

The Pajama Nightdress Is a Strange and Wonderful Blend, Declares Mme. Qui Vive, Who Today Discusses "Undies" in General

By Mme. Qui Vive.

IT WILL soon be time to take the "longies" off. Don't you know? Haven't you heard? They came back with petticoats, short skirts and high boots. Full skirts, slightly abbreviated in length, are chilly; they are stand-offish; they have no clinging fondness or warmth of character. Hence, the creature have been wearing "longies," and, if you must know, "longies" are underdresses for pantallettes. They are made of flesh-colored crepe de chine, or creamy white silk, and are so thin and soft as to be frightfully expensive.

It has been rather a joke to read what the wise old he-ows have written concerning the "refined" and "woman's dress." For this is an age of sartorial comfort. And no woman can possibly be a fashion plate if her nose is blue.

The pajama nightdress is a strange and wonderful blend of two garments, as the silhouette of these new trifles are astonishing not only in form but in decorative effect, since splashy Baked designs are laid on with generous hand. Some have birds, some flowers and some are weird enough to give the sleeper a fit of nightmares and shivers. But they are "new," and the "latest thing out" is always interesting, even if one has to wear it in where no other woman beholds it to start up a fever of anxious emotions.

Guarding Against Blindness

By Gertrude Myers Myers.

IT IS estimated that over 30 per cent of the blindness of the world has been brought about by infection of the eyes at birth. Few of us can realize the real meaning of this statement, for the cases of blindness which we see are merely the isolated ones that meet here and there. But if we would take time to visit one of a great number of institutions where the blind are cared for and educated we could realize in a way the extent of this awful affliction.

Most people think, in cases of blind children, that they were born blind. In reality in a great number of these cases the children were born with normal eyes and eyesight, but became infected at birth and for want of proper care the sight was destroyed.

The Old Age Sign Double Crossed. Don't let gray hair make you look years older than you are, for it is now an easy matter to turn gray, faded or bleached hair in a harmless way. The new preparation, "Brownatone" is proving so popular that thousands of people of refinement and taste are turning their backs on the old-fashioned hair-dressers and are now using this wonderful product exclusively.

How to Transfer Design. If very sheer material is used it may be laid over the pattern and the design traced through the celluloid. Or the design may be easily transferred by placing a piece of carbon paper on the material, shiny side down, and the design on top of the carbon. In tracing the pattern with the use of carbon paper use a very sharp pencil or a new orange wood stick.



Left to right—Nightgown of pale pink nylon, with bodice cap of the same material trimmed with silver tissue roses and black velvet ribbon; corselet petticoat, with fitted girdle, so designed as to diminish the waist measurement and to keep the lingerie snugly arranged; not content with ruffles on the outside, a lady has them underneath. The ruffled petticoat gives bouffancy to frocks of light fabric; very much like a Baskin siren is the pajama person clad in the new novelty garment that is nighty, negligee and pasties.

Novelties in Entertaining—By Dame Curtsey

THIS affair, a violet party, was given in California, where violets are so abundant that scarcely anyone thinks of using them. The same idea is applicable to any flower that may be obtained in abundance, or where expense does not have to be considered.

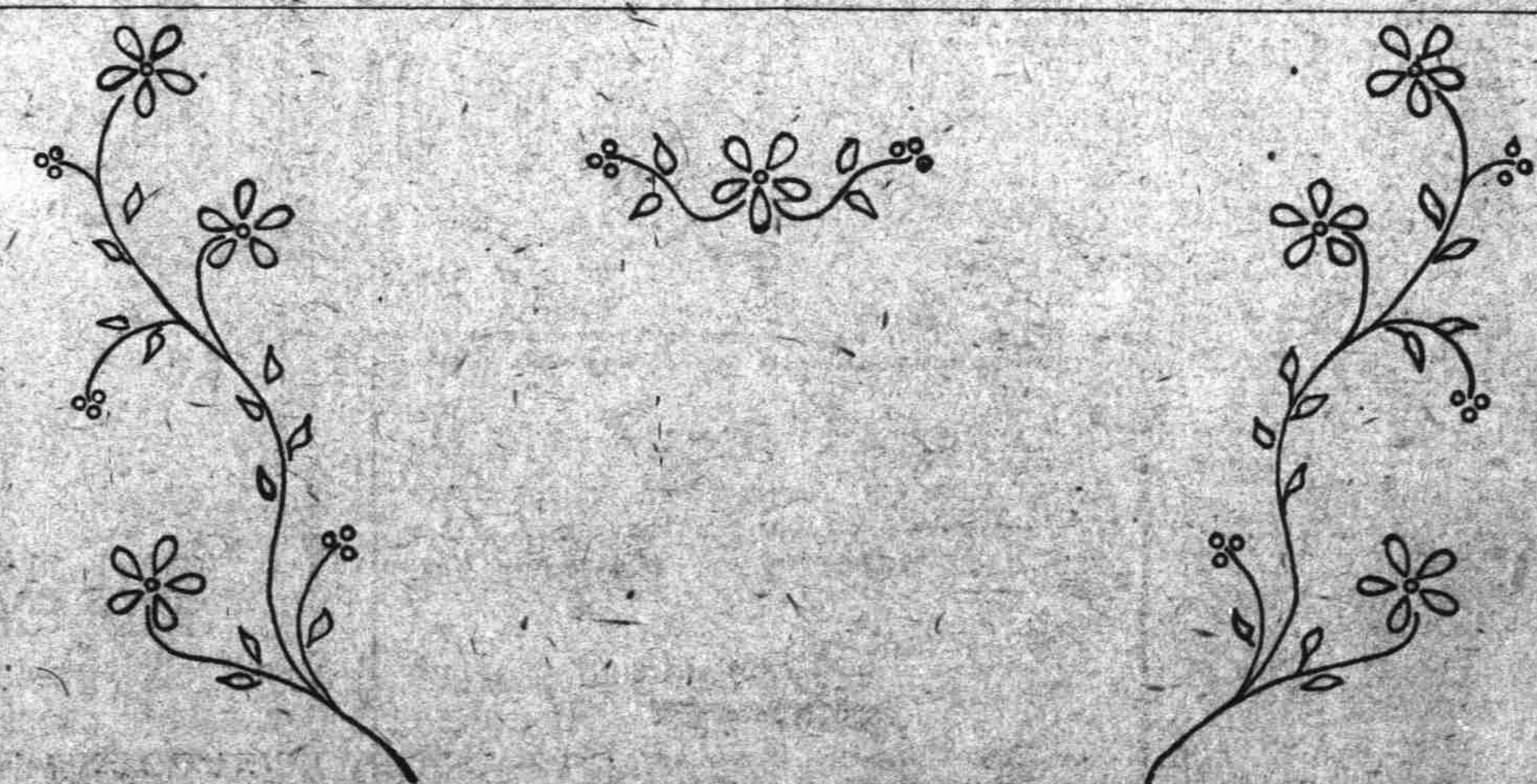
"Mothering" Sunday. The first Sunday in April brings a day that I wish every one would celebrate, regardless of creed or sex. It is the fourth Sunday in Lent, known by those who remember old customs and are strict churchmen as "Mothering" Sunday. Modern church calendars name this only as mid-Lent, but in days-gone by in England this day was especially set apart to do honor to one's mother.

In the Shops. A great deal of gold lace is used in evening dresses. Some of them are made entirely of gold cloth. Evening dresses are very short, with a square straight train falling from the waistline.

Use for Leftovers. The uses of candied peel are almost endless, and, after following the recipe for making a quantity, one can easily utilize all such leftovers as they accumulate in the course of a day or two. Cut into shreds, a little orange peel adds a delicate flavor to supees for puddings or for duck.

Your Husband's Closet. Men are divided sharply into two classes when it comes to neatness in the home. Many men are born untidy; but when a man is neat, he is more particular about the appearance of his room and closets than is the average woman.

THIS design for baby pillow can be used on almost any size desired and can be worked on either heavy or sheer linen. The pillow looks prettiest when made of white handkerchief linen of fine quality and used over pink or blue. The leaves and flowers should be worked solid, the stem in outline stitch and the eyelets in eyelet stitch.



Reduce That Superfluous Flesh—With These Exercises You Can Attain the Slenderness of a Pavlova and the Grace, too.

By Lillian Russell.

ONE of the most attractive things about youth is its grace and suppleness. And one of the first harbingers of age is a general stiffening and thickening in all parts of the body.

Stand with your heels together, toes at an angle of about 45 degrees, hands on hips. Lift your toes of right foot and, using heel as a pivot, swing them over to touch toes of right foot, while at the same time you lift heel of left foot, and using the toes as a pivot swing heel to right. This will have as its result a V-shape, toes together, heels apart.

Don't allow yourself to get into the condition where you move heavily, are easily tired in walking and no longer feel that your ankles "jog" well in pumps. Exercise that "superfluous" flesh. Regain that elasticity which is rightfully yours.

Stand with your hands on your hips, advance the right foot about 18 inches in front of the left and sink to one knee and that means that your right foot is straight ahead, your left foot forward again—left foot—right foot. You may find some difficulty in rising after you have dropped on one knee—and that means that your right foot is straight ahead, your left foot forward again—left foot—right foot.

Answers to Beauty Queries

For Your Eyebrows. M. M.—To increase the thickness of your eyebrows and lashes, try the following formula: Vaseline; two ounces; tincture of cantharides, one eighth of an ounce; oil of lavender, 15 drops; oil of rosemary, 15 drops. Mix thoroughly and apply to the eyebrows with a tiny toothbrush once a day until the growth is sufficiently stimulated, then less oil of lavender.

To Whiten Hands. M. L. Van B.—A splendid formula to use on the hands after washing is: Fifteen grains of powdered borax, 15 grains of common table salt, one-half gram of spirits of ammonia, one dram of oil of sweet almond, two ounces of glycerine, six ounces of alcohol.

Wash the Eyes. Felice.—The eyes should be washed as carefully and diligently as the teeth. If you find your lids inflamed or granulated use boric acid of the strength of ten grains per ounce of distilled water, heat and strain. When cool use in an eye cup.

Wear Wider Shoes. Margaret R.—First wear a shoe that is large enough to keep the toes from being pinched together. Put on a piece of absorbent cotton between the first and second toes large enough to keep them apart. Then use the adhesive foot bandage and bandage the ball of the foot firmly, holding the joint in place. By holding the joint in place with the plaster the inflammation will subside and it will become normal.

Homemaker's Fable in China

THE other morning Mrs. Wollig's was aroused to a terrible pitch. She had been visiting her neighbor, Mrs. Weller, and had learned soberly and frankly that the up-to-date woman goes in for modern things.

"Why, of course, Mrs. Wollig, I have been busy for the last week and more matching up my breakfast room in black and white. You may have blue and black if you like, but the important thing is to have the wall paper, curtains and china all harmonize."

"The china plays such an important part in the scheme that the wall paper and the draperies are only a fit setting for the china. Some of the smartest luncheon sets are the checker-board pattern. This is repeated in the curtains and the draperies as well as on the china."

FAT IS FATAL

Fat is Fatal to Health, Comfort, Happiness and Often Fatal to Life. Fat people need to lose weight, for there is a simple remedy for this. It is called the ADIPO treatment. It is a simple, safe, and effective method of losing weight. It is a natural process, and it is a permanent cure. It is a simple, safe, and effective method of losing weight. It is a natural process, and it is a permanent cure.