-The Hunt for Mother

asked for further time. Visiting nounced that tonight there would be romantic temperament and a wonder- River visitor at the Perkins. prominent athletic visitor at the ful imagination. Her acting is both clubrooms.

NATIONAL GUARD NOTES

Eighth Company, C. A. C., Had Made Good in Practice.

Coast artillery, O. N. G., turned to work. out at the Armory last night in good apparent that Eighth company had some lace. passed all others in Oregon in the ecord at practice with the big guns at Fort Stevens this year, and he hoped that it would be well up among the best of the companies of Coast artillery of the National guard in the has not yet been awarded by the federal inspectors, but Eighth comthe crack companies of the United and well done. States in the National guard.

Armory Is Beady,-Lieutenant John F. McCormack, armorer in charge of interest.

At the Theatres

AMUSEMENTS

BAKER—Sixth and Broadway, between Alder and Morrison. Mutical stock, "So Long, and Morrison. Musical stock. Betty," 2:30, 7:30 and 9:15. COLUMBIA—Sixth, netween Washington and Stark streets. Motion pictures, "The Little Liar" (Triangle) with Mase Marsh and Rob-ert Harron. Comedy, "The Danger Girl" (Keystone); Pathe scenic. Written and directed by Bertram Bracken.

GLOBE—Washington at Eleventh. Motion pic-tures. "The Prima Donna's Husband" (Tri-umph), featuring Holbrook Blian. Comedy, "Hans and Frits." "Reel Life." 12 to HEILIG-Broadway at Taylor. Alexander, The Man Who Knows. 8:20 p. m.; matiness Friday and Saturday.

HIPPODROME—Broadway at Yambill. Vaude-ville feature, Baron De Malaussene, war lec-ture. Photoplay, "Good Pais" (Pathe). 2 ture. Ptoto to 11 p. m. MAJESTIC-Washington at Park. Motion pic-

tures, "Sporting Blood" (Fox) with Dorothy Bernard. Pathe weekly and comedy. 11 a. m. to 11 p. m. OAKS PARK—On Oregon City carline (denot First and Alder). Outdoor and indoor amuse-ments. lo a, m. to 11 p. m. PANTAGES—Broadway and Alder. Vaudeville, Perkinoff and Hose and their ballet. Motion picture, first episode of "The Crimson Stain." 2:15, 7:30, 9:00. Sundays contin-

STRAND—Park at Stark. Vaudeville feature, Dave Williams and company, in "The Bach-elor's Baby." Photoplay, "The Evil Women Do" (Bluebird). 1 p. m. to 11 p. m. The Conflict" (Vitagrapu), with Lucille Lee Stewart and "The Velvet Paw" (World)

with House Peters and Gall Kane. Chapi 19 of "Gioria's Romance" (Lieine), featuing Billie Burke. 11 s. m. to 11.30 p. m. ART MUSEUM-Fifth and Taylor. Hours 3 to 5 week days; 2 to 5 Sundays. Free afternoons of Tuesday, Thursday, Friday, Saturday and Sunday.

"The Little Liar" Pleases. CAST.

Maggle Mac March ;	
Bobby Robert Harron	
Fanny Olga Gray	
Fanny Olga Gray Dick Slade Carl Stockdale	
Boarding-house keeper Jenny Lee	
Boarding-house keeperJenny Lee Mrggie's motherRuth Handforth	ì
Maggie's father	1
Matron of Jall Loyola O'Connur	
Directed by Lloyd Ingraham; written by	
Anita Loos.	
The state of the s	

AE MARSH, who has acted so many parts capably and artistically for the screen, never did a better piece of work than in "The Little Liar," a Triangle photoplay, which opened at the Columbia today for the balance of the week. Here she gives a remarkable child members made short addresses and study as Maggie McDonald, the the committee on entertainment an- daughter of a poor laborer, with a

> human and sincere and her comedy is is at the Cornelius. Because of her imagination Maggie tells many strange tales, largely fabrications and highly colored accounts of her own adventures and of real happenings. They please the children of her neighborhood, but her

She is seen as a boarding house

Here unable to talk to anyone, she writes out one of her imaginative adventures while a cub reporter preceeds to clear her name. One of her tralia, are at the Carlton, stories is sent to a judge, who in A. C. Dixon of Eugene, general menturn shows it to a great editor. He ager of the Booth-Kelly Lumber com-United States. The figure of merit immediately pronounces her a genius. pany, it at the Imperial. Maggie's flights of imagination are shown as interpolations in the main pany is known to be well up among story and they are immensely funny "The Little Liar" has the double

virtue of both originality and human Other films shown are a Mack Sen-

quires the drills be actually con- construction of this highway opens to ducted and attended by officers and tourists one of the most beautiful tor of stretches of scenery in America, a com- land.

bination of river, forest and mountain Marshfield People views that are picturesque in the extreme," reads the announcement of the rclease.

Race Track Film at Majestic. CAST. Mary Ballard. Dorothy Bernard
James Riddle Glen White
Dave Garrison De Witt C. Jennings
Billy Ballard George Morgan
Kitty Le Lange Madeline Le Nard
Beasie Biddle Claire Whitney

Scenes of the racing world form an interesting background for "Sporting Blood," a William Fox phototoday for the rest of the week.

Dorothy Bernard and Glen White who has made her brother a thief. will prevent Cameron going to jail. Scenes taken at Jamaica track are shown

The girl, Mary Ballard, is called character.

By chance she meets James Riddle, tation was necessary, whose sister has been ruined by Garrison, and the two plot revenge. Mary Ballard is introduced to the gamble as the daughter of a western horse owner and he immediately becomes infatuated.

Mary arouses his sporting blood by offering to bet \$10,000 that his horse Shooting Star will not win the handicap. Then Riddle and she con-trive to substitute Bay Belle, one of her father's old horses, that is an exact double of Shooting Star.
Naturally the supposed favorite

loses and Garrison, who has placed his all on the race, is ruined. Mary makes good her brother's thefts with her winnings, and in the and marries

Other films shown are a comedy, the Pathe Weekly and pictures of the Coos Bay celebration.

FERSONAL MENTION

A. M. Burke is a Bend visitor a the Carlton. Mr. and Mrs. W. G. Ayre of Baker, are at the Portland. Mr. and Mrs. R. H. Olson are Silverton visitors at the Washington, Charles D. Mofan is registered at the Nortonia from Astoria.
Captain C. P. McCann is a Hood S. A. Pease of Goldendale, Wash.

M. S. Levy of Union, is at the Im perlal. Mr. and Mrs. Earl Conner are Sheridan arrivals at the Oregon.
Mr. and Mrs. M. M. Coulter of Seaside, are guests at the Nortonia. Rev. James O'Neill of Los Angeles, is at the Imperial. Dr. M. W. Haynes is a McMinnville

arrival at the Washington. Judge J. C. Moreland of Salem clerk of the state supreme court, is C. Moreland of Salem, at the Cornelius. F. R. Collins is registered at the

Perkins from Arlington. Louis J. Simpson, North Bend lumberman, and Mrs. Simpson are guests at the Portland. Mr. and Mrs. A. L. Marshall of Cen-

S. F. Rathbun is registered at the R. O. Ruddle is a Eugene visitor at the Nortonia J. M. Crawford is a Walla Walla

arrival at the Portland.

M. Adams of Pasco, Wash., is at the Carlton. T. E. Smith, W. F. Laraway and Mr. and Mrs. E. E. Harder are among W. F. Laraway and the Hood River arrivals at the Perkins. Mrs. Dan J. Moore of Seaside, is

"Better Fruit," is at the Port-

10c

To Pay Editor's Fine

Movement Started to Raise by Popular Subscription \$500 Amount Assessed Against P. B. Cameron.

Marshfield, Or., Sept. 21 .- A movement has been started to raise by popular subscription \$500, the amount of the fine imposed against F. B. Cameron, editor of the Agitator, who was drama which opened at the Majestic of his attacks upon the steward of the county poor farm.

Judge Skipworth gave Cameron 30 are starred in the principal parts of days in which to pay the fine and the story, which has to do with the already money has been paid in to revenge sought by a girl on the man start the fund. Payment of the fine

Logger in Serious Condition Marshfield, Or., Sept. 21. - D. to the city by her brother and finds McMurphy, a logger employed at that he has stolen \$10,000 from his Beaver Hill, is in a critical condition employer to play on the horses of at Mercy hospital in North Bend. His Dave Garrison, a notorious racing leg was so badly injured in an accident at the logging camp that ampu-



is more than a business slogan or an idle promise!

Any lens can be delivesed by us in sixty minutes, because we have the largest stock of optical goods in Portland-because our men are proficient. and because our workrooms are the largest and best equipped in the Northwest! Skill and efficiency and modern equipment make possible this ultra-service!

Home of Kryptok and Toric Lenses.

Columbian Optical Co.

Floyd Brower, Mgr.

AMUSEMENTS

MATINEE TOMORROW 2:15 (FRIDAY) **WOMEN** ONLY

REGULAR MATINEE SAT 2:15 FOR EVERYBODY. ALEXANDER

ASE HIM, HE ENOWS, PRICES: BOTE MATIFEES 250, 350, EVENINGS, 250, 350, 500. SECURE TICKETS EARLY

OPENS TODAY

BARGAIN PRICE MAT. WED. STUPENDOUS NEW YORK WIN-The Brilliant Musical Revue

'World of Pleasure'

PRICES: WED. MAT., \$1.00, 75c, 50c.

Feature Photoplays

and Vaudeville, 2 to 5; 6:45 to 11 P. M.

BAKER Broadway and

All new sougs, specialties, costumes and scenery. Chorus Girls' Contest Friday Night.

MATINEE DAILY, 2:30

SEVENTH ANNUAL EXHIBITION Sept. 21-22-23, 1916

my that it is the prosperous young a crazy quilt.

SCHOOL LUNCHES The folsuggested menus for the school lunch basket give the child, as nearly as is practicable in such a meal, the proper proportions of the different classes of

1-Sandwiches with sliced tender meat for filling; baked apples, cookies or a few lumps of sugar. -Slices of meat loaf or bean loaf; bread and butter sandwiches; stewed

whites with sugar, rind and juice.

NUT BREAD Four cups flour, powder, 1 teaspoon salt, % cup sugar,

cup nuts (chopped), 11/2 cup milk, Put

putting in over. This makes one louf. Sometimes it takes a little more mik.

SUGGESTIONS FOR

in pan and let stand 20 minutes before

fruit; small frosted cake. 3-Crisp rolls, hollowed out and filled with chopped meat or fish, moistened and seasoned, or mixed with salad dressing; orange, apple, a mixture of sliced fruits, or berries; cake. 4-Lettuce or celery sandwiches; cup custard; jelly sandwiches.
5—Cottage cheese and chopped green

pepper sandwiches, or a pot of cream cheese with bread and butter sand-

a d butter; dates; apple.

wiches; peanut sandwiches; fruit; 6-Hard-boiled eggs; crisp baking powder biscuits; celery or radishes; brown sugar or maple sugar sand-7-Bottle, of milk; thin corn bread

8-Raisin or nut bread with butter; cheese; orange; maple sugar. 9-Baked bean and lettuce sandwiches; apple sauce; sweet chocolate.
The provision of a bottle of milk is suggested in one of the menus, but, of course, taking milk to school in warm weather would be impracticable uness means were provided for keeping chilled until it is consumed. The school lunch container, the spe-

cialists point out, should permit ven-tilation, exclude flies, and should be of tilation, exclude flies, and should be of a material which permits thorough washing in boiling water.

based on the creed which the modern to keep it-some way.

in modern laboratories. In relation to trodden. to believe what he tells voluntarily.

inches long, 1 inch wide and 1/4 inch in thickness; chill and bake. Ar- way you play it, that counts. range in pairs with lemon filling be-Lemon filling-Two egg-whites, 2 wilt need it later on. Thou shalt remember that love is

lemon juice, grated rind of I lemon. Thou shalt not forget that matri-Cover gelatine with cold water, dismony is the next longest thing to besolve in boiling water, add to beaten ing dead. Thou shalt not forget the original

> Wait not 'till you are backed by numbers. Wait not until you are sure of an echo from a crowd. The fewer the voices on the side of truth, the more distinct and strong must be your own .- Channing.

It must reach you fresh—it moves off the grocer's shelf

Golden West Coffee is "Just Right"

Blemish Banished

Every

Complexion

A NEW TEN COMMAND MENTS A was declares the following commandments are

man would have his wife subscribe to Remember the wedding anniversary Thou shalt not forget that the faith cure is the only cure for jealousy. Thou shalt not nag; Reno is not so

Thou shalt go, if thou wilt, to the florist, the jeweler, the modist, for thy

way you play it, that counts.

Thou shalt not lose thy sense of humor when thou fallest in love-thou

no century-plant but is like unto the 2 tablespoons gelatine, 2 tablespoons fragile poppy in the wheat,

> new commandment—to love one another." STRENGTH OF CONVICTION.

so rapidly.

the Armory at Tenth and Couch streets, has the quarters ready for nett-Keystone comedy, "The Danger the reception of the different com-panies of the Third regiment, O. N. G., next Monday night. Each com- Gaumont Shows Columbia Highway Girand will take up its old stations and drilling will begin promptly. The pay given by the United States requires the drills be actually construction of this highway opens to

parents, being entirely unimaginative, Best Figure of Merit,-Eighth com- call her "a little liar" and put her shape and were addressed at some slavey and as ribbon clerk and then length by Lieutenant Willis Shippam, through means of circumstantial evi-U. S. A., who told them that it was dence is sent to jail for the theft of

and drilling will begin promptly. The America First" series is "A Trip Along liard, world's champion, is at the Impay given by the United States rethe Columbia River Highway." "The perial.

a guest at the Cornelius. Tom E. Jones, manager of Jess Wil-E. H. Shepard of Hood River, edi

What a big event bake day used to be! How the appetizing aroma seeped into the other rooms of the house and out into the woodshed. My but it made you hungry!

HOLSUM BREAD "Takes You Back to Younger Days"

'And remember how good that first crust tasted! How you'd like

to eat bread like that again! You may. Those old-fashioned

methods are followed in the scientific process that makes each day,

HOLSUM RAISIN BREAD Made with those delicious Sun-Maid California at all grocers, 10c. Try a buttered slice, sprinkled with chopped nuts-for a bed-time bite-it's simply great!

the wonderful loaf of HOLSUM. LOG CABIN BAKING CO.

TONIGHT 8:15 TOMORROW. **** BARGAIN PRICE *****

BOX OFFICE SALE

HEILIG 4 NIGHTS NEXT SUN

EXCELLENT CAST. 100-PEOPLE-100

Sat., Sun., Molidays, 1:15 to 11, Mat., 10c; Nights, 15c.

HOME OF MUSICAL STOCK.
Daily Mat. 2:30—10e only.
Eves. at 7:30 and 9:15. 15c. 25c.
All this week. The separational success.
"SO LONG, BETTY."

LEO-PERKINOTF AND ROSE-ETHEL AND PEERLESS IMPERIAL BALLET. nazing Dancing, Divertisements, 5—07HER RIG ACTS—5
I loges reserved by phone, Curtain 2:30, 7 and 9.

In Nestle's—milk from healthy cowe, purified, free from germs—the calf needs are modified, the baby needs are added.

It is better for the baby and is better

Send the coupon for a FREB Trial Package of 12 feedings and a book about belies by epecialists.