

News of Women's Clubs BY VELLA WINNER

MRS. EDWARD ALDEN BEALS was yesterday unanimously elected regent of the Willamette Chapter, Daughters of the American Revolution...



President of the Oregon Congress of Mothers, will also speak briefly on a subject in which all are interested. This entertainment is open to the public and all are cordially invited to be present.

Will Discuss Mothercraft Movement The first of a series of meetings for promoting mothercraft will be held tomorrow afternoon in Central library...

School Medical Inspection and the Importance of the School Clinic as Outlined by the Central Council of Parent-Teacher Associations...

Home Making, Harriet Hivokox Heller of the Boys' and Girls' Aid Society of Oregon.

The Meaning of Mothercraft Education and the Work of the Northwest Field Sessions, Mrs. Frances Everts, chair of New York city.

Informal discussion. Social tea hour. These numbers will be interspersed with delightful musical selections.

Roseburg Mental Culture Club. The '95 Mental Culture club of Roseburg has resumed its activities since the holidays with renewed energy...

Women in Politics. Mrs. L. H. Addison's talk before the Women's Political Science club on "Women's Attitude Toward Political Parties" was one of the best that has been given...

Lecture-Musicals to be Repeated. The social opening of the class for the study of the psychology of the fine arts, which takes place Saturday afternoon at the home of Mrs. Alice Webster...

Woman's Building Project. Five thousand dollars has been pledged on Mrs. George Gerlinger's project of a woman's building at the University of Oregon.

Capitol Hill Association to Meet. Capitol Hill Parent-Teacher association will meet tomorrow evening at 8 o'clock, the occasion being an informal reception to meet Mrs. Blanford, the new principal of the school.

Brooklyn Mothers' and Teachers' Club. The meeting of the Brooklyn Mothers' and Teachers' club which was to have been held this afternoon has been postponed until a week from today.

Oregon City Woman's Club. The Woman's club of Oregon City has arranged an excellent program for today and has given a portion of the

New World Almanac Storehouse of Facts

European War Summary Included in Great Mass of Data Which Has Been Compiled by Experts. An abundance of fresh facts is found in the World Almanac for 1916, which standard reference work is just off the press.

The great war in Europe receives attention in a summary of events and a chronological table. At another extreme of public interest, the development of the motion picture business is considered. There are two pages about woman suffrage achievements and what is to come.

Club at Hood River Elects Cruikshank

Directors of the Commercial Organization Have Been Reduced From \$1.00 to Fifty Cents for County Members. Hood River, Or., Jan. 12.—The directors of the Hood River Commercial club have elected the following officers...

Star Chapter Installs

Hood River, Or., Jan. 12.—The following officers were installed last night by the Hood River chapter of Eastern Star to serve for the ensuing year: Mrs. K. Carson, matron; Mrs. Florence Baker, associate matron; Mrs. C. H. Hinton, secretary; Mrs. McKittick, treasurer; Mrs. Carrie Bailey, marshal; Mrs. Catherine Dunbar, organist; Mrs. Emma Hackett, Ada; Mrs. Grace Stewart, Ruth; Miss Virginia Johnson, Esther; Mrs. Ada Laraway, Martha; Mrs. Eva Marshall, Electa; Mrs. J. W. Laughlin, conductor.

Registration Total May Show Decline

John B. Coffey, County Clerk, Says Voters of Multnomah County Are Lagging This Year. Unless voters show a burst of speed John B. Coffey, county clerk, fears the registration for Multnomah will fall short of the target of 100,000.

Highland Association Postponed. The meeting of the Highland Parent-Teacher association, which was to have been held tomorrow evening, has been postponed one week.

RECIPES TO STOP DANDRUFF

This Home-Made Mixture Stops Dandruff and Falling Hair and Aids its Growth. To a half pint of water add: Bay Rum 1 oz. Barb Compound a small box. Glycerine 1/4 oz.

Joint Meeting Postponed.

On account of the storm the joint meeting of the Hawthorne and Buckman Parent-Teacher associations which was to have been held this evening in the East Side library, has been postponed until January 27.

The Journal Woman's Calendar

By Vella Winner. THE WEATHER—Tonight and tomorrow, probably snow; northerly winds.

MARRIAGE OR BUSINESS

"I am a business woman, 33 years old, fairly successful in my income permitting of a comfortable apartment. I have no family ties," writes a woman in the current issue of the Pictorial Review, on the subject, "Marriage or Business or Both."

TO CLEAN A BEAN POT

The best way to clean the bean pot: Fill with cold water, put in some kind of washing powder and cover tight. Put on the stove and let it come to a boil. This will make it easy to scrub.

HOOPSKIRTS, BUSTLES

Hoopskirts and bustles have established themselves in winter favor, but both confine themselves to picturesque adaptations of genuine hoopskirt and bustle fashions instituted years ago.

OYSTER SHELLS FOR CLINKERS

A handful of zinc shavings burned in the stove when the fire is hot will prevent the pipe from becoming clogged with soot. The zinc melts and forms a chemical which destroys the soot.

STUFFED CABBAGE

Remove the heart of the cabbage and boil it in salt water until the leaves are tender. Let the heavy outer leaves that have been left in salt steam for a few minutes in a kettle of boiling water, but not enough to make them soft.

Doctor Says Nuxated Iron Will Increase Strength of Delicate People 200% in Ten Days

In many instances—Persons have suffered untold agony for years doctoring for nervous weakness, stomach, liver or kidney disease, or some other ailment when their real trouble was lack of iron in the blood. How to tell. In New York, N. Y.—In a recent discourse Dr. E. Sauer, specialist of this city said: "If you were to make an actual blood picture on all people who are ill you would probably be greatly astonished at the exceedingly large number who lack iron and who are ill for no other reason than the lack of iron."

A KIDNEY REMEDY THAT NEVER FAILS

Experienced Druggists in Every State Recommend and Use Swamp-Root in Their Own Families. I have handled Dr. Kilmer's Swamp-Root, kidney, liver and bladder remedy for twenty years and have heard plenty of favorable reports concerning it from my customers.

Prove What Swamp-Root Will Do for You. Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder.

ERS' WORK AND THE FORTH-COMING FLAG SALE. p. m.—SELF CULTURE CLUB with Mrs. R. R. Rohr, 606 East Main street.

A DISEASE Love's a disease that keeps one sick a long time after he gets well.

Beauty Hint Good health is the only lasting prescription for good skin. Cosmetics and lotions will do no good unless the skin is healthy.

Most Women Need AMEROIL The New Mineral Oil Treatment for Constipation.



What a Chicago Man Says About Golden West Coffee. SYRACUSE SMELTER & REFINING CO. Syracuse, N. Y.

Doctor Says Nuxated Iron Will Increase Strength of Delicate People 200% in Ten Days. No matter what any one tells you, if you are told agony for years doctoring for nervous weakness, stomach, liver or kidney disease, or some other ailment when their real trouble was lack of iron in the blood.

Week End Fares to Willamette Valley Cities and Tillamook County Points.

Willamette Valley Cities and Tillamook County Points. On Sale Saturday and Sunday. Return Limit Monday.

Take Advantage of the low week-end fares on your next trip to points in the Willamette Valley or Tillamook County. The saving is considerable.

Remember the Loop Train runs every Saturday and Sunday during January to McMinnville and return, going trip via the West Side through Hillsboro and Forest Grove and returning via East Side through Newberg and Oswego.

Ask our agent at City Ticket Office, Union Depot, East Morrison-St. station, 4th and Yamhill St. and Jefferson-St. station for complete information.

SOUTHERN PACIFIC John M. Scott, General Passenger Agent